

Riding with the **Dukes**

By C.J. PIKE

Sleigh rides were just one of the exciting things to do at Curran Homestead museum last weekend, on a very chilly February day, Groundhog Day. Tom Bragg of West Kennebunk was there with his two Belgians, named Duke and Duke, who were hooked up to an old fashioned hay sled, with plenty of room for at least 10-12 people. The gentle giants stood ready to go, as visitors came by to take a "ride with the Dukes," as Bragg puts it.

Bragg brings his horses up to the museum quite frequently, as part of the programs that Director Robert Schmick sets up. This week it was for the annual Ice Harvesting, which draws a good crowd. Of course, work horses and sleighs were all part of the scene back in the day, when people carved their ice from local ponds. Bragg also volunteers at the museum when needed.

There was a small group of individuals on the Mill Pond when I arrived, cutting through the ice with the old fashioned ice cutting tools. They had dug quite a large hole in the ice, which was quite an accomplishment, considering the ice was at least 22' inches thick, the thickest ever, according to Director Schmick.

Temperatures were quite frigid, but the brave folks who showed up were bundled up for the weather and the fun.

The Red Barn was used as a warming hut, with plenty of goodies and hot food. There was everything from brownies and cookies to hot mac and cheese, soups, coffee and hot chocolate. Seating was available and for entertainment, they were showing a film of how ice harvesting was done back in the day, when it was a necessity. Souvenirs were also available.



The Feb. 2 Sokokis Lake Ice Fishing Derby winners, from left, Kaleb Blaney (grand prize for heaviest fish), Chase Graffam (2nd place kids division), Hudson Graffam (first place kids division) and Cameron PHOTO BY C.J. PIKE Bradbury (third place kids division).



Catching the big fish on Sokokis

By C.J. PIKE

Last week's fishing derby on Sokokis Lake in Limerick was a big success. There were plenty of big fish pulled out of there and a lot of them were caught by the youngsters. There was a good sized group out on the lake, a total of 85 entries in the derby this year, with many ice shacks and traps set all over.

The American Legion Post #55 sponsored the 9th annual derby, which is usually on the first Sunday in February and open to everyone who likes to fish, hoping to catch either bass or perch.

Hudson Graffam, just three years old, took home first place for the heaviest fish in the kids category, bringing in a 3 lbs., 6.7 ounce bass, which he proudly held up for a snapshot. Chase Graffam got second place, and Cameron Bradbury got the third place prize.

First place winner received a lifetime license donated by F.R. Carroll, and the other two places received gift cards All three kids received trophies for their prized catches.

The grand prize for the heaviest fish in the adult category was won by Kaleb Blaney, who received one half of the entry fees. His fish was 3 lbs., 10 ounces.

I went out to visit most of the ice shacks on the lake with the help of Curtis Mills who gave me a ride on his snow machine. My stops included a visit with Boy Scout Troop #329, with Assistant Scoutmaster Geoff Thaver. and several scouts: Wyatt Biggs, Andy Michaud, Donte Rodriguez, Nathan Gray, Thomas Poole and their troop dog Pogo.

From there I visited with a

Schmick put out a call for volunteers to show up to help clean the ice the day before the event and plenty of them did, (Continued on page 4)

Tom Bragg with his Belgians, both named Duke, were on hand to give rides at the annual Ice Harvesting PHOTO BY C.J. PIKE at Curran Homestead Museum in Newfield on Feb. 2.

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group of people from Limerick, including Mary Langlois, who was brave enough to get out in the cold weather.

The next stop on my cruise around the lake was with some local people from Newfield and their families. They had been there since 6 in the morning, and kudos to them for braving the temps at that early hour. Nichole Hubbard and her family was there, along with about 25 to 30 other brave people who were there for the thrill of the sport. Heidi Hutchins was there with her siblings, and it was the first time they had gone ice fishing together. A memorable fun time. Emilie Hubbard held up a big bass for me, and said that they planned on eating it. They (Continued on page 3)

COMMUNITY CALENDAR

FREE COMMUNITY DIN-NER Saturday, Feb 9, 5-6:30 p.m. at Goodwins Mills Advent Christian Church on the Mill Pond, Rt 35, Goodwins Mills. Beans and hotdogs, coleslaw, rolls, cupcakes.

CELEBRA-BIRTHDAY TION Saturday, Feb. 9 there will be two parties in honor of Barbara Bean of Waterboro who just turned 100 years old. At 11 a.m. a celebration is being held at the Oak Street Bistro, 3 Oak Street Alfred. Senator David Woodsome will be the special guest. Then at 2 p.m. Barbara will be at the Waterboro Eagles Club, 1050 Main Street, where there will be food and a DJ. Barbara would love to see as many people as possible.

ICE FISHING DERBY The Goodwin's Mills Firefighter Relief Association (GMFRA) is sponsoring the 4th Annual Ice Fishing Derby Feb. 9, from 6 a.m. to 2:30 p.m. on Kennebunk Pond in Lyman. Cash prizes and trophies for 1st, 2nd and 3rd place for longest Trout in both adult and kids division. Cash prize and trophy awarded for longest Bass. Award ceremony at 2:45 p.m. Take a chance raffle on an Ice Auger/trap/basket package (or \$500 cash) and the ever popular 50/50 raffle. All winners must claim prizes by 2:30 p.m. Cost is \$18 Single, \$10 Child (under 16), and \$35 Family. Tickets will be limited to 300. Pre-register at Goodwin's Mills Fire Station, Route 35, Lyman or on the day of the derby at

the Kennebunk Pond boat launch. For more information www.gmfd. org or call Phil at 206-0164. All proceeds to benefit the Firefighter Relief Association.

BOTTLE DRIVE TO BEN-EFIT MUSIC STUDENTS -Help support Mikayla & Nicholas Freeman by dropping off your cans/bottles at Aubuchon Hardware at 400 Narragansett Trail, Buxton, ME 04093 on Sunday, Feb. 10, from 10 a.m. - 3 p.m. Your donation will help pay tuition for their choral/music camps this summer with USM's So. Maine Choral and Music Academies. For more information, call Brenda Freeman at 712-9905.

ANNUAL WINTERFEST-The Abenaki Draft Horse Association will hold Winterfest 2019 on Feb. 10, weather permitting, from 10 a.m. – 2 p.m. at 117 Duke Lane, Lyman. Horse drawn sleigh rides, wagon rides, food and music with free admission. Call Tom Bragg at 651-5282 or email David Oleson at oleson@midmaine.com for more info.

MAC N' CHEESE COOK-OFF Corgis Against Cancer Winter Cook-off will be held Sunday, Feb. 10 at noon at Lake Arrowhead Community's Club 2, 206 Old Portland Road, North Waterboro. This fundraiser for the American Cancer Society and Relay For Life is a mac n' cheese cook-off. Tickets will be sold at the door. Adults are \$5, children 8 and under are \$2.

The YORK COUNTY RE-PUBLICAN COMMITTEE

(YCRC) monthly meeting will be held at the Wells Activity Center, 113 Sanford Rd. (Rte 109), on Thursday, Feb. 14. Doors will open at 6 p.m. for socializing and Valentine's Day treats, followed by a business meeting at 7 p.m.

ICE FISHING TOURNA-MENT on Shaker Pond on Saturday, Feb. 16. There will be trophies and prizes. Those 15 or under can participate.

FAMILY MOVIE NIGHT Friday, Feb. 22 for Lake Arrowhead Community members and their family at Club 2, 206 Old Portland Road, North Waterboro. Doors open at 6 p.m. and the movie, Gnomeo & Juliet, will start at 6:30 p.m. Come in your PJs and bring pillows and blankets. Free popcorn will be served. Call or text 272-3921 by Feb. 19 to attend.

CALLING ALL QUILTERS The Evergreen Quilt Guild will meet on Monday, Feb. 25, from 6-9 p.m., at St. David's Episcopal Church, Route 1, two miles south of Kennebunk Village. Newcomers are welcome.

NJROTC FUNDRAISER SPAGHETTI DINNER Friday, March 1 from 5-8 p.m. in Massabesic High School Cafeteria. Adults \$6, Students and children \$4, under 2 Free. Spaghetti, meatballs, bread, salad and desserts. Raffle prize drawings. For reservations email jana.ratz1978@ yahoo.com.

EMAIL NEWS@WATERBORO **REPORTER.COM**

THE RELAY FOR LIFE OF YORK COUNTY will be hosting its kickoff event at Duffy's Tavern & Grill located at 4 Main St in Kennebunk on Mar. 3, at 2 p.m. This will be the launch of the season for this local American Cancer Society fundraiser. For more information visit www.relayforlife.org/yorkme or call Jennifer Ruggerio at 373-3728.

MONDAY WRITERS at the Waterboro Public Library, first Monday of every month (when the library is open) 6-8 p.m. All writers are welcome. Bring a short piece to read and discuss.

POETRY WORKSHOP. Limerick Public Library, 2nd Thurs. of every month at 6:30-8:00pm. All poets from beginners to advanced are invited to bring an original poem to discuss.

REUSABLE BAGS BENE-FIT FIRE DEPT The Waterboro Fire Department has been chosen to be part of the Hannaford Helps Reusable Bag Program at the Waterboro Hannaford for the month of February. Every purchase of a "Community Bag" will generate a \$1 donation to the fire department. For more information visit hannaford.bags4mycause.com.



Scholarship available for agriculture

Graduating seniors from Maine high schools who are National FFA (Future Farmers of America) organization members and interested in pursuing a career in farming, agriculture, or natural resources are invited to apply for a Ronald P. Guerrette FFA Scholarship through the Maine Community Foundation.

The Guerrette FFA Scholarship Fund provides one \$1,000 scholarship per year. The application deadline is March 1. The fund was created in 1998 by friends and family to honor the life and work of Ronald P. Guerrette of Caribou.

To learn more, visit the statewide scholarships section of MaineCF's website, www. mainecf.org.

Headquartered in Ellsworth, with additional personnel in Portland, Dover-Foxcroft, and Mars Hill, the Maine Community Foundation works with donors and other partners to improve the quality of life for all Maine people. To learn more about the foundation, visit www.mainecf.org.





Summer Fun in our Great Camps-Summer Day Camp and Teen Adventure Camp are 7 weeks this year!

Summer Day Camp 3 fun field trips plus weekly trips to Bunganut Lake. Breakfast and lunch are included. \$850 for 7 weeks (\$875 non-residents), M-F, 8am-4pm. Early drop/late pick up available. For students entering K through 6th grade, begins June 24.

Vacation Fun Camp at Old Town Hall provides coverage for two weeks: August 12-16 and August 19-23. \$140 per week, M-F, 8am-4pm, space is limited! Early drop/late pick up available.

WATERBORO Recreation

IMPORTANT DATES!

Now: Boys Lacrosse Registration Feb 11: Summer Camp Registration Opens Mar 14: Boston Flower/Garden Show Trip Mar 29: Free Youth Turkey Hunting Seminar May 8: Senior Luncheons Resume May 22: Free Gardening Forever Workshop June 7: Red Sox vs. Tampa Bay Rays Trip June 24: Summer Day Camp Begins July 2: Teen Adventure Camp Begins July 5: Free Concerts in the Park Begin July 21: NH Motor Speedway NASCAR Trip Aug 18: Red Sox vs. Orioles Trip Aug 24: 2nd Annual York County Blues Fest

Teen Adventure Camp heads out on an adventure every Tuesday, Wednesday and Thursday for 7 weeks beginning July 2. Students entering grades 7 through 9 will enjoy theme parks, paintball, paddle boarding and more! \$775 (\$800 non-resident) for 7 weeks. All trips, transportation, breakfast and lunch are included in the price.

Schedules, FAQs and Registration Forms are available on our website GET ON A PAYMENT PLAN TODAY!

Lacrosse for Boys Grades 3-6



Hurry! A few spots left in each age group.

\$75 for the entire season

Registration Forms are available on our website



Join us for Cribbage every Thursday plus 2nd and 4th Saturday of each month at 8:30am! Watch for details on our upcoming trips to Cabbage Island Clam Bakes, The Botanical Gardens, Lake Winnipesaukee and more!

For more info please contact us!

247-6166 x115

Email: rec@waterboro-me.gov Website: www.waterboro-me.gov



Above: Troop #329, from left, Nathan Gray, Thomas Poole, Dante Rodriguez, Andy Michaud and Asst. Scout leader Geoff Thayer, In front is Wyatt and troop dog Pogo. Top right: Nichole Hubbard and friends from Newfield. Right: Limerick friends get together for fishing on Sokokis Lake Feb. 2. PHOTOS BY C.J. PIKE





FISHING DERBY

(Continued from page 1)

say it is tasty, but I've never tried it. Three friends of theirs from Sydney came down especially for the event, and by the looks, it was worth the trip.

My last stop was a group of friends and family from the following families: Walsh, Stitson, Maynard and Ouellette. They were all smiles and clearly having a great day.

It looked like everyone on the lake was having a great time telling fishing stories, enjoying family and friends, having snacks cooked over their fire pits, and just hoping to catch the 'biggest fish ever.'

At the end of the day, there were over 100 prizes that were donated by various local businesses and given to the lucky winners. The 50-50 drawing was won by Adam Brens.



Meat Raffle at St. Matthew's to

Larry Malone Superintendent

Erica Mazzeo Director of Curriculum

Melissa Roberts Director of Professional Growth

86 West Road, Waterboro, Maine 04087 Tel. No. (207) 247-3221 Fax. No. (207) 247-3477

Regional School Unit 57

Colin M. Walsh, CPA Director of Finance & Operations

Timothy O'Connor Director of Special Education

Nora Lantagne Asst. Special Education Director

RSU 57 prepares respectful, responsible and creative thinkers for success in the global community.

KINDERGARTEN REGISTRATION

Dear Parents:

Welcome to the RSU 57 schools. You will find the professional educators in our schools most eager to provide meaningful learning experiences for your child. You are an important contributor to this process. Please contact your child's school as soon as any question arises. We look forward to working with you. Thank you for the privilege of serving your child's educational needs.

Larry Malone Superintendent of Schools

Kindergarten Registration for the towns of Alfred, Limerick, Lyman, Newfield, Shapleigh and Waterboro is scheduled at the following times. You will need to register at the school in the town in which you reside. At registration, it is not necessary to bring your child with you; however, parents are <u>required by law</u> to provide the child's <u>official birth certificate</u> and <u>immunization record</u>. You must show proof of residency in the District as well.

Monday March 11 Tuesday March 12 9:00 am – 4:30 pm 9:00 am – 4:30 pm I A

Lyman Elementary School Alfred Elementary School

benefit food pantry

The annual Meat Raffle is now being held by the Knights of Columbus of St. Matthew's Church in Limerick. Raffle tickets are available for \$2 each or 3 for \$5, and the money raised benefits the food pantry at the church at 19 Dora Lane.

The winner of the raffle will receive 40 pounds of meat from Sleepers Market in Limington; and the second place winner will receive 20 pounds of meat from Limerick Supermarket. The drawing will be held at the St. Patrick's Day supper on March 16 at the church hall. For more information, contact Gerry Provencher at 793-8639.

-		-
Wednesday	March 13	5:00 pm – 7:00 pm
Monday	March 18	9:00 am – 4:30 pm
Tuesday	March 19	9:00 am – 4:30 pm
Tuesday	March 19	<u>Appt. only- 7:30–3</u>
Wednesday	March 20	<u>Appt. only- 7:30-3:</u>
Wednesday	March 20	5:30 pm – 7:30 pm
Wednesday	March 20	5:30 pm – 7:30 pm

00 pmAlfred/Lyman @00 pmNewfield / Limerick0 pmShapleigh0 pmWaterboro0 2:30-3:30**Waterboro0 pmWaterboro00 pmLimerick/Newfield/50 pmLimerick/Newfield/50 pmShapleigh @

Lyman

Alfred

Lyman Elementary School Line Elementary School Shapleigh Memorial School Waterboro Elementary School Waterboro Elementary School Waterboro Elementary School

Line Elementary School

PLEASE HELP US estimate the number of students we will be registering at the above times by completing the form which is located on our district webpage: <u>http://www.rsu57.org/parents/registration</u> and returning it to your school <u>by March 5, 2019.</u>

****NOTE:** <u>Waterboro Registrants - the school secretary will contact you to arrange an appointment time.</u>

Alfred - Limerick

Lyman - Ne

Newfield -

- Wa

Shapleigh

Waterboro

ALFRED

Allison Williams awilliams@waterbororeporter.com 324-5823

100th Day of School Celebration

To benefit (and celebrate) the 100th day of school Alfred Elementary is hoping to collect 100 breakfast items, 100 lunch items and 100 snack packages to benefit the Weekend Backpack Program. Kindergarten and Grade 1 will bring breakfast items (individual cereal cups, small packages of pancake mix and packages of muffin mix). Grades 2 and 3 are asked to bring in lunch items, like peanut butter, jelly, Chef Boyardee and tuna. Grades 4 and 5 are asked to bring granola bars, packages of individually wrapped cheeze-its, pretzels, crackers or animal crackers. It will be important that items aren't expired or are in small containers, not in glass containers. Food will be collected through Thursday, Feb. 14, Valentines Day, which is the 100th day of school. These will all benefit the Weekend Backpack Program.

Parish Church annual meeting

Following the morning service this past Sunday members of the Alfred Parish Church held their annual meeting led by Moderator Su LaChance. The annual reports had been distributed to members earlier in the week so they could be read ahead of time. Continuing as moderator until 2021 is Su LaChance; vice-moderator is Janet Tucker; clerk, Dorothy Miller; treasurer, Betsy Smith; assistant treasurer, Dorothy Miller; financial secretary, Su LaChance; assistant financial secretary, Janet Tucker. Judy Braley was voted auditor. Nancy Sobanik is church school superintendent. The committee members were also voted in and the proposed budget was approved. Pastor Sara Bartlett then explained what her required "Boundary Training" entails and gave a sample of one which the group found very interesting and thought provoking. The morning concluded with a delicious potluck dinner.

A movie, "Mr. Rogers Neighborhood" will be shown Sunday, Feb. 17 in Conant Chapel followed by a potluck supper at 4 p.m.

Square Dancing/ **Round Dancing**

Although many residents are unaware of it, there is an Alfred Square and Round Dance Club which meets on Friday nights in Town Hall. They have been doing this for three years. They do not meet in the summer because, as Denise Carbonell the instructor says, "It's too hot!" But except for holidays or other occasions, the dances are held 6:30 to 9:30 p.m. with rounds, which is like ballroom dancing, held the first hour. Sometimes there are special occasions, like the Super Bowl Party held this past week. And if the weather is really inclement, they do not dance.

January Totals

The town clerk gave the following monthly report for January. There were no births, 4 deaths, 1 burial permit, 4 marriages, and 215 altered dogs licensed. There were 24 unaltered dogs licensed and 22 hunting and fishing licenses sold.

Permits issued by the code enforcement officer included Robert Jalbert of Mountain Road for a

stand by generator; Joseph Michaud on Federal Street to finish his basement: Laurel Castoria on Mouse Lane also for a stand by generator; Donna Carter of Sanford Road to replace a slider door; Allen Charron of Woodchuck Avenue to remove hazard trees; Nathan Torrey of Torrey Hill for mechanical work; Claton Ney of Mulberry Lane for mechanical work and Diane Mitchell of Gore Road for land use (homecrafts pottery).

New Books at Library

If you are looking for something different to read, Parsons library has a lot of new books. The Accidental Further Adventures of the Hundred Year Old Man by Jonas Johnasson sounds intriguing. Also The Perilous Adventures of the Cowboy King by Jerome Charyn. Maine Roads to Gettysburg non-fiction by Tom Huntington; Wayfarer: A Memoir by James S. Rockefeller (biography); Daughter of War by Brad Taylor; The Weight of a Piano by Chris Candor; The First Conspiracy: The Plot to Kill George Washington and The Night Agent by Matthew Quirk.

Timothy O'Connor

Director of Special Education

Nora Lantagne

Asst. Director of Special Education

be someone from the Center for Wildlife in Wells. Parking will be along the Ida Jim Road in Massabesic Forest.

C.J. Pike fudgecupboard@yahoo.com 793-8760

NEWFIELD

ICE HARVEST

(Continued from page 1)

including the local home schoolers. Schmick uses his snowblower on the ice and then the volunteer crew helps out with the rest. Getting the tools ready, the shoveling and preparing the food are all part of the various jobs to make sure that visitors have a good experience and a fun day.

Doug Dolan of Hollis was also there for the clean up on Saturday, and according to him, it was a very cold day, but he didn't seem to mind. He is very involved with the museum as a member, he has taken classes, and even teaches some of the classes now. Dolan says that he even goes up to Orrington to help out occasionally.

Back in the early 1900's of Maine's history, people even got their ice from Casco Bay, proving that winters back then must have been much colder than they are now. About 50 people showed up for the ice harvest festivities; it seems that a visit to our little treasure was the place to be for some winter family fun.

The museum has recently changed its name to The Curran Villages, including both the northern campus in Orrington, and the southern campus here in Newfield. The non-profit group Narragansett Number One Foundation partially funded the annual Ice Harvest and newly built ice house.

Rod and gun club to host fishing derby

Northern York County Rod and Gun Club will have their annual Fishing Derby on Saturday, Feb. 16, at the beach on Whippoorwill Lane: it will be held from 7 a.m. to 3 p.m and the fee is \$10 for adults; under the age of 16 fish for free. The prize for the biggest fish for adults is 1/2 of the entry fees, and children will get trophies, for 1st, 2nd, and 3rd places. This is free fishing weekend. The snow date is the next day. Hot dogs, hamburgers, and drinks will be available.

Larry Malone Superintendent

Colin M. Walsh, CPA Director of Finance & Operations

Director of Professional Growth RSU 57 prepares respectful, responsible and creative thinkers for success in the global community.

Regional School Unit 57

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Erica Mazzeo

Director of Curriculum

Melissa Roberts

To: RSU 57 Families From: Larry Malone & RSU 57 Administration **Re: Pre-K Lottery Registration Information & Deadline** Date: February 1, 2019

It is our hope that this memo will serve to clarify any questions regarding our district's Pre-K programs. To begin, our Pre-K programs seek to serve our local schools first (Alfred Elementary School, Lyman Elementary School, LINE Elementary School, Shapleigh Memorial School, and Waterboro Elementary School). Each child registered for the lottery will have an opportunity for selection. Once all openings have been filled by local residents, we will reach out to district community members who are on a waitlist to determine interest in program admittance, should spaces become available. Please review the district's criteria below to understand our program admittance criteria:

Pre-K Program Eligibility Criteria

- Students must be 4 years old by Oct. 15th and are not of kindergarten age.
- Complete Lottery Registration Form (required) including income. This will help predict levels of Free and Reduced Lunch percentages for next year and is needed in order to accurately reflect the district percentage.
- Form(s) must be completed and submitted by March 1, 2019.

REPORTER

Tracking Walk

As part of its 9th speaker se-

ries in Alfred, sponsored by the

Alfred Conservation Commis-

sion, on Saturday, Feb. 23 at 10

a.m., a tracking walk will be held

in Massabesic Forest. It is free but

participants are warned to dress

for the weather. The leader will

The Pre-K registration form is available at www.rsu57.org/parents/registration. After you have completed the form, please return it to your local school's main office by March 1st. Our goal is to make program notifications by Friday, March 22nd. All students that are placed in a district Pre-K program will need to have the kindergarten registration packet filled out prior to Pre-K screening. Once all openings have been filled by lottery, remaining names will be drawn to create a waiting list, should room become available. Any interest from local school residents received after the lottery is complete and notification has taken place, will be placed on the waiting list.

If you know of any community families who may have an eligible student, please feel free to share this information. If you have any questions, please feel free to contact your local school's main office.

Sincerely,

RSU 57 Administration

Alfred Limerick Lyman

Newfield

Shapleigh

Waterboro

Happy birthday!

A big birthday wish to my brother, Kim Pike, who will be celebrating his birthday in the warm, sunny temps of Florida. Lucky you, Kim, have fun.

Others celebrating this month are Pete Washington, Kali Goodfield, Mason David Bonhert, and Sean Iannazzo.

BUSINESS NEWS

SIS Bank sponsors Sanford Farmers' Market Vouchers for Veterans with \$1.000 donation

GOT PHOTOS? Send to:

news@waterbororeporter.com

SIS Bank is proud to announce its recent sponsorship of the Vouchers for Veterans program that will be hosted at the Sanford Farmers' Market later this year, in September. The Bank donated \$1,000 in support of Vouchers for Veterans.

Vouchers for Veterans is a 501(c) (3) non-profit organization that aims to say "thank-you" to military veterans of New Hampshire and Southern Maine. Annually during the month of September, Vouchers for Veterans provides veterans with vouchers to purchase fresh, nutritious and healthy products directly from local growers at area farmers' markets. Vouchers for Veterans has been accessed over 1,800 times by Strafford County veterans in the last three seasons the program has been running, amounting to over \$36,000 of community dollars going right back to local farmers. The program was so successful that Vouchers for Veterans was able to expand into other counties for 2019.

The Sanford Farmers' Market of York County was chosen as one of the participating Markets for September 2019. Veterans who have served and reside in York County can come to the Sanford Farmers' Market all month long in September and will receive a \$20 voucher applicable to any of the items for sale. This mutually beneficial program allows the York County community to jointly show appreciation for the nation's veterans while providing an economic boost to local growers, food producers and artisans.

"This is just one more way we can show our appreciation and give back to those who have given so much to our country already," said SIS Bank President & CEO Blaine Boudreau. "We are grateful to our veterans for their service and are happy to doubly support our local growers and artisans with this sponsorship."

For more information visit www.vouchersforveterans.org.

SPORTS

GIRLS BASKETBALL

Lady Mustangs top Tigers

Massabesic broke open a close game with 27 third quarter points to help lift them to their sixth win, 60-46 over Biddeford on Friday, Feb. 1 at Massabesic High School. The six wins match the total from the previous two season's combined and gave the Mustangs an outside chance of finishing as the sixth seed in the eight team Class AA playoffs that begin Feb. 12.

Grace Martin got the visitors off to an early lead with 14 points in the first, giving the Tigers a 22-16 advantage. Martin led all scorers with 35. Kenzy Ouellette helped keep the game within reach with 8 first quarter points.

The Mustangs scraped together a solid second period with the defense beginning to take control. They held Biddeford to just seven points in the frame to close to within three when the break came at 29-26.

The third was all Massabesic who put up 27 points and got scoring from six different players led by six from Skylar Renaud who finished with 12. Emily Stinson, Marissa Holt and Hannah

Samson each had four in the third and each finished with six on the night. The quarter ended with Massabesic ahead 53-39.

The Mustangs closed out the game with good defense in the fourth, their offense cooled off, but the Tigers got no closer as each team scored seven.

Ouellette finished with 17 to lead Massabesic. Micaela Jacobs had 8.

* * *

On Feb. 5 the Mustangs lost to Bonny Eagle 51-36. Feb. 7 they were set face Marshwood at home in their last game of the regular season, also their senior night celebration.

INDOOR TRACK & FIELD

Waters takes mile

Jeffery Waters ran first with a 4:41.92 in the one-mile, three seconds faster than runner up Connor Coffin of Scarborough at an eightteam event held Groundhog Day, Feb. 2 at USM. Waters, a senior, was the only Mustang to pick-up gold on the day as the men finished eighth and the lady Mustangs were seventh.

Syeria New took silver in the 200 with a time of 28.03 and she was fifth in a very tight 55-meter hurdles field. Ivalani Callahan had the fourth longest shot put.

ICE HOCKEY

By Michael DeAngelis

Sports Editor news@waterbororeporter.com

MOB stops Bandits

MOB (Massabesic/Old Orchard/Bonny Eagle) scored three first period goals and Gavin Sperlich stopped all 13 shots he faced to help pace a 7-0 rout of the Bandits (Skowhegan/Lawrence/MCI) on Groundhog Day, Feb. 2.

A quick 2-0 lead before two-minutes had expired gave MOB the momentum as they poured 21 shots on net in the first. 15 in the second and 19 more in the third.

Kurtis Morin made it 1-0 just 77 seconds in and Chris Westgate doubled the lead at 1:47. Payton Oertel closed out the first for MOB at 3-0 later in the period with Wesgate and Grayson Krause assisting. It might have been double that, but Adrian O'Connell made 18 stops in route to 48 on the night.

Paidric Green scored off the initial faceoff to start the second period with Morin and Aiden Russell assisting to push it to 4-0 and Scott Blanchette closed out the period with a goal at 12:19.

Green and Westgate put two more in before five minutes had elapsed in the third to finish it at 7-0 and give them their fifth win in the last six contests. MOB has amassed a +18 goal differential throughout the stretch, outscoring opponents 22-4 and their record sits at 8-5.





SIGN UP NOW! Sign up at any of these locations:

Lakeside Marina, Rt. 109, Shapleigh Beadle's Bait & Tackle, Rt. 109, Shapleigh Largest Fish Wins: **Any Species** 1st Place ~ \$500 2nd Place ~ \$300 3rd Place ~ \$200 plus trophy plaques

FMI or to make a donation, contact us at: 207-432-0166 **On Facebook: SpringvaleFish&GameClub** Email: garna7183@gmail.com Website: springvalefishandgame.org

FISH ANY LAKE OPEN TO POND OR ICE FISHING IN YORK COUNTY. Weigh In will take place at Foot of Mousam Lake on Rt. 109 in Acton/Shapleigh 1/2 hour before sunrise-3 pm

Free Wellness **Event**

Sunday, Feb. 10 from 1-3pm

- Free mini reiki and acupuncture sessions.
- Meet the practitioners who teach Tai Chi for Arthritis and Yoga for All Bodies.
- Learn about herbal medicine and conditions it can treat.
- Enjoy a warm beverage and see the new Wellness Studio! 247-7388



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Rural York County Opioid Consortium to hold community forum

The Rural York County Opioid Consortium will be hosting an Opioid Community Forum on Thursday, Feb. 28 from 5-7 p.m. at the Sanford High School. This event is free and open to all York County residents.

Community Focus Groups, 5-6 pm: Community members are invited to participate in an open discussion facilitated by USM's Muskie School of Public Service to gather input on barriers and gaps in the community for opioid treatment access, recovery, and prevention in rural York County. The information will be used to develop strategies to improve services Wells, Kennebunk, Kennebunkport, Waterboro, Alfred, Sanford, Springvale, Parsonsfield, and Newfield.

Opioid Overdose Recognition and Naloxone Training, 6-7 p.m.: Lizzy Garnatz, an experienced Community Health Promotion Specialist with the City of Portland's Public Health Division will provide a free training on how to recognize an opioid overdose and use Naloxone, a lifesaving medication. Lizzy oversees the daily

operations of the Portland Needle Exchange Program and has helped to implement both a community sharps box campaign and a Naloxone distribution protocol over the last few years. Jessika Morin, MD, Medical Director of the SMHC Integrated Medication-Assisted Treatment Program, will be available to answer questions about accessing Naloxone.

Free food and drinks will be provided as well as raffles for gift cards donated by Shain's of Maine, Sanford House of Pizza, Domino's, Smitty's Sanford Cinema and Pub, and Amazon gift cards.

The forum will take place at the Agora Presentation Area at Sanford High School, 100 Alumni Blvd, in Sanford. Attendees should use the main entrance. Snow date is Tuesday, March 5.

To register, call 283-7234 or email info@smhc.org. For those unable to attend, the Consortium also welcomes feedback via on online survey at http://bit.ly/opioidsyorkcounty

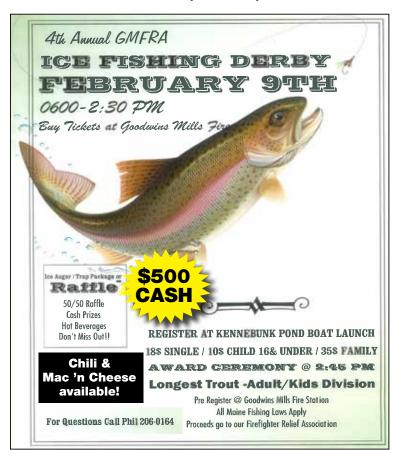
The Rural York County Opioid Consortium membership

OBITUARIES

includes SMHC, Maine Behavioral Healthcare, Nasson Health Care (affiliated with York County Community Action Corporation), Frannie Peabody Center, the Kennebunk Police Department, York Hospital, North East Mobile Health Services, Day One and Strategies for a Stronger Sanford.

The consortium is overseeing the work for the \$200,000 Rural Communities Opioid Response Program-Planning grant through the Health Resources & Services Administration. The purpose of this grant is to support treatment for and prevention of substance use disorder, including opioid use disorder, in rural counties at the highest risk for substance use disorder.

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$200,000. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.



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Rae Jean (Thompson) Elbrader

Rae J. Elbrader, 70, beloved wife and mother and a longtime

resident of Waterboro, died peacefully on Feb. 2, 2019, surrounded by her loving family at the Gosnell Memorial Hos-

Scarborough.



(Thompson) Elbrader Rae was born in Sanford on

March 24, 1948, the daughter of Clinton R. and Beatrice (Morin) Thompson.

Rae graduated from Sanford High School with the Class of 1966 and then went to Maine Medical Center where she trained to become an X-Ray technician,

graduating in 1969. She worked as an X-Ray Tech for Goodall Hospital for 43 years. Rae married Myron (Al) El-

brader on October 25, 1969 and welcomed into their hearts and home two sons, Brian and Christopher. For many years Rae volunteered with the Cub Scouts Pack 306 and spent a number of memorable summers at the Scouts campground. With her outgoing personality, she was a longtime member of the Massabesic Lions Club. Rae enjoyed camping, cruising and traveling with her family and friends.

Rae will be dearly missed by her family and her community. She is now at peace.

She is lovingly survived by her husband by her husband, Myron Elbrader of Waterboro; her two sons, Brian Elbrader and companion Shannon Bundy of

Grand Isle, Vermont and Christopher Elbrader of Severn, Maryland; her brother, Ronald Thompson and wife Patricia of St. Cloud, Florida and her nephews, Michael Thompson of Kissimmee, Florida and Richard Thompson of Vancouver, British Columbia.

Family and friends are invited to visit and share memories with Rae's family on Saturday, Feb. 9 from 2 to 4 p.m. at the Autumn Green Funeral Home, 47 Oak St., in Alfred.

To leave a message of condolence for the family, visit www. autumngreenfuneralhome.com.

In lieu of flowers, and with Rae's generous spirit, please consider donating to the Waterboro Community Food Pantry, 24 Townhouse Road, East Waterboro, ME 04030. The Autumn Green Funeral Home is respectfully handling arrangements.





Email obituaries to news@waterbororeporter.com





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SMHC health education programs for February

Southern Maine Health Care is offering the following health education programs during the month of February. This listing is also available on the SMHC website at www.smhc.org under Healthy Communities.

CLASSES/EVENTS

Total Joint Replacement Education Class

Designed for those considering total joint replacement. Participants will learn what to expect before, during and after their procedure and stay in the hospital. Open to anyone interested.

First Thursday (Feb. 7), 1 to 2:30 p.m. and third Thursday (Feb. 21), 3 to 4:30 p.m. at SMHC Medical Center, 1 Medical Center Drive, Biddeford, 1st floor, Classroom 1. Free. To pre-register (not required), please call 283-1126.

Weight Loss Surgery Information Session

Is weight loss surgery the right decision for you? Have you tried the other weight loss methods and nothing seems to work? If you're considering weight loss surgery, then this introductory class is for you. Information will be presented about nutrition, resources, and other topics to help with the lifestyle and emotional adjustments you face.

Second Wednesday of each month (Feb. 13), 5 to 6 p.m. at SMHC Medical Center, 1 Medical Center Drive, Biddeford. Free. Registration is required, please call 284-2630.

Third Thursday of each month, (Feb. 21), 1 to 2 p.m. at SMHC Sanford Medical Center, 25 June Street, Sanford. Free. Registration is required, please call 284-2630.

Smoking Cessation Sessions

There's never been a better time to quit. Southern Maine Health Care offers a smoking cessation program involving one-onone sessions designed to offer the tobacco user all the information and tools required to become tobacco free. The Certified Tobacco Treatment Specialist will offer insights into smoking habits, stress and the relationship it has to smoking, as well as nicotine replacement options available. Ongoing support is also valuable in guiding the tobacco user to become tobacco free.

Individualized Sessions at SMHC Pulmonology, 9 Healthcare Drive, Biddeford. Free. Call 283-6408 to schedule an appointment.

SUPPORT GROUPS

Alzheimer's Support Group

Open to anyone that has a loved one diagnosed with Alzheimer's or any form of dementia. The group helps participants understand the process of the disease and allows for sharing and questions.

Third Wednesday of each month (Feb. 20) 10 a.m. to 12 p.m. at Pavilion Conference Room, 35 July Street, Sanford. Free. For More information, call 490-7600 and ask for Kathy Wadden or Jeri Bogan.

Breast Cancer Survivors Support Group

Second Thursday of each month (Feb. 14) and the fourth Thursday (Feb. 28), 5:30 to 7 p.m. at SMHC Medical Center, 1 Medical Center Drive, Biddeford, Webber Building, 2nd floor Conference Room. Free. For more information, contact Helene Langley at 283-7805.

Cancer Support Group - Saco

We welcome those affected by cancer and their family/



friends. Support, information, and networking will be provided by skilled facilitators.

Third Monday of each month (Feb. 18), 10:30 to 11:30 a.m. at SMHC Walk-In Care, 655 Main Street (entrance on Ross Road), Saco - 2nd floor Conference Room. Free. Registration required. Please call 283-7327. Cancer Survivor Support Group - Sanford

First and third Friday of each month (Feb. 1, 15): 3:30 to 5:00 p.m. at MaineHealth Cancer Care Center York County, 27 Industrial Avenue.

For more information contact facilitator Jess Welch, LMSWcc at 459-1666 or jmwelch@smhc. org

Parkinson's Disease Support Group

A place to share information and support for people with Parkinson's disease, their families, caregivers and those in related health fields. Second Thursday of each month (Feb. 14), 2 to 4 p.m. at Huntington Common, Ross Road, Kennebunk. Free. For more information, call Christine George 767-9773.

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