

REPORTER

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THURSDAY, JULY 15, 2021



Recognition Ceremony, from left, Firefighter Ryan Lund, Captain Jerome Senior, Lieutenant Zach Staples, Jennie Harriman (wife of patient), Robert Harriman (patient), Firefighter Nick Hegarty, Firefighter Josh Waterhouse and Chief Chris Young. Included but unable to attend the ceremony was Lieutenant Nicole DeMarco and Firefighter Corey Boucher. PHOTO BY CYNTHIA MATTHEWS

Hollis Fire and Rescue recognized

By CYNTHIA MATTHEWS

On June 16, the Hollis Selectmen recognized six of the Hollis Fire and Rescue Department Staff at their meeting for the Certificate of Commendation that they received from Maine Medical Center, Emergency Medicine Division, for saving a resident's life in February of this year.

According to Hollis Fire-Rescue Chief and EMA Director Chris Young, on Feb. 16, shortly before 6 p.m., Fire and Rescue were dispatched to aid a man in cardiac arrest. It happened to be shift change between the day and night crews, so additional responders were on hand, and 8 total responded to the call. The man down was 43-year old Robert Harriman, who had collapsed in front of his wife, Jennie. As luck would have it, she worked at Maine Medical Center, and knew just what to do. "I have been a healthcare worker

and CPR certified for 27 years," she said. "She dialed 9-1-1, put us on speaker, and immediately began to perform CPR," said Chief Young. "I performed CPR for six minutes on my husband by myself that night," Harriman reported. "I was so relieved for their quick response time and their training and combined efforts that helped to save my husband's life."

When they arrived on scene, Hollis Fire and Rescue were able to utilize a LUCAS (Lund University Cardiopulmonary Assist System) device, which Chief Young explained is like a giant mechanical plunger. The machine administers compressions at a consistent speed and depth for an extended period of time, allowing first responders to intubate the patient, hook up an IV, administer medications, and shocks, if needed. According to Chief Young, this device takes the place of about a

(Continued on page 4)

Little Mermaid Camp

Summer is passing quickly and soon the kids will be back in school. Why not give the kids an experience that they will always remember and might just change their lives. Schoolhouse Arts Center still has openings in their popular summer camp for Disney's Little Mermaid production. The camp will run from Aug. 16 -29 from 9 a.m. to 3 p.m., but the deadline to register will be July 24. The camp is open to kids from 6th through 12th grade. Kids entering 6th grade in the fall will be accepted.

The Little Mermaid Camp will be an exciting adventure into every aspect of a Disney theater production. Kids will learn about taking direction, learning choreography, stage blocking, learning dialog, understanding lighting and sound, costuming, creating sets and props, and building strong team cooperation. Throughout the two week ex-

perience they will be part of a cast that takes Disney's Little Mermaid Jr. off of the script pages and come to life. Together, the kids will be involved in every aspect of creating a full stage production as the camp culminates in 4 performances of a full stage production from Aug. 26-29. This experience may well teach children valuable lessons that they can carry with them throughout their lives. It is a chance to build memories that they will never forget.

The camp will be held at Schoolhouse Arts Center 16 Richville Road (Route 114) in Standish, just north of the intersection of Route 114 and Route 35. Schoolhouse will conduct this camp in full compliance with all COVID mandates for the safety of your child, our crew, and our teaching staff. To find out more about this exciting opportunity or register your child, visit www.schoolhousearts.org or call 892-3050.



Ethan Perez, admiring the great horned owl which visited Alfred's Parsons Memorial Library when Kyle Wonsler of Chewonki visited to show a group of children how animals use their protective coloring. PHOTO BY ALLISON WILLIAMS

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Community Calendar

EMAIL NON-PROFIT EVENT LISTINGS TO: NEWS@WATERBOROREPORTER.COM

COMING EVENTS

BEAN SUPPER will be held at St. Matthew Church, 19 Dora Lane, Limerick on July 17 from 4:30 to 6 p.m. in the parish hall. MENU: Baked Beans, Ham, Hot Dogs, Coleslaw, American Chop Suey, Bread, Beverage & Dessert. Price: Adults \$10, Children 5-12 \$5, Children 4 and under are free. Everyone welcome! We will have a take out option this year, for those unable or uncomfortable with attending a dinner. Orders must be submitted by Friday, July 16 by 3p.m. Online order form can be found on our website or <https://forms.gle/9jPzPft5GfbGenMb6>.

JULY'S EVENTS at Hollis Center Public Library 14 Little Falls Rd., Hollis Center, 929-3911, <https://www.holliscenterpubliclibrary.org>. **MAKE-YOUR-OWN HOVERCRAFTS** for 4th-8th graders on Saturday, July 17 from 1-3 p.m. **DIY ALCOHOL INK TOTE BAGS** for teens on Saturday, July 24 from 1-3 p.m. **TECH HELP SATURDAY** led by Paul on Saturday, July 31 from 1-3 p.m.

The **LYMAN HISTORICAL SOCIETY** will have their next meeting on Tuesday, July 20 at 6 p.m. at the Community Library parking lot. Bring a lawn chair. The rain date will be July 21.

SPAGHETTI DINNER The

Acton- Shapleigh Lions Club is holding a spaghetti dinner on Friday, July 23 from 4 to 6 p.m. at the Shapleigh Corner Church, 600 Shapleigh Corner Rd. Price of the ticket is \$10 and includes Spaghetti with sauce, homemade meatballs, sausage, garlic bread, small salad, and a dessert. Drink choices include milk, coffee, tea, and water. All profits go to local charities.

BOOK SALE The Shapleigh Community Library, 607 Shapleigh Corner Rd. has re-opened and is holding a book sale on Saturday, July 24, from 9 a.m. - 2 p.m. (rain or shine). It will take place in the Shapleigh Community Library parking lot. Since they were unable to open and have a book sale last year due to COVID-19, they have lots of great books to choose from this year.

BINGO July 24th at St. Matthew Church, 19 Dora Lane, Limerick. Must be 16 years of age or older. Doors open at 5pm. Games begin at 6pm. Cards \$6/sheet and Daubers \$2.00 each. FMI 793-2244.

OUTDOOR MOVIE AND BONFIRE EVENT July 24 at 8pm. Bring your S'More fixings and a blanket or chair. Fire starts at 8pm and the movie begins at dark. This month's movie is **MINIONS**. St. Matthew Church, 19 Dora Lane, Limerick will be

holding a series of events that are open to families in area communities. Join us or call our office at 793-2244.

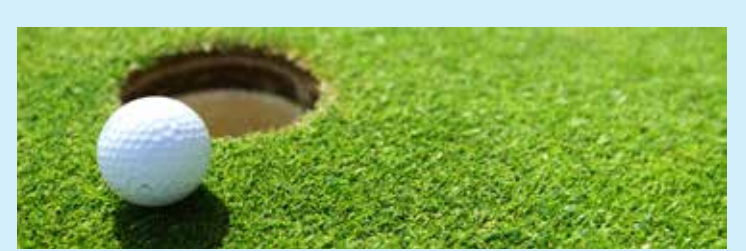
CHURCH YARD SALE On Saturday, July 24, a benefit yard sale will be held at Shapleigh First Baptist Church, 600 Shapleigh Corner Road. All proceeds and donations will go to benefit local communities in need, such as the food pantry and emergency assistance program. Baked goods, will be available that day. Games, music, and food are also planned. This event will be held rain or shine from 9 a.m. to 2 p.m.

MAINE OPEN FARM DAY Sunday, July 25. Over 200 varieties of perennials and herbs to benefit the volunteer educational Unique Maine Farms' project will be sold from 10 a.m.-4 p.m. at 515 Garland Road in West Newfield. All the plant varieties and prices are posted on the Unique Maine Farms' website: www.uniquemainefarms.com For additional information contact mqdoyle@gmail.com or call 793-2759.

ONGOING EVENTS

The Acton- Shapleigh Lion's Club is happy to be bringing back their **MONTHLY PANCAKE BREAKFAST** the first Saturday of every month. The price will be \$7, which includes pancakes (plain or blueberry), scrambled eggs, sausages, toast, orange juice, beans, and coffee, tea, and milk. The breakfast will be served from 8 to 9:30 a.m. at the Acton Town Hall, 35 H Road. All are welcome.

Buxton Centre Baptist Church, 938 Long Plains Road, Buxton, is pleased to announce the re-opening of our weekly **SOUPER SENIORS SOCIAL**. Gather for conversation, cribbage, puzzles, and other games, every Monday



Southern Maine Health Care hosts 27th annual golf tournament

Southern Maine Health Care (SMHC) is excited to host its 27th annual golf tournament, taking place on Thursday, Sept. 9, at the Dunegrass Golf Club, and Tuesday, Sept. 14, at the Cape Arundel Golf Club. Past tournaments have been so popular that we've expanded this year's event to two days. Participants are invited to attend either day.

Golfers can register in teams of up to four, and are eligible to win prizes including pro shop gift cards and the coveted white lab coats for the top team. There are also contests including the Million Dollar Hole-in-One Shootout, hole-in-one, closest to the pin, longest drive, and a 50/50 raffle.

Businesses are invited to join our Title Sponsor, Spectrum Healthcare Partners, in support of the event with our newly expanded sponsorship package. Proceeds from the tournament will go toward the Da Vinci surgical robot and its use in the Bariatrics Program at SMHC. Community obesity rates have risen 64% over the last decade, reaching a critical level. This contributes to other community health crises, such as cardiovascular disease and diabetes, along with putting people at a higher risk when fighting COVID-19.

"The pandemic has reminded us how important it is to have high-quality health care in our community," says Nate Howell, SMHC President. "This tournament is a great way for the community to join us in support of SMHC - our local community hospital - with a fun day out on the course."

To register, visit smhc.org/golf. For questions about Sponsorship please contact Suzanne Gagnon, Coordinator of Community Relations, at 207-283-7234 or slgagnon@smhc.org.

from 10 a.m. to 1 p.m. with a free lunch served at 11:30 a.m. Adults of all ages are welcome. Masks are not required, but we encourage people to be considerate of the health of others.

BBQ FUNDRAISERS Vietnam Veterans of America Chapter 1044, a veterans non-profit organization will be holding a "Summer-time BBQ Fundraiser" during the

months of July and August each Saturday from 12 to 2 p.m. located at 508 Elm Street, Biddeford. Money raised will be used to help veterans and their families during there time of need. Menu includes: Italian Sausage \$4, Hamburger \$3, Cheeseburger \$3.25, French Fries \$3, Onion Rings \$3.25, Chicken Bomb \$4, Steak Bomb \$4, Pasta Salad \$1.50, Potato Salad \$1.50, Foot-long hot dog \$3.50, Chicken Wings \$4, Soda and Water \$1 each. They receive no outside money other than doing fundraisers during the year. Credit/Debit cards accepted. Take out only call 494-9287.

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SHAPLEIGH

Joanne Bargioni
joannebargioni@gmail.com

Greek architecture discussed

This month's historical presentation by the Acton-Shapleigh Historical Society (ASHS) was on Greek Revival Architecture, by David Mann, an ASHS member. On July 6, Mann explained how to identify Greek Revival Architecture in our area. Through a 30-minute slide show, he spoke of the identifying features of a Greek Revival building.

The Greek Revival period was from 1820 to 1860 and was considered a break away from the English rule and the Federal-style housing. Greece being the home of democracy, pattern books of the time popularizing Greek style and technological developments all led to the development of this style. According to Mann, Greek Revival style was characterized by its gable end being the principal façade and forming a pediment with a wide plain frieze board under the eaves and cornices and with pilasters simulating columns. The First Baptist Church at 600 Shapleigh Corner Rd. is a good example of the style. A short question and answer session followed the presentation.

Next month, Aug. 2, at 6:30 p.m., the ASHS will present the Acton Silver Mines at 122 Emery Mills Road.



David Mann presenting program on Greek Revival Architecture at the Acton-Shapleigh Historical Society. PHOTO BY JOANNE BARGIONI

Shapleigh library

The Shapleigh Community Library, 607 Shapleigh Corner Rd., is offering a Summer Reading Program in collaboration with Shapleigh Memorial School. The library is hosting weekly story and craft hours on Thursday's at 6 p.m. Reserve your place by calling the library at 636-3630 to ensure enough craft materials for everyone. If you cannot attend on Thursday's stop in the library when it is open and bring in your reading log to receive a prize!

Mysteries at Springvale Library

Springvale Library is holding a Reading program for adults entitled Mysteries by Maine Authors. This is a five-book series and is funded by a grant from the Maine Humanities Council. The group is

currently on book two, but it is not too late to participate. Professionally facilitated discussions take place on the third Thursday of every month via Zoom. Book two is entitled *Mainely Murder* by Matt Cost, and on July 29 at 6:30 p.m., the author will be at Springvale Library, 443 Main St., to talk about his book. Registration is required. Look for the link on the library's website springvalelibrary.org or call the Library at 324-4624 for more information.

The Adult Summer Reading Program began June 21, but it is not too late to get in on the fun. The next few months will be filled with suspense and intrigue at the library. A game board is available for participants and some great adult crafts. For more information go to the library and find out the details...because it's a mystery!

Watch for invasive naiad



The invasive naiad (*Najas minor*) discovered in Lake Arrowhead in August of 2020 has re-emerged. It is an annual plant, so this means the seeds it produced last year have germinated, producing entirely new plants. A rapid response team was called in last year to remove the known patches.

Fragments carry the tiny seeds to other locations which means that all areas might have new plants starting from seed this year. The plant in the picture was found in Lake Arrowhead on June 29 of this year, indicating this season's new growth. We need more eyes on the water to help determine the extent of the infestation.

For anyone interested in learning how to identify *Najas minor*, The Lake Stewards of Maine will be presenting a **FREE PLANT PADDLE ON LAKE ARROWHEAD** on the afternoon of July 29. Samples of native aquatic plants will be collected, samples of the invasive plants that are known to occur in the lake will be observed, and practice skills needed for local invasive aquatic plant survey efforts.

If you are interested in attending you can scan the QR code above with your phone or go to <https://tinyurl.com/plantpaddle> and complete the registration form. You will need a canoe, kayak, or rowboat.

PHOTO AND INFO BY DEBBIE BRODERICK & DALE SCHULTZ

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BUSINESS NEWS

Ribbon cutting



Chamber welcomes Kate Cote Salon & Spa

The Sanford /Springvale Chamber Ambassador Committee welcomed Kate Cote to her location at 1209 Main Street in Sanford with a visit and a ribbon cutting to support her business. The Salon & Spa are full service providing hair salon for men and women, massage therapy, CBD massage, customized massage, skin care, waxing, lash extension, brow & lash enhancement, and nail technician service. Katie is a licensed massage therapist and also offers her own vegan skincare line. They will exclusively come up with a wedding package just for you. Pictured, from left: Rick Stanley (Chamber President), Erin Jones (York County Federal Credit Union), Rebecca Lapierre (Town Square Realty and Chamber Chair of the Board), Karen Martineau (Batchelder Brothers Insurance), Katie Cote owner of Katie Cote Salon & Spa, Maggie Cote who someday wants to be a scientist, Amylynn Gibney, and Sean Dumont (Edward Jones Investments). COURTESY PHOTO

HOLLIS FIRE & RESCUE

(Continued from page 1)

dozen people.

CPR consists of 30 compressions and 2 rescue breaths. As Chief Young explained, "You can imagine the first few rounds are much more effective than later rounds." People get tired. When first responders arrive on scene, they take turns, switching off about every two minutes, which is why a number of personnel are necessary. The LUCAS device can only be used after 4 minutes of manual CPR, approximately 2 rounds, and must put in place with less than a 10 second pause between compressions. There is a back panel that slides under the patient, and once in place, manual compressions begin again. It is then strapped on the patient and can begin. It is kind of a one size fits all, but Chief Young says that it has to fit properly to be used. "If it doesn't fit, we can't use it." There has only been one instance thus far where it did not fit a patient. It takes at least 3 people to put the Lucas device in place and make it work without stopping.

Hollis Fire and Rescue were on scene for 31 minutes, had Mr. Harriman intubated, epinephren and other medicine was given and 7 shocks were administered. Once they confirmed that they had his heart going, they continued to breathe for him and transported him to Maine Medical Center, where Chief Young reported that he responded well to post care. "He woke up in the Emergency Room and spoke to his wife before having further procedures performed at the hospital." According to Chief Young, this is very unusual. The Doctor at Maine Med later told them that this situation is very rare. Chief Young agrees. "We've had the LUCAS device for 2 years and have used it half a dozen times," he said. "This is the first patient that came home, that we were able to see again, and shake his hand."

The Certificates of Commendation, given "in recognition of the dedication, passion and hard work" were sent to the six licensed providers, but Hollis recognized all eight crew members who were on scene that day. "Everyone at the call, all of the crew were recognized," Chief Young explained. "It was a team effort, everyone had a role." In recognition of their efforts, Hollis Fire and Rescue gave each responder a Challenge Coin, a commemorative coin that is given for years of service, but a special coin was made for this event.

Chief Young gave his to Jennie Harriman, the patient's wife at the ceremony. Chief Young believes that her quick action in administering CPR immediately, followed by the use of the LUCAS device, were instrumental in saving her husband, Robert Harriman, the patient's, life. "It was the absolute hardest thing I have ever had to do," Harriman said. "I have performed CPR for my job before, but never on a loved one."

Chief Young noted that the Waterboro Fire and EMS also responded to this call, but were not needed this time around. However, they also have recently purchased 2 LUCAS devices. According to Waterboro Deputy



This LUCAS device aids first responders in performing CPR. COURTESY PHOTO

Chief Lisa Bennett, "The device will be an advantage as it takes a number of personnel to perform CPR manually, changing out every two minutes." She added, "The device will take the place of personnel to provide other care such as airway management, medication administration, cardiac defibrillation and IV access." Bennet reported that they have had to use the device once since it was purchased, but they average 20-30 cardiac arrest calls per year on average.

Harriman, age 43, had no pre-existing or underlying conditions leading anyone to believe he would suddenly go into cardiac arrest, like he did. His wife, Jennifer said, "I'm just thankful I knew what to do and got him the help he needed right away." It is important to remember that quick action is critical in these situations.

"The Harriman Family is extremely grateful for the efforts of the Hollis Fire and EMS staff on February 16," Harriman added. "Me especially." She continued, "We would like to thank the Hollis EMS and Fire crew, as well as over 400 people in our community that have reached out to us." She explained, "My husband and I have been volunteers in the Bonny Eagle community for 10+ years, and when this happened, that community came together to help us as well. So we would like to also thank them for checking on us as well as myself and our boys during all of this. They really rallied to make sure we were taken care of while Rob was in the hospital and recovering."

If you are ever in a situation where someone near you is suffering from a cardiac event, remember to call 9-1-1, and administer CPR if you are able. Harriman added, "I would like to encourage everyone to learn CPR. Even if you don't become certified, watch the 2-minute YouTube video from the American Heart Association on hands-only CPR. It truly can help save a life!"

The video can be seen at: <https://cpr.heart.org/en/cpr-courses-and-kits/hands-only-cpr>.

Find CPR training near you at: <https://cpr.heart.org>.



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OPINION LETTERS

To the Editor:

The American people, including we Mainers, just celebrated Independence Day, our nation's birthday. The people of Maine and America have inherent natural, unalienable rights, pursuant to our Declaration of Independence etc. However, the people's inherent natural and unalienable rights were ignored and were trampled upon. We Mainers and the American people, have the right to work, and have a better livelihood to support one's family, among many other inherent natural and unalienable rights.

It's been a very difficult 1.25 years since the COVID-19 pandemic and "emergency" impacted Maine and the U.S.A. Much needs to be done, going forward, to recover from the devastating impacts on people's livelihoods and our area's communities. At the state level, much needs to be done substantively, to fix, overhaul and reform state government, including the Dept. of Labor (DoL) and the Dept. of Health and Human Services (DHHS). Both depts. and their bureaus were flat-footed and ill prepared for a sudden "emergency," and were ill-equipped to handle increased voluminous claims for SNAP/food stamp and unemployment benefits. Many people lost their jobs or became under-employed. Many were adversely harmed and impacted by this pandemic and "emergency." Also, many people didn't get all of the services and benefits that they were or are eligible for.

Additionally, all Maine CareerCenters are still closed and are "locked-down." Why? The people of Maine need to get back to work and

get new or better jobs, with needed career services. For now, both DoL and DHHS get and deserve failing grades for poor, and less than helpful and responsive client and customer services, including for unemployment benefits and SNAP/food stamp benefits, with user unfriendly processes and with numerous "system failures" and other problems, among others.

Real reforms with substantive accountability are badly needed, with immediate recourse and remediation also for all unpaid weekly claims etc. Failure to do so, to correct and resolve these problems, is unacceptable and unconscionable. The Maine Legislature must step it up substantively, to fix the problems experienced by unemployment claimants, etc. Going forward, it's IMPERATIVE that all state depts. re-establish, reform and overhaul all customer services and other deliverables to claimants and clients. It appears that very little headway or meaningful progress has been made to overhaul and reform state bureaus and their social services programs, with a full re-opening of state offices, including closed CareerCenters, which remain on "lock-down" status. No one can enter a CareerCenters w/o an advance appointment, not to exceed 45 minutes. This situation remains unacceptable! This must change now, post-"emergency." It is an unconscionable dis-service with ME CareerCenters remaining closed still!

In closing, Maine must do better all-around. Real and meaningful bureaucracy reforms with substantive accountability is also necessary, including but not limited to Laura Fort-



Altrusa of Sanford Springvale and Altrusa of The Seacoast collaborated together to donate personal hygiene items to the York County Shelter Programs. Altrusa International, Inc is an international non-profit organization focused on community service with volunteers who enjoy giving back to the communities in which they live. For more information contact Sanford/Springvale Altrusa by calling Thea Murphy at 337-0642 or Altrusa of the Seacoast by emailing Altrusaoftheseacoast@gmail.com. COURTESY PHOTO

man's Dept. of Labor, among other dept. Commissioners. Having closed CareerCenters not in active status or service, is not helpful to all of Maine's taxpayers and to all job seekers, including Veterans, people with disability challenges and all others.

Let's move forward in a better way, to re-build, fix and overhaul Maine State Government. Let's improve our communities and our infrastructure also, for the betterment of all Mainers.

Let's make it so.

- David Hall
Cornish

Local food pantries

The Little Food Bank at the Newfield Community Church on 639 Water Street, next to the town office, is still open if anyone needs anything; take what you need.

The St. Matthew's Food Pantry serves residents of Limerick, Newfield, Parsonsfield and registered Parishioners of St. Matthew Church, at 19 Dora Lane in Limerick. The Food Pantry hours are: 1st Mon-

day of every month from 6-7 p.m. and every Tuesday from 10 a.m. to noon.

The Wakefield Food Pantry is also open and serves, the New Hampshire towns, as well as Newfield.

Call them at 603-522-3094 to find out their hours and their policy. Currently they are open on Wednesdays 10 a.m. to 1 p.m. and 5-7 p.m. Their email address is: info@wakefieldfoodpantry.org.

- By C.J. Pike



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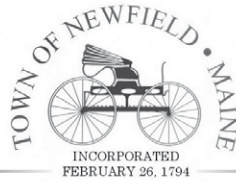
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EMPLOYMENT



Newfield Planning Board Administrative Assistant

The Town of Newfield is seeking to fill a position for a part time Administrative Assistant to the Planning Board. The successful candidate will serve as an initial point-of-contact for the public, process applications and manage the Boards schedule. Other tasks include preparing communications, maintaining files, producing detailed records of board discussions and decisions.

Proficiency in computer skills, including MS Office, Excel, internet, web page management and google docs are required.

Successful candidate will also demonstrate ability to be adaptable, organized, able to multitask and work efficiently with minimal supervision.

- Part time 10-15 hours a month, available for evening meetings
- Minimum of High School Diploma or G.E.D.
- 2 years' experience in in working with the public and with office computer software programs
- Starting Pay Range \$14.50- \$18.00 dependent on experience
- Working knowledge of Municipal functions is preferred.

Willing to train an enthusiastic and capable candidate.

Please call Nichole at the Town Office for more information at 207-793-4348 or Email the Newfield Planning Board at newfieldpb@gmail.com

Applications and resumes will be accepted until a suitable candidate is found.

EMPLOYMENT

TOWN OF WATERBORO

REQUEST FOR PROPOSALS Emergency Generator

The Town of Waterboro/RSU 57 is seeking sealed bids for the purchase and installation of an Emergency Shelter Generator at Massabesic Middle School.

Requests for bid specs should be directed to the Town of Waterboro Fire Department, 207-247-5299 or waterborofire@waterborofire.org.

Sealed Bids are due by 12:00 pm
Friday July 30, 2021.

EMPLOYMENT

TOWN OF ALFRED Part-time Positions Available

The Town of Alfred is seeking **TRANSFER STATION SUBS** or **ALTERNATES**. This is a part-time as needed position. All holidays (except Christmas and New Year's) may be required. For an application or for more information, call the Selectman's office at 324-5872, ext. 202 or email tbellman@alfredme.gov.

Board of Selectmen

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PREVIEW: Wednesday, July 28th from 2 p.m. to 4 p.m., Monday, August 2nd from 10 a.m. to 12 p.m. and by appointment

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Obituaries

Janet J. Phillips

Janet J. Phillips, 90, of Sanford, passed away on July 6, 2021, at the Gosnell Memorial Hospice House in Scarborough with her family by her side.



Janet J. Phillips

Janet was born in Hartford, Connecticut on Jan. 7, 1931, the daughter of Frederick and Ruth (Messenger) Joseph.

Janet was highly active in her church and graciously made the church's weekly bulletins; throughout her life Janet was in many women's groups and made many lifelong friendships throughout the years.

In her free-time, Janet enjoyed playing the piano, crocheting, cooking, and sharing the recliner with her loyal pot belly Chihuahua companion Massie.

An avid quilter Janet's family selected the following poem:

*Guide my hands to work as
Your hands work, to know the
power of Your love in every stitch
I make, in every thread I knot.
May my hands be guided by the
same love and care with every
quilt I make, knowing that this
love and care was and is and will*

*continue to be a gift of blessing to
the one it is intended for.*

- Author Unknown

Janet is lovingly survived by one daughter; Judith Wigmore of Sanford; granddaughter Jennifer Potter of Shapleigh; great granddaughters Emma Potter of Shapleigh and Trinity Daige of Kennebunk.

She is predeceased by her mother and father; grandson Stephen Daige and son in law Charles Wigmore.

A celebration of life will be held on July 17 at 11 a.m. at the United Methodist Church, 623 Old Main Street, Rock Hill, CT.

A graveside service will be held July 18 at the Evergreen Cemetery on Rt. 4 in Alfred at 1 p.m.

In lieu of flowers please consider making a charitable contribution in Janet Phillips and Stephen Daiges name to MaineWorks, 494 Forest Avenue, Portland, Maine 04103.

The Autumn Green Funeral Home is honored to be handling Janet's arrangements.

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NEWFIELD

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Recycling Shop open

After a whole year of being closed, The Recycling Shop at the Town Transfer Station at 369 Water Street will be open now on Wednesdays, Saturdays, and Sundays to all Newfield residents during the regular transfer station hours. The attendant Janet Colwell will be there to assist people. Newfield property owners with Transfer Station Stickers can donate items or take items from the shop, but there is no guarantee on them. They are accepting donations of household items, kids toys, books and other small things. Everything that is dropped off must be acceptable by the attendant, and in good condition.

There are several things that they will be not accept, including clothing or shoes, stuffed animals, anything made of fabric, carpets, mattresses, food, alcohol, beverages, cosmetics, weapons, car seats, overstuffed or upholstered furniture, anything with Freon, electronics, such as t.v.'s, monitors and printers, appliances, hazardous materials, chemicals, tires, and anything broken or missing parts. The shop closes for the season in the fall.

Happy birthday!

Birthday wishes go out this week to: Frank H. Pike V, Liz Tuttle, Hannah Dailey, Huddie Briggs, and Ruth Ayers.

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AN ESSAY FROM ALFRED

Canning season

Before entering nurses' training I had to have a physical exam by a doctor. I recall that one of the questions put to me was about meals. What did I have for dinner? And what did I have for supper?

Dinner wasn't a problem, as meat and potatoes were standard fare. Although whipping up dinner must have been problematic for my busy mother who besides working in the greenhouses, keeping track of three kids, and doing housework she was on call to help in the flower shop when they were extra busy. She was accustomed to it but looking back I don't know how she kept up with everything. Plus my father who had an affinity for animals - besides cats and dogs, there was a racoon who lived under the barn and a fox in his pen on the hillside. I used to visit the fox in the evenings - I would talk to him and he would cry (at least I think he was crying) telling me his troubles. I felt sorry for that fox - he finally hung himself by his chain and I still do not think wild animals should be caged.

To get back to the question about what I ate for supper, I recall thinking that was a funny question, and replied "leftovers." Didn't everyone? Hash was standard fare.

We children also helped in the greenhouses and in the flower shop. There I would wind the stems of flowers with wire to put into arrangements and when there was nothing else to do, I would sit on the floor behind the work bench, reading the Christian Science Monitor. I was fairly invisible behind the bench which had a shelf piled with old newspapers which were used for about everything. But the Monitor was a favorite. I liked the poems and would sometimes cut them out. I do not even know if that paper is still in print. I never read the articles, just the poems.

My folks had a garden which provided us with lots of vegetables and provided my mother with lots of fare for canning. Canning was a way of life for her. There were two closets in the cellar for all those jars. Both closets were usually filled. She had grown up

in the same house as we did so I assume my grandmother had also been busy every fall "putting up" the veggies. Beans were standard fare, beets, carrots, tomatoes, and mincemeat, (which was delicious but mostly was eaten on Thanksgiving Day in pies.)

The difference between my grandmother's canning chores and my mother's was that my grandmother had four daughters to help out. She taught them well - I recall my aunts' canning chores in late summer. Even Aunt Lillian who had no children and really didn't need to can would do it. In fall, you just did it. I am sure Aunt Eunice "put up" even more stuff than did my mother because she had a large family.

Freezers have cut those early chores in half and I am grateful for them. We have two freezers with mostly meat in one. But also bargains that we cannot resist, like the bags of blueberries. At four pounds per bag, they sure cut a lot of labor from the process of picking.

In looking through a book of diaries written by an early farmer's wife, my husband was surprised by the number of canned vegetables produced by the farmer's wife. It was in the hundreds. I wasn't surprised - that woman had probably put her whole family to work.

A recipe I use for sweet tomato chili sauce is used in many ways. Here it is, from the late Ethelyn Drown.

Sweet tomato chili sauce

- 24 ripe tomatoes, chopped
- 2 tbs salt
- 2 medium onions, chopped
- 1 tsp cinnamon
- 1 pepper (grind or chop)
- ½ tsp cloves
- 4 cups of sugar
- 1 tsp nutmeg
- 2 cups vinegar

Put spices in a bag, add to tomatoes and other ingredients. Simmer a couple of hours until it thickens. Ethelyn said she didn't usually put the spices in a bag but that is what her recipe says to do. Makes 6 pints, approximately. Freeze or can. Can be added to beef stew or other stews, or used in many other ways.

- By Allison Williams

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