



REPORTER

YOUR COMMUNITY NEWSPAPER



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Learning the ropes

By ANN FISHER
afisher@waterbororeporter.com

Now that Wendy Humphrey has found her drive, she's not looking back.

Humphrey's husband, Richard Humphrey, and his family have been in the harness horse racing business for years, but Wendy said she "just never really learned" about the business.

That's changed, thanks to a day-long harness horse camp Humphrey, who lives in Parsonsfield, attended at a farm in Cornish.

The camp was hosted July 2 by the Harness Horse Youth Foundation, based in Westfield, Indiana.

Participants learned firsthand how to care for the racehorses, including harnessing and hooking up the jog carts. They also drove the horses in a double-seated cart alongside an experienced driver.

"I liked driving better than I thought," said Wendy after the camp was over. "It's not as scary as I thought it would be."

Depending on its size, and indi-

vidual characteristics, each horse's needs are unique when it is being readied to race.

Standardbreds are bred to either pace or trot in front of a sulky, but a trotter's gait more closely mimics a horse's natural gallop. A pacer's forelegs move in unison with the hind legs on the same side. The Harness Horse Youth Foundation uses trottingbreds at its camps because they are slightly smaller, which make them the ideal size for young people to work with while they develop self-confidence and acquire new skills.

According to its website, the Harness Horse Youth Foundation's "Growing Our Future with Enthusiasm" program is "dedicated to providing young people and their families educational opportunities with harness horses, in order to foster the next generation of participants and fans."

The Foundation was founded in 1976 and also includes a scholarship program, and the creation and distribution of educational materials.



A camp was recently held in Cornish where novices could learn about harness horse racing. COURTESY PHOTO

The youth foundation looked to Maine because "We were looking for a home between Maryland and Goshen, New York," said Ellen Taylor, who has been the executive director of HHYF since 1990. "It was time to come back (to the area). We contacted several county fairs; in Cornish they were very receptive."

According to Taylor, the foundation was active in Maine when Charlotte Mower of Alfred was a director in 1980s.

Participants sign up through the Harness Horse Youth Foundation; a local contact organizes the event, by finding horses and guest speakers, as well as providing lunch.

Although it is implied that only children are accepted by the organization, both youth and adults participated in the recent camp.

"They contacted us," said Diane Perkins, a longtime harness horse owner who also sits on the

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Limerick to explore solar power

By SHELLEY BURBANK
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Gil Harris, who serves on the Limerick Budget Committee, is spearheading a new committee to explore whether solar power is feasible for lighting up some town buildings.

"I'm calling it the Sustainability Feasibility Committee," Harris said. "The goal is to see if solar power is feasible for electricity production on some of our buildings." Harris said that the committee will work to compile a list of public buildings, determine current fuel sources at the locations, identify where solar panels practically could be placed on those buildings, and explore funding sources and programs. The group will also set priorities of which buildings should get the most attention and contact suppliers for quotes and expertise.

The committee will then report

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Maine author wows audience at fundraiser

By SHELLEY BURBANK
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Celebrated Maine author, Monica Wood, knows how to connect to her audience – on the page and in person. In a warm and witty talk about her recent memoir, "When We Were the Kennedys," at a Center For Grieving Children fundraiser Thursday, June 26, Wood held the audience spellbound as she recounted the creation of the book, her writing process, family memories, and a recent trip to Ireland with her husband where she discovered "her people."

Wood never planned on writing a memoir. It all started when she ran into Maine's poet laureate, Wes McNair, at an event. McNair was editing an anthology of 24 authors who were writing about their Maine experiences. Many of these writers came to Maine from away, Wood said. McNair wanted to include someone who grew up in inland Maine – manufacturing town Maine.

"I told him I wrote fiction," she said, eyes twinkling. "He looked at me with that kind, sweet face and said, 'I understand completely...and I'll need it in two weeks.'"

The essay appeared in the anthology, "A Place Called Maine: 24 Writers on the Maine Experience." Two years later, Wood said she was "in a place of writerly despair," and thought continuing

the nonfiction story would pull her out of her slump. "I didn't even call it a memoir for a year. It felt self-indulgent. I called it my nonfiction thing."

Once the memoir was published, Wood was initially surprised by the overwhelmingly positive response from people. "I didn't think anyone would care about it beyond the borders of Mexico, Maine," she said. "I was unprepared to discover the chord the book struck. Something about this family story reached readers."

"When We Were the Kennedys" is a book about loss and grief. Wood's family was devastated when Monica's father unexpectedly died one morning on his way to work at the paper mill in Mexico, Maine. While the story resonates on this very personal level, Wood says that larger themes are also layered within the framework of the family memoir. "The memoirs I like to read have a larger context to the story," the author said. "When We Were the Kennedys" is set within the context of a labor strike at the paper mill, the even larger context of the John F. Kennedy assassination, and the beginning of the decline in American manufacturing. "This is a book about transition."

Grief, transition, and resiliency was also the theme of Thursday's fundraiser in support of the Center For Grieving Children which has centers in Portland and in Sanford. The center provides



Maine author Monica Wood signs a copy of her memoir "When We Were the Kennedys" at a recent fundraiser for the Center for Grieving Children.

PHOTO BY SHELLEY BURBANK

support for children who have experienced the loss of a caregiver or parent. Peer groups for children, parents, and bereaved widows/widowers/partners are offered free on a weekly basis.

Since opening the new Sanford center in 2011, the CGC has doubled the number of people they began serving. The center also launched a bereavement peer support group for young widows/widowers/partners in collaboration with the Cancer Care Center of York County. In addition, the center provides education, training, and crisis support to schools and other organizations in York County. Volunteers, board members, and contributors are all important to the center's mission of

serving families in their time of grief.

Telling her very moving story of personal loss, Cathy Hussey of Alfred moved the audience to tears while explaining how the center helped her and her daughter, Jessica, after the death of husband and father, David Hussey in 2011. "All I could think about was my daughter," Hussey told the audience. She testified how the center gave her daughter support and a safe place to be while she herself was able to find solace, warmth, a place to vent, acceptance, and understanding in a parent support group. "In middle school, the last thing you want to feel is different," Hussey said, talking about

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Valley girls represent
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GOT NEWS?
We want to hear from you!
news@waterbororeporter.com

Community Calendar

THE LYMAN REPUBLICAN COMMITTEE will meet on Saturday, July 12 at 10:00 a.m. at the Community Library in Goodwins Mills. All registered Lyman Republicans and Undeclared voters are welcome to this meeting. This is a very important year and your input is needed.

RUMMAGE SALE Limerick Congregational annual Rummage Sale on Friday-Saturday July 11 and 12, Thursday July 17 (6-8 p.m.) and July 18 and 19 (10 a.m.-2 p.m.). Looking for Donations. Donation Box is at the Church. No furniture, electronics or junk. Sponsored by Women's Fellowship.

"BREAK THE SOUND BARRIER" MOTORCYCLE RUN will depart and end at the Eagles Club in Waterboro on Saturday, July 12. Registration begins at 8:30 a.m. with kick-stands up at 10 a.m. Bikers can participate with a \$25 registration fees and non-riders can join the fun for \$5. Sponsored by the Widow Sons Maine Chapter of the Masonic Riders Association. Proceeds benefit hear ME now, Maine's only auditory oral education center for children and adults with hearing loss. FMI Donna at 781-7199

PANCAKE BREAKFAST will be served from 8 to 10 a.m. the first and third Saturdays of the

month this summer by the Acton Shapleigh Lions Club: July 19 and Aug. 2 & 16. Acton Town Hall, Route 109. Menu includes plain and blueberry pancakes, sausage, eggs, beans beverages and more. Nominal donation; all proceeds benefit local residents in need.

BOOK AND BAKE SALE Sponsored by the Friends of the Waterboro Library, the annual Summer Book and Bake Sale will take place Saturday July 19 from 9 a.m. to 1 p.m. Books, DVDs, CDs, videos, and more will be on sale at \$5 a (Hannaford-type) plastic bag. The bake sale will feature gluten-free as well as traditional goodies. This year's sale is scheduled to coincide with The Parsons Library of Alfred's sale. We hope you'll visit both sales! FMI please call WPL at 247-6670 or check the library's website at www.waterborolib.org.

SHAPLEIGH COMMUNITY DAYS July 25 from 4 to 7 p.m. Bean Supper (at Baptist Church) 5 to 8 p.m. Cedar Mountain Boys Blue Grass Band (Commons area). July 26 from 9 a.m. to 3 p.m. Events and vendors at the town hall and commons area. Vendor spaces still available. FMI

email ShapleighCommunityDays@gmail.com or find them on facebook.

MISS ACTON FAIR Applications are now being accepted for the Miss Acton Fair Pageant to be held on Friday, August 22 at the fairgrounds. Contestants ages 9 to 17 are judged on private interview, talent and stage presence/evening gown. FMI June Burke 457-1185.

ACTON SHAPLEIGH LIONS CLUB 5K/WALK WITH PRIDE, Shapleigh Fire Station. July 26. Register 7 a.m. for 8 a.m. start. \$15 before July 19/\$20 later. Students 18 & under, \$10. T-shirts for first 50. Mix of tar/improved shady dirt road. FMI, registration, www.shapleigh.net.

QUILT RAFFLE The Waterborough Historical Society has received the donation of a beautiful handmade quilt from Peg Walker. Since 2007 she has made 236 quilts for the Linus Project. This quilt is made in shades of green and fits a full sized bed. It is a fundraiser for the society and will be on display at all society events throughout the year. Raffle tickets will be available - one for \$1 and six for \$5. The winner will be announced at the Holiday Craft Fair

in November. FMI contact Jeannie at 247-5332.

MASSABESIC LIONS The Club is holding Bingo Nights on Mondays, starting at 6 p.m. at the Regional Medical Center in Waterboro. The club is located on Route 202 in Waterboro.

FREE MEALS KITCHEN York County Shelter Programs sponsors Springvale Free Meals Kitchen at the Springvale Baptist Church, Main Street, Springvale on Tuesday and Thursdays. Social time with hot coffee and treats is at 10:30 a.m., hot meal is served from 11:45 a.m. to 12:30 p.m. The Sanford Free Meals Kitchen is held Monday, Wednesday and Friday at the Masonic Temple, Elm Street, Sanford with social/coffee time at 10:30 a.m. and hot meal from noon to 1 p.m. Residents of any town are welcome to attend.

Submit nonprofit calendar items to:
news@waterboro-reporter.com



19TH CENTURY WILLOWBROOK VILLAGE

70 Elm Street, Newfield, Maine • 793-2784 • www.willowbrookmuseum.org
 Blog: 19thcenturywillowbrookvillage.blogspot.com
 Email: director@willowbrookmuseum.org • Like us on Facebook 

UPCOMING ACTIVITIES:

JULY 12, 10AM-3PM & JULY 13, 10AM-7PM:
A Silent Movie Festival

Piano accompaniment for sessions 1, 2 & 4. Price of museum admission. Also, tour 25 buildings, ride our 1894 steam engine driven horse carousel, have lunch at our sandwich shop, ice cream at our ice cream parlor and shop at our country store gift shop. Complete list of movies are on our website.



JULY 25, 5-6:30PM DINNER AND 6:30PM CONCERT:
25-piece Yankee Brass Band & Family Chicken Barbecue

Overlooking a mill pond, listen to this spectacular 25-piece brass band that plays with antique instruments favorites from the 1840s-1890s. This group has come from all over the US to tour this summer. Our barbecue includes chicken, salads, bread, corn-on-the-cob, drinks and strawberry shortcake. Tickets are \$22 individual, \$40 a couple, children 12 and under, half price. The dinner and concert are a package. RSVP by July 19; door tickets at the same price will only include the 6:30 concert.




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Moose on the move, three accidents, one fatality

State police say a Brewer man died early in the morning on July 8 when his van struck a moose on Interstate 95 in Howland. It is the state's first fatal moose-vehicle collision this year. Troopers said 60-year-old Sidney Oakes died at the scene. The crash took place around 1 a.m. at mile marker 222 in the southbound lane. Oakes was driving a Dodge Grand Caravan and was alone.

Later that same day, Trooper Dennis Quint was injured when his cruiser struck a moose along Route 1 in Cyr Plantation in northern Aroostook County. The trooper at the time was responding to a car-moose collision in the same town. He was a few miles away from the first crash when a moose darted out into the road and collided with his cruiser. The 2013 Ford Interceptor was demolished and Quint sustained cuts to his head and hand. He was transported to Cary Hospital where he was treated and released.

The crash he was responding

to also was on Route 1 involving a moose and a car. The driver was 26-year-old Melissa Martin of Van Buren. Martin and her passenger, Darlene Dias, 30, of Van Buren were transported by ambulance to Cary Medical Center for treatment of non-life threatening injuries.

State police said drivers need to exercise caution when driving at night because moose, despite their size, are virtually invisible because of their dark coloring and because of their height, drivers can't see the animal's eyes reflecting light. Moose will suddenly dart into the road during the summer months to escape insects and are especially active at night.

Maine records over 500 moose-vehicle crashes annually, many resulting in serious injury. There were no fatal moose collisions in 2013 and in 2011, but two people died in separate moose crashes in 2012, and there were three fatal moose collisions in 2010.



State Trooper Dennis Quint's car after colliding with a moose.

Bear hunting numbers low for 2013

Over 10,888 hunters purchased a permit to hunt bear in Maine in 2013—the most bear hunters since 2009—but they only harvested 2,845 bears.

That means only 26 percent of bear hunters in Maine were successful this past year. Hunters can take a bear in Maine using bait, dogs, traps or still-hunting. Over 90 percent of the bears taken by hunters this past season were taken using bait, dogs or traps. An abundance of natural foods last year also kept bears out later in the season, as 81 bears were taken during the deer season in November.

The abundance of natural foods this past year was also reflected in the winter bear den survey work conducted by the Department of Inland Fisheries and Wildlife. This past winter, the average weight of year-old bears (yearlings) measured during the winter den surveys averaged 46.6 pounds. In contrast, in 2012, a poor natural food year, year-old bears only weighed 32.5 pounds on average.

Since 1975, IFW wildlife biologists have visited the dens of radio-collared female black bears in Maine to research and monitor the bear population. Over the course of the season, the bear research crew visited 88 dens this past winter, handling a total of 194 bears in three different study areas across the state. There are now 102 collared female bears throughout the state, including 17 yearlings.

Collaring female bears allows biologists to locate them in their dens during the winter. IFW biologists travel to the dens and gather

biological data from the bears that they find, including size, weight, number of cubs and number of yearlings. These data give the department an in-depth view of Maine's black bear population.

Baiting, the use of dogs and trapping continue to be the most effective methods for hunters. This past year, 2,048 bears were harvested over bait, 479 bears were taken by hound hunters, and 105 bears were taken in traps. Only 7 percent were taken by still-hunters: 81 bears were harvested by deer hunters, and 131 bears were registered by tagging stations but did not record the method used to take a bear.

Due to the quantity of natural foods available, bears entered their dens later, providing hunters with opportunity late into the season and fewer bears were taken by bait hunters than the past five year average. As usual, most bears were harvested earlier in the season with 2,486 bears harvested before the end of September.

The 2013 bear hunting season was very different than in 2012, which was a very poor year for natural foods for Maine's black bears. As a result, in 2012, more bears were taken by bait hunters, and fewer bears were harvested in October and November since bears entered dens earlier. In years when natural foods are not readily available during the fall, a bear can actually burn more calories than it consumes while foraging for food, so bears will den early. The abundance of natural foods varies from year to year and is generally high one year

and low the next.

Due to the thriving bear population that is estimated at over 30,000, Maine has a lengthy bear season with many opportunities for hunters. The general hunting season for black bears opened Aug. 26 and closed Nov. 30.

For the first time, bears were harvested throughout the state in all 29 Wildlife Management Districts (WMDs). The density of harvest expressed as the number of bears killed per 100 square miles of habitat was greatest in WMD 3 (northeastern Aroostook County) and WMD 28 at 22 bears per 100 square miles (central Hancock and Washington counties) and lowest in WMDs 22-24 and 29 (southern and central Maine) with only 1 or 2 bears harvested per 100 square miles. Males made up 56 percent (1,600 bears) of the 2013 harvest.

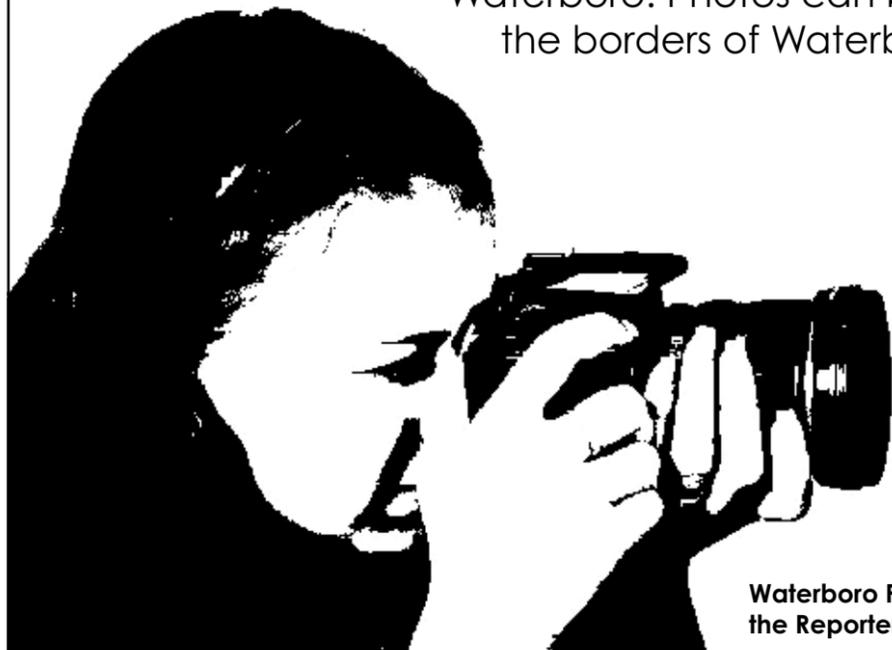
Despite a long fall hunting season for bears in Maine, the bear harvest has been below objectives since 2005. Bait, hounds and traps are the most effective for harvesting bears in Maine's dense forest and accounts for 93 percent of the harvest. Even with these three methods, only about 1 in 4 hunters using bait, hounds and traps are successful. Still-hunters harvest less than 300 bears, since it is very difficult to spot and stalk bears in Maine's thick vegetation.

To stabilize the bear population estimated at more than 30,000, a harvest of 4,500 bears is needed. Without bait, hounds or traps, Maine's bear harvest will be well below objectives.

Waterboro Photo Day

Saturday July 12, 2014

Photographers young and old, amateur, pro, we invite you to take photos anywhere inside the town of Waterboro on Saturday, July 12, 2014. Your photo(s) may be posted on the Town of Waterboro website, the Photo Day Waterboro Facebook page, in the Reporter newspaper and may be selected to be mounted on a display in the town hall. We think it's a nice way to celebrate our town by documenting the goings-on during the life of a full day in Waterboro. Photos can be of people, places, things or activities within the borders of Waterboro, Maine.



Here's how to participate:

1. Take photos on Saturday, July 12th in the town of Waterboro.
2. Email your photos as a JPEG (.JPG) file to: photoday@waterboro-me.gov
3. Photos will be accepted until midnight on Saturday, July 19th but must be taken on July 12th.
4. All photos should be accompanied by the photographer's name for a photo credit. All photos will become the property of the Town of Waterboro and may be displayed electronically or in printed form.
5. Technical questions can be directed to Kerry DeAngelis (KL Design & Marketing) who is assisting with the project, at 206-5639 or email: kerry@kldesignandmarketing.com.

Waterboro Photo Day is sponsored by Biddeford Savings Bank and supported by the Reporter newspaper, Kelley Custom Picture Framing and the Town of Waterboro.

LIMERICK

Limerick: Farm & Village

Shelley Burbank

sburbank@waterbororeporter.com
651-4017

Parks and rec under new leadership

Amanda LePage has been named director of the Limerick Parks & Recreation Department. She is inviting the residents of Limerick to complete a short survey to determine what recreational activities people would like to have available. "The purpose of this survey is to gain insight into what the residents of Limerick are looking for in their community," according to an announcement attached to the

survey, which can be picked up at the library.

The survey asks for residents' opinions on their experiences with the current and past events and activities held by the town. It also asks for input regarding new activities, events, sports programs, educational classes and other events.

Free and reduced passes at library

Looking to get the kids--and yourself--out of the house this summer? The library has passes available for the Maine Wildlife Park in Gray. It is available for groups of seven people or fewer with a reduced \$2.50 admission price. Children under 4 are free. Library patrons can also use the 19th Century Willowbrook Village Museum pass for free admission for up to two adults and two children per visit.

Clerk/tax collector closed on Mondays

The town clerk/tax collector's office in the Limerick Municipal Building will be closed on Mondays until further notice.

Animal talk planned

Adele Floyd, president of the Limerick Historical Society, is planning a talk about the historical significance of animals in logging, farming and recreation. Anyone interested in how heavy work got done before the advent of gas-powered machinery will not want to miss this presentation which will be held at 7 p.m. Thursday, July 17, at the Brick Town Hall.

Recycling topic of research club

The Research Club of Limerick was treated to a presentation, "The

Ins and Outs of Town Recycling" by Joanne Andrews at the group's regular monthly meeting on Tuesday, July 1. Andrews is the director of the Limerick Transfer Station, which has increased its recycling efforts very successfully over the past few years through a swap shop, single-sort recycling collection, and donation collection bins for used clothing and shoes.

Hostesses for the evening's festivities were Sandra Snyder, Celia Wakefield and Anita Whyman.

The next meeting will be a Book Share & Swap at 7 p.m. Tuesday, Aug. 5 in the library meeting room.

Church rummage sale

The Limerick Congregational Church continues its rummage sale, which began on July 10. The sale will be open on the following dates and times: Friday and Satur-

day, July 11-12 from 10 a.m. to 2 p.m.; Thursday, July 17, from 6-8 p.m.; Friday and Saturday, July 18-20, from 10 a.m. to 2 p.m.

This event is sponsored by the Women's Fellowship; members hope to see you there to support their programming and charitable causes.

Who are the Maine Greens?

An informational session about the Maine Green Independent Party will take place in the Limerick Public Library meeting room on Thursday, July 24, at 7 p.m.

The session is not an official party meeting, but rather a meeting to explain what the Maine Green Independent Party is all about. It will be hosted by Gil Harris, and anyone is welcome to attend and learn more about an alternative to the two major political parties.

SOLAR POWER

(Continued from page 1)

to the town selectmen about taking steps toward going solar. Ultimately, said Harris, the townspeople would vote on any expenditures associated with a transition to solar energy.

Harris, who works as a manager at the Eastern Slope Inn in New

Hampshire, recently organized the inn's transition from a fuel oil hot water system to a solar electric system. Solar panels are being installed on the historic building in a way that is "unnoticeable," said Harris. "We don't even know they are there." The inn worked out a six-year payback schedule that allows the business to save money on power even as it is paying back the cost of the system. "It will be free energy in six years," Harris said.

The inn is connected to the electric grid, feeding power into the grid at times and withdrawing it at times. "I'd love to see a net zero system," said Harris, meaning the solar panels would supply, when balanced out, as much energy as the inn uses.

Similar economic advantages, as well as environmental and sustainability concerns, motivated

Harris to organize the feasibility committee. Harris said he is interested in exploring solar for the town for two reasons--saving money and cutting back the town's reliance on fossil fuels. As a member of the budget committee, Harris said he is always looking for ways to keep the cost of operating the town at a minimum with continued reliability of services. He has also for many years been concerned with the environment and the political aspect of where energy is sourced.

The Sustainability Feasibility Committee is looking for community members to join the effort. The first meeting will be on Thursday, July 31, at 7 p.m. at the Municipal Building. Anyone with questions or who wants to get involved can contact Harris at limerickgil@gmail.com.

AUTHOR

(Continued from page 1)

how losing a parent can make a child feel different and alone. "At the center, her feelings fit right in. Jess realized at the center she wasn't alone. The parent group helped me grieve for myself, too. It was a safe place. It was okay not to be strong, ok to be angry, ok to be frustrated and sad."

Other speakers for the evening included a welcome by board member Joy Symon Fall, board member Tracy Keegan who spoke on behalf of UNUM which generously supports the center, and closing remarks by Anne Lynch, the executive director of the Center For Grieving Children. The event was held at the elegant Coastal House banquet facility in Wells. A social hour with cash bar, tea and coffee, and a variety

of hors d'oeuvres and desserts preceded the author talk. Raffle drawings and a book signing took place after the reading.

Throughout her travels promoting her memoir, Monica Wood said she heard many testimonies of loss and realized that loss is something that we all experience. "Grief," she said, "is the great equalizer. The luckiest person is going to know profound grief."

The Center for Grieving Children aims to help families and individuals through that time of loss. They are always looking to add to their more than 100 community member volunteers and gratefully accept financial contributions. More information can be found at www.cgmaine.org or by calling 775-5216, ext. 108.



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Alfred Festival next weekend

The planning starts in February and continues until a week before Festival Day, July 19. There are bands to be contacted, also crafters, musicians, entertainers, and all those providing activities that make up Alfred Festival Day. This year's program is dedicated to the late Betty Morrison, and her husband and sons will represent her in the parade. The theme is a celebration of the 250 years since Simeon Coffin, the first settler, established his lodging on Shaker Hill.

Activities begin on Friday, July 18, with a chili/chowder/pie challenge, 5-6:30 p.m. under the big tent, sponsored by the Massabesic Lions Club. Diners get to vote on their favorite chili, chowder or pie. Also at that time Linda Pouliot, a jazz/blues singer, will entertain diners.

Saturday will begin early, with a 6 a.m. pancake breakfast, also sponsored by the Lions Club. At 8 a.m. the Run for Fun participants take off from the village for a 4-mile race.

The parade starts at 10 a.m., followed by the Northern Explosion Cloggers at 11:15 a.m. The Alfred Village Museum will be open 10 a.m. to 4 p.m.; the Shaker Museum on Shaker Hill will welcome visitors from 1 to 4 p.m., followed

by a "Simple Gifts Concert" at 5 p.m. The Kennebunk River Trio will provide music during the day.

For the children, myriad activities will take place on the courthouse lawn, including the Sanford Garage Band, an interactive exotic animal show, a bounce house, face painting, a climbing wall and more.

Food, craft and non-craft booths will be set up in the village, along with a penny auction. Antique cars may be examined at Art and Antiques on Saco Road, where the craft demonstration tent will be located this year. Book lovers will want to check the library book sale between 9 a.m. and 1 p.m.

An all-day tractor pull will take place on Swett's Bridge Road both Saturday and Sunday.

This year the Saturday night dinner is being catered by the Oak Street Bistro and includes a choice of lobster or chicken. It begins at 5 p.m., and reservations are required by calling 324-9700 or 247-8142.

There will also be a bean supper sponsored by Hospice of Southern Maine that will be held in the Alfred Masonic Hall 4-7 p.m. FMI, call 206-6721 or 247-6765.

Sunday's activity will be a picnic at the Brothers' Beach sponsored by the Conservation Commission at noon, including a barbecue with ingredients from local growers and producers.

Webelo Scouts cross over

Webelo Scouts from Cub Scout Pack 399 recently crossed over into Boy Scouts. Troop 345 in

Alfred welcomed two of the new Boy Scouts, Ryan St. Laurent and Colby Cole, into their troop. The new members were given hats, shirts and neckerchiefs to complete their uniforms. Some present at the crossover ceremony to welcome the new Scouts were Troop 345 Scoutmaster Chris Boyden, Assistant Scoutmaster Rich Lanoix and Troop Committee Chairwoman Karen Lord. Also present were Brandon St. Laurent, Jacob Boyden, Steven Lord and Andrew Lanoix. Max Sawyer participated in the ceremony as the archer and Jacob Gervais participated as a ceremonialist for the Order of the Arrow.

The boys are looking forward to helping the new members rise in rank in the troop.

At present the troop is working on the emergency preparedness merit badge. The troop meets at the Alfred Fire Station on Tuesday nights at 6:30. All are welcome to visit and check out activities.

Alfred Village Museum

During last week's meeting of the Alfred Historical Committee



Weather permitting, the Alfred Historical Committee will raise its antique flag on the "Beehive" for Alfred Festival Day. PHOTO BY ALLISON WILLIAMS

the list of musicians performing on Saturdays was reviewed and docents volunteered for August. Posters listing the Saturday musicians have been distributed to local museums and libraries. It was reported the panorama photo of the Alfred CCC Camp has been returned from the Northeast Document Center, which estimated the restoration would cost over \$800. The photo will be taken to the Maine State Museum to see if a copy can be made.

The beautiful new fliers created by Helen Naylor are ready for distribution and were handed out to members. Roger Nagy announced he has Boy Scouts willing to clean and paint the old fire siren. The insurance inspector has visited; he found no fire safety problems. He did note officials need a complete inventory of museum contents with assessed value.

A new lock has been installed on the front door; keys were distributed to members.



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- Maquila DiMastrantonio 37
- Delia Sylvain 29
- Jackie Guillemette 19
- Alexis Foglio 19
- Karlie Pike 13
- McKenzie Kidder 10

ASSISTS

- Karlie Pike 32
- Rayne Whitten 21
- Alexis Foglio 21
- Delia Sylvain 13
- McKenzie Kidder 13
- Jackie Guillemette 11
- Maquila DiMastrantonio 10

GROUND BALLS CONTROLLED

- Alexis Foglio 70
- Rayne Whitten 58
- Jolena Lampron 47
- Jackie Guillemette 38
- Maquila DiMastrantonio 26
- McKenzie Kidder 23
- Maddy Russell 22

GOALTENDING

- Megan Hill 15-1,
118 saves, 5.81 gaa



How hard would you play today, if you knew you couldn't play tomorrow?



FIRST CAREER GOALS

- Delia Sylvain
vs. Kennebunk 4/28
- Maquila DiMastrantonio
vs. Kennebunk 4/28
- Emma Desrochers
vs. TA 5/2
- Nicole Sproul
vs. Sanford 5/30

FIRST SHUTOUT SCHOOL HISTORY

- Megan Hill vs. Westbrook
(Qtr. Finals) 6/10



FACTS:

- 15 Consecutive wins set school mark
- State title game win vs Cheverus was 90th in school history
- 90 wins 46 losses since program inception
- 27-5 record last two seasons
- Back-to-back Western Class A Titles
- 2014 Class A State Champions
- +73 goal differential (169 scored/96 allowed)



SMAA FIRST TEAM ALL STARS
 Delia Sylvain (attack)
 Rayne Whitten (midfield)
 Jolena Lampron (defense)

SMAA SECOND TEAM ALL STARS
 Maquila DiMastrantonio (attack)
 Alexis Foglio (midfield)

HONORABLE MENTION
 Megan Hill (goalie)

SMAA ALL ROOKIE TEAM
 Emma Desrochers

SMAA SENIOR ALL ACADEMIC TEAM MEMBERS
 Jolena Lampron
 Gabby Sawyer
 Nicole Sproul
 Rayne Whitten



State

GIRLS LACROSSE

Champs

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- Jackie Guillemette
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- Rayne Whitten
- Gabby Sawyer
- Nicole Sproul



Up, up and away

By JOY SPENCER

A Lyman student is one of six from Maine who have been selected for The People to People Ambassador Program's "Tale of Two Cities" (Paris and London) adventure.

People to People sponsors an international experience for students starting in grades five and six. Nick Hammond from Lyman Elementary School has qualified for the 14-day learning opportunity. Nick was applied after being nominated by an anonymous individual, and then participated in an interview in order to be accepted into the program.

Once he was accepted, he attended orientation meetings. Each student selected a place to research and then presented the facts to the other members so they would have an understanding of the significance of that particular place. Nick chose the EDF Energy London Eye, which is a 443-foot high ride that provides a view of the city from 32 enclosed capsules. Nick was required to raise the money to finance his trip, which he did by selling apples grown in his grand-

parent's orchard in Lyman and Lyman Elementary School mugs fashioned by his mom, Cathy Hammond, and collecting bottles with his dad, Tom Hammond.

Parents are not allowed to accompany their child. Teacher chaperones and troop leaders are in charge of the students. Highlights of the trip will include: the Palace of Versailles Chateau de Versailles, Hall of Mirrors, France's beautiful and historic capital, a view from the top of the Eiffel Tower, the famous Musee du Louvre and Disneyland Paris. Day seven will be spent on the study of WWII and the invasion of Normandy.

And then on to London, where the student ambassadors will visit Stonehenge, the city of Bath, Buckingham Palace and the Tower of London. The students will also visit Warwickshire, where they will participate in a hands-on learning workshop at Warwick Castle.

When asked what he was looking forward to the most, Nick replied, "The Eiffel Tower because I want to go up in it and see the architecture in it."

HARNESS RACING

(Continued from page 1)

Cornish Fairgrounds Advisory Board.

"The goal was just to do women and adults," Perkins said. Thirteen people attended in all, including Michael and his wife Sandra Humphrey, along with Daneane Neyer and her daughter Kayleigh Neyer,

all of Limerick. Linda Fletcher of West Newfield was also signed up along with people from Cape Porpoise and Arundel.

Among all the fledgling equestrians, there was only one seasoned rider, Perkins said. But there may be at least one new recruit in the bunch.

"I thought it was great," said Wendy Humphrey, whose husband

Local artist needs dirt and elbow grease for major exhibit in Parsonsfield

The eighth of a Lyman artist's nine solo-biennial exhibits of interactive installation will be installed throughout 24,000 square feet of Parsonsfield's Robinson Mill next month.

Amy Stacey Curtis, a 1988 graduate of Massabesic High School and a Lyman resident since 2006, mounts large-in-scope, participatory, sculptural works with instructions, an integral part of the art. MATTER is part of an 18-year commitment to art-making, a project which began in 1998 and will include nine solo-biennial exhibits scheduled through 2016. In the end, Curtis will have installed 81 ambitious audience-activated works in the vast mills of eight or nine Maine towns. Curtis explained installation art

"only exists as art while it is 'installed' and experienced by audience; it's temporary." Each of Curtis' ambitious exhibits is 22 months of work, exploring a different theme then requiring audience to perpetuate its nine installations. "The audience completes my creative process. Without the

audience's careful participation, my work is literally static and unfinished," said Curtis. MATTER will be open for participation Oct. 4-24 after an intense nine-week period of mill preparation and art installation beginning Aug. 1. "By putting efforts into fortifying and beautifying these mills, I also give something back to the towns which so graciously host my work." For one of the nine installations at MATTER, Curtis needs 999 people to each bring in October during the exhibit 3 cups of loose dirt/soil/earth from their home. Although Curtis can't share how this dirt will be used in the exhibit, she does say that all dirt will be handled carefully and respectfully, and that each participant will eventually receive something in return. Those who wish to participate can also send contributions of soil to her Lyman studio by Aug. 1.

In addition, Curtis is looking for extra hands, "art assistants," to volunteer or barter for her drawings. Curtis completes large series of drawings to support each biennial theme (viewable on her website). "Typically, 60 to 100 art assistants help when they can for each exhibit, at my studio and at the mill," said Curtis. "MATTER appropriately has the most 'stuff,' so I can use all the help I can get, especially to move materials in and out of the space."

All assistants are listed on exhibit signage and eventually in

a book to be published in 2018 about the entire project. To provide dirt, and/or to art assist, contact Curtis at amy@amystaceycurtis.com for more information.

- Other programming includes:
- Wednesday, July 16, 6:30 p.m. Artist Talk, Community Library, Lyman
 - Wednesday, July 30, 6:30 p.m. Artist Talk, Parsons Memorial Library, Alfred
 - Thursday, July 31, 6:30 p.m. Artist Talk, Limerick Public Library, Limerick
 - Sept. 4-Oct. 31 Solo Exhibit: "Amy Stacey Curtis: Drawings," Ogunquit Museum of American Art
 - Tuesday, Sept. 16, 7 p.m. Artist Talk, Ogunquit Museum of American Art
 - Saturday, Oct. 18, 10 a.m. Artist Talk (about MATTER drawings), Ogunquit Museum of American Art

MATTER is funded in part by a grant from the Maine Arts Commission, an independent state agency supported by the National Endowment for the Arts. MATTER is collaboratively sponsored by the Ogunquit Museum of American Art, with a grant from the Joan and Jane Dwyer Fund. Sponsored by Deering Lumber and the town of Parsonsfield. Caption for visual (photos supplied by artist): "Amy Stacey Curtis, stamped and painted wood cubes for sort V, 1 of 9 installations at MATTER"

is a driver at Scarborough Downs and Plainridge Racecourse in Massachusetts.

Wendy planned to go to Plainridge with Richard the day after the camp to help paddock, a common term which just means getting the horse ready to race. "Now I have an idea about what I'm doing," said Wendy. "I learned a lot."

BRIEFS

Waterboro museum has much to offer

The 1850 Taylor/Frey/Leavitt House Museum at 6 Old Alfred Road at the intersection with Sokokis Trail, Waterboro Center, is an unspoiled dwelling with many original features.

It will be open to the public free of charge, with donations

appreciated, each Saturday morning, 9 a.m. to Noon, through September 27.

The museum complex includes the period-furnished one-room 1817 Deering Schoolhouse and a blacksmith shop. The barn and ell of the house contain antique cobbler, optician, and barber shops. For more information, call Jim Carll at 247-5878.

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TOWN OF WATERBORO

NOTICE OF PUBLIC HEARING

The Town of Waterboro Board of Selectmen will hold a public hearing at the Town Hall on Tuesday, July 22, 2014 beginning at 6:00 p.m. The purpose of the hearing is to receive comment regarding a Zoning Ordinance amendment to Article 7, Table 1 and Section 3.d regarding docks.

Proposed amendments are available at the town office during regular business hours.

TOWN OF WATERBORO

General Assistance

NOTICE OF PUBLIC HEARING

The Town of Waterboro, Board of Selectmen, will hold a Public Hearing at the Town Hall on Tuesday, July 22, 2014 at 6:00 p.m. The purpose of this public hearing is to hear comment on proposed amendments to the General Assistance Ordinance.

The proposed amendments to the General Assistance Ordinance are available for public inspection at the Town Hall during normal business hours.

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OPINION

Want a healthy, affordable diet?

DiETING is nothing new in America. Like pop songs on Billboard's Top 40 chart, we've seen some huge hits, such as the Atkins diet, the South Beach diet; the Mediterranean diet, Nutri-system and of course, a steady flow of hits from that group otherwise known as Weight Watchers. As one who has never had much of a weight problem or given much thought to that which is consumed,



by
Jon Simonds

I've never really paid very much attention to diets. I've never given much thought to the fat or salt content in the food I eat, usually dropping my food into one of two groups: "that's good," or, "none for me, thanks." But then I read about this new diet, cheap diet, save-a-fortune-in-money diet lacking some

key ingredients found in ordinary foods such as BHA, BHT, ethoxyquin and propylene glycol.

I've always thought BHA was the Boston Housing Authority, but as it turns out BHA is short for butylated hydroxyanisole. (Fit that on your Scrabble board). This is, of course, a chemical additive used to preserve the shelf life of food. It is also thought to be a reasonable human carcinogen by the US National Institute of Health. BHT, being that

it related to food always struck me as a Twitter type acronym for Better Have Tums. My good friend Camper never leaves a store without week's worth of Tums. "See," he always says pointing to BHT on the label. "I'm no fool."

BHT, however, stands for butylated hydroxytoluene and if you can't pronounce it, don't worry. Neither can I, but like its closely related cousin - BHA, it is a chemical preservative designed to benefit packaged, no-longer-living goods while being suspected of causing harm to the living.

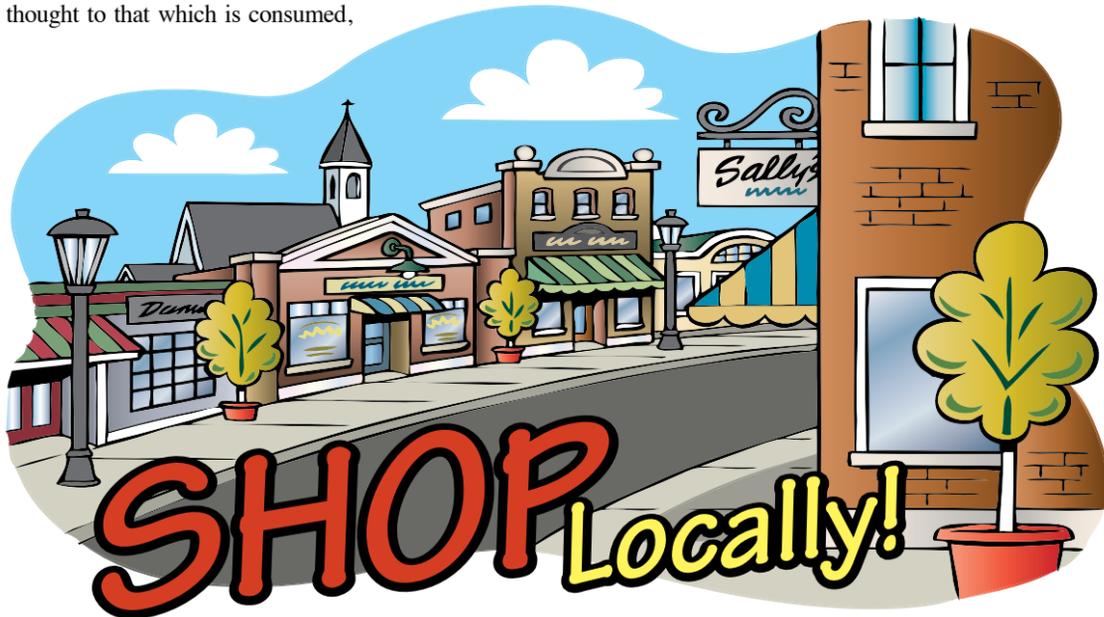
Ethoxyquin and propylene glycol are more chemicals. Etho, for short, is an extremely popular ingredient found in pesticides. The latter is a liquid substance designed to absorb water. All of the above ingredients can be found on just about all of the labels, designed specifically to be misunderstood and slapped on the products lining grocery store shelves all across America. In defense of all these chemical additives, however, one must consider the alternative and that would be, getting foods to the human population before they spoil.

This, of course, brings me back to growing popularity of the cheap-

est, healthiest diet reported by the *Tri-City Herald*, covering three major regions in the state of Washington. As a matter of fact, the diet, which may be the next new dieting craze destined to sweep across America, was recently featured on NBC's *Today*. The author of this diet is Dorothy Hunter. She began her diet on June 19th and told the *Tri-City Herald*, "You'd be surprised how good dog and cat food can be when it's made right."

Apparently according to Ms. Hunter, not only is it tasty but it's nutritious as well. The right dog and cat food lists no preservatives or animal by-products. Have you seen the price of beef lately? For 79 cents you can get a can of liver and rice, or all natural chicken and veggies. Talk about a balanced diet. Pound for pound, kibbles and bits will save you a full tank's worth of gas over boxes of Cheerios. My dogs love it. So if you happen to see me in the pet food aisle at the local Hannaford's, just remember that age old cliché about the word assume. Besides, do I really look like someone who gets caught in the dieting craze?

Jon Simonds is a contributing writer for the Reporter and lives in North Waterboro.



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EMPLOYMENT

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 A complete job description can be viewed on the town website at Waterboro-me.gov. Interested applicants should submit a resume and cover letter (by hard copy or email) before noon Tuesday, July 22, 2014 to Waterboro Town Administrator Gary Lamb, 24 Townhouse Road, East Waterboro, ME 04030 (administrator@waterboro-me.gov). Please call the Town Administrator with any questions at 247-6166, ext. 100. EOE

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Waterboro's Old Home Days Committee was forced to cancel this year's event due to lack of volunteers. We are hopeful that we can bring this popular celebration back, but in order to do so we need several individuals who are willing to meet twice each month to help with the extensive planning that is required. Contact Waterboro Town Hall or go to www.waterboro-me.gov to find a volunteer form.
~The Old Home Days Committee

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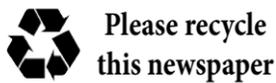
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OBITUARIES

Robert C. Richardson III

Robert C. (Ricky) Richardson III, 23, of Limerick, passed away unexpectedly Tuesday, July 1, 2014.

Ricky was born June 7, 1991, in Portland, ME, to Robert Jr. and Patti (Enos) Richardson, and brother to Victoria (Katie). He enjoyed playing Lacrosse and Football, and graduated from Sacopee Valley High School in 2009. Prior to his senior year, he signed with the United States Marine Corps. In the USMC, he was a machinist and attended MOS (Military Occupational School) at Aberdeen Proving Ground, MD, where he was recognized as the Honor Graduate earning a 94.10 GPA.

Ricky married Christina Nagle on June 5, 2010, and they settled in Sneads Ferry, NC. Over the course of his active duty, he was deployed twice to Camp Leatherneck in Afghanistan. Ricky achieved the rank of Corporal and oversaw the Machine and Welding Shops at Camp Leatherneck. Ricky earned many awards, most notably the Navy and Marine Corps Achievement Medal for his design and fabrication of a tool used by foot patrols in the detection of IEDs. He was a firearms instructor, an expert marksman with rifles and handguns, as well as a 1st Degree Black Belt in Marine Corps Martial Arts. Upon completion of his active duty contract, he and Christina returned to Maine, with plans for their future and of building their home in Limerick.

Anyone who knew Ricky knew his love for family came before all else. Ricky was most excited about being reunited with the family he had missed so deeply. He was especially close to his sister, Katie. His love for her was evident from the minute she was born, often making a nest of blankets to lay her in so she could be right next to him as he played.

Ricky had a very open and loving relationship with his mother and would do anything for her. Ricky stated on more than one occasion, the person he most respected was his father, Rick, and he tried to live up to the example Rick had set for him in life and love. Ricky was extremely loyal and caring to both his family and friends.

Immediately following his return to Limerick, Ricky was employed by D&M Well Co. He came to love not only the job, but thought of his employers as part of his family.

Ricky was an avid outdoorsman, enjoying hunting, camping, and gardening among other things. He took pride in bagging his first deer, an 8 point 183lb buck, at the age of 15. He had a fun loving and carefree spirit with an infectious laugh and a mischievous twinkle in his eye. During high school, he was a junior member of both the Limerick Volunteer Fire Department and Sacopee Rescue Squad. Upon his return to Limerick, he was quick to renew his presence with the Limerick Volunteer Fire/EMS Department, always ready to assist anyone in need. It was no surprise all those years ago when he voiced his desire to join the Marine Corps, as Ricky lived his life by the creed first one in, last one out.

He is survived by his parents, Rick and Patti, sister Victoria (Katie), his wife Christina Nagle Richardson, grandmother Lorraine Enos (Parsonsfield),



Robert (Ricky) Richardson, III

grandfather Robert Richardson (Limerick), grandmother Linda Eaton (Oroville, WA), as well as countless aunts, uncles, cousins and friends. He is predeceased by his grandfather Stephen Enos, formerly of Parsonsfield.

Visiting hours will be Friday, July 11th, 1:00-3:00pm and 5:00-8:00pm at Dennett, Craig & Pate Funeral Home, 13 Portland Road Buxton, ME. Funeral services will be Saturday, July 12th at 1:00pm at the Lakeside Community Church, 1248 Sokokis Trail, North Waterboro, ME with a reception immediately following at the Limerick Fire Department, Limerick, ME. Donations in Ricky's name can be made to the Limerick Volunteer Fire/EMS Dept., Inc., P. O. Box 195, Limerick, ME, 04048.

LETTERS

To the Robert Richardson Jr. family,

The Limerick Volunteer Fire Department would like to express our deepest sympathy for the tragic loss of their son Ricky. He was a valued, active member of our department, dedicated to volunteering many hours of his services to both fire and rescue; not only to the town of Limerick, but also surrounding towns that we cover. Ricky also proudly served our

country by doing two tours of duty in Afghanistan with the U.S. Marines. Please join us in saying a prayer for Ricky and for his family as they struggle through this tragic event along with his brothers and sisters of the fire and rescue departments. He was truly a hero to his country and his town and all those he helped along the way.

All the members of the Limerick Volunteer Fire and Rescue Department

BRIEFS

'Tree chuggers' mix socializing with survey

Woodland owners are invited to a series of informal woodland forums during the next month to socialize and discuss a new tool for decision-making.

The tool is a timber harvest satisfaction survey developed by the Maine Forest Service. The survey is being mailed to landowners who conducted a timber harvest in 2013. The public is invited to the meetings whether they have received a survey or not in

the mail. Copies of the survey will be available. The schedule is as follows:

- Thursday, July 17, 5 p.m.- Gneiss Brewery, Patterson Road, Limerick
- Wednesday, July 23, 5 p.m. - Funky Bow Brewery, Ledgewood Lane, Lyman
- Wednesday, July 30, 5 p.m.- Bradford Block Bistro, Main Street, Springvale
- Wednesday, Aug. 6, 5 p.m.- Banquet Room, Province Lake Country Club, Parsonsfield.

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SPORTS

Valley girls continue run for state title

BY MICHAEL DEANGELIS
mdeangelis@waterbororeporter.com

Grace Tutt pitched a one-hit shutout, fanning 13, and Shaker Valley Little League's majors all-star girls stayed alive in the state championship with a 4-0 win over Auburn on Wednesday, July 9 in Hermon.

Shaker Valley plated two runs in the first and two in the third. Tutt led off the game with a single and scored on a triple by Lacey Bean. Bean scored on a single by Zoey DeAngelis.

In the third Tutt again led with a single. She stole second and scored on Bean's single. Bean promptly stole second and was driven in by shortstop Hannah Collins.

Shaker Valley was set to face Ellsworth at 6 p.m. on Thursday after the Reporter's deadline. They topped them 10-0 in the first round of the tourney on July 7 (story to right).

On Tuesday, July 8 the Valley Girls faced District 3 champion Hermon, and were handed a 4-2 defeat. Hermon took a 1-0 lead in the top of the first after Breanne Oakes drove in a run with a single to right field. They made it

2-0 in the third, but Shaker Valley dodged a bullet when Grace Tutt (11K, 2ER) left the bases loaded with a key strikeout.

The out put a spark in the girls from York County and they plated their first run in the bottom half when Hannah Collins (2-2, RBI, BB) got a two-out rally going with a double. She stole third and Zoey DeAngelis hit a hard grounder that the third baseman fielded and threw home, well ahead of Collins, but the shortstop jarred the ball loose after colliding with the catcher and it was 2-1.

Hermon broke it open in the fifth after Tutt had whiffed five straight hitters. With one out they knocked three consecutive singles and a run-scoring grounder to go up by three, 4-1.

Shaker Valley, who stranded seven runners, got a run back in the fifth with another two-out rally. Catcher Lacey Bean doubled and Collins knocked her in with her second hit. DeAngelis kept the inning alive with a single, but Abby Pomerleau's (1-3, 2SB) hard grounder to first was gobbled up to close out the frame, and effectively, the game. Pomerleau was also robbed of a hit in the third after her bullet liner to right was snared.



From left, third baseman Abby Pomerleau and first baseman Emily Davison get ready as pitcher Grace Tutt delivers during the July 9 state tournament game vs. Auburn. Shaker Valley won 4-0. PHOTO BY KERRY DEANGELIS

* * *

The night before, July 7, Shaker Valley opened their tourney by blanking Ellsworth (District 1 champion) 10-0.

Grace Tutt went four innings in the ten-run rule shortend affair. She struck out eight, gave up one hit, one run and one walk.

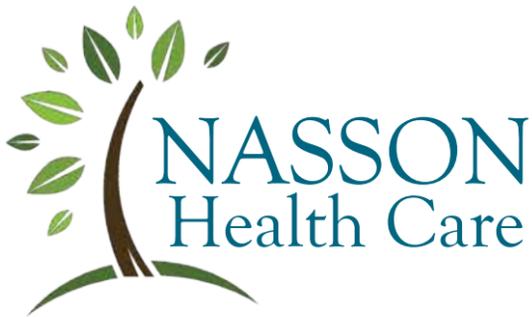
Tutt (3 hits, 3 runs) got the offense going in the top of the first with a lead-off double. She scored on a double by Hanna Collins who stole third and scored on

a groundout by Zoey DeAngelis. Abby Pomerleau got Shaker Valley a third run in the inning after she was hit by a pitch, advanced to second base on a wild pitch, stole third and crossed home on a throwing error.

The District 4 champions added a pair of runs in the next inning. After two outs Tutt ripped a single through the left side and stole second base. The steal turned out to be irrelevant after

Lacey Bean (3 RBI) hit a rocket to left that one-hopped the fence, good for four bases, and a quick 5-0 Shaker Valley lead.

A five hit, five runs fourth closed out the scoring. Catelyn McGrath led off with a single to right, the first of five consecutive hitters to reach (4 hits, walk) and when Pomerleau's hard groundout drove in a run, Brianna Bastarache and Hannah Collins too, the rout was on.



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