



REPORTER

YOUR COMMUNITY NEWSPAPER



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LOCALLY OWNED & OPERATED

Local daycare owner wins gold

By **SHELLEY BURBANK**
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Deering Ridge Daycare in East Waterboro was recently honored with a gold award by Let's Go! York County, a program offered by Partners for Healthy Communities at Southern Maine Healthcare. Let's Go! York County is a local partner of Let's Go! Maine, a statewide program which aims to prevent childhood obesity through education and implementation of scientifically-based strategies in six sectors: daycares, schools, after school programs, communities, workplaces and healthcare centers.

Deering Ridge Daycare, owned and directed by Diane Madruga, was honored as a Site of Distinction in both the Out of School category and the Early Childhood category at the recognition ceremony and celebration dinner held on Nov. 13 at the Coastal House in Wells. Deborah Deatrack, MaineHealth senior vice president of Community Improvement, presented site leaders with framed certificates of recognition for their hard work in meeting program strategies which include healthy eating, physical activity, reduced screen time, and replacing sugary drinks with water or milk.

Altogether there were 44 Sites of Distinction honored as gold, silver, or bronze recipients.

"It is such a pleasure to be able to recognize all the different sites

that are working hard to make sure children throughout York County are healthier and learning healthy habits from early ages that they will carry on with them through life," said Betsy Kelley, director of Let's Go! York County and Partners for Healthier Communities. "These sites are making a huge impact on the lives of these children and families while showing unique and fun ways to be healthy. Many thanks to MaineHealth and United Way of York County for helping us recognize these true champions."

Madruga, who has worked in the childcare field for 24 years, said the Let's Go! program has been helpful to her as a childcare provider and teacher at her daycare and preschool. She joined Let's Go! two years ago and said the training and materials and other resources have helped her to improve the curriculum, nutrition, and physical activities offered at Deering Ridge Daycare, though the program was well-aligned with what she was already doing. "It hasn't been hard to implement because it is how we live ourselves," she said, referring to the healthy eating and living habits the program encourages.

The Let's Go! program includes the 5-2-1-0 message (5 fruits and vegetables a day, 2 hours or less of screen time, 1 hour or more of physical activity, and 0 sugary drinks) and 10 Strategies for Success as guidelines for

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Spreading Holiday Cheer

York County deputies made a donation to a Waterboro family in December. Above, seated at the Richards' home are, from left, Deputy Matt Nadeau (CPA President), Deputy Corey Sweatt, Madison Richards holding her sister Camryn, Deputy Troy Chenard and Deputy Robert Carr (CPA Vice President). See related story on page 3.



Defending champs

The Waterboro Association of Businesses announced the winner of their annual Deck the House Holiday Lights contest on Dec. 30 at the Waterboro selectmen's meeting. The winning house was 74 Mayfair Way, North Waterboro. Shown to left is Jeff Walker, Julie Harrison and in front, Ethan Walker, Brody Worth and Sierra Worth and with their trophy. The Walker-Harrison family was also last year's winner.

COURTESY PHOTOS



York County childcare providers, school representatives, and out-of-school program staff pose with their Let's Go! Site of Distinction awards. Standing, from left, Stephanie Hilton and Eleni Braley of Living Waters Christian Daycare in Buxton; Athena Meyers and Amanda Hall of Little Treasures Daycare in Saco; Lori Valley of York County Head Start; Jerice Goulet of For Kids Only in Saco; Kendra Sherman and Millie Arrowsmith of York County Head Start; Jennifer Lachance of Precious Moments Family Daycare in Saco; Matthew Ouelette of the Sanford-Springvale YMCA; Nancy Tuliano of Portsmouth Naval Shipyard Child Development Center in Kittery; Bob Eagle of Northern York County YMCA in Biddeford. Kneeling, from left, Yvette Tremblay and Kayla Nunan of St. James School in Biddeford; Diane Madruga of Deering Ridge Daycare in East Waterboro; Desiree Mertz-Roy of York County Head Start; Shelley Roberge of Forever Friends Family Childcare in Lyman; Casey Marcotte of Country Kids Preschool in Lyman; and Jessica Anderson of First Steps Early Learning Center in Springvale.

COURTESY PHOTO

Carlisle Academy head elected to para-equestrian committee

Sarah Chappell Armentrout of Lyman was elected this fall to the U.S. Equestrian Federation (USEF) Para-Equestrian High Performance Committee. The po-

sition is a four-year appointment effective retroactively to Dec. 3, 2012. The committee meets throughout the year to discuss both high performance and national level matters affecting the para-equestrian discipline.

"I am honored to serve on the USEF Para-Equestrian High Performance Committee," Armentrout said. "It is an exciting time for para-equestrians, and I look forward to working with a team committed to creating high-value training and competitive opportunities for the pipeline of riders within this growing sport."

Armentrout has worked closely with the United States Para-Equestrian Association (USPEA), creating programs to further educate both new and current riders and trainers. These symposia have been a large part of growing the para-dressage



Sarah Armentrout

(Continued on page 6)

WATERBORO

Brigit McCallum

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Ice rink officially open

Opening night was held on Friday, Jan. 2 at The Carle's Corner Ice Rink on Old Alfred Road behind the Taylor House Museum. According to their Facebook page, about 100 skaters of all ages came out for "Rustic Rink Night." The rink is now open daily (weather permitting) from 7 a.m. to 10 p.m. There is currently no electricity, so lights at night will be provided by vehicles' head lamps, or if you have a generator and lights, you can bring them down.

Sandi Binette, owner of Lakeside Market and the rink coordinator, said in an email, "We are currently hauling water in a 200-gallon container and running a sump pump with a generator to maintain the rink." According to Binette, after the first snowstorm, the Mayo family of North Waterboro donated their time and snow blower for three hours to clear the

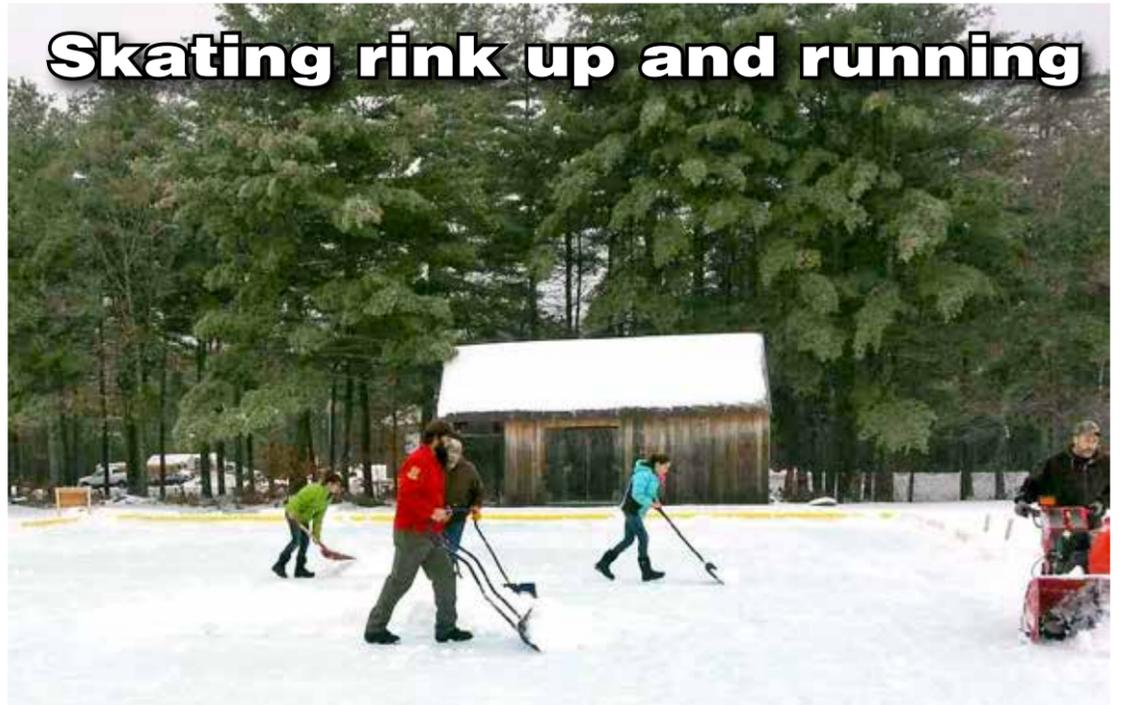
ice, and an additional 8-10 people helped to shovel and scrape the snow.

Binette also announced the creation of the Rink Raiders. After storms, Rink Raiders will come help shovel the rink, scrape the rink, and clear off ramps, seating, and warming hut areas. During skating times they will help scrape the rink, sweep ramps and walking areas, and pick up and trash or debris around the area. "Once we have electricity and our well pump running, they will learn how to lay maintenance coats of ice in the late evenings and early mornings," said Binette.

For more information and updates, those who are on Facebook can type in "Carle's Corner Ice Rink" in the search line.

Art and music alive at WES

One hundred and seventy Waterboro Elementary School kindergarten and first grade students celebrated the arts with a digital art show showing their work and a concert at the Middle School on Monday, Dec. 22. "This is a great way to show off student work,"



The Kevin and Laurie Mayo Family of North Waterboro and others chip in to clear the rink off after the first snowstorm. COURTESY PHOTO

said principal Christine Bertinet.

Art teacher Julie Klehn said, "I took pictures of all of our students with their artwork and music teacher Deb Crowley incorporated them into an iMovie which also showcased students singing, dancing, playing instruments and doing other activities in the music room."

"I like to show the parents what we do in class as well as in a concert setting. They always love to see the kids dance. We showed the iMovie as a preshow before the concert started," said Crowley. She added, "It is very challenging to do a concert in a place that you didn't rehearse in. We can't do concerts in our home school because of parking. We have outgrown the space."

The students sang animated songs with lots of hand motions and lots of enthusiasm. Crowley said, "We could never have done it without the support of the staff that was backstage and on the sides dealing with the issues of so many children. It takes a village!"

Box top fundraiser December results

According to Waterboro Elementary School PTO president Heather Silva, "WES December Box Tops collection raised \$414!"

In a PTO announcement email, she added, "Mrs. Elsaesser's kindergarten and Mrs. Dunnington's second grade each collected 354 Box Tops! They will receive extra recess for sending in the most Box Tops. Every Box Top is worth ten cents for our school. That adds up quickly when lots of people help out! All residents are invited to save their box tops." To participate or FMI, go to <http://www.boxtops4education.com/>

Upcoming events at Waterboro Library

There will be a craft night for teens and adults on Monday, Jan. 12 from 6 to 8 p.m. Interested parties are invited to bring a craft you are working on and visit with other crafters. There will be a "make and take" thinking-of-you and/or birthday-card craft, and Trustee Lynn Bilodeau will do a demonstration on how to create a scrapbook page. In her recent newsletter, librarian Ruth Blake wrote, "We would like to make this a monthly event if people are interested, so if you can't come this month, let us know you are interested and what type of crafts you would like to learn."

This month's Bedtime Story Hour is on Thursday, Jan. 15 at 6:30 p.m. Preschoolers to second

graders are invited to come for stories and a craft. Sign-up requested.

The library will be closed on Monday, Jan. 19 for Martin Luther King Day, so be sure to stop in and pick up books, audios and DVDs to get you through the three-day holiday weekend.

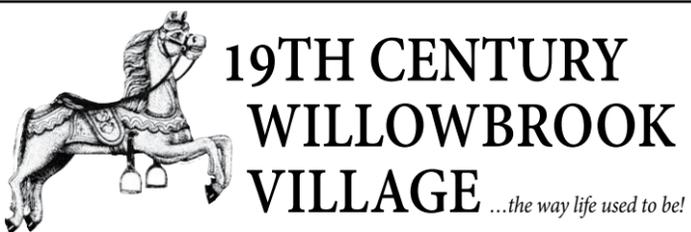
The library trustee board will meet on Thursday, Jan. 22 at 6:30 p.m. Anyone who is interested in seeing what the board does is invited to drop in and attend the meeting.

A silent auction for February and March is being planned, with a "Made in Maine" theme. If you make a craft, bake specialty items, have a business, or would be willing to donate something to the auction, please contact Ruth at the library this month at 247-3363. In the past, several people have "regifted" a present they received but did not need as auction items. See what you have around the house.

Workshop set to discuss site plan

At the request of Travis Letellier, engineer for Dollar General, there will be a public workshop with the town planner, fire chief, public works director, town administrator and planning board members on Wednesday, Jan. 14 at the Town Hall Annex at 7 p.m.

Town Administrator Gary Lamb communicated in an email, "Whatever the outcome, I am pleased that the applicant's engineer has reached out in this fashion to discuss concerns with department heads so a site plan with staff approval can be pursued, and hopefully presented to the planning board by the applicant."



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WINTER ACTIVITIES

Sat., Jan. 10, 10am-4pm: Blacksmithing 101: Make a Knife, \$125

Sat., Jan. 17, 10am-4pm: Blacksmithing 101: Make a Tool. Make an ice harvesting pike and use it at our authentic ice harvest on Jan. 31. Learn basics of blacksmithing, \$125

Sat., Jan. 31, 10am-1pm. Old-fashioned Ice Harvest at Willowbrook. Free to the public.

Our regular season begins July 1, but we have Winter offerings for kids and adults (RSVP ASAP). Call, email or see details about the following classes on our website.

ARRANGE A DATE AND TIME WITH US FOR THE FOLLOWING:

1. Ice Harvesting Workshop for Kids (Groups), \$10
2. Making a Hacksaw Using Mortise & Tenon Joinery for Kids, \$50
3. Letter Press Printing for Kids or Adults (Ages 8 & Above), \$45
4. Metal Wire Engineering for Kids: Alexander Calder's Circus, \$35
5. Victorian Hair Jewelry, \$35
6. Animation & Early Motion Picture Making for Kids, \$45
7. Making a Working Trebuchet or Catapult for Kids, \$50
8. Erector Set Fun for Kids, \$30
9. Create Pop Up Books Victorian-Style, \$35
10. Make a miniature Catapult or Trebuchet, \$50
11. Make a Wooden Dowel Handle Tool Box for Kids, \$35
12. Paper Engineering, \$25
13. Making Cyanotypes (a type of 19th Century photography), \$30
14. 1 or 2 Day Metal Casting in Aluminum and Brass, \$125, \$200
15. Teen Blacksmithing 101 (Group required), \$70
16. Bladesmithing: Make a Tomahawk & Hunting Knife, (2 Days), \$200
17. Blacksmithing 101: Make a Coat Rack and/or Other Project, \$125
18. Woodworking: Six Board Heirloom Blanket Chest Making (2 Days), \$300
19. Make a Propane Blacksmithing Forge (Day 1), Make a Bowie Knife (Day 2), Day 1:\$300; Day 2:\$125; 2 Days (Both):\$400
20. Make a Working Altoid Box Telegraph Sounder for Kids, \$30



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DAYCARE

(Continued from page 1)

organizations who join the program. The strategies include limiting unhealthy choices for snacks and celebrations, limiting or eliminating sugary drinks, providing opportunities for physical activity every day, and limited recreational screen time as well as engaging with community, families, and other education partners and programs to offer healthy choices.

In addition to receiving a gold award, Madruga was also the recipient of a mini-grant offered through Let's Go! which allowed her to purchase equipment that can be used during the winter months for indoor physical activities. "We purchased a balance beam, a caterpillar tunnel, and some plastic hills and rocks for creating obstacle courses inside." She said she takes the kids outside in the winter, but often it is too cold and windy to stay outdoors very long. The new equipment allows the children to have physical activity indoors.

Free training and classes offered through Let's Go! York County have also been helpful to Madruga. "We took cooking classes," Madruga said, referring to herself and her daughter, Nicole, who is also a childcare provider and teacher at the daycare. "They taught us new recipes, how to add healthy foods. A SNAPS representative was there with advice on how to buy foods economically. We learned how to cook and eat healthy with a budget." A macaroni and cheese dish which replaced some of the cheese with squash was a hit with the kids. "They didn't know the difference," Madruga said. "The squash provided more nutrition plus it added that bright color."

In addition to following the 5-2-1-0 program and earning gold awards for her Let's Go! implementation, Madruga is also working toward national accreditation which has a rigorous set of 297 standards. The free training opportunities from Let's Go! help her meet the learning standards, she said. The training and certifications are a sign of increased professionalism in a field that is sometimes not taken seriously, Madruga said. "We have rules, handbooks, policies, and procedures, just like any school." Once the daycare and preschool is nationally certified, parents will also be able to get a double tax credit. "That gives the parents a big benefit," Madruga said.

To learn more about Let's Go! Maine visit www.letsgo.org.



At left, York County Commissioner Michael Cote swearing in Tom Baran as the new Chief Deputy of the York County Sheriff's Office, along with his wife Linda. At right, Cote swearing in William King as the new Sheriff along with his wife Margarite. The ceremonies were held on Jan. 6. COURTESY PHOTOS BY GORDON LITTLEFIELD

2014 Let's Go! Sites of Distinction for York County:

OUT OF SCHOOL

Gold
 • Deering Ridge Daycare After School Program, East Waterboro

Silver

• Kid Connection, Lebanon
 • Willard KIDS' CLUB, Sanford
 • Carl Lamb KIDS' CLUB, Springvale
 • Margaret Chase Smith KIDS' CLUB, Sanford
 • Sanford-Springvale YMCA Kids Out Enrichment Program - Acton Elementary; Alfred Elementary; Carl J. Lamb School, Springvale; Hussey School, Berwick; Knowlton School, Berwick; Lebanon Elementary; North Berwick Primary; Robie Site, Sanford; and Waterboro Elementary

SCHOOL

Gold
 • St. James School, Biddeford

Silver

• Kennebunkport Consolidated School Sea Road School, Kennebunk

Bronze

• C.K. Burns School, Saco
 • Coastal Ridge Elementary, York
 • Gov. John Fairfield School, Saco
 • Margaret Chase Smith School, Sanford
 • Young School, Saco

EARLY CHILDHOOD

Gold
 • Cracker Jack Kids, Saco
 • Deer Pond Edu-Care, Hollis

• Deering Ridge Daycare, East Waterboro
 • First Steps and Early Learning Center for SCAE, Springvale
 • St. James Preschool & Child Development Center, Biddeford
 • YMCA of Southern Maine Northern York County Branch Child Care Center, Biddeford

Silver

• Country Kids Preschool, Lyman
 • Forever Young, Waterboro
 • Living Waters Christian School Daycare, Buxton
 • Sanford-Springvale YMCA Y's Owls Preschool Program, Sanford
 • Toddle Inn, Saco

Bronze

• Curtis Lake Early Learning Program, Sanford
 • Forever Friends Family Childcare, Lyman
 • Grow, Play & Learn in Maine, Biddeford

HEALTH CARE

• Maine Medical Partners Pediatrics, Saco
 • Pediatric Associates of York Hospital, Wells
 • SMHC Family Medicine, Kennebunk
 • SMHC Pediatrics, Biddeford
 • SMHC Pediatrics, Kennebunk
 • SMHC Pediatrics, Saco
 • South Berwick Family Practice, South Berwick
 • Waterboro Village Pediatrics, Waterboro

POLICE NEWS

Deputies make donation

The County Patrol Association (CPA), the union that represents the York County's Deputies, is helping make Christmas a little brighter for a Waterboro family.

For her entire life, eleven-year-old Camryn Richards, the daughter of Laurel and Michael Richards of Waterboro, has suffered from liver disease. She recently had a successful partial liv-

er transplant but is now diagnosed with non-Hodgkin lymphoma from the intense medication regimen.

Her daughter's illness has forced Laurel Richards to take a leave of absence from her teaching job at Massabesic High School, causing a strain in the family's budget. When the deputies heard of the challenges facing the Richards' this Christmas they unanimously decided to assist the family with a \$500 donation.

TOWN OF WATERBORO

**Foreclosure Sale - Public Notice
 Sale of Tax Acquired Property**

The Town of Waterboro is offering the following tax acquired properties for sale by sealed bid. All lots are vacant land except for a few sheds or other non-livable structures. Lots are being sold as is and the town will issue a quitclaim deed upon payment. The buyer is responsible for establishing clear title for these properties. Bids must meet or exceed the minimum bids shown below. Bids should be marked "SEALED BID" and mailed or dropped off to Town Administrator Gary Lamb, 24 Townhouse Road, East Waterboro, ME 04030. Bids must be received by noon Wednesday, January 21, 2015 when the bids will be opened. No bid received after that time will be opened or considered.

Street Address	Map/Lot #	Acreage	Minimum Bid	Acct #
Spring Lake/Fairview	045-001-805	Unknown	\$ 1,100.00	3560
Beaver Dam Road	044-000-A559	Unknown	\$ 900.00	3164
Mayfair Way	042-00A-158	Unknown	\$ 1,000.00	2551
Shady Lane	006-024-002	3.02	\$ 3,750.00	4906
Beachwood Circle	045-001-322	0.22	\$ 14,700.00	3177
Diamond Drive	045-001-612	Unknown	\$ 2,250.00	3418
Diamond Drive	045-001-611	Unknown	\$ 2,100.00	3417
Diamond Drive	045-001-613	Unknown	\$ 2,100.00	3419
Acorn Court	045-001-631	0.19	\$ 7,700.00	3430
Arcadia Lane	042-00A-212	1	\$ 1,500.00	2597
Summit Drive/ Sunny Brook	046-002-154	Unknown	\$ 800.00	3703
Newton Drive	046-002-238	Unknown	\$ 1,300.00	3776
Deerfield Drive	042-00A-189	Unknown	\$ 1,250.00	2576
Sequoia Lane	045-001-640	0.17	\$ 3,750.00	3436
Allview Terrace	046-001-279	Unknown	\$ 2,200.00	3571
72 Blueberry Road	048-017	1.38	\$ 4,000.00	3952
Greenfield Road	042-00A-292	Unknown	\$ 1,300.00	2662
Sandy Circle	045-001-428	0.26	\$ 8,500.00	3264
Imperial Way/Mink C	044-000-A368	Unknown	\$ 2,500.00	3021
Orchard Drive	046-002-228	Unknown	\$ 1,000.00	3769
Orchard Drive	046-002-230	Unknown	\$ 1,400.00	3770
Kennedy Drive	046-002-203	Unknown	\$ 1,200.00	3746
Ridgeway Circle	043-865	Unknown	\$ 2,100.00	2877
Crystal Lane	045-001-685	Unknown	\$ 2,250.00	3466
Greenwood Drive	046-002-192	Unknown	\$ 4,450.00	3737
Ossipee Lake backlot	032-071X	0.69	\$ 2,025.00	2193
Northland Road	042-00A-089	Unknown	\$ 1,950.00	2762
Fairview Drive	045-001-769	Unknown	\$ 2,600.00	3528
Pinecrest Circle	046-002-125	Unknown	\$ 1,100.00	3677
Otter Drive	044-000-A507	Unknown	\$ 1,150.00	3121
Hunter Road	044-000-A450	Unknown	\$ 3,700.00	3088
Mayfair Way	042-00A-015	Unknown	\$ 3,400.00	2693
Woodsman Circle	042-00A-020	Unknown	\$ 3,400.00	2698
Northland Road	042-00A-055	Unknown	\$ 2,450.00	2730
Basken Shores	043-004	Unknown	\$ 950.00	2778

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LYMAN

Harrison joins as prevention educator

The Child Abuse Prevention Council of York County recently welcomed Nancy Harrison of Lyman as the organization's new prevention educator.

Harrison started in her new role at the end of October.

"I bring education and social service experience to the position," said Harrison, who sits on her town's board of selectmen. "I've been a social worker in York County for over a decade and prior to that I was a preschool teacher."

"Our mission is, 'To prevent child abuse and neglect by empowering children and families in York County.'"

According to Harrison, "We offer school-based programs for children and parenting classes for adult caregivers. For professionals we offer mandated reporter training and other intensive training opportunities."

Harrison said she is "looking forward to collaborative efforts with other social service agencies, local businesses, schools and families."

Hats off to awareness effort

As part of the Period of Purple Crying Awareness Campaign, Kids Free to Grow gave purple hats to local medical providers to distribute to infants and caregivers. The message to caregivers is that a period of crying is a normal part of infant development. It serves as a reminder to remain calm, put the child in a safe place and take a break if frustration arises.

Allison Williams

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324-5823

Library holds quilt raffle

You may not have a wall of books in your home, but if you're lucky you may win one during Parsons Library's raffle in late February. It is made of cloth and is a quilt by Ann K. Ferrigno. Tickets are \$5 and only 150 will be sold.

The 4-foot by 4 1/2-foot quilt is on display opposite the library desk. "So many books, so little time" is stitched on it and reveals the problem of many booklovers. The drawing will be held during the Friends Annual Cabin Fever Potluck Dinner. The raffle is sponsored by the Friends of the Parsons Memorial Library.

The Ukulele Strummers of Southern Maine meet on the first Sunday of each month, from 1-3 p.m. All are welcome to come in and listen.

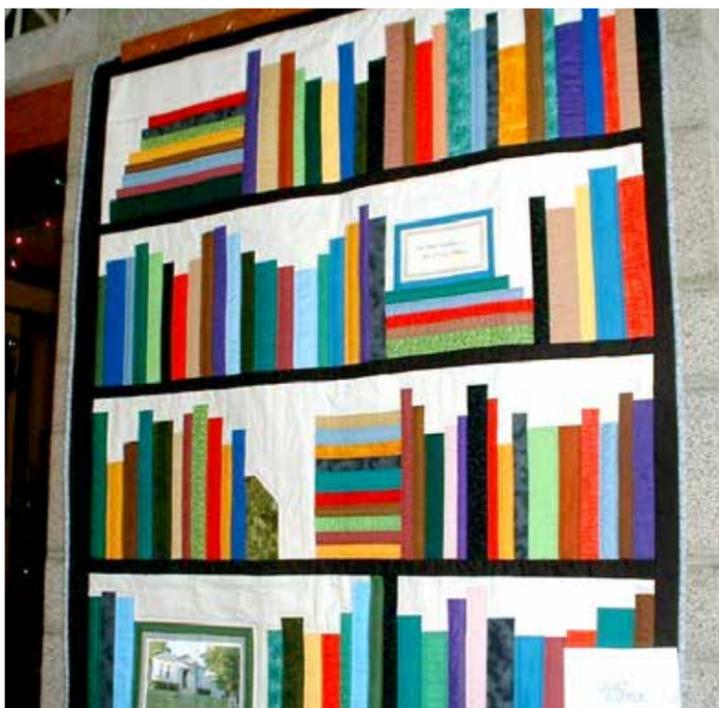
The library's display case is now inhabited by elephants large and small, and books are also displayed about these favorite animals.

Youngsters four to 12 years old continue to meet on Mondays from 3-5 p.m. during the Legos Club. Legos are provided but additional legos would be appreciated.

Town hall news

Town clerk Andy Bors reports there were no births in December, three deaths, and 14 burial permits issued. There were 170 altered dogs licensed and 12 unaltered dogs. There were 26 fishing

ALFRED



A wall of books? It's actually a quilt of books, being raffled at the Parsons Memorial Library. PHOTO BY ALLISON WILLIAMS

and hunting licenses sold.

Donna Pirone reports five families had a better Christmas because of the response to the town giving tree in Town Hall.

Former codes officer Glenn Charette had reported he only issued one permit in November. James Allaire of Alfred has since been appointed codes officer and started on Dec. 27. Charette is working in Waterboro.

Town clerk Andy Bors has the town nomination papers available. They are as follows: one selectman for one year; one road commissioner for three years; one director for RSU 57 for three years; one director for RSU 57 for two years; two three-year terms on the board of Parsons Memorial Library. Also available is a three-year term as an Alfred Water District trustee.

Fire and rescue

There were 582 calls to the fire and rescue departments in 2014, the majority of which were EMS calls. There is presently one live-in student in the EMS program, Anna Allard of Parsonsfield, and she will graduate in May. There are four young people in the Emergency Medical Technician class who will finish in the spring.

Homeowners are reminded their smoke alarms need to be checked when clocks are changed, in October and April.

Parish Church

Worship this Sunday, Jan. 11, will include the Christmas Fund offering and blessing of the pledges for this year.

The Parish Paddlers will meet

at 1 p.m. this Sunday at the home of Jim Litchfield. Those attending are asked to bring a favorite game and something to drink and munch on.

The Men's Breakfast South will be at the Cockpit Café on Tuesday, Jan. 13 at 8:30 a.m.

On Wednesday, Jan. 14 the Noonings Group will meet in Conant Chapel. The new study will be "Saving Jesus Redux" (A DVD resource).

The annual meeting will be held on February 1. Committee members are reminded reports are due.

Elementary school

A fifth-grade fundraiser will be held at the elementary school on Saturday, January 17, from noon to 8 p.m. The cost for the scrap booking project will be \$25 to include dinner and beverages. The money will be used for a field trip.

Village notes

The Alfred Historical Society will not meet during January and February, due to uncertain weather conditions.

The Alfred Historical Committee will meet in the museum on Tues. Jan. 20 at 7 p.m. Members need to plan on next year's exhibit. Some interesting clippings on the Shakers have been donated, copies made and given to the Friends of the Shaker Museum.

The Museum Rug Hookers are presently meeting in the Almon Williams home on Gore Road. New members are welcome to join on Wednesdays at 1 p.m.

Winter is puzzle time. If anyone is short of puzzles, contact your local correspondent. We have lots of 1,000-piece ones.

REPORTER

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Notice of Preliminary PUBLIC MEETING IN WATERBORO

TO DISCUSS THE REPLACEMENT OF THE STIMSON BRIDGE (Rt. 5 over Little Ossipee River)

WEDNESDAY, JANUARY 14, 2015 AT 6:00 P.M. AT THE WATERBORO TOWN OFFICE LOCATED AT 24 TOWNHOUSE ROAD IN EAST WATERBORO

Please join MaineDOT at a preliminary public meeting to discuss the future replacement of the Stimson Bridge (#2807), carrying Rt. 5 over the Little Ossipee River between the towns of Waterboro and Limerick.

Representatives of the Maine Department of Transportation will be present on Wednesday, January 14, 2015 at 6:00 p.m. to listen to concerns, receive comments, and answer questions from anyone with an interest in the project. The Department is particularly interested in learning local views relative to project consistency with local comprehensive plans, discovering local resources, and identifying local concerns and issues. Anyone with an interest is invited to attend and participate in the meeting.

Accommodations will be made for persons with disabilities. Auxiliary aids will be provided upon advance request.

Any inquiries regarding this project may be directed to the attention of Mark Parlin, Project Manager, Maine Department of Transportation, Bridge Program, 16 State House Station, Augusta, Maine 04333-0016. Telephone: (207) 624-3449. Email: mark.parlin@maine.gov.

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SPORTS



Massabesic's Cameron Mayhew swimming the backstroke vs. Gorham.

COURTESY PHOTO

IN THE POOL

Mustang swimmers dominate Scots

BY MICHAEL DEANGELIS
mdeangelis@waterbororeporter.com

The lady Mustangs won all eleven events and the men won nine of eleven in a rout of Bonny Eagle swimmers on Tuesday, Dec. 30.

Senior Ashley Cryer took four gold medals, winning the 200 IM in 2:31.38 and the 100 backstroke in 1:07.13 in her individual events. She chipped in two relay wins with an opening event win in the 200-medley relay and a win in the final event, the 400-freestyle relay.

In the former Cryer was first off the blocks. Joanna LaFrance and Elaine Dudley swam next with Sophia LaFrance on the anchor. In the 400 Cryer took the anchor and it was Dudley off the blocks first. Morgan Houk was second and Joanna LaFrance swam third. Massabesic posted a 4:16.46 in the win.

Elaine Dudley left her mark in the individual events as well. The junior posted a 1:03.86 in the 100-butterfly and a 5:44.95 in the lengthy 500-freestyle. Both times earned her first place finishes and both eclipsed the winning times posted on the men's side of the ledger.

Dudley grabbed her fourth gold with a win in the 200-freestyle relay as the anchor. Sophia LaFrance led with Morgan Houk next and Amanda Dudley (winner of the 200-freestyle with a time of 2:18.23) third.

Houk picked up first place wins in the 50-freestyle (28.56, teammate Helen Anderson in second place) and the 100-freestyle (1:05.25, teammate Jamie Dee in second place)

Autumn Nostrum won the 100-breaststroke with a time of 1:26.65. The girls captured 130 of 163 points

The Mustang men lost only the

200IM and the 100-backstroke. The finished with 113 points, easily ahead of the Scots 55.

Garrett LaFrance brought home four gold's with wins in the 200-medley-relay the 400-freestyle relay, the 50-freestyle (a peppy 25.57) and the 100-butterfly.

Caleb Fuschillo, who joined LaFrance on the 400-relay team (Cameron Mayhew and Mason Darling with them), won the 200-freestyle with a time of 2:04.35.

Mayhew also captured four gold's. Individually taking the 500 and the 100-breaststroke and with LaFrance, Fuschillo and Joel Van Tassell on the 400-free unit.

Nate Messier won the 100-freestyle with a time of 1:00.23.

On Dec. 19 the ladies slipped by a strong Gorham team 89-81 despite winning just five of 11 events. The men took an easy 105-54 win, capturing seven of 11 events.

ON THE MAT

Mat men busy over break Risti takes pin award at Sanford

BY MICHAEL DEANGELIS
mdeangelis@waterbororeporter.com

Massabesic wrestlers had a busy holiday vacation with two important annual local meets. The most recent, the Spartan Invitational held at Sanford High on Jan. 2 & 3 had 21 teams in attendance from all around New England.

Danbury, Connecticut came away with the overall team win, finishing with 217.5 points. Marshwood, the three-time defending state of Maine champion, was second with 190.5. Noble rounded out the top three with 181.5. The Massabesic Mustangs were ninth overall with 92.5.

Mike Risti was the lone winner for Massabesic, he received the 'Most Pins-Least Time' award after tearing through the competition in the 220-lb. weight class.

It took just 2:49 to take home the gold for the Mustang senior.

Risti's pinned Joe Perry of Sanford in the opening round,

Russell Barlow from Bonny Eagle went down next. Zach Eastman of Mashwood was the third victim and Risti finished with a finals win over Noble's Zack Schluntz.

The Mustangs had two wrestlers finish fourth: Zac Richard (152) and Trevor Walton (195). Leo Amabile secured points for Massabesic with a sixth-place finish.

At the Noble invitational on Dec. 29 & 30 the Mustangs brought home a fourth overall finish with 152.5 points. Marshwood was first at 225.5, Noble had 221.5 and Skowhegan was third with 152.5.

Risti was second overall at 220, losing to Mike Curtis of Wells in the final. Zac Richard took home silver at 152, Trevor Walton (195) and Leo Amabile (106) secured bronze while Jeff Bryan (113) and Logan Martin (160) grabbed some points for Massabesic with fourth-place spots.

ON THE TRACK

Distance crew in form Aboud, Johnson lead

BY MICHAEL DEANGELIS
mdeangelis@waterbororeporter.com

Massabesic's varsity track and field team turned in some solid individual performances at their meet on Jan. 3 at USM despite finishing last behind Bonny Eagle and Windham.

The lady Mustangs finished with 72 points, nine behind Windham, but well in back of winner Bonny Eagle, who totaled 107.

Madly Bantz won the two-mile event with a time of 13:27.23 and sister Haley was second in the 600-meter dash. Karrissa Lambertson was second in the 600 and Maquila DiMastrantonio was third.

Lambertson was also second

in the 200 with a speedy 29.37. Teammate Mariah Biener turned in a 29.05, running in the junior division.

Gabby Johnson finished the 800 in 2:37.48, good for second place and the senior won the one-mile with a time of 5:48.51.

The Mustang's took gold in the 4 x 800 relay, turning in a time of 11:02.36.

The Mustang men finished with just 36 points. The Scots had 78 and Windham had 131.

Like the ladies, the men won the 4 x 800. Their sparkling 9:57.19 easily outpacing the rest of the field.

Mike Aboud won the two-mile with a time of 10:34.63 and Alex Swett won the mile with a 4:53.23.

BRIEFS

All-State musicians

The following MHS students were accepted to perform in the Maine All-State Band and Orchestra this coming May. This is the largest MHS group earning these honors in years. This is a very competitive process and these students have demonstrated that they are among the best in the State of Maine:

- Erin Leach (piccolo, orchestra)
- Justin Leach (principal trombone, orchestra)
- Devin Adams (principal bassoon, band)
- Mitchell Thayer (bass clarinet, band)
- Olivia Whitehouse (clarinet, band).

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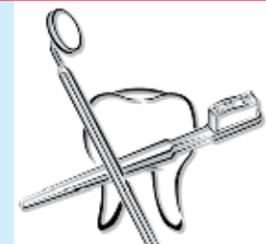
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THE NEWS STAMPEDE

Massabesic Mustang Nation

‘MHS Tonight’

Student Council presented “MHS Tonight” in the Massabesic High School auditorium on Thursday, Dec. 18 at 7 p.m. The show was designed to emulate “The Tonight Show” as well as “Late Night” and “Jimmy Kimmel Live.”

Behind the scenes, students from all over the school helped to bring the show together including senior Austyn Pfeiffer running the music, seniors Garrett LaFrance and Andrew Mongiat running the lights and sound, and junior Sierra Arral with sophomore Noah Gallant taking tickets. Junior Jon Lassard also filmed the show.

MHS Tonight started with the showing of a Jimmy Fallon clip where he performed LMFAO’s “Sexy and I know It” as if he were Neal Young, a tasteful way to get the crowd in the proper state of mind. Then came out sophomore Justin Goodwin to explain the show before introducing senior Haley Poulin as MHS Tonight’s announcer. This was Haley’s first attempt at comedy, and she showed that it should not be her last. Haley’s first task was to announce myself as the host as I came out to deliver a monologue which included jokes about our open campus lunch policy and kids’ social media use.

MHS Tonight rolled on with segments such as “Quick Burn,” where Haley read off names that I could quickly make a joke about, and “Pros and Cons,” a bit where the school’s new iPad cases were discussed.

Deputy Solomon, Massabesic High School’s resource officer, was the first guest of the night. Deputy’s accomplishments regarding being named last year’s “National School Resource Officer of the Year” were mentioned as well as stories about life as a cop. Senior Deidra Lantagne was also a guest on MHS Tonight. As class president, she discussed important information about graduation and senior activities, but we also had as much fun as we could. Haley prepared questions for us to answer on the spot, and we also participated in

a game where we both wore high heels and competed to see who could walk with a ping pong ball between our knees and place it into

a bucket about ten feet away. The first with five ping pong balls in their bucket won, which was Deidra by a landslide, a score of 5 to 1. Senior Bryce Wenger was the last guest of the night who performed a comical song on piano and mentioned a book he is writing about moving around so much as a high school student called “High School Experiences.”

Bryce was also the technician behind the two iMovie productions presented at MHS Tonight. The first was a music video by a history teacher at Massabesic, Mr. Poulin, who sang a song about the separation between the Colonies and Great Britain. The second was a video titled “Mean Tweets” which included students such as seniors Jordan Drain, Cullin Daggett, and Austin Lintean and juniors Weston Bergeron, Ben Poulin, Dawson Renaud, Surafel Zunsner and Hunter Tarbox. Each student read a “Mean Tweet” about themselves that they wrote. This was a chance to get more students involved while laughing at a unique trait about themselves.

Other highlights from the show were “MHS Tonight Thank You Notes,” “Ask Jacky D and Haley P,” which was a comical advice column, and a lip syncing battle between myself, Goodwin, and seniors Kyle Duffy and Remington Geatjens. Duffy stole the segment, winning the battle based off of crowd approval.

MHS Tonight brought in close to \$500 for funds to Student Council which will be used to support pep rallies and other fun school activities. A portion of the profit will also be donated to a school holiday fund which is benefiting a local family in need.

Jack Melanson is a senior at Massabesic High School in Waterboro and the president of the student council. He can be reached at Jackmelanson@waterbororeporter.com.



by Jack Melanson



Over the winter school break, Chris Dudley of Limerick, far right, gave a presentation at the Limerick Public Library on wild animal identification. The presentation was held in conjunction with a hands-on Cornerstones of Science program called Mammal Tracks. Around 15 children participated in making replicas of animal tracks using plastic molds. Brian Cogill supplied the pelts and animal bones for the children to study.

PHOTO BY SHELLEY BURBANK

PARA-EQUESTRIAN

(Continued from page 1)

sport from the grassroots level. Armentrout is involved not only with the Para-Equestrian discipline, but the therapeutic and adaptive programs as the Head of School at the Carlisle Academy Integrative Equine Therapy & Sports in Lyman. Her expertise and background makes her a welcome addition to the High Performance Committee.

Armentrout co-founded Carlisle Academy Integrative Equine Therapy & Sports with her husband Nick Armentrout on their farm in Lyman. A Premier Accredited Center of the Professional Association of Therapeutic Horsemanship International (PATH, Intl.) in operation since 1998, Carlisle is an inclusive riding school offering a full range of clinical, adaptive and recreational equine programs, as well as a specialty in para-equestrian

grassroots training programs. As head of school, Armentrout combines her passion for horses and learning with a desire to serve her community with quality onsite and national education.

Armentrout is involved in all aspects of managing the academy, from organizational oversight and curriculum development to fiscal and strategic planning. She has been in the field of equine-assisted therapy for 20 years and is a PATH, Intl. Advanced Riding instructor, as well as a PATH, Intl. mentor. In the early ‘90s Armentrout benefitted from working at the National Center for Equine-Facilitated Therapy in Woodside, California under the tutelage of the late Barbara Heine, early visionary and founder of the America Hippotherapy Association. Armentrout first became certified as a therapeutic riding instructor in 1995 during a three-year management term at the Sagebrush Equine Training Center for the Handicapped in

Hailey, Idaho. While in Idaho, she also became a working student for Connected Riding Founder Peggy Cummings.

Prior to Carlisle Academy, Armentrout was the group team leader of corporate communications at Tom’s of Maine, managing the team involved in brand identity, legal regulations, marketing and corporate giving. Past work experience also includes donor stewardship, grant writing, and non-profit management. Currently she serves as vice chairwoman of the York County Committee of the Maine Community Foundation.

Armentrout graduated Phi Beta Kappa from Trinity College in Hartford, Connecticut with a bachelor’s degree in religion. In her spare time, she enjoys her own dressage and eventing pursuits on her mounts Braveheart and Tupelo Honey, as well as family activities with her husband and three children, Jacob, Hazel and Ivy.

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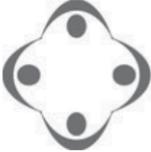
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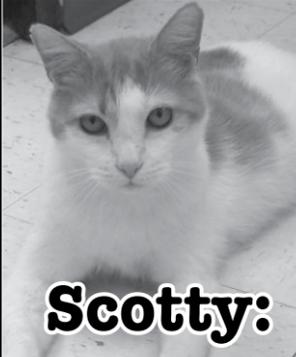
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COMMUNITY CALENDAR

VISIT OUR TECHNOLOGY PETTING ZOO The Limerick Public Library will host the Maine State Library's "Technology Petting Zoo" at the library until Jan. 12. The petting zoo contains one of each of the following devices: Nook SimpleTouch (e-reader), Kindle Fire (tablet), Kindle PaperWhite (e-reader), Apple iPad Mini (tablet), Nook HD+ (tablet) and a Google Nexus (tablet). Patrons are encouraged to try out the different devices while they are here. FMI 793-8975.

LYMAN REPUBLICANS The Lyman Republican Committee is holding its first meeting on Tuesday, Jan. 13 at 6 p.m. at the Community Library in Goodwins Mills. All Registered Lyman republicans are invited to attend and undeclared voters are also welcome.

SACO GRANGE MEETING Tuesday, Jan. 13 at the Saco Grange #53 at 7 p.m. located at 168 North Street, Saco. State Grange Master Vicki Huff will be joining us to obligate any new members. Consider joining. FMI 831-5784 or facebook

YORK COUNTY REPUBLICANS will hold their monthly meeting on Wednesday, Jan. 14 at 7 p.m. at the York County Court House, 45 Kennebunk Rd., Alfred. Elections will be held for the following York County Republican Committee Executive Committee positions: Chairper-

son, Vice Chairperson, Secretary, Treasurer and Finance Chairperson. Nominations for any of these positions should be sent to Genie Jennings or John Carson. Any registered Republican residing in York County is eligible to be nominated for any of these offices. FMI: nford.wellsgop@gmail.com.

FREE COMMUNITY DINNER Saturday, Jan 17, from 5 to 6:30 p.m. at the Mill Building in Goodwins Mills on Rt. 35. Provided by the Goodwins Mills Advent Christian Church.

BEAN SUPPER Saturday, Jan. 17, the Saco Grange #53, located at 168 North Street, Saco from 4:30 to 6 p.m. Adults \$8, Children 12 under \$4, Children 5 under are free. FMI 831-5784 or facebook. On the menu are homemade kidney and pea beans, brown bread, franks, American chop suey, coleslaw, hot biscuits, pies and hot and cold beverages. Don't have time to stop? We do take out! Receive \$1 off adult meal if you bring in a canned or dry good meal item for our veteran fundraiser.

SOUTH WATERBORO BIBLE CHAPEL will be hosting Mitch Forman a representative of Chosen People Ministries, on Sunday, Jan. 18, during the 10:30 a.m. worship service. The topic Mitch will be presenting is 'Israel the Church, Middle East Crisis.' This presentation is open to the public. There is no cost,

or registration necessary. South Waterboro Bible Chapel is located at 911 Main Street (Route 202) Waterboro. For additional information call Pastor Dan Lambertson at 247-6293

ASTRONOMY NIGHT AT THE LIMERICK LIBRARY Free astronomy program through Cornerstones of Science Friday, Jan. 23 at 6:30 p.m. (snow date Saturday, Jan. 24 at 6:30 p.m.). Look at the night sky through a telescope, learn about galaxies and much more from local astronomer Ron Thompson. Bring a flash light and dress appropriately for being outside after dark. This program is geared towards patrons age 10 to adult. An introduction to basic astronomy and then go outside to use the telescope. In the days prior to the program, you can stop by the library and pick up a sky map calendar for January 2015 or go to skymaps.com to print one on your own.

FREE MAPLE SYRUP HOBBYIST WORKSHOP Are you a maple syrup enthusiast? Do you tap a few trees or wish you knew how? Learn from members of the Southern Maine Maple Sugarmakers Association on Saturday, Jan. 31 from 10 a.m. to 2 p.m. A Light lunch will be served. Sponsored by the Southern Maine Maple Sugarmakers Association and Gile's Family Farm Sugarhouse, 142 Shaker Hill Road, Alfred. RSVP to Debi

Hartford at 793-8886 or taps@metrocast.net.

CALLING ALL BASKETBALL FANS Alfred PTSA and the 57 Stallions have teamed up to bring all of RSU 57 together on Jan. 31 at 7 p.m. at the Portland Expo. Tickets are \$10 each. Watch the 57 Stallions take the court and play 5x5, 20 Lucky students will Hi-Five the players, 65 students will hold the Living Flag while listening to the beautiful voices of our own Massabesic High School students Lexi Kidder and Julia Blackington sing

the National Anthem. Last day to purchase tickets will be Jan. 24. To get your tickets please email alfredpta@rsu57.org or 57stallionshoops@gmail.com.

MHS 2015 YEARBOOK Yearbooks can still be purchased, but must be paid in full by Feb. 13. You can purchase online at www.jostens.com or you can get an order form in the high school office. Books must be ordered and paid in full by February vacation as extra yearbooks will not be ordered.

news@waterbororeporter.com

STATE NEWS

Senator Woodsome invites area students to serve as honorary pages

Senator David Woodsome (R-York) would like to invite local students to visit the State House to take part in the Senate's honorary page program during the first session of the 127th Legislature, which convenes in January.

As an honorary page, students take part in the legislative session by distributing documents and assisting legislators on the floor of the Senate.

"It's important that the younger generations have an understanding of and appreciation for our legislative process," said Sen. Woodsome. "Serving as an honorary page is a great way to be-

come familiar with how Maine's Legislature works as well as get to know your local Senators and Representatives."

Parents or teachers can call the Maine Senate Majority Office at 287-1505 to sign up a student or group of students. Please have the name, grade, hometown, and school name ready for each student. In addition, please also have in mind a few different dates that would work well. For January and February, the Senate will largely be in session only on Tuesdays and Thursdays with more days of the week added in March, April, and May.

Massabesic Wrestling Calendar Fundraiser



Massabesic Wrestling February 2015

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Limerick Village Variety \$25 Gift Cert Plummers Hardware \$25 Gift Cert	Town of Waterboro One Month Teen Camp Value \$600	Just Jewelry By Amanda \$80 Gift Cert Barden St Soap Gift Basket \$25	Dominic Vermette of Horace Mann \$50 Bank Card	In Memory of Lacy Richard \$50 Cash Lakeside Realty \$25 cash	Woodsomes Feeds N Needs \$25 Gift Cert RSD Graphics T-Shirt & Duffie Bag \$40 Value	Funtown/Splashtown Donated by Waterboro Parks n Rec 5 Combo Passes \$185 Value
Ferguson Technologies Computer Clean \$75 Value Shaws \$25 Cash	F.M. Abbott Power Equipment \$100 Bank Card	Kasprzak Insurance \$100 Bank Card	Limerick Village Variety \$25 Gift Card Plummers Hardware \$25 Gift Card	Shark Fishing Aboard Jillian 2 Donated by Rick Crosby Rick Derosier For 2 \$600 Value	Woody's Sports Grille \$25 Gift Cert Shaws \$100 Cash	Back Woods Studio Waterboro Handmade Bench \$100 Value 31 Gifts - Dodi Kelly Beauty & Lunch Bag \$80 Value
Woodsomes Feeds N Needs \$25 Gift Cert RSD Graphics T-Shirt & Duffie Bag \$40 Value	Woody's Sports Grille \$25 Gift Cert Shaws \$100 Cash	Lakeside Market \$100 Gift Card	Good For All Pharmacy Bed Pan Bonanza \$125 Value Woodland Valley Disc Golf 4 rounds \$20 value	Funtown/Splashtown Donated by Peter Gilman 4 Combo Passes \$148 Value	Ground Fishing Aboard Jillian 2 Donated by Rick Crosby Rick Derosier For 2 \$400 Value	

PRIZES AVAILABLE

VALUE

- JP Carroll Fuel, \$50 gift certificate \$50
- Stadium Systems authentic replica helmet \$150
- Wal-Mart, \$25 gift card \$25
- NAPA Waterboro, \$50 gift card \$50
- Waterboro House of Pizza, \$25 gift card \$25
- Lakeside Market, 2-\$100.00 gift cards \$200
- Waterboro Pawn \$25 gift card \$25
- Ed's Grove, \$50 gift card \$30
- Town Line Pizza and Deli, \$25 gift card \$25
- Kwan Ki Do Martial Arts, one month free \$60
- Beth Woodsome Yoga, 5 yoga classes \$40
- Kenney Automotive, 4 oil changes (non-synthetic) \$120
- Lakeside Sport and Marine, \$25 cash \$25
- Limerick Village Variety, 2-\$25 gift cards \$50
- Plummers Hardware 2-\$25 gift cards \$50
- Town of Waterboro Parks & Rec. Teen Camp, one month . . . \$600
- Just Jewelry by Amanda, \$80 gift card \$80
- Barden St. Soap, \$25 gift basket \$25
- Dominic Vermette of Horace Mann, 2-\$50 bank cards . . . \$100
- In Memory of Lacy Richard, \$50 cash \$50
- Lakeside Realty, \$50 cash \$50
- Woodsomes Feeds and Needs, 2-\$25 gift cards \$50
- Town of Waterboro Parks and Recreation,
5 combo passes Funtown/Splashtown \$185
- Ferguson Technologies, computer cleaning \$75
- Shaws, \$225 cash \$225
- F.M. Abbott and Power Equipment, \$100 bank card \$100
- Kasprzak Insurance, \$100 bank card \$100
- Shark Fishing aboard Jillian 2 for two people \$600
- Woody's Sports Grille, 2-\$25 gift certificates \$50
- Back Woods Studio in Waterboro, handmade bench \$100
- 31 Gifts by Dodi Kelly Beauty and lunch bag \$80
- RSD Graphics, 2-T-shirts and duffie bags \$80
- Good For All Pharmacy, Bed Pan Bonanza \$125
- Woodland Valley Disc Golf, 4 rounds of golf \$20
- Peter Gilman, 4 combo passes Funtown/Splashtown . . . \$148
- Ground Fishing aboard Jillian 2 for two people \$400

ONLY \$10

Weekly drawings every Monday in February. Just one entry has a chance to win 28 TIMES!

To purchase a calendar contact your favorite wrestler or call Mike at 710-7129.
All proceeds benefit the Massabesic wrestling program.

PRIZE TOTAL
THANK YOU to all donors!

\$4,168