

# REPORTER

YOUR COMMUNITY NEWSPAPER

Locally owned and independently operated.



VOLUME 19, ISSUE 47 PO Box 75, North Waterboro, ME 04061 • 247-1033 • www.waterbororeporter.com WEDNESDAY, NOVEMBER 24, 2021



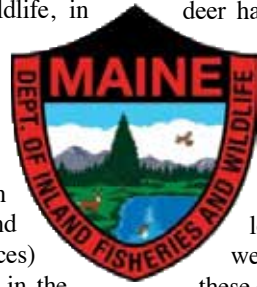
## Crafty kids who care

Members of the Waterboro Homeschool Organization (WHO) recently gathered to make Thanksgiving cards for a local nursing home. 60 hand-made cards were designed with lots of stickers, markers and turkeys. (See Page 7 for photo of cards.) COURTESY PHOTO

## ‘Do Not Eat Advisory’ issued for deer harvested in Fairfield area

*Elevated levels of PFAS detected in deer*

The Maine Department of Inland Fisheries and Wildlife, in conjunction with the Maine Center for Disease Control and Prevention (Maine CDC), announced on Nov. 23 that it had detected high levels of PFAS (Per- and Polyfluoroalkyl substances) in some deer harvested in the greater Fairfield area, and has issued a do not eat advisory for deer harvested in the area.



After consulting with the Maine CDC and the Department of Environmental Protection, MDIFW harvested deer in the area of several contaminated farm fields in Fairfield and tested them for PFAS. Five out of the eight deer tested were taken in close proximity to fields that had ex-

tremely high PFAS levels, and those deer had levels high enough in their meat to warrant a recommendation not to eat more than two or three meals in a year. Three other deer were tested from fields with lower PFAS levels that were two miles away, and these deer had lower PFAS levels but still high enough to warrant a recommendation to eat less than one meal per week.

After discussions with the Maine CDC, and out of an abundance of caution, the Department decided to place a do not eat advisory for all deer in the area of the Fairfield sites, even though PFAS levels were lower in deer further away from the

*(Continued on page 4)*



St. Thomas School students helped pack and load boxes during a recent food drive. COURTESY PHOTOS



## Sanford students help feed local families

Forty local families, who might otherwise not have enjoyed a delicious and substantial Thanksgiving meal, will now have the opportunity to do just that thanks to the St. Thomas School community.

“St. Thomas recently partnered with St. Thérèse Food Closet to assist forty local families in need this Thanksgiving,” said Ericka Sanborn, an English teacher at the school.

“With happy hearts, St. Thomas students and families helped fill requests for canned goods, muffin, cookie and cake mixes, boxes of stuffing, instant potatoes, and hot chocolate.”

The goods will be added to other items to make complete meals for members of the greater Sanford community. The St. Thérèse Food Closet is located in the St. Ignatius Gym on 25 Riverside Avenue in

Sanford and feeds hundreds of local adults and children each week.

“We’d like to profusely thank St. Thomas School for its food drive,” said Barbara Russell, the director of the food closet. “They provided the bulk of the items we used for our Thanksgiving baskets. It was truly a huge help! We are thankful and blessed to be able to make it a special holiday for everyone.”

**Spectrum is hiring!**  
Customer service representatives  
for our Spectrum Mobile department!

**PAID TRAINING:** 5 weeks, Tuesday-Saturday 11 a.m.-7:30 p.m. • **STARTING PAY:** \$18.00/hour, plus shift differential for shifts that start after 11 a.m.  
**BENEFITS:** Medical, Dental, Vision, 401 K w/ 6% company match, Retirement plan, Discounted employee cable, internet & phone package (must live in service footprint), Accrued paid vacation, personal days, annual paid holidays, accrued paid sick time, and annual tuition reimbursement of \$5,250.

**Start Date: January 11th**

Apply at [jobs.spectrum.com](https://jobs.spectrum.com) or Text “REP” to 97211

**HIRING EVENT** Thursday, Dec. 16th from 9am-7pm  
901 Washington Ave., Suite 300, Portland, ME 04103

# Community Calendar

EMAIL NON-PROFIT EVENT LISTINGS TO: NEWS@WATERBOROREPORTER.COM

## COMING EVENTS

**CHRISTMAS FAIR ONLINE** The First Congregational Church of Buxton (aka Tory Hill Meetinghouse) is still having a Christmas Fair in this crazy year of 2021; but, to stay safe it will look a little different! We promise we will offer all of your favorites: our famous wreaths, fudge, pies, cookies and mini-breads all on a pre-order basis either by the order form found on our Facebook page "the First Congregational Church of Buxton...Tory Hill Meeting House" or by calling the church at 929-4252. In addition, if you have been to our fair before, remember

all of the great baskets at the welcome raffle table when you first walked in? Well, again this year the baskets can be found on our Facebook page available as auction items to bid on. Once all of the purchasing and bidding is complete, you can pick your completed order up on Saturday, Dec. 4 from 10 a.m. to 1 p.m.; at the same time you can get your hot lunch consisting of fish chowder with a roll; or, chili with cornbread both offering a cookie! (Don't forget to order your lunch when you place the rest of your order). This is our biggest fundraiser of the year, hopefully in person again next year!

**WATERBOROUGH HISTORICAL SOCIETY FESTIVAL OF TREES** at the Grange Hall at 31 West Road in Waterboro on Nov. 26 and 27 from 10 a.m. to 7 p.m. and Nov. 28 from 10 a.m. to 4 p.m. Over 20 area businesses are donating fully decorated, pre-lit Christmas trees with an abundance of unwrapped gifts underneath. After paying a \$2 donation to get in (children 12 and under are FREE), you may purchase raffle tickets: \$1 each; \$15 for 20 tickets (.75 each); \$30 for 50 tickets (.60 each); \$55 for 100 tickets (.55 each); or \$100 for 200 tickets (just .50 each). Drop a ticket (or several) into

the bucket in front of any tree you are interested in winning! If your ticket is drawn on the final Sunday, you win the tree with all of its decorations and all of the gifts underneath!

**NEIL MCGARRY'S 'A CHRISTMAS CAROL'** A stunning one-man performance of Charles Dickens *A Christmas Carol* Dec. 3 at 7:30 p.m. and Dec. 4 at 2:30 p.m. and 7:30 p.m. Saco River Theatre, 29 Salmon Falls Road, Bar Mills. Tickets \$15 at [www.sacorivertheatre.org](http://www.sacorivertheatre.org), or call 929-6473. *Due to the high transmissibility of the Delta variant, the Saco River Theatre Board of Directors has voted to join a growing number of Maine performance*

*venues by requiring that all adult audience members present proof of Covid-19 vaccination at the door, or a negative Covid-19 test result from within the prior 48 hours of the attended event. Proof of vaccination can be your physical vaccine card or a photo of your card. Masks will also be required indoors. All Saco River Theatre employees and volunteers working in the building are fully vaccinated.*

**CHRISTMAS MARKET-PLACE** at Bar Mills Community Church, 13 Hermit Thrush Drive, Buxton, Saturday, Dec. 4 from 9 a.m. to 1 p.m. A great selection of fresh greens to decorate your home, a wide variety of baked goods, like cookies, breads, pies and candy to satisfy your taste buds. Pick up a couple of jars of Wanda's Wonderful Homemade Pickles. Plenty of handcrafted gift ideas for your family, friends and even your pets. Visit [www.bar-millscommunitychurch.org](http://www.bar-millscommunitychurch.org) or call Judy at 929-5555 for more info. We look forward to seeing our old friends and to meeting new friends.

## ONGOING EVENTS

**KNOW SOMEONE IN PRISON OR JAIL?** "Individuals don't go to prison alone, their families go also." Rose's Room is a support group for family and friends of incarcerated loved ones, where everyone is welcomed, loved, and equally respected! Meetings are held the 2nd Wednesday of the month from 6:30 - 8 p.m. in Sanford/Springvale location, Bishop Cote Hall, 10 Payne Street, Springvale (Facebook at "Rose's Room").

Massabesic Lions monthly dine-in or take-out **BEAN SUPPER** the 2nd Saturday of every month, 4:30 to 6:30 p.m. at the Lions Regional Medical Center building, 813 Main Street, Waterboro. Adults \$8. Children 5 to 12 \$5, 4 and under No Charge. Kidney and Pea Beans, Chop Suey, Ham, Hot Dogs, Coleslaw, "Our Homemade" Biscuits, variety of yummy Desserts.

The Acton- Shapleigh Lion's Club **MONTHLY PANCAKE BREAKFAST** the first Saturday of every month. The price is \$7, which includes pancakes (plain or blueberry), scrambled eggs, sausages, toast, orange juice, beans, and coffee, tea, and milk. The breakfast will be served from 8 to 9:30 a.m. at the Acton Town Hall, 35 H Road. All are welcome.

Buxton Centre Baptist Church, 938 Long Plains Road, Buxton, weekly **SOUPER SENIORS SOCIAL**. Gather for conversation, cribbage, puzzles, and other games, every Monday from 10 a.m. to 1 p.m. with a free lunch served at 11:30 a.m. Adults of all ages are welcome. Masks are not required, but we encourage people to be considerate of the health of others.

## Christmas in Limerick



### FRIDAY, DECEMBER 3

6:00pm Judging for Outdoor Christmas Decorating Contest

### SATURDAY, DECEMBER 4

All Day: *Candy Cane Lane*

Follow Candy Cane Lane to local participating businesses and groups with open houses and events

### 3:00pm Christmas Parade on Main Street

Immediately following the Christmas Parade at the Limerick Fire / EMS Station:



Cookies with Santa (Sponsored by Limerick Fire/EMS)

Build your own Gingerbread House  
(Sponsored by Limerick Recreation Department)

5:00pm Christmas Tree Lighting with Music, Hot Cocoa and Cookies  
at the Limerick Municipal Building, 55 Washington Street  
(Sponsored by Limerick Research Club)

FMI Call Deedee at 207-793-4472



ALFRED

Allison Williams

awilliams@waterbororeporter.com  
324-5823

Selectmen's meeting notes from Nov. 9

Those present at the Nov. 9 meeting besides the selectmen were Dean Currier, Fred Holt, Tom Wakem, Heath Bisson and Karla B. Wilcox. The first order of business was the bid for the town mowing. Chairman Palminteri and Glen Dochtermann each opened one bid. The two bids received were Wakem Lawn Care, total price \$20,200 and LA Lawn Care LLC total price \$24,440. Chairman Palminteri stated the Select Board reserves the right to accept or reject any and all bids, to investigate references and to negotiate with one or more bidders. The Select Board would like further time to review the bids that were received, and stated no decisions would be made that evening.

Dean Currier, Chairman of the Parks and Recreation Committee updated the Select Board concerning recruiting new members to the committee since the current members are not seeking reappointment because their children are older and have aged out of the Recreation programs. Dean held a meeting on Sunday, Nov. 7 and there were 8 people in attendance. The meeting was advertised and had been put on social media. Three of those attended for information only and not wanting to join the Rec. Committee. Dean gave the Select Board copies of four new member applications to join the Rec. Committee. Dean stated he is still waiting to receive a few more new member applications. Currently all Recreation Programs are on hold. The decision at this time was to hold off for another week or two before making a decision on appointing new members. Dean will keep the select board updated on any new membership applications he receives.

Under old business motion was made by Glenn Dochtermann, seconded by Rich Pasquini to appoint Michael Kay to the Library Board of Trustees effective until July 31, 2022. Motion carried.

Chairman Palminteri updated the select Board concerning cable/internet at the end of Brackett Hill Road past the bridge. Spectrum has been contacted and a site survey is scheduled to take place. This is the first step in trying to get cable/internet installed on this road.

Request from the family of Maureen McEwen to gift the town a bench in her honor was heard. At this time the decision is that Glenn Dochtermann will contact the family to discuss possible options.

Motion made by Rich Pasquini, second by Glenn Dochtermann to sign the thank you letter to Oak Street Bistro to use their facility for voting on Nov. 2. Motion carried.

**GOT NEWS?**  
We want to hear from you!  
news@waterboro reporter.com

UMaine Potato Research Program receives more than \$500,000

U.S. Senators Susan Collins and Angus King have announced that the University of Maine (UMaine) has received a total of \$510,104 to conduct research on potato breeding in Maine. This funding was awarded through the U.S. Department of Agriculture's (USDA) National Institute of Food and Agriculture (NIFA).

"Maine's potato industry is an integral part of our state's heritage and plays a major role in our state's economy," said Senators Collins and King in a joint statement. "Although the crop was hit hard last year by the pandemic and drought, Maine's potato farmers have proven their resiliency time and time again. By investing in UMaine research to improve the potato's resistance to extreme weather and other stressors, this funding will support Maine farmers' efforts to protect their crops and ensure that

this industry remains strong for generations to come."

The federal funding will support research at UMaine to develop new potato varieties with improved heat tolerance and increased resistance to pests and disease, as well as improve information-sharing and collaboration with stakeholders. Last year a drought combined with COVID-related drops in the potato markets resulted in the 2020 crop being down 20 percent from the previous year. By contrast, 2021 is shaping up to be a banner year for the Maine potato industry due in large part to the success of the Caribou Russet, a potato variety that was developed by UMaine through previous funding from this program.

Senators Collins and King have long been vocal advocates for the Maine potato industry. The

Administration's budget request had proposed to eliminate direct funding for potato research earlier this year. At an Appropriations Subcommittee hearing in June, Senator Collins told the Secretary of Agriculture that this proposed cut would harm the potato industry. As a senior member of the Appropriations Committee, Senator Collins secured \$2.75 million for potato research grants and \$20 million for the Integrated Pest Management Program in the Agriculture funding bill that passed the Committee in August. Senator King introduced the AG Research Act in August to address the multi-billion dollar maintenance backlog and modernization needs at various agricultural research facilities, including the University of Maine's potato research program.

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**DOG & CAT RABIES VACCINATION CLINIC**  
**Saturday, Dec. 4**  
**1:00 to 3:00 PM**  
  
Buxton Public Works Garage  
215 Portland Road, Buxton  
\$8.00 per Vaccination - CASH ONLY  
• DOGS must be on a leash • CATS must be in carriers.  
• For faster service and a three-year vaccination, please bring your pet's previous rabies vaccination certificate.  
• Face coverings are required.  
For more information, call the Buxton Town Hall at 929-6171.  
Sponsored by Hollis Animal Clinic, Town of Buxton, Town of Hollis & Vacationland Dog Club

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**TOWN OF HOLLIS PUBLIC NOTICE**  
The Hollis Select Board will hold a **SPECIAL TOWN MEETING** Wednesday, Dec. 1, 2021 at 7:15PM  
**Hollis Community Building**  
35 Town Farm Road, Hollis, ME  
The Warrant can be reviewed on the Town's website [www.hollismaine.org](http://www.hollismaine.org) or at the Hollis Town Hall, 34 Town Farm Road, Hollis.  
Hollis residents must be present to vote.  
The Registrar of Voters will be available at the polls.  
*Posted by the Hollis Select Board*

**TOWN OF WATERBORO Notice of Public Hearing**  
The Waterboro Planning Board will hold a Public Hearing on an application for an expansion at East Waterboro Self Storage. The applicant requests approval for an expansion of 6 self-storage buildings located at:  
**331 Main St., East Waterboro, 04030.**  
To participate in the Public Hearing, the following options are available:  
• Send in a letter to the Town of Waterboro Planning Board – 24 Townhouse Rd, E. Waterboro, 04030  
• E-mail [ceosec@waterboro-me.gov](mailto:ceosec@waterboro-me.gov) with a letter or to receive information on how to participate via phone or video via Zoom.  
• Attend in person at 24 Townhouse Rd., E. Waterboro  
• Call Town of Waterboro during the Public Hearing at 207-247-6166 ext. 106  
Please contact the Department with any questions at [ceosec@waterboro-me.gov](mailto:ceosec@waterboro-me.gov) or call 207-247-6166 ext. 121.  
**Date: Wednesday, December 1, 2021**  
**Time: Public Hearing 6:30PM**  
**Location: 24 Townhouse Road, E. Waterboro**

**DO NOT EAT***(Continued from page 1)*

site with the highest concentration of PFAS.

This advisory area encompasses multiple farm fields that have been contaminated by high levels of PFAS through the spreading of municipal and/or industrial sludge for fertilizer that contained PFAS. Deer feeding in these contaminated areas have ingested these chemicals, and now have PFAS in their meat and organs.

"Recent testing of deer harvested in the area show elevated levels of PFAS in both the meat and liver of deer," said MDIFW Commissioner Judy Camuso. "We take the elevated levels seriously and advise people not to eat deer that were harvested in these areas."

Per- and Polyfluoroalkyl substances (PFAS) have been used for decades in a variety of household and consumer products, including non-stick cookware, carpet, waterproof clothing, and food packaging products such as pizza boxes and microwave popcorn bags.

Known as "forever chemicals" since they are very slow to break down, PFAS persist in the environment and are found in soil, water,

plants, and animals. Over time, exposure to these chemicals have been known to increase the risk of some types of cancer, elevate blood pressure during pregnancy, can cause liver and kidney problems, and can impair the immune system.

PFAS in the Fairfield area were first discovered through the routine testing of milk samples, which revealed high levels at a Fairfield dairy farm. Since that time, increased testing has revealed multiple fields, farms, wells and waters in the area that have elevated high-levels of PFAS.

The Fairfield advisory area begins at the Carter Memorial Bridge in Waterville where Route 137 crosses the Kennebec, heads north up the Kennebec River past Waterville and Skowhegan, to the Eugene Cole Bridge in Norridgewock (Route 8 and 201A), then south from Norridgewock along Route 8 into Smithfield to the intersection of Routes 8 and 137, then south on Route 137 until it crosses the Kennebec River on the Carter Memorial Bridge. Hunters who have already harvested a deer in the area are advised not to eat the deer and to dispose of the deer in their trash or landfill. The department will offer those who harvested a deer in the ad-

visory area an opportunity to take an additional deer in the 2022 hunting season. Hunters should call the department at 207-287-8000 for more information.

If you have questions about possible health effects from eating deer harvested in the advisory area, please contact a toxicologist at the Maine Center for Disease Control and Prevention (CDC) at 866-292-3474 (toll-free in Maine) or 207-287-4311.

The Department plans to continue to work with the Maine CDC, Maine Department of Environmental Protection, and the Maine Department of Agriculture, Conservation and Forestry concerning PFAS and testing. The Department will continue to test deer, and other wildlife in the area and beyond, to try and determine the extent of PFAS in Maine's wildlife.

Maine joins New Hampshire, Michigan and Wisconsin as states that have issued consumption advisories concerning PFAS and deer. New Hampshire and Wisconsin's advisories are for non-consumption of the liver, and does not include meat.

For more information on PFAS, please visit the Maine DEP PFAS informational page (<https://www.maine.gov/dep/spills/topics/pfas/index.html>), or the Maine CDC informational page (<https://www1.maine.gov/dep/spills/topics/pfas/Maine-CDC-PFOS-PFOA-Exposure-Factsheet-09.23.2020.pdf>)

If you have more questions please contact the Maine Department of Inland Fisheries and Wildlife at 207-287-8000, or IFW.PFAS@maine.gov

The Department has also developed a frequently asked question list that you can view at <https://www.maine.gov/ifw/hunting-trapping/hunting-resources/deer/index.html>.

**Frequently asked questions & answers**

*What are PFOS and PFAS?*

PFAS are human-made chemicals that are resistant to heat, water, and oil. PFOS is one type of PFAS. For decades, PFAS have been used

in industrial applications and consumer products such as carpeting, waterproof clothing, upholstery, food wrappings, personal care products, fire-fighting foams, and metal plating. PFAS have been found at low levels both in the environment and in the blood of the majority of the U.S. population. High levels have been found in some farm fields in Fairfield with a history of land application of biosolids. High levels have also been found in well water near these fields and in some surface waters located on or near these fields.

PFAS do not easily break down in the environment and can persist in soils for a very long time. They can also build up over time in the blood and organs of wild game, fish, farm animals, and humans that are exposed to these chemicals through the food they eat and the water they drink. Studies of people who were exposed to PFAS have found links between the amount of chemicals in blood and increased cholesterol levels, decreased response to vaccines, increased liver enzymes, increased risk of high blood pressure or pre-eclampsia in pregnant women, and increased risk of kidney or testicular cancer.

*What parts of the deer are safe for me to eat?*

None. Do not eat any deer meat or organs taken from within the identified area for the "Do Not Eat" advisory.

*Can't I just cook it to get rid of the PFOS or trim away the fat?*

No. You cannot get rid of PFOS by cooking the meat or organs. PFOS is mostly in the meat rather than the fat.

*How long will the "Do Not Eat" advisory be in place?*

It is unknown how long the advisory will be in place. We don't have enough information on how deer are exposed to PFAS. Fields with a history of biosolids application still have high levels of PFAS in the soil and some surface waters many years after the last application.

*Why did the state test deer in this area?*

The MDIFW tested deer in Fairfield areas after consultation with MECDC and Maine Depart-

ment of Environmental Protection (MEDEP). The initial collection of eight deer by MDIFW targeted areas known to have among the highest soil PFOS levels measured in Fairfield. Deer were collected in late October and test results only just became available to MDIFW and MECDC in late November.

Very little scientific information is available on PFAS in whitetail deer. The State of Michigan issued a similar "Do Not Eat" advisory in response to sampling deer near a marsh area contaminated with PFAS. The states of Wisconsin and New Hampshire issued "Do Not Eat" advisories for deer liver based on recent deer sampling.

*What animals have been tested for PFAS?*

To date, only deer and fish have been sampled for PFAS by the state for the purposes of determining if they are safe to eat. MDIFW will be developing a more expansive sampling plan over the coming weeks to further refine the advisory area.

*If I want to throw my venison away, how should I do this?*

Venison from the advisory area can be disposed of by depositing it in the trash or a landfill. Hunters with whole deer carcasses are asked to contact IFW at 207-287-8000 or IFW.PFAS@maine.gov. There are several options available for disposing your deer. We can help you choose what works for you.

*What if I've already eaten venison from this area?*

Five out of the eight deer tested in Fairfield had high levels of PFOS in meat that warrant a "Do Not Eat" advisory. Three other deer collected in other parts of Fairfield had PFOS levels that would warrant an "Eat No More Than One Meal Per Week" advisory. If you or your family have eaten deer from the Fairfield area, it doesn't mean the deer had high PFOS levels nor does it mean you or your family will become ill. Your risk of any health effects will depend on how much deer from this area you have eaten, and how many years you have harvested deer from this area.

*I've eaten venison from this area. Should I have my blood tested?*

Blood tests are available that can measure the amount of PFAS in blood at the time it is collected. Because these PFAS chemicals persist in your body for a long time, a blood test is a measure of your exposure of years. However, the test cannot tell you where the PFAS came from, or if the PFAS has or will cause health problems.

According to the Centers for Disease Control and Prevention, most people in the United States have some amount of PFAS in their blood, especially PFOA and PFOS. There is no medical treatment to remove PFAS from blood.

If you have questions about your PFOS exposure from eating deer, blood testing to measure your exposure, or possible health effects, please contact one of our toxicologists at 866-292-3474 (toll-free in Maine), 207-287-4311, or Maine Relay 711, and talk to your doctor.

*I still have questions, who can I contact?*

Please contact MDIFW at 207-287-8000, or at IFW.PFAS@maine.gov. The MECDC can be contacted at 866-292-3474 (toll-free in Maine), 207-287-4311, or Maine Relay 711. You can contact Maine DEP at [pfas.dep@maine.gov](mailto:pfas.dep@maine.gov).

**NOTICES****TOWN OF SHAPLEIGH**

**The Shapleigh Planning Board will be holding a PUBLIC INFORMATION MEETING on:**

**Tuesday, Dec. 14, 2021 at 6:00 p.m.  
Snow Date Wednesday, Dec. 15th at 6:00 pm**

**To discuss possible amendments to both the Zoning Ordinance & Subdivision Ordinance**

**THE PUBLIC IS INVITED TO ATTEND.**

*Roger Allaire, Chairman - Shapleigh Planning Board*

**RESIDENTS OF SHAPLEIGH**

**Nomination papers will be available December 2, 2021 for the March 11, 2022 Municipal Election:**

- (1) Selectman, Assessor and Overseer of the Poor: 3 years
- (1) Treasurer: 3 years
- (1) Director, Regional School Unit #57: 3 years
- (1) Road Commissioner – Southern District: 3 years
- (2) Trustee, Shapleigh Community Library: 3 years
- (1) Trustee, Shapleigh Community Forest: 3 years
- (2) Budget Committee Member: 3 years

**Papers are available through the Town Clerk's office during regular business hours and must be filed by 4:00 p.m. Tuesday, Jan. 11, 2022**

**At least 25 but not more than 100 signatures of registered shapleigh voters will be required to place a name on the ballot.**

**PLEASE CALL 636-2844 EXT 1 OR 6 FOR ADDITIONAL INFORMATION**

**EMPLOYMENT****Town of Acton  
JOB OPPORTUNITY**

The Town of Acton is currently accepting applications for a Transfer Station Superintendent and Maintenance Person. This combined position will cover all responsibilities at the Transfer Station and miscellaneous Handyman services, such as cleaning, minor construction/building work, and general building maintenance as needed. The chosen candidate will have a minimum of 3 years of supervisory experience, strong people skills, the ability to multi-task and work well independently. The Town of Acton's Transfer Station has a budget of approximately \$300,000, the Superintendent will be responsible for the creation and managing of this budget with Selectmen oversight, therefore attention to detail is a must.

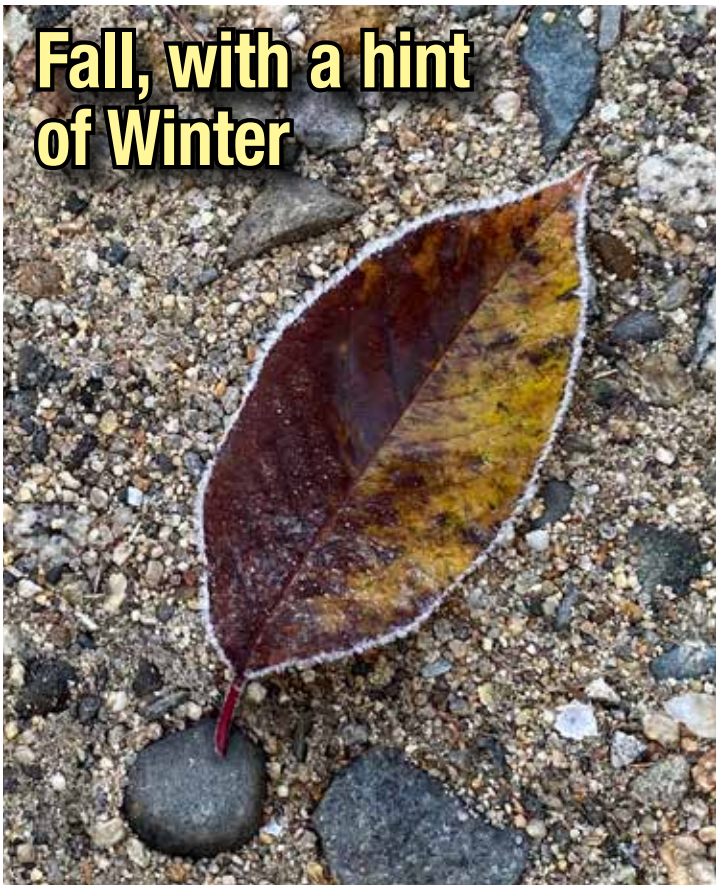
This will be a salary position of 35 hours per week with a yearly pay range of between \$36,000-\$40,000 depending on experience.

The Town of Acton currently offers health insurance, earned paid time off, paid holidays and a longevity bonus. Interested candidates should send their resumés to: **Town of Acton, Attn: Town Administrator, 35 H Road Acton, ME 04001.**

*Position shall remain open until filled.*

The Town of Acton is an EOE and reserves the right to reject any and all applications.

READER PHOTO



**Fall, with a hint of Winter**

A fallen leaf etched in frost after a cold November night.  
PHOTO BY JOANNE BARGIONI

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**www.deadriverr.com/careers**

SPORTS



From left, Massabesic Varsity Field Hockey players, Emily Jacobs, Brianna Stephenson, Mary Duffy and Micaela Jacobs were all recently named to the SMAA All-Academic team. Mary and Micaela 1st team, Emily 2nd team and Brianna, honorable mention. Mary, Micaela, and Emily were also selected to the 2021 Maine Field Hockey Association All State Team. COURTESY PHOTO

**Got Business News?**

Special events? Accolades?  
Changes to your business?  
New hours or location?  
Press releases? Photos?

If your business has news to share with the community, we'd love to hear from you!

Send your submissions to:  
[news@waterbororeporter.com](mailto:news@waterbororeporter.com)

 **Peck's** *Celebrating 10 years of gentle care!*  
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**ALSO OFFERING:**

- Counseling with Jen Madore
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- The wellness studio is OPEN for mindfulness classes!*

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[jessica@pecksfamilyacupuncture.com](mailto:jessica@pecksfamilyacupuncture.com)



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# NEWFIELD

C.J. Pike

fudgecupboard@yahoo.com  
793-8760

## Giving thanks

We all know how challenging this past year has been, but now we are winding down and looking forward to 2022. I think that most of us will be relieved to see 2021 in the rear view mirror, and look forward to brighter and happier times.

So, I contacted some of the people that I know, to see what they are thankful for this year.

Winnie Stlaurent said: "I'm thankful for living in the 'Grand State of Maine' plus living in three friendly, kind and caring small towns. They were my hometown,

Southport Island, Swans Island and West Newfield, Maine. I'm also extremely thankful for my companion, family and friends. We don't need more to be thankful for, we just need to be more thankful."

Jack Guzman said that "Every year at this time I'm reminded how lucky I am to have a large close family. This year I am grateful to be living in a community of so many good people. In earlier years I did a lot of traveling and I've never seen a town with so many friendly folks as Newfield."

Johanne and Wayne Vaters said, "I'm thankful for being able to be together with all my kids this Thanksgiving and of course, have good health."

My brother Kim is thankful for his health and that he is able to keep working and playing golf. He is also thankful for his many friends and his family, and that he is able to see his kids and grand kids frequently.

And, I am thankful for my family, friends and living a good life here in Newfield.

I love the quiet, peaceful and friendly lifestyle and am happy that I found my way here over 30 years ago. I'm thankful that I am able to do a job that I love and that people appreciate what I do. I'm thankful for all of the scientists, doctors, nurses and essential workers, who helped us get through a very difficult two years, and bless them for their steadfast loyalty to their careers.

I'd like to wish everyone a wonderful Thanksgiving.

### Thanksgiving dinner reminder

The Thanksgiving dinner, held for several years at the West Newfield Congregational Church, is back again this year. It will be held on Thursday, Nov. 25 at the church on 1078 Maplewood Road from noon to 3 p.m. It is free for anyone from Newfield who would like to enjoy the holiday.

### Open mic at town hall

There will be an 'Open Mic' on Saturday, Dec. 4, at the West

Newfield Town Hall at 23 So. Effingham Road from 6:30-8:30 p.m. This is an 'any genre,' family-friendly music night for anyone who likes to just get up and play. They are hoping to do some Christmas songs. They would love to have young people come share their talent with their chosen instruments. FMI call 468-1491.

### Meetings

Newfield firefighters work session on Tuesday, Nov. 30 at the Public Safety Building at 85 Water Street at 7 p.m.

Newfield Selectmen's meeting will be held on Tuesday, Nov. 30 at the West Newfield Town Hall at 23 So. Effingham Road at 6 p.m. Everyone is invited to attend.

Newfield Historical Society will meet on Tuesday, Nov. 30 to elect officers at their headquarters at 64 Elm Street at 5 p.m. Everyone is welcome.

Newfield Planning Board will meet on Wednesday, Dec. 1, at the West Newfield Town Hall at 23 So. Effingham Road at 7 p.m.

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Some of the Thanksgiving cards hand-made by members of the Waterboro Homeschool Organization (WHO) for a local nursing home. (See Page 1 for additional photo) COURTESY PHOTO

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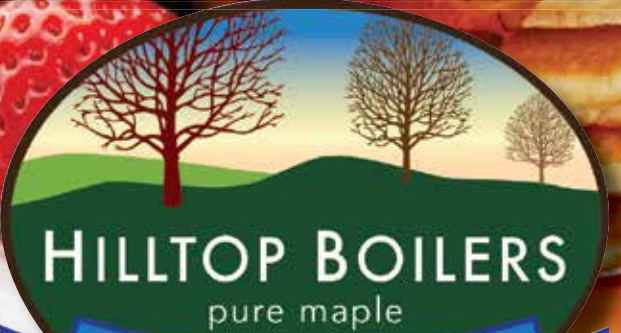
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## Laura's legacy

What an amazing day at the 1st Annual Laura's Legacy of Love Community Food Drive for the York County Shelter Programs Food Pantry! We met so many wonderful people and families that came to donate to help community members who need a little extra help this Thanksgiving. It is expected that the YCSP Food Pantry will help about 4000 people this Thanksgiving!

On Saturday, Nov. 20 we collected over 20 turkeys, about 30 bags of food and \$435 in cash. We had expected to receive about \$250 in donations and match with a \$250 donation. Since we raised \$435, we decided as a family to donate \$565 to make it an even \$1,000 donation to the YCSP Food Pantry. They can use the money to buy donations at the Food Bank at a much discounted rate to help more people. It was heartwarming to see kids bring one or two cans to help others, while some families were able to also donate a turkey or make a cash donation. Every dollar and every food donation makes a difference to a struggling family.

Additionally, we purchased 4 gift cards to Oak Street Bistro in Alfred to raffle off to 4 random winners who made a donation to the food drive.

This was the 2nd part of our food drive for YCSP. We had sponsored, with the help of Alfred Elementary School and the Peer Helpers, a school wide food drive in connection with their spirit day. A lot of great food was donated to the YCSP Food Pantry from that event as well.

Laura's children all helped plan and execute the food drive after they heard of the need from YCSP. Next year, they want to make the donation drive bigger and start earlier to ensure they can help even more people next year.



Laura's daughter Harmonee who helped coordinated the event and spent the day collecting food. COURTESY PHOTO

Laura's Legacy of Love is a newly formed non-profit organization in the State of Maine founded to honor the community work that Laura Cole did over the past 15 years. Laura believed strongly in helping the community through food drives, Operation Santa, establishing the Alfred North Pole for families to enjoy a lot of Christmas lights, helping families who experience trauma and supporting first responders, Veterans and teachers. Laura tragically passed away in 2021 at the age of 33. For more information, visit <http://www.facebook.com/lauraslegacyoflove>.

Laura always donated 20 full Thanksgiving dinners to families in Southern Maine and Southern New Hampshire that were struggling. We will continue that legacy as well and donate to families this week full dinners. Laura did so much for so many, delivering food to kids

during Covid, spending thousands of her money to help feed others. She also would buy dinners from local restaurants to keep them in business and deliver them to first responders, nurses and other essential workers. She worked as a volunteer with Lebanon Rescue for over 4 years, being a certified ambulance driver and water rescue technician. She coordinated the Annual Operation Santa that delivered gifts to hundreds of kids each year and also coordinated the annual Lebanon Community Festival. These are just a few examples of what she did to help her community. She loved Maine and loved to see the smiles on those who she helped.

Last year with Covid, she started the Alfred North Pole, featured on two Maine news stations, that lit two acres of lights for hundreds of families to stop in and see. She ran them for a month and had Santa here for the kids, giving out nearly 400 bags in two nights alone. She asked anyone who could, to please drop off a canned good. She filled her Surburban three times with food and delivered to area shelters and food banks. She also bought thousands of dollars of gifts and helped families who couldn't afford Christmas presents. She also donated gifts to families in homeless shelters.

— Jason Cole  
Alfred

# OPINION

## It must be a sixties thing



by  
Jon Simonds

It must be a Sixties thing. When I was young and growing up in the sensational sixties, I never listened to my folks. I suppose it could be said I was just young and dumb. Now that I am in my 60's it can be said I am old and wise. So why am I listening to my kids?

I hadn't made it home from a two week stay at a local hospital when my kids started riding me about my eating habits.

"You need more fruit in your diet," he says.

"I never see you eat any vegetables," says she.

"That's it," he declares. "I'm buying you a bullet."

"But I don't even own a gun," I tell him.

"Not that kind of bullet. A Nutri-bullet," he says.

"What is a Nutri-bullet?"

"It's a blender," she explains. "We'll send you recipes for smoothies, you'll buy the ingredients and make it the next morning."

"Yeah," he adds. "There are fruit smoothies and vegetable smoothies, protein powder, chia seeds. It's great. It's healthy. You'll start to recoup the weight you lost. You can't afford to lose any more weight."

My kids are worried. AND SO, Three days later, the UPS guy shows up with a box containing one Nutri-bullet. I unpack it, put it together and text my kids. That night, my son sends me a recipe for a vegetable smoothie. This particular recipe calls for spinach, green apples, cashews, maple syrup, lemon juice and water. He includes instructions on what to do with all these ingredients. I go to Hannaford. I buy. The next morning I get up and follow the directions. I pour this putrid green looking milk shake into a glass. I take a picture and send it to both of them. They are, as she says, so proud. "Send pictures after you finish it."

I lift the glass and down a gulp. My face contorts like I'm about to unleash a sneeze for the Guinness Book of World Records. I take a picture of the glass, send it to both of them, pour the contents down the sink, go to the fridge and pop the top off a can of Pepsi, while snapping a picture of the emptied glass for both kids to see.

My daughter texts me back in all caps. "GOOD FOR YOU."

My son texts me back in lower case letters. "What did you do? Pour it down the sink?"

This goes on for several weeks until my daughter finds a recipe even

I can't resist. It's called a mint, chocolate smoothie! There isn't anything in the ingredients I don't love. Mint leaves. Cocoa. I mean, how could you go wrong. I run to Hannaford and snatch all the Ingredients. I resist the temptation of a smoothie before I go to bed. I wake up. I feed

the bullet all the great goods and hit the power switch.

For some reason, nothing happens.

I text my son.

"No way, it isn't working," he says. "Plug it into a different outlet."

I explain I plugged it into the smart tea-pot outlet. The smart tea pot works. The light goes on. The voice says, I'll call you when the water is boiled."

"Did you put the blender on it and lock it?"

"Yes."

He instructed me to try several different things and in my frustration I yelled at him declaring, "I'm calling the manufacturer!"

I called the manufacturer. I spent a half hour on the phone reading serial numbers, trying this, doing that and biting my cheeks to keep from yelling, "LADY! The %#&@& THING DOESN'T WORK!"

"Well," the woman on the other end of the phone after 45 minutes says, "apparently the product is not functioning properly. Mr. Simonds, if you could give me your number, I'll pass this information on to our Nutri-bullet specialist Department and you will get a call-back within the next 24 to 72 hours."

It's a week later. I text my kids every now and again asking them to call me. I want to make sure the ringer on my smart phone is still working. I'm tired of talking to my smart tea-pot and even smarter refrigerator. I have a smart dryer downstairs that takes days to dry a pair of jeans. How dumb is that? My son wants me to buy a Ninja food smoothie bowl maker and nutrient extractor. It's only a hundred bucks.. I explain to him that I have plenty of bowls in the cupboards. I don't need anything that makes bowls. Some of my bowls belonged to my folks, who bought them way back in the Sixties when I was young and dumb. Now that I'm in my 60's? I don't care what you say. It's old and wise.

Jon Simonds lives in North Waterboro and is the author of "Brooklyn Encounters," a collection of short stories available on Kindle.

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## LETTERS

### MHS Class of '74

The former classmates of Massabesic's class of 1974 have decided to gather all their signatures on an oversized t-shirt to offer up as our last gift to the high school. It is currently circulating the country.

Our small class of 88 proved we were mighty enough to make a huge impact on the world with nuclear engineers, inventors for the armed forces, nurses, doctors, lawyers, authors, bus drivers and teachers. To our class, we salute you all!

To submit your name and address for signatures, please email Ellen Parsons Croninger at [girraffelady13@aol.com](mailto:girraffelady13@aol.com)

—Sybil Howe,  
Limerick

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# “All Maine adults are now eligible to receive a COVID-19 booster shot.” – GOV. JANET T. MILLS

This Thanksgiving, we are grateful and thankful for so many things. We should be thankful for our freedom. Freedom is something you can neither buy nor take for granted. It’s something we can hold dear and share with others we love and even with those we may never meet. The freedom to be healthy, for instance. To work and earn a living. To have a meeting or a meal with others without fear of illness.

That precious and simple freedom is why for generations we have stood in line at the school house to get a polio shot. That freedom is why people around the globe have welcomed with open arms and shoulders the life-saving smallpox vaccine.

That’s why your friends, neighbors, coworkers and loved ones are taking fifteen minutes out of their busy lives to get a quick shot of Moderna or Pfizer or J&J or a simple booster to keep the deadly virus at bay and to protect you from that virus as well.

You know vaccines are saving the lives of Maine people and keeping them from getting seriously ill from COVID-19. In fact, according to the U.S. CDC, Maine has the third highest rate of fully vaccinated residents, with almost 72 percent of all Maine people fully vaccinated against COVID-19.

Maine people know that they’re saving lives and their previous freedoms for themselves and for others by getting vaccinated.

Recent scientific studies have shown that the COVID-19 vaccines are highly effective at preventing infection and severe disease, of course that protection might decrease over time as well so with Maine and other New England states confronting a sustained surge, particularly with the Delta variant, and with cold weather sending people indoors, we decided to simplify the Federal government’s complicated eligibility guidelines and make getting a booster shot for you as straight-

forward and easy as possible.

All Maine adults age 18 and older are now eligible to receive a COVID-19 booster shot, regardless of their occupation or medical condition or place of residence.

I’ve expanded eligibility for booster shots because the Maine CDC has basically determined that, because of the sustained surge in COVID-19 cases and high numbers of hospitalizations, all Maine residents basically live or work in a high-risk setting.

So if you are 18 and over, you may now receive a booster shot in Maine if:

- You have completed the two-dose Pfizer or Moderna vaccine series at least six months ago; OR
- You have received the single-dose Johnson & Johnson vaccine at least two months ago.

Expanding booster eligibility protects the health of Maine people, it limits transmission of the deadly Delta variant, and it preserves our health care system’s capacity which we all know is

overburdened.

At least four other states – Colorado, California, New Mexico, and Arkansas – have also made that booster available to all adults.

Whether it’s your third shot or your first, getting the vaccine can save your life, it will keep your family working and it is the only way to lift the burden off our doctors, nurses, CNAs, our nursing homes and hospitals.

I urge you to get vaccinated as soon as possible.

Booster doses are available at many vaccination sites statewide. To find a site visit [maine.gov/covid19/vaccines](http://maine.gov/covid19/vaccines) or call the Community Vaccination Line at 1-888-445-4111.

Please get your booster to relieve the burden on our health care providers. And, if you have health care experience and want to give our health care workers a needed break, we could use your help too.

Please volunteer through Maine Responds at [maineresponds.org/](http://maineresponds.org/).

Your contribution will benefit everybody. You can save lives during this upcoming holiday season.

This Thanksgiving, I am grateful for the people of Maine, whose resiliency, determination, and generosity inspire me every day. We have had no shortage of challenges this year, but we are a state blessed with people who are smart and hardworking and who value one another.

This Thanksgiving, despite the challenges that remain, let’s remember to take stock of life’s blessings, to share in love and laughter with our families and friends safely, and to help those who are less fortunate. Let’s be grateful for the freedoms that we have and make sure that we are all free from this deadly disease.

I wish you and your loved ones a very Happy Thanksgiving holiday.

—Originally aired as a radio address on Nov. 18.

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*Board of Selectmen*

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### TOWN OF SHAPLEIGH Invitation to Bid: Printing of Annual Town Report

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The Town of Shapleigh will receive bids for printing costs of the annual town report until **4:00 p.m. Tuesday, December 7, 2021.**

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### Town of Acton Special Election Notice

A Special Election for the Seat of Selectmen, Assessor and Overseer of the Poor will be held on Tuesday, December 14, 2021. Polls will be open that day from 8:00am - 8:00pm. Absentee ballots for this Election are now available in the Clerk's office, and can be picked up during regular business hours. Phone requests can also be made, by the voter only, directly to the Clerk. For more information, please contact Jennifer Roux at 636-3131, ext 401 or [jroux@actonmaine.org](mailto:jroux@actonmaine.org).

**Town of Acton Maine - 35 H Road, Acton Maine 04001**

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# Obituaries



## Douglas Joshua Spencer

Douglas Joshua Spencer of Lyman passed away on Thursday, Nov. 18, 2021 at the Gosnell Hospice House in Scarborough Maine.



Douglas Joshua Spencer

He was born on Dec. 13, 1934, in Attleboro, Massachusetts to William J Spencer and Lily Ruth Benn Spencer and was one of three sons.

He graduated from North Attleboro High School in 1953 and during his Senior year, he joined the Naval Reserve on 12/19/1952. He was stationed on the USS Chambers DER 391 in the North Atlantic. He was separated from Active Duty in January of 1957 and Discharged on December 26, 1960. After the Navy, he was employed by Aetna Financial Company from 1958 and worked in the Financial and Banking Industry for over 30 years, retiring in 1996.

Doug served in many committees and organizations over the years. In the 1970's, he served on the Town of Lyman Board of Selectman, President of the York County Extension Service, President of the Maine Morgan Horse Association, on the Board of Directors of New England Morgan Horse, Stewart of the Maine Horse Association and was Captain of the Goodwins Mills Fire Department driving truck #53.

Doug and Joy owned Joydale Morgan Horse Farm for over 50 years, 16 of which was in Goodwins Mills and the rest at the current location. He met Joy in July of 1961, when boarding horses on a mutual farm, her horse got loose and decided to meet his horse. They married the following year on May 26, 1962.

He is predeceased by his parents and younger brother Philip Benn Spencer of North Attleboro, Massachusetts. He is survived by his older brother Alan William Spencer of Seattle Washington, wife of 59 years: Joy Andrea Ruth Aspinwall Spencer, daughter Tracey Spencer Bourassa, son Scott Douglas Spencer and two grandsons: Spencer Andrew Bourassa and Connor Joshua Bourassa.

A graveside service with US NAVY Honors will be held on Saturday, Dec. 4 at 2 p.m. at the Goodwins Mills Village Cemetery in Lyman with a reception to follow.

In lieu of flowers those wishing to make a donation in his memory may do so to the Barbara Bush Children's Hospital of Portland Maine.

## Ruth J. Hammond

Ruth J. Hammond, 88, of Lyman and beloved matriarch of her family, passed peacefully in her home with her family by her side.



Ruth J. Hammond

Ruth was born with her twin brother Ralph on March 11, 1933, to Rev. Lester Holmes and his wife Susan (Maling) Holmes. Ralph passed after four days. She was the youngest of eight children.

They spent their early years in Worcester, Massachusetts moving to Waterboro, Maine when she was nine years old. When the fire of 1947 came thru the family lost their beloved home in Waterboro and moved to Alfred where she continued her education at Alfred High School where she met the love of her life, Rodney Hammond. Ruth graduated in 1951 and continued her education at Nason Business College while her husband was serving in Korea, graduating in 1953.

Ruth and Rodney were married by her father, Rev. Lester Holmes on August 28, 1954, and bought a farm in Lyman that same year. They welcomed into their hearts and home four children: Judith in 1955, Brian in 1957, Deborah in 1958 and Thomas in 1960. She was a stay-at-home Mom who waited until the children were grown to work a few different jobs outside of the home.

She worked at Industrial Fabricators in Gorham, George Roberts Co., and Patten Farms in Kennebunk and Gorham. Ruth had the honor of being elected a founding member of the board for Massabesic High School. Some of Ruth's hobbies included her flower and vegetable gardens and in later years the family apple, pear, and peach orchard. She was a great cook and took pride in planning yearly Holmes family reunions.

Mrs. Hammond is survived by her sister Elizabeth Covell of Eastham, Mass; her four children Judith Abbott (David) and daughters Sara, Katie, and Melissa; Brian Hammond (Sue) and children Jennifer, Andrew and Melanie; Deborah Mayo (Scott) and sons Jeffrey and Nathan; and Thom-

as Hammond and son Nicholas. In addition to her nine grandchildren, she had fourteen great grandchildren all of whom visited often, and she loved to entertain and feed them!

We will miss her but will remember her smile and love that will live on in all of us. She has joined her husband Rodney who predeceased her. Give Dad a hug from all of us. . .

Friends and family are invited to visit on Sunday, Nov. 28 from 1 to 3 p.m. at the Autumn Green Funeral Home, 47 Oak St., in Alfred. A private graveside will be for the family.

We kindly ask that folks attending the visitation to please wear a mask.

To leave a message of condolence for the family, visit [www.autumngreenfuneralhome.com](http://www.autumngreenfuneralhome.com).

In lieu of flowers, plant a flower garden to enjoy or donate to a charity of your choice.

The Autumn Green Funeral is respectfully handling arrangements.

## Wanda Brown

Wanda Brown, of Shapleigh, passed peacefully on Nov. 16, after a lengthy, yet relatively pain-free illness.



Wanda Brown

Born Feb. 1, 1932 to Gerald Spring and Eloise (Jones) Spring, in Kezar Falls.

Wanda had no doubt of the love that remains with family and friends who will miss her every day.

Growing up, Wanda moved with her family thirteen times in her first 13 years pursuing her father's work in the mills throughout Maine and New Hampshire.



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Obituaries are a FREE service in the Reporter.

Wanda often spoke of her father's insistence that her mother stay home with their children while he often worked two to three jobs, while her mother took in sewing and laundry and made all her children's clothes.

Anyone who knew Wanda heard her stories reminiscing about growing up in Bethel, Gorham, New Hampshire, Fryeburg, and of course, Springvale, during the depression years with uncles, aunts, cousins, and many friends in simpler times when days were spent reading with her mother, playing kick the can, and tin can alley with friends, and seeing every movie ever made throughout the 30s and 40s.

As her daughter Judy once wrote, "At 27, and with a phone call, you became a mother." Wanda fought hard to make David and Judy hers forever.

After marrying Franklin, (with three children of his own,) in 1967, fully renovating a farmhouse in Alfred, Maine, and having three children together, they moved to Hawaii, then Salt Lake City, Utah, where they became members of the LDS church at which time, they renewed their vows and were sealed as a family for eternity, returning to Maine in 1976.

Wanda started working at the age of ten caretaking and house-keeping. Upon graduation from Sanford high school in 1950 Wanda eventually moved into banking working at several institutions in Sanford, finally spending the bulk of her career with Key Bank in Springvale where she trained new employees joining the bank. Mom helped to install and maintain the first ATM in Maine. They hired two people to replace her upon her retirement in 1990, when she lived in her home independently until her need for palliative care. This is the home that she and Franklin built in 1976.

She wanted a house in the middle of nowhere with no neighbors. This meant her children got endless summer days on the lake with both friends and strangers, wild, rough trails through the woods, baking homemade bread with

the entire Brownie troop, heating with wood fires built with the trees from our land, Thanksgiving dinners with an overstuffed house, Christmas Eve's with loved ones we did not see often enough, and hours with her in her rocking chair next to the wood stove.

Cream puffs, Match Game, old movies – so many old movies, Shirley Temple, fresh bread with honey, hot breakfasts every morning, full meals every night, hanging out in the breakroom in the basement of the bank, too many card games with friends to count, and what I thought were endless hugs... Mom and Dad dancing.

She is survived by her sister, Claire Osburn, son, David (Sandy), daughter, Judy, daughter, Amy (Diann), daughter, Audry (Todd), daughter, Becky, son, Mike, daughter, Connie (Chris), nephew Jim (Linda), nephew, Gary (Sarah), niece, Cathy, niece Debby (Phil), and many grandchildren, great grandchildren, great nephews and nieces, and cousins. Wanda had one Granddaughter, Ryann (Luke, and great-granddaughter, Rylee), who grew up going to Grammy and Grampa's house every day throughout her childhood.

Wanda was predeceased by her parents, her husband, Franklin Brown, their son, Jeffrey Franklin, her brother Merle, son-in-law, Paul, and many friends and family she often spoke of with much love.

The family wishes to thank the nurses, aides, and staff with Beacon Hospice for making it possible to keep Mom comfortable at home for her end-of-life journey. With special thanks to Beth, Jenny, Heather, John, and Heather.

In the spring, a graveside service will be at the Riverside Cemetery in Springvale.

In lieu of flowers, please consider donating in Wanda's name to St Jude's Children's Hospital, 262 Danny Thomas Place, Memphis, TN 38105

The Autumn Green Funeral Home is respectfully handling arrangements.

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