



REPORTER

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Funeral services expanding

By ANN FISHER
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In a time when many businesses are still struggling from the Great Recession, Chad Poitras is expanding into Buxton next month.

Poitras is the owner of Chad E. Poitras Cremation and Funeral Service in Old Orchard Beach.

Poitras was formerly employed by Dennett, Craig & Pate in Buxton. In June Poitras “decided to go on my own and try my own venture.”

Poitras graduated from Bonny Eagle High School in 1998 and from the Pittsburgh Institute of Mortuary Science in Pennsylvania in 2001. This year, the institute marked the 75th anniversary since the name changed from the Pittsburgh Institute of Embalming.

Although many people think funeral directors are only charged to prepare a loved one’s remains and make arrangements for services and burials, the occupation has evolved in the years since Poitras’ alma mater opened its



Chad Poitras

doors to the first class of students. A funeral director is more of a professional – but compassionate – “people person” who meets with families to pre-plan funerals, order caskets and headstones, direct mourners to available support groups, or just listen.

Like most of the country, cremations have become more popular in Maine. According to Poitras, cremations constitute between 60-70 percent of all services. “That’s why I have cremation and funeral

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Local students soar overseas

By JOY SPENCER

Two students from Regional School Unit 57 have experienced a once-in-a-lifetime international tour of Paris and London.

Nick Hammond from Lyman and Noah Hernandez from Wa-

terboro toured the two cities as part of the People to People Ambassador program. They had been preparing for the adventure since September by reading about these famous cities, doing research and making presentations to their fellow travelers.

As student ambassadors, they enjoyed going to places and meeting people they would not have been able to do on their own as traditional travelers.

The two boys recently talked about about the highlights of their trip.

Q: Where did you have the most fun?

Nick: Disneyland Paris

Noah: Disneyland, but we were only able to go to two of the adventures, Fantasy Land and Hollywood.

Q: Where did you learn the most?

Nick: The bus tours, because there was a guide who explained everything to us.

Noah: The Louvre: because I didn’t know about it and I learned all kinds of things about painting and sculptures.

Q: Of all of the places you visited, which ones are the most memorable?

Noah: The Eiffel Tower because I had an amazing view and it was fun to climb the stairs.

Nick: The Eiffel Tower, but we didn’t get to the top because the elevator shut down. We climbed all of the stairs to that point, but there were no stairs to get to the tippy top.

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Carolyn Lawson prepares to give her talk about the Civil War in the Sandwich Shop at 19th Century Willowbrook Museum.



Gloria Dyer of Newfield helped Heather Labbe of Limerick’s Clipper Merchant Tea House at two teas served at Willowbrook last weekend.

PHOTOS BY ANN FISHER

Medicine, myths and minié balls

By ANN FISHER
afisher@waterbororeporter.com

Enlisting to fight in the Civil War greatly increased a man’s risk of being killed, but not from the cause that quickly comes to mind.

Disease was even more likely to be carried by the Grim Reaper as a bullet with a soldier’s name on it, and being wounded more often than not meant a death sentence.

The many causes and risks of death during the War Between the States were discussed in an hour-long talk by Carolyn Lawson, a Lewiston-based re-enactor who was in character as a sanitation worker who visited encampments during the Civil War.

Lawson came to Newfield as part of the sesquicentennial of the war marked at 19th Century Willowbrook Museum. Lawson gave a talk titled, “Medicine, Myths and Minié Balls” both Saturday and Sunday, Aug. 16 and 17.

The two-day commemoration included tea at the Durgin House, an author talk, demonstrations about the minié ball – the ammunition of choice during the war – and cooking lessons.

Lawson is a biology teacher at Bates College who, with her husband, spends time as a re-enactor with the 3rd Maine Regiment. The regiment was encamped at the museum over the weekend. As a re-enactor Lawson’s alter egos are a captain’s wife and a member of the Sanitary Commission.

Although a minié ball was a horrifically effective killing tool, more soldiers died from diarrhea during the war than being wounded, Lawson said.

Among other duties, a commission member would be charged to make sure latrine trenches were far enough away from the camp, deep enough and covered with enough soil.

For every man killed in battle, according to civilwar.com, two died from disease. It was believed that many of the diseases, including dysentery, diarrhea, typhoid and malaria, “were caused by overcrowded and unsanitary conditions in the field. Preaching the virtues of clean water, good food and fresh air, the [U. S. Sanitary] Commission pressured the Army Medical Department to ‘improve sanitation, build large well-ventilated hospitals and encourage women to join the newly created nursing corps.’ Despite the efforts of the Sanitary Commission, some 560,000 soldiers died from disease during the war.”

Sometimes the cure was worse than the cause. Diarrhea was

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Jessica Davis and Al Garside of Garside Monuments of Westford, Mass., examine a broken gravestone at the cemetery adjacent to the Old Town House in Parsonsfield. (See related story on page 5.)

COURTESY PHOTO



Puppeteers coming to Newfield

Thanks to a donation by J.P. Carroll Fuel of Limerick, and other sponsors, on Sunday, Aug. 31, at 1 and 4 p.m., the Frogtown Mountain Puppeteers of Bar Harbor will be at 19th Century Willowbrook Village, 70 Elm Street, Newfield. This show will be in conjunction with Agricultural Fair Days with a full schedule of activities on Aug. 30-31.

This puppeteer troupe performs at venues all over the state. The troupe will perform their latest production: The Legend of the Banana Kid. Admission to either show is \$10 for ages 14 and above, \$8 for ages 5-13, and ages 4 and under are free. A ticket purchase for the show also includes admission to the museum for August 31, a great family value. There is a maximum cost for parents and their children of \$40.

The Legend of the Banana

Kid is a story about Little Chucky who heads to the Wild West to outwit outlaws in this cowboy adventure. With a fistful of bananas, Chucky rides into town on his trusty goat for a showdown with Big Bad Bart and his gang of bandits. (*please note that there are no guns in the show). The Legend of the Banana Kid features 20 hand-crafted glove, mouth and rod puppets, and a slew of flying and twirling styrofoam bananas.

The puppeteers share details of their craft after the performance with the audience. The recommended audience is ages 4 and up but the show will provide entertainment for the whole family. Call 793-2784 or email director@willowbrookmuseum.org for reservations or visit www.willowbrookmuseum.org for more information.

Arundel business named one of best

Infinity Federal Credit Union was recently named one of the 2014 Best Places to Work in Maine by the Society for Human Resource Management (SHRM) – Maine State Council and Best Companies Group. Partners endorsing the program include: MaineBiz, the Maine State Chamber of Commerce and Maine HR Convention.

This statewide survey and awards program created in 2006 and is a project designed to identify, recognize and honor the best places of employment in Maine, benefiting the state's economy, its workforce and businesses. The 2014 Best Places to Work in Maine list is made up of 70 companies in three size categories: small (15-49 U.S. employees),

medium (50-249 U.S. employees) and large (250+ U.S. employees).

Infinity has locations in Arundel, Westbrook, Portland and Bangor.

To be considered for participation, companies had to fulfill the following eligibility requirements: have at least 15 employees working in Maine; be a for-profit or not-for-profit business or government entity; be a publicly or privately held business; have a facility in the state of Maine; and be in business a minimum of one year.

Companies from across the state entered the two-part process. The first part consisted of evaluating each nominated company's workplace policies, practices, and demographics. This part of the

process was worth approximately 25 percent of the total evaluation. The second part consisted of an employee survey to measure the employee experience. This part of the process was worth approximately 75 percent of the total evaluation. The combined scores determined the top companies and the final rankings. Best Companies Group managed the overall registration and survey process in Maine and also analyzed the data and used their expertise to determine the final rankings.

Infinity Federal Credit Union will be recognized and honored at the Best Places to Work in Maine awards ceremony Oct. 8 and will be profiled in a special publication by MaineBiz. The final rankings will be announced at the event.

BRIEFS

Historian talk

On Sunday, Aug. 24, at 2 p.m. at the Historical Society on Elm Street in Newfield, Historian Ruth Bridges will speak about "Some of Newfield's Interesting Characters." Did you know that Ivory Patch had two sons, William and George, who changed their last names through acts of the Maine Legislature or that Emerson Libby lost a thumb and forefinger so that he would be exempt from military service? And then there was early Newfield settler Mehitable Moulton who, at age 60, chased a bear

away with a skillet. These and others are the subject of this must attend program. Admission is free and refreshments will be served after the talk.

Water ski show

The Sokokis Lake Association has scheduled Labor Day activities since 1956. This year the 58th annual ski show will be held on Sunday, Aug. 31 at 1 p.m. and admission is free. The show

is located on the Route 11 part of the lake, behind J.P. Carroll's gas station on the their beach and all are welcome.

There will also be a horseshoe tournament on Saturday, Aug. 30 at 1 p.m. with a 12:30 p.m. registration, located on Watson Hill Road at the Morley property, third house on the left. There is a \$5 fee for adults.

For more information, contact roybagley@yahoo.com.

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Amylynne Frankel, MD
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Dr. Frankel will be opening SMHC Dermatology at 2 Livewell Drive in Kennebunk on August 1, helping to fulfill a vital need for dermatology specialists in York County. She brings a wealth of specialty experience to her new practice, having completed a two year dermatopharmacology fellowship and a three year residency in Dermatology and at Mount Sinai School of Medicine in New York. A graduate of Dartmouth College and the University of Vermont College of Medicine, Dr. Frankel has a special interest in the treatment of psoriasis and non-melanoma skin cancer as well as acne. "I enjoy forming caring partnerships with patients that allow them to enjoy a healthy, active life," she notes.

To schedule an appointment with Dr. Frankel, please call (207) 467-8810.

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State biologists capture and collar bears

Program part of 40-year study

Maine's bear biologists wrapped up another successful spring bear capture season as part of the Department of Inland Fisheries and Wildlife's long-term bear research and management program.

State bear biologist Randy Cross led a team of five biologists for a total of 43 days in Washington County in May and June. The crew captured 66 different bears a total of 92 times, and placed radio collars on 16 females. According to state biologists, this trapping effort is an essential part of the department's black bear management program. Capturing and radio collaring black bears allows biologists to collect information on birth and death rates to ensure a healthy population of black bears in Maine. On average, it took 39 trapping nights to capture a bear. A trap night is defined as a single trap being set for 24 hours. The IF&W capture team used cable-foot restraints and culvert traps at 88 sites over a six-week period, for a total of 3,577 trap nights. The traps biologists used are the same as those used by the public during the bear trapping season, and are the only legal bear trapping devices allowed in Maine.

Cross has worked on IF&W's bear project for 32 years and is widely regarded as having live-captured more black bears than anyone in North America. He noted that the cool, wet weather this spring reduced the vulnerability of bears to trapping. "Wet weather results in an abundance of natural food for bears, which makes them less interested in the bait we use to lure bears into trapping locations," Cross said. "We see this same pattern with harvest by hunters in the fall, where the bear harvest goes down in years when natural foods are widely available."

"People often assume that luring bears with bait is easy, but the fact is that the vast majority of hunters (about 75 percent) using bait are actually unsuccessful. We face the same challenge in our research program. We worked very hard this year and it still took us nearly 40 trap-nights to capture each bear," said Cross. Despite the uncooperative weather, the team handled 66 bears, totaling a combined weight of 10,890 pounds. This year, bears ranged in weight from a 12-pound cub to an 11-year-old male weighing 432 pounds. The majority of the bears captured weighed less than 100 pounds. Each bear was anesthe-

tized, measured, checked for reproductive status, tattooed with an identifying number beneath their lip, and released unharmed. "Many people have the impression that the devices used to trap bears by our research team and by the general public are inhumane. In fact, these devices are considered safe and humane by scientific and animal care committees across the country. There is a perception that the old-fashioned steel-jawed bear traps are used, but they have been illegal in Maine for years," said Judy Camuso, the Department's Wildlife Division director.

Of the 16 female bears that were radio-collared this spring, eight were new to the study and will join the department's 40-year bear monitoring effort, which is the longest-running bear research program in the country. Each of these bears, as well as about 100 others that were already collared in three study areas across the state, will be visited in their dens this winter. The department tracks between 79 and 100 radio-collared black bears annually, and generally inspects over 80 bear dens each winter. The den visits also provide biologists with crucial information on Maine's black bears, including birth rates, survival, behavior, and bear health and nutrition.

MDIFW's bear monitoring effort occurs in three study areas. This year biologists trapped the Downeast region of the state. Other study areas include an area in the north Maine woods, and one area in central Piscataquis County. The three areas are representative of bear habitat throughout the state. The Department of Inland Fisheries and Wildlife began the bear study in 1975 and, since that time, more than 3,000 bears have been captured and marked. Maine is fortunate to have the largest bear population in the eastern United States while experiencing relatively few conflicts.

The state's successful bear management program has ensured that this resource continues to thrive, while also protecting property and public safety. By monitoring Maine's bear population closely, the department can adjust rules and regulations concerning the bear hunting season so harvests are sustainable and the number of bears is kept in balance with available habitat.

The black bear population throughout the United States is rising. Maine's bear population has risen from 23,000 bears in 2004 to more than 30,000 bears. Maine has the largest bear population in the east and one of the largest in the continental US.



INDICTMENTS

from York County Superior Court
AUGUST

The following residents were charged by indictment in local investigations when a grand jury rose Aug. 5 in York County Superior Court:

Kendra A. Buzzell, 18, of Balsam Lane, Kennebunk, two counts of Class B aggravated assault in Hollis.

Heather A. Cote, 33, of Gore Road, Alfred, Class C operating after revocation with two priors, Class D unauthorized use and Class E violation of bail in Arundel.

Dakota D. O'Brien, 21, transient of Limington, Class C unauthorized use with priors in Hollis.

Brian J. Oliver, 29, incarcerated at Maine Correctional Center in Windham, Class C violation of bail/felony/domestic violence/contact in Hollis.

Darren J. Foglio, 44, of Murphy's Way, Lyman, Class C theft in Shapleigh.

George A. Marcoux II, 51, of County Road, Shapleigh, two counts of Class D assault/domestic violence.

Matthew Robinson, 34, of Bar Harbor, Class C operating after revocation with one prior in Cornish.

John Strickland, 43, of Kittery, four counts of Class C violation of bail/felony/domestic violence/contact in Alfred.

Angela A. Wilmot, 38, of North Road, Parsonsfield, Class C operating under the influence with two priors and operating after revocation with two priors.



Corrections officer charged in accident

By ANN FISHER
afisher@waterbororeporter.com

A York County corrections officer was charged in an accident that left him and another corrections officer with minor injuries after a county transport van was hit by a tractor-trailer truck.

The man behind the wheel of the truck is also facing charges.

The collision took place around 8:30 a.m. Tuesday, Aug. 19 on Route 111 in Alfred, according to Public Safety spokesman Steve McCausland.

The driver of the county van, Roger Lanoie, 51, of Shapleigh, was charged with operating after suspension of his driver's license. His license had been suspended for failing to pay a fine for a seat belt violation.

When asked if disciplinary action would be taken against Lanoie, Chief Deputy William King Jr. replied, "We're going to kind of let this play out first. Obviously, there's going to be an investi-

gation." The truck driver, Edward Reilly, 49, of Rochester, New Hampshire, was charged with failing to maintain control of his vehicle.

Lanoie was transported by ambulance to Southern Maine Health Care in Sanford for back pain. Brian Maddox, 56, of Sanford, the only passenger in the van, suffered from minor injuries and was driven to the hospital. Both were treated and released from the hospital.

No further charges will be filed, King said.

According to state police, the accident happened after the van stopped in the breakdown lane so one of the men could make a phone call. Reilly said as he approached the van from behind in the 2003 Mack tractor-trailer, he saw an oncoming passenger car swerve into his lane. While the truck's tractor cleared the van, the trailer portion struck the driver's side.

The county van is likely totaled. "It was an older van anyway," King said.

ATM
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Brewery goes to beer camp

Limerick's Gneiss brewing company went off to beer camp this summer, bringing with them some of their Gneiss-est summer beverages.

The Beer Camp Festival was held in Portland Aug. 1. The event included three dozen Maine breweries that had signed up to participate in the Portland leg of a summer-long festival, Sierra Nevada's "Beer Camp Across America." According to the festival website, Sierra Nevada Brewing Company invited every craft brewery in the nation to participate in the multi-weekend festival, billed as "a celebration for the entire craft beer community." A series of seven festivals were held across the country from Chico, California to Portland and down to Mills River, North Carolina.

Gneiss had a booth set up at Thompson's Point with Gneiss Weiss and Tectonic Tomahawk on tap.

"We had a blast at Beer Camp and were glad to take part," said Tim Bissell, one of the very Gneiss owners of the brewery. "We poured Gneiss Weiss, our German-style hefeweizen and Tectonic Tomahawk, our White IPA. Both got a great reception from the campers."

The brewing company will also be taking part in the Portland Brew Festival Aug. 29-30. "We will be

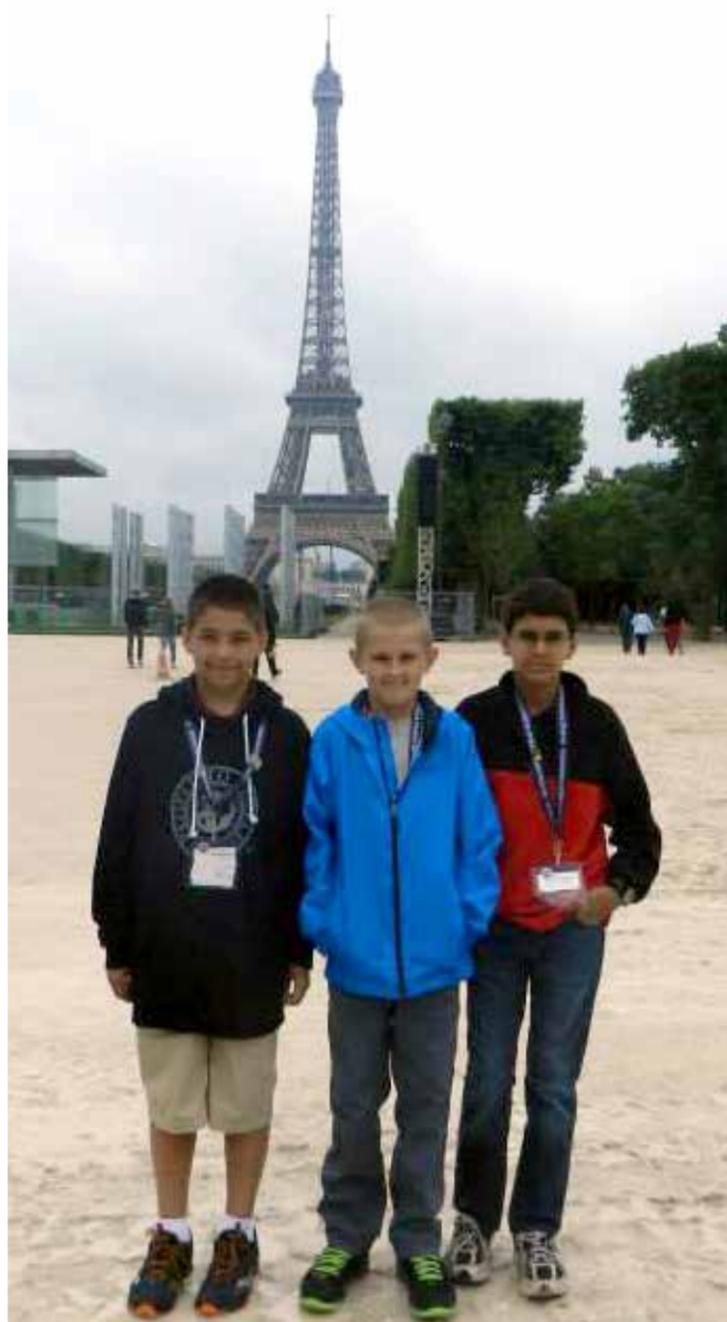
pouring three beers at the festival and are going to be participating in a fundraiser for the Maine Brewers Guild called Beer ME, Cheese ME," said Bissell. "Four breweries will be pairing their beers with local cheese makers. We are pouring alongside Bissell Brothers Brewing, Shipyard and Tributary Brewing. We will be pairing two of our beers with goat cheese from Flying Goat Farm in Acton, and are extremely excited to work with Devin and Cara because they make amazing goat cheese."

The Beer ME, Cheese ME event takes place before the Saturday afternoon session of the Portland Brew Fest. Tickets are available on the Portland Brew Fest website.

Gneiss will also be participating in a new brew festival in Lyman organized by Sunset Organics Saturday, Sept. 13. This will be a brewers' festival featuring breweries in York County. Tickets are on sale at participating breweries, including Gneiss.

Gneiss Brewing Company is open at 94 Patterson Road in Limerick Fridays from 2 to 7 p.m. and Saturdays from noon to 6 p.m. for growler purchases and refills. Beers are also on tap at a growing number of restaurants. For more, see the website at www.gneiss-beer.com.

—By Shelley Burbank



From left, Noah Hernandez, Nick Hammond, and Jay Philbrick in front of the Eiffel Tower during their recent tour of Paris. COURTESY PHOTO

STUDENTS SOAR

(Continued from page 1)

Q: It you were to return, where would you go if you could only pick a few places?

Noah: The Louvre and the Eiffel Tower and go on the guided tours.

Nick: Definitely Disney and the Eiffel Tower so we could go to the top.

Q: If you could take an adult with you anywhere in Paris or London, what would you revisit?

Nick: The Louvre, Warwick Castle, and the tours because I think they would really like to see them.

Noah: The Louvre, the Eiffel Tower and go on the guided tours.

Q: What prepared you to get the most out of your trip?

Nick: The orientation meetings and the projects that we had to do.

Noah: The orientation meetings and the quizzes we had to take.

Q: What would you say to other students who might be thinking about the ambassador program?

Noah: You definitely want to do this. It makes you more independent and you learn a lot.

Nick: You want to do this. Not only does it make you more independent, but it also helps you get over your homesickness.

Q: Do you plan to share your experiences with other young people?

Noah: I want to show my pictures to my relatives and friends.

Nick: I'm putting together a narrated slide show. My fifth-grade teacher, Mrs. Richards, is going to invite me back to give a presentation to her class.

Fourth annual Portland Brew Fest bigger, better

The fourth annual Portland Brew Festival is set for Aug. 29 and 30, and event organizers promise more brewers, additional activities and expanded food options. The 2014 event, which returns to the Portland Company Complex on Fore St., will feature more than 40 brewers with more than 120 brew products along with home brewing equipment and a Maine Brewers Guild fundraiser.

The festival will spotlight established and up-and-coming breweries throughout New England. In addition to commercial brewing operations, home brewing clubs and retailers will be introducing attendees to the increasingly popular hobby of home brewing. An expanded array of local food vendors also will be on hand.

Attendees will receive a signature tasting glass with the Portland

Brew Festival logo and will have the opportunity to purchase additional glasses along with T-shirts, posters and other festival-branded merchandise. Designated driver/no alcohol tickets will be available for just \$5 each. These attendees will not receive the sampling glass, but can take advantage of the demon-

strations and presentations.

The event will feature scheduled sessions, each with a limited admission. Tickets to the brew festival are on sale at www.eventbrite.com and are expected to sell out well before the event.

For more, see www.portland-brewfestival.com.

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REPORTER

YOUR COMMUNITY NEWSPAPER

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College students undergo trial by fire

By Steve Willis

This is the time of year when many college students are doing last-minute shopping for dorm rooms. But 32 new Southern Maine Community College (SMCC) public safety live-in students are focusing their attention on more pressing business – surviving the 1,000-degree temperatures of fire training room fires.

This year's crop of 32 new live-in students brings the SMCC program to a record number of participants: 84 students in 17 host communities from as far south as Alfred to Raymond in the north and Topsham in the east. Other York County towns participating in the SMCC program include Buxton, Kennebunk, Goodwins Mills and Waterboro.

Students hail not only from across Maine, but from four other New England states for the experiential learning opportunities the program offers.

The students – new appointees in many of the 17 local communities who partner with SMCC on the live-in program – are taking part in a three-week Firefighter 1 and 2

Academy, an intensive basic training program that prepares students for service as first-in fire department members in their adopted greater Portland fire departments. The stakes are high. More than 100 firefighters die in the line of duty – and tens of thousands are injured – in the U.S. each year doing the types of jobs that these college students are being trained to do safely and effectively. “We expect our live-in students to be fully-functional front-line firefighters once they are trained and oriented,” said Howard Rice, chief of Falmouth Fire Department and Live-in Academy coordinator. “Our students provide emergency medical care, fight fire, and perform rescues – whatever the situation requires.”

The students will finish the academy just in time to begin their fall courses in fire science and paramedicine at SMCC.

They'll be ready – having already completed their three-week “trial by fire.”

Steve Willis is the SMCC Fire Science department chairman and live-in coordinator. For more information, contact him at swillis@smcme.edu or 741-5808.



Grave stone restoration expert Jessica Davis talks about the proper way to care for a gravestone. COURTESY PHOTO

Historic meeting houses open to public

By Lyn Sudlow

The next meeting of the Parsonsfield Porter Historical Society will take place at the Porter Old Meeting House on (appropriately enough) the Old Meeting House Road in Porter.

Come to the open house on Sunday, Aug. 31 between 1 and 3 p.m. to find out more about another gem of an historic meeting-house. The Porter Old Meeting House is on the National Register of Historic Places (as is the Parsonsfield Old meeting house) and well worth a visit. Besides the opportunity to tour the building, pianist Frank Baxter will be playing the Meeting House organ accompanied by vocalist Kathleen Ford. To find out more, visit the historical society's blog, localhistorymatters.blogspot.com/ or call Jan at 625-7019.

On Saturday, Aug. 16, the Old Parsonsfield Town House was open to the public. Many people took advantage of the rare opportunity to see the inside of the building that once was the center

of community life in this town and to find out more about the adjacent Town House Cemetery.

Old cemeteries can be found along many roads in this part of Maine. Parsonsfield, for instance, has nearly 200 of them. Some are the final resting places of the original settlers of the area.

The open house, sponsored by the Parsonsfield Porter Historical Society, featured an array of exhibits focusing on the once-bustling Middle Road Village and the people who once lived there.

Special guest speaker, Jessica Davis (formerly Jessica Felix), spoke about old New England cemeteries and gravestones and how to best preserve them. Her talk was filled with fascinating histori-

cal details about burials and how stones and their design changed over time. Even more interesting, she led a walk through the Town House Cemetery and demonstrated the proper method of cleaning stones and a simple (and non-damaging) method for setting a tilted or downed stone upright. Everyone paid rapt attention.

Davis gave attendees a handout on cemetery restoration and the do's and don'ts of caring for the stones. For a copy, contact Lyn Sudlow (Lynda.sudlow@gmail.com) with “Gravestones” in the subject line.

Lyn Sudlow is vice-president of the Parsonsfield Porter Historical Society. To learn more, email her at Lynda.sudlow@gmail.com or call 625-8189.

BRIEFS

Run, walk, crawl or jog

The 7th annual Mustang 5K Road Race is Saturday, Sept. 20 at 8:30 a.m., with registration from 7-8:15 a.m. Enjoy a 3.1 mile course with a finish on the track at Massabesic High School. Open to the public with prizes and refreshments available after the race with proceeds supporting the Massabesic High School Cross Country Team. T-Shirts to the first 100 registrants. For more information call T.J. Hesler at 310-8987 or email thomasheleser@rsu57.org

Crime and punishment

On Thursday, Sept. 4 at 7 p.m., Allison Williams will speak on crime and punishment in York County, tracing how our ancestors handled punishment from the old Whipping Tree to the latest York County Jail. The program will be held at the upcoming meeting of the Waterborough Historical Society at the Grange Hall, 31 West Road in South Waterboro. The public is invited and refreshments will be served. For more information, call Jim Carll at 247-5878.

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Adam Bartow was the guest speaker at a recent meeting of Rebecca Emery Chapter DAR. His topic was The "History of the Children of the American Revolution" (C.A.R.). He is the New England Region vice president of the Children of the American Revolution and former senior state president of the Maine C.A.R. With Bartow is Valerie Owen, Regent of Rebecca Emery Chapter DAR.

COURTESY PHOTO

BRIEFS

Sept. passport center hours extended

The Department of State is celebrating National Passport Awareness Month with extended hours available at the National Passport Center during the month of September. Appointments will not be required during the extended hours for first-time passport applicants, passport renewals, data changes, or additional visa pages. Both routine and expedited service will be available.

Extended hours will be held Tuesdays and Thursdays 4- 8 p.m. and Saturdays 10 a.m.- 2 p.m. at the National Passport Center, located at

207 International Drive, Portsmouth, New Hampshire. Note that onsite photo services will not be available.

U.S. citizens must present a valid passport book when entering the United States by air. U.S. citizens entering the United States from Canada, Mexico, the Caribbean and Bermuda at land borders and sea ports of entry must present a passport book, passport card, or other travel documents approved by the U.S. government.

For more information, including forms, visit www.travel.state.gov/passport. U.S. citizens may also obtain passport information by calling the National Passport Information Center toll-free at 877-487-2778.

MEDICINE

(Continued from page 1)

treated with mercury – which causes more diarrhea. Arsenic was used to bring down a fever. "It was very effective, and also for a racing pulse," Lawson said.

Efforts to prevent smallpox outbreaks had mixed results. A vaccine of sorts was created by introducing pus from a smallpox sore into a crosscut made on a person's skin. But it backfired with the 20th Maine, said Lawson: so many enlisted men became ill with smallpox that their detachment was delayed in Augusta.

"You can not go to the doctor and die or you can go to the doctor and he'll kill you," said Lawson, citing a popular saying of the time.

While the British Navy had correctly concluded a citrus deficiency was the cause of scurvy, U.S. officials believed the disease was different when contracted on land versus the open sea. Scurvy was an unpleasant way to die, Lawson said. With no citrus in their diets, soldiers succumbed to a lack of vitamin C that first caused open sores and, eventually, internal bleeding.

Lawson explained that if disease didn't get you, a lead bullet might. The standard minie ball shot was more lethal by far than being wounded by a modern .22-caliber bullet from a rifle.

According to history.com, "French army officer Claude-Etienne Minié invented the bullet that would bear his name in 1849. The Minié bullet, a cylindrical bullet with a hollow base that expanded when fired, proved lethally accurate over relatively long distances, and was soon used to devastating effect by the British army against Russian forces during the Crimean War. After the outbreak of the American Civil War in 1861, both Union and Confederate soldiers used the "minnie" bullet (as they called it) in their muzzle-loading rifles."

The minie was made of lead and much softer than today's brass-encased .22s, said Lawson, which caused the minie to flatten on impact, resulting in bigger entry wounds and shattered bones. A minie also traveled much slower. The speed of a minie ball was less than the speed of sound, so "the 'boom' you heard was the gunpowder exploding," said Lawson. Conversely, the 'crack' made

by a rifle is the sound of the bullet breaking the sound barrier.

Because a .22 heats up as it travels through the air at a high rate of speed, for all practical purposes the bullet is sterile upon impact. Everything a minie ball came in contact with before it wounded a person – dirt, cloth, etc. – would also be carried in to the wound. The contamination often caused infection.

Stewards in the Army Medical Corps, which had been reorganized since the start of the war, treated the wounded in the field, setting bones and staunching wounds. The wounded would then be brought to field hospital surgeons, who would decide "whether it was worth the time (to treat them) or whether they would "die anyway."

"The most prominent treatment is going to be amputation," said Lawson.

She said due to the sheer numbers performed, Civil War surgeons became adept at the procedure, and were trained to perform an amputation in less than 3 minutes.

"All were tested on their amputation skills," Lawson added.

It may have been one of the few skills the "surgeons" had in the early-to- mid-1860s.

Doctors of the time only had to attend two years of medical school, and the second year was a repeat of the curricula presented the first year. "They would come back and take the same classes," said Lawson. "Hopefully, you 'get it' this time."

Most nurses – about 93 percent – were male, and their members were made up of soldiers who had been separated from their fighting regiment or had recovered sufficiently from their own injuries.

Dorethea Dix of Maine was one of the few female volunteer nurses. Qualities of a good nurse included being over 30, "no hoops, no frills, no designs on a married soldier," said Lawson.

She and others also had "no medical training" and received a paltry 40 cents a day and "all their needs."

It was likely that Dix's war effort were not particularly appreciated or wanted. Lawson said nuns also volunteered for nursing duty during the war, and "surgeons loved them. They had medical training because they worked in charity hospitals."

In addition, nuns "take orders

and obey them," Lawson said. "Civilians argue."

Despite the horrendous death toll, some good did come from the advances made during the Civil War.

According to Lawson, there were only 99 surgeons in the country before the war. That number skyrocketed to 11,000 by 1864.

New advances were made in surgical techniques and in anesthesia. Cosmetic surgeries – including the first skin grafts – were pioneered.

Mostly notably, due to the number of disfigurements and amputated limbs, the strides made in prosthetics were "considered a great leap forward," said Lawson.

FUNERAL SERVICES

(Continued from page 1)

service in my name," he said.

Poitras said he also has community connections that will help families in their time of need. In addition to Buxton, he will serve the towns of Hollis, Waterboro and Standish and the surrounding areas. "In Waterboro we can do things more local ... if that's what they choose," said Poitras.

The new business will be located in a renovated home, which will keep the overhead down. "We'll be able to work with people on better pricing and more flexibility," said Poitras. Most of his inventory will be ordered from catalogs, he added.

He and his wife Cheryl, who is an RN at Maine Medical Center, live in Buxton with their two children, Mathieu, 5, and Sofia, 1.

Poitras said the reason he started his own business was two-fold: "I've always enjoyed being active in the community and helping people out. It kind of meshed quite nicely. Second, his schedule will allow the father of two to be with his children more often.

"I live two minutes away" (from the new business at 498 Long Plains Road), Poitras said. "It will be nice to get my son off the bus."

Poitras hopes to open his second business in Buxton the first week of September. He can be reached by email at cepoitras@yahoo.com or at 929-3723. His website, mainefuneral.com, is under construction, but should be ready soon.



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LETTERS

Family thanks community for support

From the family of Christopher Ross, a letter of thanks to the community, and all who came forward to help us through the toughest year and a half we have ever been through.

Without the concern of all that helped, we would not have made it through.

We finally got great news that Chris is now cancer free! Such joy. We cannot tell you what it means to us.

We realize we would never have gotten through this without caring people who gave of themselves to help us in any way they could. Again, thank you. We want to share the good news, cancer free!

Had it not been for all of you who gave whatever...prayers,

money, time, food, volunteering or just a word of encouragement, we could not have done it without you.

Also a great big thank you to our church family from St. Matthew Church, who cooked for us so we could go to chemo and not have to worry about cooking when we got home. Also all who donated time and money and the many, many, many prayers. May God bless you! You will never be forgotten. Thank you from the bottom of our hearts.

There is no was we can list all that helped in one way or another, so we decided an open letter of thanks was the way to go.

So all out there that helped, and you know who you are, our sincerest thank you.

Fred, Mary, Chris and Courtney Ross
North Waterboro

OPINION
The wonders of life pale in comparison to new TV network

Henry David Thoreau might have summed it up best when he wrote about leading "lives of quiet desperation," but the world is a garden vast and full of wonders, many of which escape our scope of understanding.

For example, did you know former Alaska governor and vice presidential candidate Sarah Palin just launched her own online television network? That's right. The Sarah Palin Channel featuring none other than Sarah Palin is available for your viewing pleasure for the low subscription price of \$9.95 a month, or (for the frugal amongst us) \$99.95 for the entire year.

This is guaranteed to be entertainment at its absolute best. Sarah, an accomplished musician, (she plays the flute) and former FOX News host may be jamming with former President Bill Clinton. After all, he plays the sax and Sarah, who will be producing and directing her own network, knows what a ratings coup such a moment would surely be. Slick Willy and his Alaskan partner might even come up with a song of the year. Stranger things have happened.

Late night entertainment hosts such as David Letterman and Jay Leno employ hordes of comedy



by
Jon Simonds

writers to help them deliver material intended to fill us full of laughter. Sarah has been extremely sufficient at doing this without any help at all. All one has to do is harken back to her knowledgeable exhibition of American history. Paul Revere, as Sarah once explained, rode through towns ringing bells and warning the British. She's on record for reminding us New Hampshire is truly part of the Great Northwest. And if that isn't enough to break out the credit card for a one-year subscription, consider her comments back in 2008 regarding our troops building schools in Afghanistan so "that there is hope and opportunity in our neighboring country." I'm hoping for a half-hour feature called "Finding Canada" modeled after the "Where's Waldo" game.

Palin, an accomplished author much like Henry David Thoreau, also has her eye on the White House. This aspiring presidential hopeful could finance her entire campaign and bring total unbiased reporting with all the money she'll rake in from subscribers of the Palin Television Network. Can we call it PTN, a network that may very well redefine the whole con-

cept of a one-on-one interview? Just picture Sarah seated in front of a mirror firing gut-wrenching questions at, well, Sarah.

We may very well be living lives of quiet desperation, but don't ever let it get you down. Some mysteries of life are born only to ponder, forever remaining unsolved. Sort of like the 2014 Boston Red Sox or the amazing fact that an infestation of beetles destroyed a tree planted 12 years ago in memory of former Beatle George Harrison.

Jon Simonds is a contributing writer for the Reporter and lives in North Waterboro.



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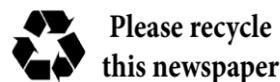
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PUBLIC NOTICES

PUBLIC NOTICE TOWN OF LYMAN

Nomination papers for the November 4th Municipal Election are available for the following positions:

- 1 Budget Committee Member (to finish current term ending June 2015)
- 1 Budget Committee Member (to finish current term ending June 2016)
- 6 Charter Commission Members (one-year term, to revise the current Town Charter)

Nomination Papers are available at the Town Clerk's office during regular office hours, and must be returned by 4:00 PM on Sept. 22.
For more information call 247-0643.

PUBLIC NOTICES

TOWN OF WATERBORO

Planning Board Public Hearing Notice

The Planning Board of the Town of Waterboro will meet at 7 p.m. on September 3, 2014 at the Meeting Room in the town hall for the purpose of hearing comments on amending the following ordinance:

- Zoning Ordinance Section 2.08 Size Reductions or Increases

A copy of the amended ordinance is available with the Administrative Assistant for the Code/Planning Offices at the Town Hall.

Town of Waterboro Planning Board

TOWN OF NEWFIELD

The Newfield Planning Board will hold a public hearing for Map 51 Lot 8 for a conditional use permit for a towing company.

On **Wednesday, September 3, 2014 at 6:30 p.m.** there is a site walk followed by a public hearing at the Newfield Public Safety Building.