

REPORTER

YOUR COMMUNITY NEWSPAPER

Locally owned and independently operated.



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Crime decreases in Maine for 9th consecutive year

From the Department of Public Safety and the Unified Crime Reporting Division of the Maine State Police:

Crime in Maine decreased -6.1% during 2020, according to the Maine Department of Public Safety. It is the ninth consecutive year that crime has dropped in Maine for a total decline during the past nine years of -62.7%. Crime dropped -6.6 in 2019, -9.3 in 2018, -8.2% in 2017, -8.7% in 2016, -7.1% in 2015, -13% in 2014, -8.3% in 2013, and -1.5% in 2012.

The 17,347 crimes reported in 2020 represent a crime rate of 14 offenses per 1,000 people in Maine. That number compares to the national crime rate of 25 offenses per 1,000 population for 2019.

The total number of both adults and juveniles summoned or cited by police decreased for 2020.

Adult arrests decreased -15.9% in 2020 with 30,615 arrest reported and 2019 reporting 36,412 arrests/summons for the year. Juveniles also showed a decrease of -32.1% in 2020 with 1,689 juveniles being arrested or summonsed compared to 2,491 arrests for 2019.

“Maine’s law enforcement professionals and our amazing community partners have delivered a ninth straight year of crime reduction and we truly thank you for your compassion and dedication to our residents,” said Public Safety Commissioner Michael Sauschuck. “Our complex world was complicated further with ongoing covid related protocols and safety concerns, but you selflessly reported for duty. This is just the latest example of your willingness to evolve as a profession and I look forward to further enhancing our efforts to Protect and Serve,” Sauschuck said.

(Continued on page 3)



Seated is 100-year-old Ernestine Lovell, who received this quilt made by her friend Elaine Morin. (See related story on Page 4).
PHOTO BY JOANNE BARGIONI



Fr. Bill Labbe, left, creates an Advent Wreath with parishioners at St. Matthew’s Church in Limerick on Nov. 28.
PHOTO BY JOANNE BARGIONI

Making Advent wreaths

BY JOANNE BARGIONI

Following the Mass on Nov. 28 at St. Matthew’s Church in Limerick, Father Bill Labbe explained how to create an Advent Wreath. The Advent Wreath holds four candles which are lit on the four weeks of advent.

The participants received a wreath-making kit consisting of a circular styrofoam form, mounting pins, fresh evergreens, candleholders, candles, and pink and purple ribbons.

The story of the Advent Wreath began in Northern Europe, according to the Loyola Press handout. The wreaths were decorated with candles to symbolize light and life during the long

dark winter. According to legend, St. Boniface gave the wreath its Christian meaning in the 8th century, and since that time, we have been using these wreaths as part of the Advent season. The word advent means the arrival.

The circular shape of the wreath has no beginning or end and represents the eternity of God. Evergreens signify continuous life. There are four candles in the wreath, each signifying the four weeks of advent. Three purple candles represent prayer, penance, and preparation, and the fourth pink candle represents rejoicing.



Spectrum is hiring!
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Start Date: January 11th
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HIRING EVENT Thursday, Dec. 16th from 9am-7pm
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PAID TRAINING: 5 weeks, Tuesday-Saturday 11 a.m.-7:30 p.m. • **STARTING PAY:** \$18.00/hour, plus shift differential for shifts that start after 11 a.m.
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Community Calendar

EMAIL NON-PROFIT EVENT LISTINGS TO: NEWS@WATERBOROREPORTER.COM



December 18th
9am-2pm

Free admission to dozen Vendors & crafters selling perfect gifts for Christmas

Get your shopping started!!

Color scents - Scentsy - Thirty One - Essential Oils - And many other homemade Gifts & products

165 Waterboro Rd
Alfred 233-0350

COMING EVENTS

NEIL MCGARRY'S 'A CHRISTMAS CAROL' A stunning one-man performance of Charles Dickens *A Christmas Carol* Dec. 3 at 7:30 p.m. and Dec. 4 at 2:30 p.m. and 7:30 p.m. Saco River Theatre, 29 Salmon Falls Road, Bar Mills. Tickets \$15 at www.sacorivertheatre.org. or call 929-6473. *Due to the high transmissibility of the Delta variant, the Saco River Theatre Board of Directors has voted to join a growing number of Maine performance venues by requiring that all adult audience members present proof of Covid-19 vaccination at the door, or a negative Covid-19 test result from within the prior 48 hours of the attended event. Proof of vaccination can be your physical vaccine card or a photo of your card. Masks will also be required indoors. All Saco River Theatre employees and volunteers working in the building are fully vaccinated.*

CHRISTMAS MARKET-PLACE at Bar Mills Community Church, 13 Hermit Thrush Drive, Buxton, Saturday, Dec. 4 from 9 a.m. to 1 p.m. A great selection of fresh greens to decorate your home, a wide variety of baked goods, like cookies, breads, pies and candy to satisfy your taste buds. Pick up a couple of jars of Wanda's Wonderful Homemade Pickles. Plenty of handcrafted gift ideas for your family, friends and even your pets. Visit www.barmillscommunitychurch.org or call Judy at 929-5555 for more info. We look forward to seeing our old friends and to meeting new friends.

SCROOGE AT SANFORD MAINE STAGE THEATRE "SCROOGE with a TWIST" by Martha McMillen at the Nason Theatre in Springvale. Come and meet a "different" Scrooge. He dances, he sings, he makes us laugh, he makes us cry, all the

while giving us the usual "Bah! Humbug!" but still showing us that the soul can be redeemed. As Tiny Tim says "God Bless Us, Everyone! Starring Fred Boyle as Scrooge, Barrett Ryan as The Narrator, Su Lachance as Christmas Past, Michael Thomas as Christmas present, Michael Mazur as Christmas Future, Megan Thomas as Agatha, and our Greek Chorus: Beverly Perry, MaryNel Driscoll, Doris Martineau, Priscilla Velandry, Gerald Burggren, Musical Director. Dec. 4, 11 at 7 PM & Dec. 5, 12 at 2:30 PM. General Admission \$10. Buy online at nassonevents.ticketleap.com or at the door. FMI marya.troopstair@gmail.com.

FREE CHRISTMAS CONCERT at the North Congregational Church, 22 Church Hill Rd., Buxton. Featuring the Westbrook City Community Band. Saturday, Dec. 11 at 2 p.m. Family fun for all! Refreshments available.

CHRISTMAS EVE SERVICE South Waterboro Bible Chapel will be hosting a "Christmas Eve Candlelight Service" on Friday, Dec. 24 at 4 pm. Everyone is welcome to attend. Located at 911 Main Street, Waterboro. FMI 247- 6293 or www.swbiblechapel.org.

ONGOING EVENTS

KNOW SOMEONE IN PRISON OR JAIL? "Individuals don't go to prison alone, their families

go also." Rose's Room is a support group for family and friends of incarcerated loved ones, where everyone is welcomed, loved, and equally respected! Meetings are held the 2nd Wednesday of the month from 6:30 - 8 p.m. in Sanford/Springvale location, Bishop Cote Hall, 10 Payne Street, Springvale (Facebook at "Rose's Room").

Massabesic Lions monthly dine-in or take-out **BEAN SUPPER** the 2nd Saturday of every month, 4:30 to 6:30 p.m. at the Lions Regional Medical Center building, 813 Main Street, Waterboro. Adults \$8. Children 5 to 12 \$5, 4 and under No Charge. Kidney and Pea Beans, Chop Suey, Ham, Hot Dogs, Coleslaw, "Our Homemade" Biscuits, variety of yummy Desserts.

The Acton- Shapleigh Lion's Club **MONTHLY PANCAKE BREAKFAST** the first Saturday of every month. The price is \$7, which includes pancakes (plain or blueberry), scrambled eggs, sausages, toast, orange juice, beans, and coffee, tea, and milk. The breakfast will be served from 8 to 9:30 a.m. at the Acton Town Hall, 35 H Road. All are welcome.

Buxton Centre Baptist Church, 938 Long Plains Road, Buxton, weekly **SOUPER SENIORS SOCIAL**. Gather for conversation, cribbage, puzzles, and other games, every Monday from 10 a.m. to 1 p.m. with a free lunch served at 11:30 a.m. Adults of all ages are welcome. Masks are not required, but we encourage people to be considerate of the health of others.



Christmas with Renaissance Voices

Harold Stover, Director

"Christmas doesn't get any better than this"
Portland Press-Herald

Music for the season from the 9th to the 21st centuries

Saturday, December 11, 2021
at 7:30 p.m.

Sanford-Springvale Historical Museum
505 Main Street, Springvale, Maine

Tickets \$15 - Adults and Seniors, Free - Age 18 and under
Call 324-2797 to reserve tickets.
The Museum is handicapped-accessible.



Sanford Maine Stage Presents

Scrooge with a Twist

by Martha McMillen

performed with special permission from ArtAge Publications Senior Resource Center www.seniorthatre.com

December 4 & 11 at 7pm
December 5 & 12 at 2:30pm
General Admission \$10
Nason Little Theatre
457 Main Street Springvale ME
Tickets: nassonevents.ticketleap.com



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CRIME IN MAINE

(Continued from page 1)

Violent Crime

Overall violent crimes saw a decrease of -4.9% for 2020.

Violent crime categories include homicide, rape, robbery, and aggravated assaults.

The crime rate for violent crime in Maine continues to be one offense per 1,000 population compared to the national average of 4 per 1,000 population.

Homicides remained the same for 2020, with 22 reported for 2020, also for 2019. Of the 22 homicides for 2020, 5 were domestic violence related. Nine were domestic violence related in 2019.

Robbery reported a decrease of -11.4% with 171 incidents reported for 2020 and 193 incidents reported for 2019. This is the fifth year in a row that robberies have decreased.

Aggravated assaults reported a decrease of -3.1% with 790 incidents being reported in 2020 vs. 815 incidents being reported in 2019.

Rape incidents decreased -4.9% with a total of 489 incidents reported in 2020 and 514 incidents reported in 2019, a decrease of 25 incidents reported for 2020.

“The number of rapes reported to law enforcement in 2020 points to the significant trauma many Mainers have endured. And yet, according to the Muskie School’s Maine Crime Victimization Survey, we know that an estimated 14,000 Mainers will experience this crime each year, indicating that the vast majority of survivors are not reporting to law enforcement – a fact that has been further influenced by this pandemic,” said Elizabeth Ward Saxl, Executive Director of the Maine Coalition Against Sexual Assault.

Maine’s sexual assault support centers are always available to support victims whether they choose to make a report to law enforcement or not.

If you or someone you know has experienced sexual violence, the statewide confidential helpline is available 24-hours a day at 1-800-871-7741 or visit www.mecasa.org.

Domestic violence assaults decreased -6% in 2020, with 3,468 incidents reported for 2020 compared 3,689 incidents reported in

	2020	2019	2018	2017	2016
Overall Crime	6.1%	-6.6%	-9.3%	-8.2%	-8.7%
Rural Crime**	XXX	XXX	-13.3%	-9.3%	-7.3%
Urban Crime**	XXX	XXX	-8.2%	-7.9%	-9%
Aggravated Assault	-3.1%	+1.7%	-8.5%	-12.7%	+9.4%
Simple Assault	+12.1%	+0.9%	+4.7%	+2.2%	-4.1%
Robbery	-11.4%	-15%	-8.1%	-7.1%	-14.5%
Burglary	-13.7%	-13.6%	-18.4%	-16.9%	-14.6%
Motor Vehicle Theft	+18.4%	-26.7%	-2%	+2.2%	-4.3%
Larceny-Theft	-6.5%	-6.7%	-8%	-6.6%	-9%
Arson	+23.4%	+39.4%	-23.5%	-35%	+129.7
Rape	-4.9%	+15%	-0.2%	+17%	+2.7%
Domestic Violence	-6%	-0.3%	-11.5%	-10.6%	-7.7%
Murder	22	22	23	21	18
Adult arrests	-15.9%	-3.7%	+1.3%	-7.2%	-3.4%
Juv. arrests	-32.1%	-12.7%	-6.6%	-5.2%	-9.2%

**Urban and Rural reports are not included in Crime in Maine 2019 due to reformatting of reports.

2020.

“Sadly, the reduction in calls to law enforcement regarding domestic violence raises more concerns than hopes for the Maine Coalition to End Domestic Violence. There has been no similar reduction in the numbers of domestic violence victims reaching out to our 24-hour helplines,” said Francine Garland Stark, Executive Director of the Maine Coalition to End Domestic Violence. “Maine’s Domestic Violence Resource Centers provided critical assistance to more than 11,000 adults in crisis in FY 2021 and calls with survivors were up 13% compared to the previous year. The criminal justice system is an important component

of our community’s safety net for adult and child victims of domestic violence, but it is essential that we recognize that effectively intervening and ending domestic violence requires a multi-layered and community-wide approach in which those who believe they can treat their intimate partners and families horribly will be convinced to change their beliefs and abusive behavior, and that those they harm are supported to be safe and secure.”

If someone you know has experienced domestic violence reach out to MCEDV at 1-866-834-HELP (4357) or visit www.mcedv.org

Property Crime

Property Crime saw a decrease of -6.2% overall, dropping from 17,113 in 2019 to 16,046 in 2020, a reduction of 1,067. Property crime categories include burglary, larceny/theft, motor vehicle Theft, and arson.

Burglary reports decreased -13.7% in 2020 with 2,019 incidents reported in 2020 and 2,340 incidents reported in 2019.

Larceny-theft reported a decrease of -6.5% in 2020 with 12,820 incidents reported in 2020 and 13,711 incidents reported in 2019.

Motor Vehicle Thefts reported an increase of +18.4% in 2020 with 857 vehicles reported stolen and 724 vehicles stolen in 2019.

The value of property stolen during 2020 was reported as \$18,426,296 with 2019 reporting \$18,697,782 Agencies recovered \$5,839,052 in stolen property in 2020 for a recovery rate of 31.7%.

Arson incidents also showed an increase of +23.4% for 2020 with 179 incidents being reported vs. 145 being reported for 2019.

Arson property value reported a decrease of -14.5% with the Property value being reported at \$2,923,249 for 2020.

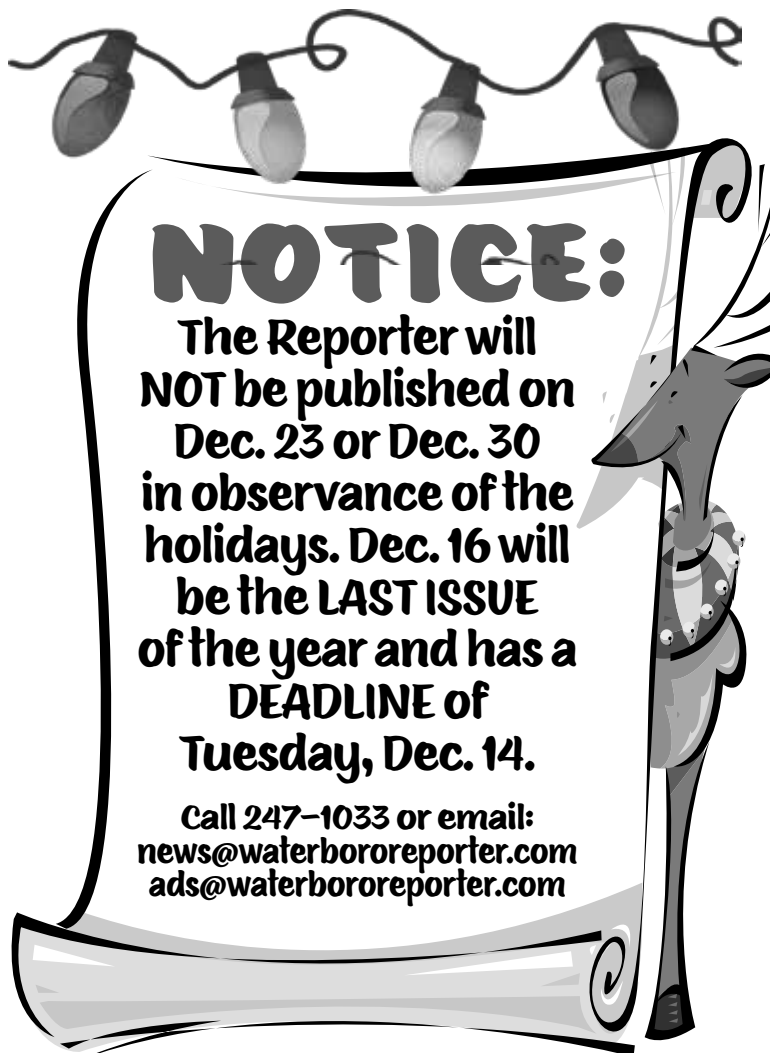
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NOTICE:
The Reporter will NOT be published on Dec. 23 or Dec. 30 in observance of the holidays. Dec. 16 will be the LAST ISSUE of the year and has a DEADLINE of Tuesday, Dec. 14.
Call 247-1033 or email: news@waterbororeporter.com ads@waterbororeporter.com

DOG & CAT RABIES VACCINATION CLINIC

Saturday, Dec. 4
1:00 to 3:00 PM



Buxton Public Works Garage
215 Portland Road, Buxton
\$8.00 per Vaccination - CASH ONLY

- DOGS must be on a leash • CATS must be in carriers.
- For faster service and a three-year vaccination, please bring your pet’s previous rabies vaccination certificate.
- Face coverings are required.

For more information, call the Buxton Town Hall at 929-6171.
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ALFRED

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Church is decorated

Alfred Parish Church is all decorated for Christmas. A group of parishioners put up the tree, the creche and other holiday greenery this past Sunday afternoon. It didn't take long. Janet Tucker chaired the activities with other volunteers lending a hand. The greens on the windowsills were embellished with holly plucked from the bushes in the front of the church. The manger figures, made by a parishioner who was taking a class in that particular craft, made them and gave them to the church and were carefully unpacked. In spite of taking great care, the wings fell off the angel. They were re-glued. Because having Santa Claus come bouncing in is no longer a custom during the Sunday School Christmas Party, there was no longer a need for his sack. Or Santa.

The tree is no longer an aromatic balsam, but an artificial one. Much easier to handle although we miss that woodsy odor. The ornaments are the same ones used for many years. The ones made by the Sunday School each year are missing - no Sunday School or children proudly hanging their masterpieces. But we expect next year, when the pandemic is over, many of the happy customs will return. It will be something to which we all look forward.

Fire calls

Fire calls for the month of November were 8 for mutual aid, 5 for medical assistant (mutual aid), 1 chimney fire, 2 for fire alarm activation, 6 for lift assistance, 3 for medical assistance transported by mutual aid, 8 for medical assistance non transport, 8 for transport ALS, 20 medical transport BLS, 1 motor vehicle crash, 2 people experiencing no manpower and 2 needing public assistance. This made 71 calls as one was cancelled.

November permits

November was a slow month as far as permits were concerned, because only three were issued. Renald Ouellette on Mountain Road was issued a permit to build a shed on an existing garage, Denise Nelms on Blueberry Hill Road received one for a stand by generator and Kaitlin Cutting of Mouse Lane to erect a pre-fabricated shed.

New library books

Most of the new books which have arrived at Parsons Library are fiction, but there are two non-fiction. "The Isolation Artist" by Bob Keyes tells of the last days of Robert Indiana, and "Talking to Strangers" by Malcolm Gladwell relates "What we should know about the people we don't know." Interesting titles and probably the books are even more interesting.

Many adult fiction have arrived, including "Down the Hatch" by M.C. Beaton listed as an Agatha Mystery, "Fear No Evil" an Alex Cross Thriller by the ever popular James Patter-

son, Clive Cussler's "The Devil's Sea" and Tom Clancy's "Chain of Command" listed as a Jack Ryan novel by Marc Cameron. "Five Tuesdays in Winter" is listed as stories by Lily King and John Connolly's "The Nameless Ones" is listed as a thriller. Reading these should keep you busy between Christmas shopping and writing cards.

For children there are "Misty-Cloud" by Dylan Dreyer, "Give Thanks" by Naomi Shulman, also the same author wrote "Africa, Amazing Africa". The well-known J.K. Rowling wrote "The Christmas Pig" and there is "Aaron Slater, Illustrator" by Andrea Beaty. In the Diary of a Wimpy Kid series there is "Big Shot" by Jeff Kinney, also "Amethyst" by Shannon and Dean Hale and "Bad Guys" by Aaron Blabey. For young adults there is "Lore" by Alexandra Bracken.

Alfred Parish Church

The Alfred Parish Church will hold 2 or 3 services a month at 10 a.m. The next service will be Dec. 5. This will be an Advent Greening Service conducted by the diaconate. On Dec. 19 Eric Ducharme will lead the service. It will be a new member service and a laying on of hands for Sandy Reed, the new deacon. On Jan. 2 a Vespers service will be held. Masks and social distancing are still required in church at all times. Pledges were due by Nov. 28.

The diaconate states there are 10 families in Alfred who can use assistance this year. Donations can be made on Dec. 5 via the Deacon's Fund if you are able. Box tops, Campbell Soup labels and can tabs are still welcome.

The deacons thought it would be fun and a good way to stay connected if each of us wrote a short bio about themselves and Lisa will publish a few each week in the newsletter. Please send to LJR070205@yahoo.com and she will respond to confirm receipt. If there is no response please call or text her.

There was a great response to the free turkey dinner - over 60 meals were served. Please don't hesitate to reserve a meal. If you know of a friend or neighbor that would like one please let the committee know.

If you would like to join the search committee for a settled pastor please contact a deacon. If you have interest or questions please contact Janet Tucker.

Support groups help with winter & holiday blues

Recognizing that many people struggle with depression during the holidays and winter months, NAMI Maine offers several online and in-person support groups for people with mental health challenges and their family members.

NAMI Maine support groups are peer led and provide an opportunity to share experiences and gain support from other group members. NAMI's support groups are unique because they follow a structured model to ensure that everyone in the group has an opportunity to be heard and to get what they need. Groups are led by trained volunteers with lived experience in dealing with mental health conditions.

NAMI offers two types of support groups. Connection Recovery Groups are for adults who have experienced symptoms of a mental health condition. Family Support Groups are for adult family members and friends of people with mental health challenges. To learn more about NAMI Maine support groups visit <https://namimaine.org/supportgroups>.

NAMI Maine is an affiliate of the National Alliance on Mental Illness, the nation's largest grassroots mental health organization. NAMI Maine provides education, support, and advocacy to help people and families affected by mental health conditions build better lives. For information about NAMI Maine programs and services, visit namimaine.org.



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SHAPLEIGH

Joanne Bargioni
joannebargioni@gmail.com

Happy 100th birthday

Shapleigh resident Ernestine Lovell celebrated her 100th birthday on Oct. 29. She was born in 1921 in Presque Isle and moved to Sanford as a young child. She is a long-time resident of Sanford and subsequently came to live in Shapleigh with her daughter Sandra White.

Lovell worked as a sales associate in Sanford for many years. In addition to her daughter Sandra, she also had two other children, Eileen, who is deceased, and Thomas, who lives in New York with his family.

Lovell is an avid reader and loved to bake and sew.

On her special day, she received many cards, flowers, and telephone calls from family and friends wishing her birthday greetings and blessings. Her dear friend Elaine Morin made a beautiful quilt for Lovell to commemorate this momentous occasion.

(See related photo on Page 1.)

NOTICES

TOWN OF SHAPLEIGH

The Shapleigh Planning Board will be holding a PUBLIC INFORMATION MEETING on:

Tuesday, Dec. 14, 2021 at 6:00 p.m.
Snow Date Wednesday, Dec. 15th at 6:00 pm

To discuss possible amendments to both the Zoning Ordinance & Subdivision Ordinance

THE PUBLIC IS INVITED TO ATTEND.

Roger Allaire, Chairman - Shapleigh Planning Board

Got Business News?

Special events? Accolades?
Changes to your business?
New hours or location?
Press releases? Photos?

If your business has news to share with the community, we'd love to hear from you!

Send your submissions to: news@waterbororeporter.com

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NEW EVERY THURSDAY!

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LOCAL NEWS • LOCAL EVENTS • LOCAL FACES • LOCAL BUSINESSES



Shapleigh sailor-turned-author lauded

Carole Fontaine, 20-years liveaboard sailor who threw in the anchor in Shapleigh, is creating waves across the pond with her book *S.A.I.L. Above the Clouds—How to Simplify your Life*. The author's first book was named Finalist for Book of the Year 2021 Award from Book Talk Radio Club in the UK.

Known to some as the "sailing yogi," Fontaine's memoir/self-improvement series tells of adventures and lessons learned in her unconventional life aboard *Wind-song*, a 41' vessel she sailed from Florida to Maine in 2018 after 20 years of living and cruising South with her husband.

Fontaine pulls from her training in different holistic modalities, and her experience simplifying her life on the boat and managing chronic health issues to give readers an experience by practicing the life-enhancing exercises following each chapter.

Fontaine is a Certified Life Coach specializing in Mindfulness, Meditative Writing, Shakti Dance™ Yoga, and Reiki Master Teacher.

How to SIMPLIFY Your Life is the first of a four-book series where each book represents a unique aspect from the author's signature program S.A.I.L.: Simplify, Align, Integrate, Let Go™.

The busy author will be published in two upcoming Anthologies and her second book in 2022, *S.A.I.L. Above the Clouds—Align with Joy, Adventures of a 20-Years*

Liveaboard Sailor and Guide to Escape Stress and Navigate Life's Challenges, and will be featured in an upcoming Maine Women Author TV series.

Unafraid to 'rock the boat,' this sailor-turned-author drops her truth bombs—like an anchor. Here's your chance to live vicariously through one woman's journey of finding her voice, taking control of her health, and discovering her passions, strength and capacity for love and forgiveness.

Join Carole as she moves onto a boat, adapts to a new lifestyle, learns hard 'beginner' lessons, sails the breathtaking ocean, survives gale storms, and navigates life for 20 years in a meager 41 feet of living space with an unconventional husband and, of course, a dog.

S.A.I.L. Above the Clouds weaves big emotions, humorous impasses, and motivating results through topics such as overcoming major health concerns and chronic disease, tackling mental health, surviving the doldrums of a 30-year marriage, discovering life's purpose, and learning when you're the crab's dinner, or receiving a naked spank from Mother Nature.

Her first book has sold copies across 5 continents and had various media coverage in the US, Canada, and the Caribbean (in English and French). Launched on Black Friday 2020, it was an Amazon bestseller for 3 weeks and has remained on top of the

chart. It is available on all major book platforms, in certain libraries, and all Sherman's bookstores in Maine.

TESTIMONIALS:

"You must read this book. Wisdom shines through every page. A gem." -Marianne Bennett-Altschul, BSW, MSW, RYT

"I couldn't put this down! I found it inspirational, and when I sat down and did the writing prompts, my mood shifted. Very positive and uplifting. Would make a great gift." -Sheryl Miter, Host Unchartered Entrepreneur

"Carole's book does a fantastic job of inspiring people to live a fulfilled life...I highly suggest it to our readers." -Mike Desimon, SAIL JUNKY Magazine

"She's a package full of energy," and "...so inspiring," "...really amazing," -Paul Castronovo's BIG 105.9 FM Miami's #1 Rock Station.

"I am a therapist and a sailor! ...It is now a must-read for my clients! Loved it!" -Shauna Hoffman, MA, MFT, Host A Journey to Awareness



BOOK INFO:

AMAZON: <https://amzn.to/3q4bQdR>

Paperback: \$15.99 – ISBN: 978-1-7361506-0-3

Ebook: \$ 9.99 – ISBN: 978-1-7361506-1-0

Available on Ingram and other

major outlets, Barnes & Noble, Kobo, etc. A two-chapter sneak peek is available online at: <https://bit.ly/3mdK0tm>.

For more info you can email the author at CaroleDFontaine@gmail.com or visit www.Sail-AboveTheClouds.com.

WATERBORO

Collision closes Route 202

On Tuesday, Nov. 30, at approximately 6:45 a.m., York County Deputies responded to the area of 1190 Main Street in Waterboro for a head-on motor vehicle crash. Preliminary investigation revealed that a 1999 Dodge 3500 truck operated by Chantal Margolis, 38, from Shapleigh was traveling south on Main Street when her vehicle was struck head-on

by a 2018 Ford F150 operated by Herold Saintime, 31, from Fall River, Massachusetts. It appeared that Saintime crossed the yellow center line for an unknown reason striking the Margolis vehicle head-on.

Margolis suffered serious injuries and was life flighted to Maine Medical Center where she was in critical condition at the time of this report. Margolis' passenger, Jacob Colavolpe, 27, from Lebanon suffered minor injuries and was transported to Southern Maine Health Care in Biddeford. Saintime also

suffered serious injuries and was transported to Maine Medical Center. His passenger, Terry Jeune, approximately 28, also from Fall River, suffered minor injuries and was transported to Southern Maine Health Care in Biddeford.

Waterboro, Alfred, Goodwins Mills and Limerick Fire and Rescue Units responded. The Maine State Police are reconstructing the crash, which remains under investigation. Main Street, Route 202, in Waterboro was closed to motorists for approximately 3 hours.

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AN ESSAY FROM ALFRED

Finding Betty

When my classmates and I graduated from high school back in the fifties, our choices of careers were slim. We could go to college if we had the funds (I didn't), go to work (there was always work available) or get married. None of these looked attractive so I went into nurses' training at Children's Hospital in Boston. My mother had started there but had to leave when her father died and the family business needed all hands to help in the family greenhouses and flower shop.

The first day was hectic. We had already been given physicals so they knew we were fit. Finding our way around was difficult - I had never lived in a city. But I soon became acquainted with classmates and learned that they were all as confused as I was. We each had our own room and quickly learned how to find the cafeteria and our classrooms. We also learned there was a drugstore down on the corner which supplied ice-cream and apple pie and whatever else you needed.

I soon became acquainted with Elda from New York City, Alice from Cape Cod, Betty from Vermont, Elaine from Maine, Amy from Florida, and others who became good friends. The curriculum included spending time in other hospitals which was part of our education. Three months at Boston Lying In left us with a good knowledge of maternity issues. Three months at Peter Bent Brigham gave us a handle on many adult issues. Some of those patients I will never forget, like Jo-Jo, the yo-yo man. Or the time the gypsies visited. The gypsy queen needed surgery and the rule in the gypsy tribe was that the elders in the tribe had to watch the surgery on their queen! So they did, from the amphitheater overhead. As I recall, the surgery was an appendectomy. When we came off duty the gyp-

sies were always eager to "cross our palms with silver" and tell us our fortunes. They camped on the benches at the hospital entrance, washed diapers in the sinks and hung them to dry on the radiators! That was where I met my future husband who was working his way through college by working in the hospital.

In Vermont I learned to ride a horse which meant I could hardly sit down for a week afterwards! We went to the beach on Cape Cod, and visited Plymouth Rock. When visiting Elda we learned exactly what living in a high rise was like. Elda took us to Rockefeller Center where we saw the Rockettes perform - Wow! Three months at McLean Psychiatric gave us a good understanding of psychiatric issues. At that time it was felt electric shock could cure a patient of her problems. The patient didn't have much to say in the matter. I remember Big Annie, who became increasingly nervous before her shock treatment. I was with her in the waiting room when she finally just picked up a stack of magazines and whacked me over the head with them! I didn't blame her! I was near McLean many years later and noted with interest the patients had much more freedom on the grounds then they did when I was a student nurse there.

We all managed to graduate and many of us specialized in different aspects of nursing. I spent a year working at Boston Lying In before getting married and moving to Virginia (my husband was still in the service) where I received a different kind of education because it was before integration. We had saved enough to purchase a farm in Maine and were fortunate to find one that just suited us. I kept in touch with former classmates but slowly time and health issues intervened. Alice, Elda, and Amy died. We visited Betty one weekend in Vermont but then lost contact. We decided to make another visit but there was no response when we contacted the address.

Our daughter, who works for a large insurance company (scanning medical records), said there was no one at that address. She might be in a nursing home? Or maybe staying with a family member? She decided to make another try, and contacted the town clerk in that community. That is where she found her, staying with her daughter! I was more than pleased. The telephone rang and a familiar voice said "Finchie?" (My nickname.) The mystery was solved. We plan to visit as soon as we can manage it! We will have lots to talk about.

- By Allison Williams

WHAT'S ON YOUR MIND?
Write to us at:
news@waterboro-reporter.com

Christmas in Limerick

FRIDAY, DECEMBER 3
6:00pm Judging for Outdoor Christmas Decorating Contest

SATURDAY, DECEMBER 4
All Day: Candy Cane Lane
Follow Candy Cane Lane to local participating businesses and groups with open houses and events

3:00pm Christmas Parade on Main Street
Immediately following the Christmas Parade at the Limerick Fire / EMS Station:

MASKS ARE REQUIRED
to go into the Limerick Fire/EMS Station

Cookies with Santa (Sponsored by Limerick Fire/EMS)

Build your own Gingerbread House (Sponsored by Limerick Recreation Department)

5:00pm Christmas Tree Lighting with Music, Hot Cocoa and Cookies
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2022 Sanford Mainers season tickets on sale

The Sanford Mainers announced today that season tickets are now available for the 2022 season. However, fans will see an increase to the season ticket pricing.

Individual season tickets have increased \$30 within the respective ticket category of Adult (Ages 13-59), Senior (60-plus), Child (12-under) and Military. While Family Packs have increased \$50. Adult season tickets will now be \$100 (up from \$70), with the remaining increasing to \$70 (up from \$40). Family Packs are available for sale at \$200 (up from \$150).

“The change in pricing moves in line with the value of our single game tickets which we had to raise for the 2021 season,” the team’s Chairman of the Board, Jacob Ouellette said. “But, we’re thrilled to still keep pricing affordable for our fans in a way that still provides a great value to catch Mainers baseball all summer long.”

The Mainers increased single game tickets in 2021 for the first time in the organization’s 20-year history due to added expenses surrounding the COVID-19 pandem-

ic, and to adjust for inflation. Season tickets were not adjusted prior to the 2021 season as they were already being sold at the former rate when ticket prices increased.

To purchase season tickets and to stay up to date with the latest information regarding the 2022 season, visit sanfordmainers.com.

Sanford Mainers Baseball is Southern Maine’s Premier Baseball Experience located in Sanford, Maine and is one of 14 members of the New England Collegiate Baseball League, as well as a registered 501(c)(3) non-profit organization founded in 2001, playing its first season in 2002. The Sanford Mainers are committed to providing an outlet for collegiate baseball players from across the country to assist in skill development, while also acting as a community partner to the Southern Maine region in regard to youth activities, internships, volunteerism, and more. The Mainers are two-time league champions, taking home the title in 2004 and 2008. For more information visit www.sanfordmainers.com.

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BUSINESS NEWS

Oakhurst donates \$1 Million in funds and food to Good Shepherd Food Bank

With Maine experiencing a higher rate of food insecurity than most of the United States and an estimated 182,000 Maine residents experiencing hunger, Oakhurst Dairy has pledged to donate \$200,000 in funds and \$479,000 in food donations over the next four years to Good Shepherd Food Bank of Maine's Campaign to End Hunger. This is in addition to funds and food donations made by Oakhurst to the organization over the last two years totaling almost \$420,000 – \$50,000 for the Food Bank's Hampden facility renovation, \$10,000 in emergency pandemic relief funds and \$359,000 in food. Combined these donations will total a little over \$1 million by the end of 2025.

The state's largest hunger-relief organization has set a goal to raise \$250 million – \$150 million in large scale food donations from food retailers, manufacturers, producers, and Maine farmers, as well as \$100 million in philanthropic donations from individuals, businesses, and foundations – by 2025.

"Since the start of the pandemic, Maine has seen a dramatic increase in families and individuals who need help from our partner food pantries to ensure healthy food is on their tables," said Kristen Miale, president of Good Shepherd Food Bank. "It is more important than ever to help Mainers get the food they need to thrive, and we are grateful Oakhurst is joining us in our mission to end hunger in the state with this generous cash and nutritious product donation. In the last year, many of our partners reported increased visits from families who had never experienced food insecurity. No community in our state is immune."

Good Shepherd Food Bank launched the Campaign to End Hunger before the pandemic, at a time when rates of hunger were on the decline, with the goal of fully closing Maine's meal gap by ensuring all Mainers experiencing hunger had access to enough healthy food by 2025. The COVID-19 pandemic then put rates of hunger into a tailspin creating an unprecedented demand on the charitable food network, the effects of which are still lingering. Today, the Food Bank anticipates that 40 million meals will be needed annually to close Maine's meal gap. In partnership with its network of more than 500 hunger-relief organizations, a record-setting 31.6 million meals were distributed throughout the state last year. Even with the increase, there is still a gap of more than 8 million meals needed to close Maine's meal gap.

According to the U.S. Department of Agriculture (USDA) Household Food Security report, 11.4 percent of Maine households were food insecure between 2018 and 2020, which is higher than the national average. Maine also ranks fifth in the nation for very low food insecurity, a more severe range of food insecurity that involves reduced food intake and disrupted eating patterns. More than 31,000 Maine households fall into this concerning category. The Food Bank also estimates that as many as 50,000 children in Maine live in households that are experiencing hunger.

In addition to increasing food distribution, the Campaign to End Hunger also empowers Good Shepherd Food Bank to invest in the capacity of its partners in the charitable food network, developing new partnerships and innovative models for equitable food access, and research and evaluation to better understand the problem of hunger in Maine. The organization has raised nearly \$165 million toward the \$250 million campaign goal to date. For more information about the Food Bank's Campaign to End Hunger, visit www.FeedingMaine.org/campaign.

"Oakhurst is committed to being a part of the solution to end hunger in Maine," said John Bennett, president of Oakhurst Dairy. "It is critically important to the long-term welfare and prosperity of our state that Maine families and children have access to nutritious food so they can thrive and become active, successful members of our community. At Oakhurst, we believe that 'Giving Goodness' is a team effort, and we're proud to join the Good Shepherd Food Bank team in its mission to end hunger in our great state."



Alexandra Morton will give a virtual lecture from British Columbia on Dec. 6 about salmon farms and wild salmon. COURTESY PHOTO

World renowned author and anti-salmon farming activist to give special presentation for Mount Desert Island Biological Laboratory

Alexandra Morton has been called "the Jane Goodall of Canada" because of her passionate thirty-year fight to save British Columbia's wild salmon from salmon farms. Her account of that fight is both inspiring and a roadmap for resistance to industrial-scale aquaculture.

Morton has agreed to give a special lecture virtually from her home in British Columbia on Dec. 6 at 5 p.m. (EST) as part of the MDIBL Science Café series. A question-and-answer session will follow.

"This important conversation comes at a critical time for Frenchman Bay and Maine as we face the rising challenge of industrial-scale aquaculture," said Jeri Bowers, director of public affairs and development at MDIBL and treasurer of Frenchman Bay United, a coalition that is leading the fight against the American Aquafarms proposal. "We all can learn a lot from Alexandra Morton and her incredible fight against big aquaculture over the past 30 years."

Morton's work revolves specifically around salmon aquaculture and her efforts to preserve the pa-

cific wild salmon. Her book, *Not on my Watch*, is warning of what could happen in Maine due to lax aquaculture rules and regulations.

Morton said, "I am pleased to be able to share my work with people who are facing the heavy fist of large industrial-scale aquaculture. This is not work for the faint of heart. Big aquaculture has the potential to devastate the natural fisheries and Maine people may want to protect their oceans and coastal waters before it's too late. You have an incredibly valuable lobster industry and robust fishery – it deserves to be protected from those who are trying to profit from your waters."

Frenchman Bay United, an umbrella organization representing five stakeholder groups – Protect Maine's Fishing Heritage Foundation, Friends of Eastern Bay, Friends of Frenchman Bay, Friends of Schoodic Peninsula and Save the Bay – is partnering with the MDI Biological Laboratory to bring Morton's story and lessons learned to Maine.

This event is free and open to the public, but attendees must register in advance. To register go to <https://mdibl.org/event/not-on-my-watch/>. A Zoom link will be emailed to you 24 hours before the event.

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NEW EVERY THURSDAY!

Mills administration announces conversion of abandoned railroad bed to multi-use trail

The Mills Administration has announced that an abandoned Maine Central Railroad Company corridor is being converted to a new multi-use trail. The trail, known as the Madison Branch, spans 32 miles across Kennebec and Somerset Counties and will become a major connector to the Maine Interconnected Trail System (ITS) and Maine ATV Trail System (MATS). The Department of Agriculture, Conservation and Forestry (DACF) closed last week on the Madison Branch purchase from Pan Am Railways at the cost of just over a million dollars.

“Snowmobiles and ATVs are as much a part of the Maine outdoor experience as hiking boots, snowshoes, and skis,” said Governor Janet Mills. “My Administration has listened to our off-road recreational vehicle riding community who wants to be able to travel long distances, legally and safely, and have a good time. The addition of the Madison Branch provides that resource and will support local businesses and strengthen the economy throughout the region. I am proud of the work my Administration has done to support conservation and recreational opportunities across Maine.”

“The Bureau of Parks and Lands team has worked thoroughly to finalize this important acquisition,” said DACF Commissioner

Amanda Beal. “Together with the Land for Maine’s Future Program, we are strategically connecting regional trail riding opportunities and other recreational uses that also will serve the larger community.”

The trail passes over the Kennebec River and the Carrabassett River, offering spectacular views. These water crossings are traversed with trestles that will eventually provide safe passage over these rivers for recreational purposes. When construction is complete, the trail will connect thousands of miles of local ATV and snowmobile trails and allow ATV riders and snowmobilers to travel from Oakland to Bingham and beyond, including the Moosehead Lake Region. The route will also be available for non-motorized recreation, including hikers, bikers, and skiers. Local communities and recreation advocates widely supported the purchase of the trail.

“The acquisition of the Madison branch railbed is a major step forward for our region’s economy. The interconnectivity between recreational areas will be a positive impact on generations to come,” said Norridgewock Town Manager Richard Labelle. “Norridgewock is fortunate to have such strong partners at the State and in our local sportsmen asso-



ciations that will continue to see this project through to its final stages of development. A cohesive trail system will be good for the health and wealth of Central Mainers as we work to create an expanded trail network for outdoor recreation.”

“After many years of diligent work by the Maine Bureau of Parks and Lands along with numerous interested parties, I am very pleased to see the acquisition of the Madison Branch rail trail,” said Senator Bradlee Farrin. “Trail users, students, and educators from Oakland to Jackman will benefit by the increase in miles of trail, and our local economies will be boosted as restaurants, gas stations, and stores will see an increase in business. I am thankful for the opportunity to have been a

part of the process that led to the purchase of the trail, and I look forward to the positive impact it will have on central Maine and Somerset County.”

The Land for Maine’s Future Program (LMF) was a critical component to the State’s success in acquiring the Madison Branch rail segment from PanAm, contributing \$508,000, nearly half of the funds necessary to complete the acquisition. The Northern Border Regional Commission was pivotal in matching the LMF funding. This project was particularly compelling to the LMF Board due to its location, accessibility to the public, and potential to serve as an economic catalyst to central Maine businesses located along the trail.

Governor Mills’ most recent

budget provides \$40 million over four years to replenish the LMF. Prior to this \$40 million infusion, the fund was nearly depleted. Now LMF can continue its robust conservation efforts, and the Mills Administration, in collaboration with the LMF Board, has already announced a call for proposals for new projects – the first since 2017.

The Madison Branch rail trail will pass through central Maine towns, including Oakland, Fairfield, Norridgewock, Madison, Anson/North Anson, and Embden. Snowmobilers will connect to the ITS through the new route, and ATV riders will connect to MATS 115, the only ATV trail connecting Oxford and Franklin Counties with Somerset, Piscataquis, and Penobscot Counties. Additionally, the trail is close to five schools, with several directly abutting the corridor. Once fully functioning, the rail trail will serve as a recreational resource available for users of all ages and abilities. Public notice and an abutter notification have occurred in conjunction with the purchase.

Conversion of the existing rail line into a recreational trail will require additional funding and may take two years. The Bureau of Parks and Lands’ Off-Road Vehicle Program looks forward to working with local clubs to implement the needed trail work and ongoing maintenance.

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- The New Bridge must meet Federal Standards
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All bids will be opened and publically read aloud. Price and timeframe will strongly be considered.

The Town of Shapleigh Reserves the right to reject any and all bids and also reserves the right to select a bid which is in the best interest of the Town.

For further information regarding the bidding process and terms, contact the Town Administrator at 636-2843 Ext 0 or email: townadmin@shapleigh.net.

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Obituaries

Duane O. McCoy

Duane O. McCoy, 68, beloved husband, father, and proud firefighter, died at his home in Waterboro on Nov. 5, 2021.



Duane O. McCoy

Duane was born in Baker, Oregon on June 23, 1953, the son of Gerald O. and Ruby J. (Scott) McCoy, Sr.

He grew up in Waterboro near the South Waterboro Fire Station, where he began as a Jr. firefighter which eventually turned into 50 years of serving and becoming a Captain on the Waterboro Fire Department.

As fate would have it, Duane went out on a "blind date" with his true love and soulmate, Rosemary Waterhouse, who was in her senior year at Massabesic High School. They were married in 1976 at the Old Corner Church on the West Road in Waterboro. They made their home in Waterboro (also by Central Station) and raised two children, Nathan (Nate) and Jody.

Duane had two main jobs, he worked for many years for the Maine Turnpike, with the road maintenance crew and spent many hours during a snowstorm plowing and sanding the highway. His true love was being a firefighter and hanging out with his "second family" those who served with him through-out the years. He was enormously proud that his son Nate followed him, serving as a Captain and firefighter for many years.

As a family, Duane and Rosemary worked many Bean Suppers to raise money for the fire department. Occasionally, Rosemary would have to find Duane "hob knobbing" – telling jokes and flirting with the "girls" – all in playful fun when He was supposed to be in the kitchen working!

They enjoyed camping at Walnut Grove Campground where they had a site for over 20 years. The camaraderie and long talks (with Old Milwaukee or Michelob lite) kept the group in stitches with the jokes and stories shared. Duane like to go fishing and hunting with his brothers who "Took their rifles for a walk" during hunting season. It was a good excuse to be out in the woods and was their bonding time.

Duane enjoyed woodworking and loved his dog, Bud, and

playing in the yard with his John Deere Tractor. Being the social butterfly he was, you would often find him at the Milk Room or Lakeside Market getting a coffee or hot chocolate and his infamous scratch tickets. When the family had a sick relative in Florida, there was no hesitation on Duane's part to pack the car up and off they went. Boy the stories they could tell from that road trip!

Duane had a big heart. He was devoted to his family and loved them unconditionally. He made sure they had what they needed, and he and Rosemary were side-by-side during their years together. Duane was a "man's man" – strong on the outside and a gem on the inside.

He gave his time, talents, and passion to the Waterboro Fire Department. There are a few who answer that tone when it goes off at 2:00 a.m. for a house fire, rescue call or car accident. Duane will be remembered by his friends and fellow firefighters who serve his hometown of Waterboro. We thank you for your service.

Duane is lovingly survived by his wife Rosemary McCoy of Waterboro; daughter Jody Robinson and husband Timothy of No. Waterboro; five brothers, Samuel McCoy of Waterboro; Jerry McCoy of Tampa, FL; Gerald (Buddy) McCoy, Jr. and wife Sharlene of No. Waterboro; Dale McCoy and wife Pauline of No. Waterboro; and one sister, Sandra Smith of Bradenton, FL; several nieces, nephews, and cousins; and his family from the Fire Community and the Maine Turnpike.

Duane has been reunited in eternal rest with his son, Nathan, who passed in 2018 and his parents.

A Graveside Service was held at the family lot at Pine Grove South Cemetery, in Waterboro.

In lieu of flowers, memorial donations may be made to the Waterboro Fire & Rescue, 6 John Smith Rd., East Waterboro, ME 04030.

To leave a message of condolence for the family, visit www.autumngreenfuneralhome.com.

MaineHealth local hospitals recognized for tobacco-free achievements

All MaineHealth hospitals celebrated for leadership

The annual Gold Star Standards of Excellence Hospital and Healthcare Organization Program Awardees have been announced for 2021, with all MaineHealth hospitals receiving recognition. The program of the MaineHealth Center for Tobacco Independence's Breathe Easy Initiative recognized 32 hospitals, eight healthcare organizations and one individual Gold Star Champion for efforts to address tobacco use and secondhand smoke exposure. Celebrated organizations received a plaque for their achievements in advancing their campus smoke- and tobacco-free policies as well as promoting tobacco-free lifestyles.

All Maine hospitals and healthcare organizations were encouraged to apply for recognition. This year marks the twelfth annual hospital Gold Star Standards of Excellence Program and the second year healthcare organizations were invited to apply for recognition. Organizations are recognized at the Platinum, Gold, Silver, and Bronze levels, which are based on best practice criteria such as a smoke- and tobacco-free campus policy, annual screening for tobacco use, referral to tobacco treatment and support for employee education related to tobacco treatment.

"We applaud the ongoing efforts of Maine hospitals and healthcare organizations to address tobacco use, secondhand smoke exposure and nicotine dependence by meeting the Gold Star Standards of Excellence," said Kristen McAuley, Tobacco Prevention Services Director for the Center for Tobacco Independence. McAuley added, "Addressing tobacco use has continued importance during the current pandemic, as the US CDC states that being a current or former cigarette smoker increases your risk of severe illness from COVID-19."

For more information about the Gold Star Standards of Excellence, please visit BreatheEasyMaine.org/GSSE.

The Breathe Easy Initiative at the MaineHealth Center for Tobacco Independence is dedicated to providing Maine's hospitals with the information and resources needed to make all organizations

smoke and tobacco-free. Learn more at BreatheEasyMaine.org.

The program is funded by Maine Prevention Services. Maine Prevention Services is an initiative through the Maine Center for Disease Control and Prevention working across the state to impact tobacco, substance use, and obesity.

2021 MaineHealth Hospital Gold Star Standards of Excellence Awardees:

- Platinum Level:
 - Franklin Memorial Hospital
 - LincolnHealth
 - Maine Medical Center
 - Mid Coast Hospital
 - Pen Bay Medical Center
 - Southern Maine Healthcare
 - Spring Harbor Hospital
 - Waldo County General Hospital

- Gold Level:
 - Stephens Memorial Hospital

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Through the pandemic, health care workers have made unforeseen and unimaginable sacrifices. For nearly two years, they've put their lives at risk to care for ours. It should go without saying that each one of them has earned our admiration. So, please, treat all health care workers with the kindness and care they've showed all of us. Because in the fight against COVID-19, we need all the support we can get.

In the spirit of giving thanks, let a health care worker know what they mean to you.

MaineHealth