

REPORTER

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Marci Starr Brennan, owner of The Singing Bowl in Cornish.

PHOTO BY CYNTHIA MATTHEWS

GETTING FIT LOCALLY

Sound Healing

By CYNTHIA MATTHEWS

Part of getting fit is taking care of our bodies and our minds, to improve our overall well-being. One way to do that is through our senses, specifically through sound. One form of sound healing is vibrational sound, using special sounds that produce vibrations that are thought to improve brain waves, and has been used in many ancient civilizations. You can experience this type of sound healing at The Singing Bowl, a new business that opened in June on Main Street in Cornish.

Owner/Instructor Marci Starr Brennan was a massage therapist for years. Massage opened up a whole new world for her – she discovered sound, and sound therapy became her passion. She has been doing it for 20 years now. Brennan came to Maine about ten years ago from Florida. She and her daughter

were trying to decide where to live, so they put a map up on the wall and threw a dart – it landed in Vermont. But while driving up north, they ended up driving through North Conway, and became intrigued by Fryeburg Academy. They found a home in Hiram and have been here ever since.

Brennan had been looking for a place to open a studio, “and this place just fell into my lap!” she said. “I came in for coffee with a friend, and was saying that I just needed to find a space.” Brennan was at The Coffee Joint in Cornish, and one of the owners overheard her conversation, approached her and said, “We have a space – would you like to see it?” Brennan opened The Singing Bowl in June, a sanctuary of sound. “I want to build a community where people can come to relax, reset,” said Brennan, “to bring balance back into our lives.”

(Continued on page 4)

Artifacts from the past

By C.J. PIKE

A look back at the artifacts that were given to the Newfield Historical Society gave us all an idea of who owned them, and when they were used. Ruth Bridges Ayers talked about the ‘treasures’ at the program ‘Tales of Willowbrook Gifts and Who Owned Them’ on Aug. 25. Johanne Vaters gave a tour of the artifacts building after the program for anyone who was interested in seeing the collection.

A portrait of Maude Sanborn Moore and her husband John Moore hang on the wall of the historical society building. They were given to Willowbrook, and then donated to the historical society when the former museum disbanded. According to Ayers, Maude Moore was a well educated and talented musician who taught music. John Moore bought the Durgin house which is part of the museum now and wanted to modernize the house, so had running water installed, by using lead pipes. Unfortunately nothing was known of the dangers of lead in those days, and Maude got cancer and died.

There were several things that the former owner of Willowbrook Doug King wanted to stay in Newfield, so he gave them to the historical society.

Wm. M. Tibbetts was a carriage maker back in the day, and one of his runabout carriages was

(Continued on page 5)



Ruth and George Ayers are longtime members of the Newfield Historical Society, and have ancestors from Newfield.

PHOTO BY C.J. PIKE

MAINE DEPARTMENT OF INLAND FISHERIES & WILDLIFE

ATV Task Force to discuss rising popularity of ATVs

ATV use is rapidly increasing in Maine, and with registrations now totaling over 70,000 annually, Governor Janet Mills has created an ATV task force that will look at a variety of issues associated with the growth in ATV use in the state, including a focus on ATV use on private land. The first meeting of the Task Force is Thursday, Sept. 5 at 1 p.m. at the Sportsman’s Alliance of Maine headquarters in Augusta.

“The growth in ATV use is a boon to many Maine businesses and small towns,” said Judy Camuso, Commissioner of the Department of Inland Fisheries and Wildlife, “We are excited about the continued growth in the ATV industry, and this task force is an important tool in managing that growth, particularly when the vast majority of ATV riding occurs on private land.”

The task force is comprised of 15 members that represent landowners, farmers, government agencies, ATV owners and retailers, and snowmobile organizations. Maine has over 6,000 miles of trails, yet with the increasing interest in ATV riding, there are concerns regarding ATV size, riding on private land without permission, and environmental damage.

“Much of Maine’s ATV trail network is on private land,” said Tim Peabody, Deputy Commis-



sioner at the Department of Inland Fisheries and Wildlife; and co-chair of the ATV task force, “and with the growing increase in ATV use, it is time that we review our current standards for our trail system, trail construction, registration requirements and other aspects regarding ATVs.”

The task force will also be looking at expanding the existing trail system with consideration to private landowners, the growing size of ATVs and their impact; discuss maintenance and trail standards for the trail system; developing a communications and outreach plan with a focus on landowner relations; discussing registration requirements based on size and value; and discussing funding for the oversight, construction and maintenance of the trail system.

Representatives on the committee include Co-Chair Timothy

(Continued on page 6)

WATCH FOR OUR
FALL SPORTS PREVIEW
NEXT ISSUE




COMMUNITY CALENDAR

UPCOMING EVENTS

BAKED BEAN & CHOP SUEY SUPPER Saturday, Aug. 31 at the First Congregational Church of Kennebunk, in the church's Ober Hall at 141 North Street. The supper will be held from 4:30-6 p.m., (or once food is sold out), The costs are \$8 per adult, and \$4 per child under age 12. The church members will be serving baked beans, hotdogs, American chop suey, coleslaw, bread, beverage and dessert. The remaining dates are: Sept. 28, and Oct. 26. All are welcome at First Church. For directions or more information, you may call the church office on Tuesdays at 967-3897 or visit www.firstchurchkport.org.

Sanford First Baptist church will be holding a **HUGE YARD SALE** Saturday, Aug. 31 from 9 a.m. to 3 p.m. Household items, kitchen gadgets, toys, games, tools, auto and yard stuff, you never know what you will find! No clothes or books, but baby items will be here. Our youth group will have soda, water, burgers, hot dogs and chips for sale. So, "come on down", at 905 Main Street Sanford. FMI call 324-5456.

ROCKHOUNDERS GEM AND MINERAL SHOW Aug.

31 and Sept. 1 at the National Guard Armory, Western Avenue, Augusta from 10 a.m. to 5 p.m. Saturday and 10 a.m. to 4 p.m. Sunday. The 30th annual show is sponsored by the Kennebec Rocks and Minerals Club. Door prizes, daily grand door prize, demonstrations in cabbage and lapidary, mineral displays, dealers in minerals, jewelry, gems and fossils, geode slicing, mineral mine and other fun games for the kids. Children can win a mineral starter kit and get a free stone just for coming in. Information on rockhounding and how to join mineral club. See "Rocky" the rockhound dog. Dealers or for more info call 873-6270.

ANTIQUES & COLLECTIBLES APPRAISALS Cindy Hamilton of Americana Workshop in Kennebunk will do free, fun-type appraisals of your items brought to the September meeting of the Waterborough Historical Society. With her knowledge of antiques and collectibles, she will try to identify and value one item per person. The public is invited to attend on Thursday, Sept. 5 at 7 p.m. at the Grange Hall, 31 West Road, South Waterboro. Refreshments will be served. For more information, call Jim Carll at 247-5878.

LION'S CLUB PANCAKE BREAKFAST The Acton Shapleigh Lion's Club will be holding a Pancake Breakfast on Saturday Sept. 7 from 8 to 10 a.m. at the Acton Town Hall, 35 H Road in Shapleigh. The breakfast includes eggs, sausage, beans, toast and blueberry or plain pancakes with coffee, tea or milk. Cost is \$5 and helps to donate to the many charities that the Lion's Club sponsors.

STROLL THE BEAUTIFUL GOOGINS WOODS NATURE PRESERVE guided by John Mattor. Saturday, Sept. 7 at 9 a.m. Meet at 104 Pleasant Hill Road in Hollis between houses 102 and 106. Following, a BBQ lunch will be waiting at 59 Depot Street, Bar Mills, home of Burt and Barbara Pease. Hamburgs and hotdogs will be provided. Please bring a side to share. R.S.V.P for BBQ only at 831-9356. Donations appreciated to support the Buxton-Hollis Historical Society.

HON. ERIC BRAKEY TO SPEAK AT WELLS ACTIVITY CENTER Former State Senator Eric Brakey will be speaking on "red flag" laws both on the state and national level and their potential impact on Second Amendment rights on Thursday, Sept. 12, 7-8 p.m. at the Wells Activity Center, 113 Sanford Rd. (Rte. 109). Doors open at 6:30. All are invited to attend this event which is being hosted by the York County Republican Committee. Following Senator Brakey's talk there will be a short business meeting for YCRC members at 8 pm. Sponsor of Maine's Constitutional Carry law that passed in 2015 with bi-partisan support, Senator Brakey served in the Maine Legislature from 2014-2018 representing Senate District 20, was the Republican candidate for U.S. Senate in 2018, and is currently running for election to the U.S. Congress from the 2nd District in 2020. FMI or to be added to YCRC email list, contact communications@yorkgop.org 468-2395.

LYMAN HISTORICAL SOCIETY MEETING Tuesday, Sept. 17 at 6 p.m. at the Lyman Community Library. Officers will be elected for the coming year along with a vote on the by-laws.

APPLE FESTIVAL The Alfred Shaker Museum, Giles Family Farm, the Brothers of Christian Instruction and the York County Shelter will be holding their annual Apple Festival fund raiser on Saturday, Sept. 21 and Sunday, Sept. 22. The Festival is held from 10 a.m. to 4 p.m. on Saturday and Sunday. It is free and there is handicap parking at the Museum. Each group benefits from your patronage and thanks you in advance for your participation and support. The Museum relies on this Festival for its annual operating expenses and to continue the Legacy of the Shakers.



CONNLA - AWARD-WINNING IRISH MUSIC Saturday, Sept. 7 at 7:30 p.m. at the Saco River Theatre, 29 Salmon Falls Road, Bar Mills. Tickets are \$15. Reservations call 929-6472 or www.sacorivertheatre.org. Connla are an exciting band with strong traditional roots as well as influences from across the globe. Their sensitive and innovative arrangements of traditional and modern folk songs and tunes have earned them praise across the folk community. They hail from the cities of Armagh and Derry: Ciara McCafferty (vocals), Ciaran Carlin (whistles) and Paul Starrett (guitar) are familiar faces on the local music scene. They are joined by Armagh siblings Emer and Conor Mallon on harp and uilleann pipes.



CJ CHENIER AND THE RED HOT LOUISIANA BAND - Thursday, Sept. 12 at 7:30 p.m., Saco River Theatre, 29 Salmon Falls Road, Bar Mills. Tickets are \$15. Reservations call 929-6472 or www.sacorivertheatre.org. Creole-born C.J. Chenier was raised in an indigenous American culture with its distinctive language, cuisine and music. He delivers soulful vocals along with masterful accordion-driven Zydeco and Blues. He is a Grammy-nominated, world-renowned musician and recording artist and has performed alongside many internationally recognized artists including his legendary father, Clifton Chenier ("The King of Zydeco"), Paul Simon, Joe Sample and Ray Parker, Jr. In addition to a Grammy award nomination in the Best Regional Roots Music Album category, C.J. has received the Living Blues Critics' Poll Award, Indie Award (from AFIM) for Best Zydeco Album, Coups de Coeur (Blows of Heart) Blues Category Award from l'Académie Charles Cros (France) and Best of the Beat Best Zydeco Album (Offbeat Magazine). We are thrilled to have CJ back at SRT for the third time in six years!

ONGOING EVENTS

WATERBORO FARMERS' MARKET open every Monday from 2 to 6 p.m. on the Taylor House Museum grounds on Route 5 in Waterboro. See list of vendors weekly on their Facebook page.

The Acton-Shapleigh Historical Society is holding its yearly Calendar Raffle Fundraiser. Each day in the month of September a name will be drawn to win a prize. Local businesses have donated prizes. If you are interested in purchasing a calendar contact Becky at rturgeon@metrocast.net. Cost of the calendar is \$5.

MAMA MIA'S ALL-YOU-CAN-EAT PIZZA AND PASTA DINNER Friday night, 5 to 7 p.m. at Henry Hall on the York County Shelter Program's campus. The public suppers, served from June until mid-August, benefit YCSP. They have been served for 26 years. Dinner features delicious homemade spaghetti sauce and pizza, salad, bread and pie. Adults, \$10; children, 3 to 11, \$5; children under 3, free. FMI, call Scott Davis, Food Services Director, at 324-1137 or e-mail him at scottd@ycspi.org.

TAYLOR/FREY/LEAVITT HOUSE MUSEUM, 6 Old Alfred Road at the intersection with Sokokis Trail, Waterboro Center, will be open each Saturday morning from 9 to noon through Sept. 21. Admission is free with donations appreciated. The 1850 home is on the National Register of Historic Places. The museum campus includes the 1817 Deering Schoolhouse and the 19th Century blacksmith shop where blacksmith Sam Smith is at work. The barn and ell of the house contain antique cobbler, optician and barber shops. For more information, contact Jim Carll at 247-5878.

MONDAY WRITERS at the Waterboro Public Library, first Monday of every month (when the library is open) 6-8 p.m. All writers are welcome. Bring a short piece to read and discuss.

POETRY WORKSHOP, Limerick Public Library, 2nd Thurs. of every month at 6:30-8 p.m. All poets from beginners to advanced are invited to bring an original poem to discuss.

WEEKLY YOGA CLASSES Tuesdays, 9:30 a.m. to 12:30 p.m. at Soldiers Memorial Library Arts Center, 8 Hancock Ave., Hiram.

SUNDAY SERVICES of The Church of Jesus Christ of Latter-day Saints - 9 to 11 a.m. at 25 Westview Drive, Sanford or 10 a.m. to noon at 15 Smith Lane, Saco.

TOPS is a weight loss support group that meets every Wednesday from 5:45 to 6:45 p.m. in the lower level of the Springvale Public Library. Meetings are open to all. For more information, contact group leader Linda Rose at Irose4180@yahoo.com or 676-9063.

UPCOMING EVENTS at the wellness studio

Tuesdays beginning Sept. 3 Vinyasa Yoga, 6-7pm

Join Jennifer Coughlin for a six week series. Participants will learn yoga forms in this practice that emphasizes flow and breath work. Open to all abilities.
Cost: \$65. Please call to register.

Thursdays beginning Sept. 5 Yoga for All Bodies, 10-11am

Join Kelcy McNamara in this class designed for everyone. You'll be invited to explore forms and make choices based on how you feel. Costs \$65 for the 5 week series.
Pre-registration required. Contact 207-651-9952

Saturdays beginning Sept. 7 Yoga Nidra with Reiki, 7:45-9:15am

Join Lea Lehman in this weekly restorative yoga practice that will leave you feeling refreshed.
Register at lealehmanwellness@gmail.com

Mondays beginning Sept. 9 Stretch it Out

Join Dirigo Therapeutic Movement instructor, Meghan Dube, in this low-impact stretch class designed for adults of all ages with a focus on areas that carry all the daily stresses of life.
Cost: \$120/12 weeks (\$12 Drop-in Rate)

Tuesday, Sept. 10 Qi Gong 5 Element Workshop, 9-11am

Join Dennis Fallo in this gentle exercise practice, which is similar to Tai Chi and geared for mature adults.
Cost: \$25, Pre-registration required

Tuesdays beginning Sept. 24 Tai Chi for Heart Conditions, 9-10:15am

Join Dennis Fallo in this fun and easy to learn program geared for older adults that can be done seated. Designed for anyone wishing to improve cardiovascular health.
Cost: \$60. Please call to register.

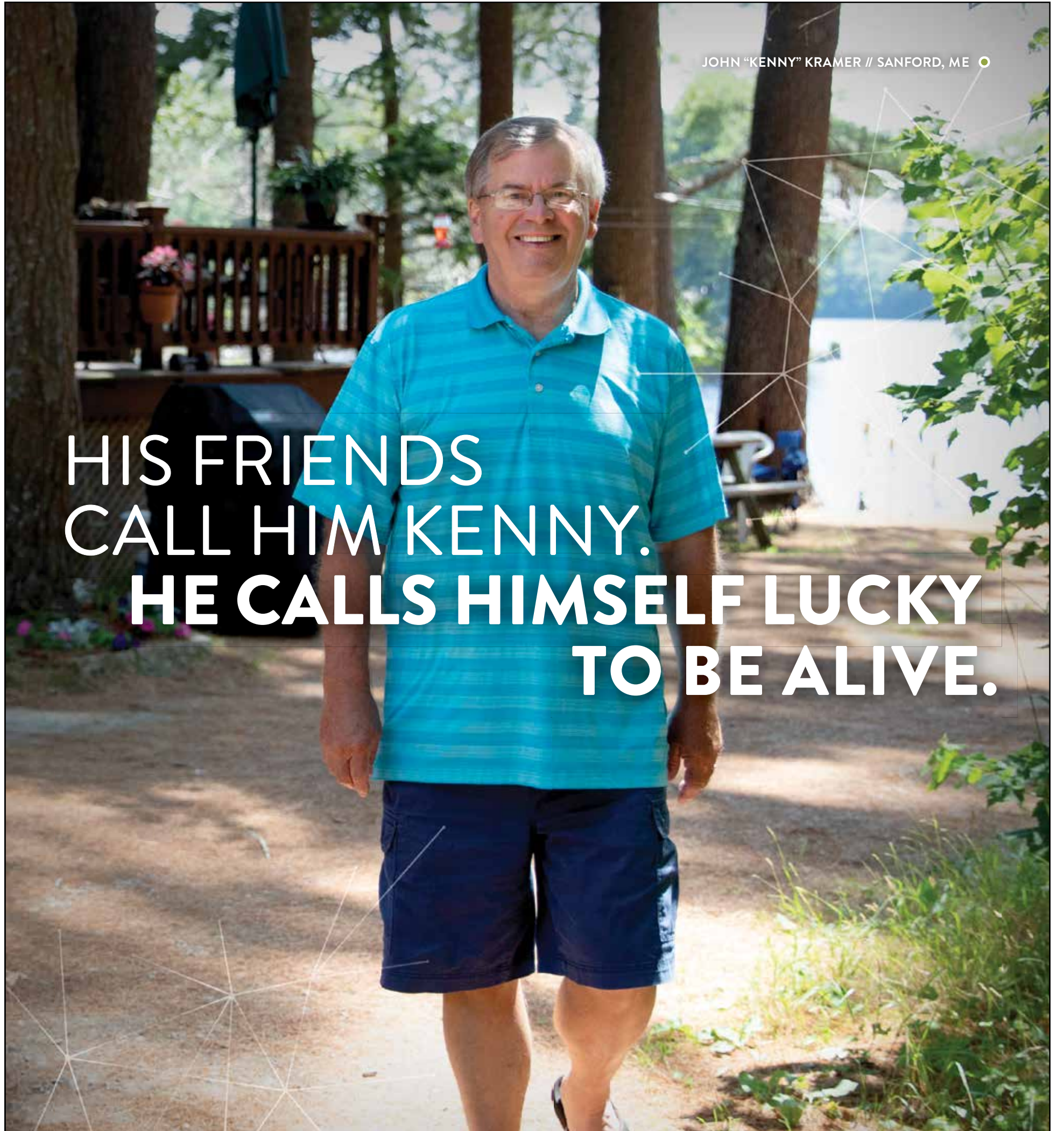


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JOHN "KENNY" KRAMER // SANFORD, ME

**HIS FRIENDS
CALL HIM KENNY.
HE CALLS HIMSELF LUCKY
TO BE ALIVE.**



The way people greet John "Kenny" Kramer in his lakeside community, you would assume he was Mayor. His kind demeanor shines through as he spends his days in his small community of lakeside cabins. He leaves a big impression wherever he goes, but he almost left an unfillable void when he collapsed at his kitchen sink that day. After recognizing his condition as life-threatening, doctors at Southern Maine Health Care acted quickly in calling LifeFlight critical care transport to take him to Maine Medical Center. Once there, a CT scan revealed an aortic aneurysm, and he was prepped for immediate vascular surgery. Thanks to the life saving actions of many, "Kenny" is happily back to lake life. MaineHealth. Connected to better.



SHAPLEIGH

Joanne Bargioni
joannebargioni@gmail.com

Highlights of Acton Fair

The Acton Fair is an agricultural fair held every year on the Acton Fair Grounds, Route 109. This year marked the 154th year of the fair held Aug. 22 to 25.

On Friday the exhibition buildings opened at 9 a.m. Events were planned throughout the day. Many of the local farms were participants in the livestock competition including Ridley Farm, White Farm and Roux Farm from Shapleigh representing the dairy barns. The cows were very impressive and the calves were very cute. Knox, Chessie and Roux farms had some steers and oxen on display. A cow milking demonstration was held in the livestock area and was very informative. Steer and Oxpulling contests in the covered pulling ring continued throughout the day. The goats were represented with the children patiently waiting to weigh their goats in the afternoon.

The midway opened about 2 p.m. and a special wristband could be purchased to enjoy the rides. There was a Ferris wheel, as well as other rides with live music, games and plenty of Farm exhibits. Afternoon brought a talk on rabbit nutrition.

Walking around the fairgrounds there were plenty of booths with fair foods to consume. The popular pepper steak sandwich, hot dogs, apple cider donuts and cinnamon rolls were also available.

Lil' Farm Bakery had a booth with lots of homemade goodies to sell. ASHS was there selling raffle tickets for their annual fundraiser calendar and local author Amy Haselton was there selling her books.

Local booths like the York County Trappers Association had a booth with beavers, fox and other wildlife and many other booths were selling tie dyed shirts, jewelry. It was a typical fair with lots of things to see and do. The children had many interactive areas to play and to view and pet the livestock.



Cows from Roux Farm.



The York County Trappers booth.



Stephen the goat.

PHOTOS BY JOANNE BARGIONI

Shapleigh Community Library

The library at 607 Shapleigh Corner Road, will begin its Winter Hours from Sept. 1 through May 31, 2020. The new hours will be Tuesday 3 to 6 p.m., Thursday and Saturday 10 a.m. to 2 p.m.

Shapleigh Memorial School

SMS, 467 Shapleigh Corner Road, will begin its new school year with students from Grade 1 – 5 on Sept. 3. Drivers reminded to watch out for children.

GOT NEWS?

We want to hear from you!

news@waterboro-reporter.com

LETTERS

Recycling matters

With all the issues around recycling here locally, statewide and nationally, there is a proposed legislation in Maine that will help alleviate the burden our municipalities are facing to pay for the recycling service so many of us expect. On May 30, 2019 LD 1431, RESOLVE TO SUPPORT MUNICIPAL RECYCLING PROGRAMS was signed by the governor. The purpose is to have legislation proposed that would require producers of packaging materials to share responsibility for recycling the waste they create. The next step will be for the DEP to submit proposed legislation to the Standing Committee on Environment & Natural Resources by December 16. The committee will then report out a bill to be

considered during the 2nd legislative session.

The Limerick Board of Selectmen will be considering adopting a municipal resolution supporting this pending legislation. I will be attending the DEP Stakeholder meeting in Portland to stay informed and to show support for meaningful legislation that is an incentive for producing packaging materials that are more sustainable and recyclable. I hope that other communities follow this process so we end up with legislation that is not compromised and watered down by lobbyists protecting the profit motive at the expense of "We The People."

Gil Harris
Limerick
gharris@limerickme.org

Write to us!

Send your letters, recipes, photos, poems & stories to:

news@waterboro-reporter.com
Please include name, town and phone number for verification.



SOUND HEALING

(Continued from page 1)

So what is a Sanctuary of Sound? It is a healing art, like the sense of touch through massage. "I'm amazed by our body and how we can heal ourselves," said Brennan. "There is a direct correlation between our bodies dis-ease and work in the world." Brennan explained, "Sound bypasses the intellectual mind, and goes straight to the heart and through the nervous system. It brings you back to point zero. Every spot in your body can realign."

How does it do this? Well, everything has its own sound vibration. When the sound moves through us, it penetrates our cells, causing our cells to move in different directions at a different speed. The sound rebalances our cells, putting us in harmony with the sound wave. Studies have shown that sound has a direct impact on mental processes, muscles, the nervous system, the digestive system and the circulatory system.

To do this, Brennan plays metal Tibetan bowls, which produce a deep, penetrating sound, used to

relax and repair the mind. She also uses Crystal Bowls, which have their own unique tones and sounds. Another approach for sound healing is tuning forks, which apply specific vibrations to different parts of the body, helping to release tension and promote emotional balance. "These are tools to help us go deep within," said Brennan. "They bring us to a different level of clarity, peace and balance."

Brennan offers individual appointments/private sessions for one-on-one work, but she also offers weekly Sound Baths. "You don't get wet," Brennan explained, "but are bathed in sound." It is a type of meditative journey, experienced in a group setting, either seated or lying down. Brennan covers the group in sound, playing the Crystal and Tibetan Bowls, "Quieting your mind, allowing your body to relax as all your cells are bathed in a powerful wave of vibrations." You prepare for a Sound Bath like you would meditation, wearing comfortable clothing. Mats, pillows and blankets are provided for your comfort.

Singing Bowl Meditation has been found to reduce stress, anger, depression and fatigue. "It can help you sleep better, help with depression and anxiety," Brennan explained. It is good for your physical and emotional well-being.

Brennan will be holding an Open House on Saturday, Aug. 31 from 9 a.m. to 1 p.m., with ongoing free mini sessions - Experience and learn about the power of sound. "See if the vibrations of Crystal Bowls help you to relax!"

The Singing Bowl is located at 22 Main Street in Cornish, above the Coffee Joint. You can also find them on Facebook and Instagram, on the web at www.SingingBowl-Sanctuary.com, or give Brennan a call at 331-3730. "Come and expect nothing," said Brennan, "it's amazing what you'll find."



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NEWFIELD

C.J. Pike

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ARTIFACTS

(Continued from page 1)

restored in 1989. It was used in parades, and for pleasure riding. A sign bearing his name is also part of the collection.

Dr. Isaac Trafton lived in the house that is the main part of the museum. He was a local doctor who made house calls and used a carriage to get around town. Trafton got his certificate in medicine at the Maine Medical School at Bowdoin College in just two years. Part of the collection from his home are a painted bedroom set, woodstove and a bedspread.

A baby cradle from the 1700's and a china doll was donated by Ayers.

Signs painted by Christopher Gershin well know folk artist are part of the collection, as is a round trip stage coach ticket from Gorham to Newfield. Also, a black iron cook stove which is used in Victorian Kitchen and maps from 1872 of Newfield and Newfield Village. A couple of sleighs made by A.V. Chellis, and paintings by Hattie Scot are displayed in the two buildings.

The historical society also received the bandstand, archives building, another building and some land.

And finally, another one of the treasures that was donated to the historical society was an old horse drawn hearse, which



The old hearse from Willowbrook was moved to the present location by Joe Iannazzo and Wayne Vaters. PHOTO BY C.J. PIKE

was stored for many years before Willowbrook received it. It is in the archives building, along with many of the other sleighs, wagons, and other items that were previously owned by the museum.

These treasures will always have a place in history now to be viewed and admired as a reminder of days gone by. That was an earlier time when a carriage ride or a sleigh ride in the country is just what was needed on a beautiful day.

Pie and Bake sale Saturday at library

The annual Pie and Bake Sale is Saturday, Aug. 31, from 10 a.m. to noon at the Newfield Library at 637 Water Street, and it is your last chance to win a homemade quilt, at the annual Quilt Raffle.

Tickets may be purchased there and are \$1 each, 6 for \$5, or 13 for \$10. The drawing will be held that day at the close of the sale. All pies are \$10 and books will be \$1 hardcover, \$.25 softcover (or 6 for \$1). All childrens books will be \$.25 or 6 for \$1.

Meetings

The American Legion - Sept. 2, at the Brick Town Hall at 19 Main Street in Limerick at 7 p.m.

Newfield Firefighters training session - Sept. 3, at the Public Safety Building at 85 Water Street in West Newfield at 7 p.m. New members are welcome to attend.

Tea Time - Sept. 4, at the Newfield Village Library at 637 Water Street at 3 p.m.

Boy Scout Troop #329 - Sept. 4 at the Brick Town Hall, at 19

Main Street in Limerick at 6:30 p.m. New members always welcome. Jim Dion is the Scoutmaster. Call Joe Iannazzo at 850-6237.

The Comprehensive Planning Board monthly meeting - Sept. 4, at the West Newfield Town Hall at 23 So. Effingham Road, at 7 p.m.

Newfield Planning Board - Sept. 4, at the West Newfield Town Hall at 23 So. Effingham Road, at 8 p.m. following the comprehensive planning board meeting.

Newfield Rescue training session - Sept. 5, at the Public Safety Building, at 85 Water Street, at 7 p.m. Anyone interested in volunteering may contact Dick or Hazel McGlincey at 793-2045 or any rescue member.

ALFRED

YCSP celebrating 40th anniversary

The event – “York County Shelter Programs Celebrates” – is a dinner that will be held at Oak Street Bistro, 3 Oak Street, Alfred on Thursday, Oct. 3, from 6 to 9 p.m. It includes a raffle and a silent auction that feature generous donations from York County businesses. The event is a fundraiser for YCSP.

The dinner includes appetizers (mini-crab cakes and chicken Alfredo flatbread); a choice of a chilled beet and arugula salad or clam chowder; and a choice of two entrees. The entrees are: stuffed chicken breast with prosciutto and roasted tomatoes, topped with Gorgonzola cream sauce and served with roasted root vegetables and au gratin potatoes, or baked flounder with a seafood stuffing and a lemon saffron beurre blanc, served with roasted root vegetables and rice pilaf.

Tickets are \$75. To purchase a ticket message YCSP on Facebook, call 324-1137 or email dianeg@ycspi.org.

York County Shelter Programs started out in 1979 in the former jail on Route 111 in Alfred. It was a place that offered emergency shelter only. Over the years it has evolved into an agency that helps people get on their feet. YCSP's adult and family shelters have navigators who help people address issues that may have led to homelessness. YCSP offers therapeutic support, guides people to community resources and offers job training skills. Last year, YCSP provided shelter to 700 people. It also operates a food pantry that feeds 3000 people a month. FMI, visit www.yorkcountyshtelterprograms.com.

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Obituaries

Jason Robert Steeves

It is with great sadness that we announce that Jason Steeves, 39, of Limerick, passed away on Aug. 20, 2019. He was born in Portland, on April 23, 1980. Jason was a beloved youth football, lacrosse and wrestling coach in the Massabesic community and his passion for youth sports ran deep. Jason had a way of connecting with everyone he met and a smile that would light up a room. He undoubtedly left an impression on many families through coaching over the last decade, and was lovingly known as "Coach Jay" by all of his athletes. The only thing bigger than Jason's smile was his heart and his famous saying was, "Come on over, you're family". It was that generous heart and caring concern for those around him that will be missed the most.



Jason Robert Steeves

Jason was a devoted single-father for many years to his daughter Cailin and son Preston. He didn't miss a single event or important milestone of their lives. You could always hear Jason cheering the loudest from the sidelines and beaming with pride over his children. Sports were his passion, but fatherhood was his calling. Jason met the love of his life, Karrie Steeves, and they

married on Jan. 27, 2018 in the most beautiful winter wedding. Jason loved Karrie and would move heaven and Earth to make her happy. He had finally met the person to complete his family and to have the life he had always dreamed about. His family's well-being was his number one concern and he always put them first. Jason worked alongside his brother for Jim Steeves Custom Home Painting and together they built a successful business and were often featured in Maine Magazine.

Jason's large family and group of friends were always nearby. He enjoyed spending as much time as possible at his parent's house on the lake. An avid outdoorsman, he loved fishing, boating, and riding his side-by-side. On Dec. 15, 2018, Jason was diagnosed with a rare type of cancer. He fought a courageous battle and never gave up, and remained positive through it all. His number one concern, even on his worst days, was for his family and close friends and how everyone else was doing. Jason died peacefully at home and was finally free of the pain after eight long months in the battle of his life.

Jason is survived by his wife, Karrie Steeves and daughter Cailin Steeves and son Preston Steeves of Limerick, as well as his beloved dog Chevy, his parents Robin and Kevin LaFlamme of North Waterboro, his paternal father James Steeves of Bloomsburg, Pennsylvania, his bother James Steeves and wife Jennifer, niece Katie and nephew James Steeves III of Dayton, sister Tessa Diggins, husband Maurice and niece Gabbie of Biddeford,

his father-in-law Arthur Godin and mother-in-law Cindy Chamberlain of Sanford, grandparents Robert and Julia Dennison of Hollis Center, Margaret and Donald LaFlamme of Cape Elizabeth and grandmother Lorraine Steeves of PA. Jason is predeceased by his brother Michael LaFlamme of Scarborough, his uncle Bob of Limerick who he adored, and his maternal grandmother Annie May Miville and husband Bob, grandfather Gerald Steeves of Pittsfield, and his beloved dog Lily.

A celebration of life was held on Aug. 25 at the Massabesic High School on the football field.

Jason's family is asking in lieu of flowers for donations to be made to MAYFC – Massabesic Area Youth Football & Cheerleading, P.O. Box 540 Waterboro, ME 04087.

Ruby E. Johnstone

Ruby E. Johnstone, 88, of Alfred, passed away on Wednesday Aug. 21, 2019 at South Ridge Nursing Home in Biddeford, where she resided for over 6 yrs.

Ruby was born at home on April 21, 1931 the daughter of John & Ida (Lockwood) Johnstone. Ruby was raised and attended schools in Alfred. Ruby is from a family of 11 children and is the last to pass. She is pre-deceased by: her parents and siblings: Thelma Robbins, Bertha Garland, Earl Johnstone, Effie Gilpatrick, Russell Johnstone, Lois Fluet, Shirley Letourneau, Lucien Johnstone, Nancy Hobbs and Joyce Johnstone. She also leaves behind many nieces, nephews and great nieces and nephews.

In her younger years, she had worked at a dress shop in Sanford. Ruby also cared for many children and they knew she loved them. Ruby was very fond of John and Clair and they made it a point to stay in touch with her; even when they became adults.

Ruby also resided at her sister and brother-in-law's home (Alphonnes & Shirley Letourneau) for many years in Sanford where she cared for them before moving to South Ridge. Ruby enjoyed family gatherings over the holidays and the daily visits from family stopping by the house. Ruby loved sitting in the living room with her sister and brother-in-law. She enjoyed looking out the large window at the cows across the road in the pasture.

She also enjoyed playing Bingo and listening to live music entertainment at South Ridge Nursing Home. Ruby was always smiling and full of laughter; and being thankful for everything and everyone.

Ruby will be greatly missed by her family & friends. Her joyful nature and laughter will always be in our hearts. She remained a jokester until the very end; bringing a smile to the person on the other end of her joke. :)

She has now joined the rest of her family in forever more.

We love you for always Aunt Ruby. Rest in Peace.

At her request, there will be no services. To leave a message of condolence for the family, visit www.autumngreenfuneralhome.com. The Autumn Green Funeral Home is respectfully handling arrangements.

Bishop Deeley to install Fr. Wilfred Labbe as Pastor of Parishes in Sanford and Limerick

All are welcome to gather for a special installation Mass at Notre Dame Church, located on 10 Payne Street in Springvale, on Tuesday, September 3, at 6 p.m.

Bishop Robert P. Deeley will install Father Wilfred Labbe (pictured to the right) as pastor of St. Thérèse of Lisieux Parish (Holy Family Church, Sanford; Notre Dame Church, Springvale) and St. Matthew Parish in Limerick.

"My first and most important priority is to teach and preach the Gospel of Jesus Christ. I am to remind us all that we are beloved children of God and thus called to be holy and extraordinary," Fr. Labbe wrote to parishioners upon his appointment as pastor. "In word and action, I am to, with the help of the Holy Spirit, help us all be the best version of ourselves that we can be."

Born in Biddeford, Fr. Labbe was raised in South Carolina and graduated from Greenville High School in Greenville, South Carolina. He attended Saint John's Seminary in Brighton, Massachusetts, earning a bachelor's degree from the seminary college and a master's degree in divinity from the seminary. Fr. Labbe was ordained to the priesthood by Bishop Joseph J. Gerry, O.S.B., on May 22, 1999, at St. Joseph Church in Biddeford.

His first pastoral assignment was as parochial vicar of Holy Cross Parish in Lewiston, where he also served as the chaplain at Bates College in Lewiston. In July of 2003, he was appointed pastor of St. Mary Parish in Eagle Lake and St. Joseph Parish in Wallagrass. In June of 2005, Fr. Labbe



Father Wilfred Labbe
COURTESY PHOTO

was named administrator of Our Lady of Wisdom Parish in Orono, St. Mary Parish in Orono, and Holy Family Parish in Old Town. In addition to his parish duties, Fr. Labbe served as the chaplain at the University of Maine at Orono. In July of 2007, in addition to his responsibilities in Orono and Old Town, Fr. Labbe was appointed administrator of St. Ann Parish in Bradley and St. Ann Parish in Indian Island.

When the parishes in Orono, Old Town, Bradley, and Indian Island were clustered to form the Parish of the Resurrection of the Lord in 2009, he was named pastor and continued to serve in those communities until his appointment as pastor of St. Thérèse of Lisieux Parish and St. Matthew Parish.

For more information about the special Mass on September 3, call St. Thérèse of Lisieux Parish at 324-2420.

ATV TASK FORCE

(Continued from page 1)

Peabody of the Maine Department of Inland Fisheries and Wildlife; John Bryant of American Forest Management; Matt Stedman of Irving Woodlands, Kyle Burdick of the Maine Forest Products Council, Tom Doak of Maine Woodland Owners, Julie Ann Smith of the Maine Farm Bureau, Brian Berube of Central Maine Power, David Montague of the Downeast Land Trust, Dick Howlett of ATV Maine, David Jones of the Jackman Borders Riders Club, Ian

Bourgoin of Fort Kent Power-sports, Bob Meyers of the Maine Snowmobile Association, Brian Bronson of the Maine Department of Agriculture, Conservation and Forestry, and Dave Chabot of the Maine Warden Service. There still is a vacant position to be filled by a large farmland owner.

Meetings of the ATV Task Force are open to members of the public, with future dates and locations to be announced later. The task force has been charged by the legislature to submit its recommendations to the Governor on or before January 1, 2020.

Obituaries are a free service in the Reporter.

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