



REPORTER

FREE

YOUR COMMUNITY NEWSPAPER

www.waterbororeporter.com

LOCALLY OWNED & OPERATED

Chocolates by Lions

BY ALLISON WILLIAMS
awilliams@waterbororeporter.com

A busy assembly line of Alfred and Waterboro Lions and Leo Club members filled the boxes in the Lions Den in Waterboro on Saturday, Jan. 25 in preparation for Valentine's Day. Members have been making chocolates since 1977, when the former Lioness Club embarked on the project. They used to make 300 pounds, but now produce about 150 pounds.

Massabesic Lions Club members no longer dip chocolates. Now they drizzle the chocolate (made from chocolate syrup which is heated to boiling on the stove, then poured into a slow cooker from which dispensers are filled) onto the candy centers which they had previously made in a multitude of flavors. There's chunky, rocky road, English toffee, white orange, pink hearts and 13 other tempting flavors. The candies were coated with chocolate, and packed into boxes, each tied with a pink ribbon and embellished with a valentine sticker.

At the end of the line Jim Boyle carefully weighed each box to ensure the customer would get his money's worth, which is \$9 for a box of assorted chocolates.

Chocolates lovers can order a box from Betty Champion at 247-1072 or Stu Hatch at 247-4775 while supplies last.



Betty Champion coated the candies with chocolate while husband John kept her supplied with syrup, during the candy making project at the Massabesic Lions Club last weekend. COURTESY PHOTO

Local man has new perspective

Photos featured in exhibit

BY ANN FISHER
afisher@waterbororeporter.com

A visit to the Maine State Prison has changed one local man's perspective, as well as the way people consider those who are on the margins of society.

Corey Desrochers' photos of prison guards and others who work at the Maine State Prison in Warren are the literal centerpiece of "Reflect: Convict's Letters to Their Younger Selves," by Trent Bell. The exhibit will be on display until Feb. 22 at Engine in Biddeford.



Corey Desrochers

A dozen of Bell's portraits are hung on the walls and include head-on photos of the inmates, around which the text of letters penned in the subjects' own handwriting are wrapped.

Desrochers' two-sided photographs of the prison staff members – sans letters – are hung in the middle and appear to be "watching" the prisoners on each wall.

"And the prisoners are watching them," Desrochers points out.

Rounding out the exhibit is and a video done by a documentary filmmaker Joe Carter of Arundel.

Desrochers, who grew up in Alfred and graduated from Massabesic in 2004, said he has enjoyed photography since he was young. "When I was little I had a 35 mm camera," said Desrochers. "I didn't often get it developed, but I took pictures."

The son of Roger and Carolyn Desrochers, he completed a course of study at the Hallmark Institute of Photography in Massachusetts. According to Desrochers, "It's a two-year photography school rolled up in to 10 months."

Desrochers decided to make
(Continued on page 4)

CELEBRATING 100 YEARS



Limerick's oldest resident and holder of the Boston Gold Post Cane, Dana Sidelinger, celebrated his 100th birthday on Jan. 14. Sidelinger is spending the winter with daughters in New Holland, Pa. To celebrate his centennial, members of his family came from around the country from Maine, Texas, Alabama, North Carolina and Nevada. Sidelinger attributes his longevity and good health to his daily walks. He is very anxious to get back to the "Philpot House" in Limerick and plans to be home in the spring. COURTESY PHOTO

INSIDE



CNA graduates
PAGE 2



Member honored
PAGE 9

Accounting ★ Bookkeeping ★ Corporate Tax Returns ★ Individual Tax Returns



Year Round Service

Call for an appointment: **324-2087**

200 Waterboro Road (Route 202) ★ Alfred, ME 04002



IRS Representation

Library offers books and so much more

BY SONYA DURNEY

Looking for a way to help out your community? Then take a few minutes and fill out the Waterboro Public Library's survey. WPL is looking for input on how we are doing. A library used to be a place that one could go to check out a good book. These days there is so much more you can do at the library. But don't fret – we still have plenty of good books.

Today at the library you can download e-books and audiobooks, try out an e-reader, borrow a DVD, check out music from popular artists, access resources for employment and polish up your resume, start a small business, access genealogy resources, bring your kids by for story hour, learn a new craft, or

meet a new friend.

Some innovative libraries have "maker" spaces, lend "odd items" such as telescopes, musical equipment and fishing tackle, have library kiosks in the community to grab a book on the go, provide "technology petting zoos," host belly dancing classes, and more.

As you can see, the sky is the limit with your community library. Have any ideas to improve WPL services or want to let us know what a fantastic job we are doing? Please take a few minutes to complete this survey: <http://bit.ly/1dxInN6>.

One lucky respondent will receive a \$10 gift certificate to the March Madness Book Sale.

Sonya Durney lives in Waterboro and is a Waterboro Public Library Trustee.

Empowering teens to make good choices

Partners for Healthier Communities at Goodall Hospital recently announces it is now offering a Student Intervention and Reintegration program monthly in the Sanford area. This 12-hour interactive class is available for teens that have begun to make unhealthy choices about substance use: alcohol, tobacco, and/or other drugs. This evidence-based program provides students with accurate information about the risks of use, and helps them weigh – for themselves – the advantages and disadvantages of continuing to use. Most important, it helps students plan for and commit to changes in their behavior. The program is offered to small groups of 4-10 people. Parents of participating students are provided with information about the program, and how they can support the program's goals for their teen, at the beginning of the program on the first afternoon.

The program accepts students who are caught and sanctioned

for violating school substance abuse policy; identified and referred by school staff, before they are caught and sanctioned; identified and referred by parents who are concerned about attitudes and/or current choices about use; identified and referred by health care or social service providers; or concerned, themselves, about the choices they are making.

To learn more or make a referral, contact Connie Roux, prevention coordinator at Partners for Healthier Communities at 608-8368.

Partners for Healthier Communities (PHC) is a community coalition providing general resources and help with policy development on areas such as tobacco, physical activity, nutrition, and substance abuse prevention in the towns of Acton, Alfred, Waterboro, Shapleigh, Lyman, Limerick, Limington, Parsonsfield, Newfield, and Cornish and the city of Sanford.



Recent graduates from the CNA program at Massabesic Center for Adult Learning in Waterboro. Front row, from left, Pamela Gilpatrick, Julie Trepanier and Mary Muir. Back row, from left, Bonnie Parker, Donald Letellier and Patricia Nason, RN. MCAL has a daytime CNA class beginning Feb. 11 with childcare provided at no cost during classes. COURTESY PHOTO

Community Calendar

PANCAKE BREAKFAST hosted by the Acton-Shapleigh Lions Club, 8-10 a.m., Saturday, Feb. 1, Acton Town Hall, Route 109. Menu includes plain and blueberry flapjacks, sausage, scrambled eggs, beans, toast and hot and cold beverages for \$5. All proceeds benefit local residents. Handicapped accessible. FMI call 636-2615.

DAR MEETING Rebecca Emery Chapter of the Daughters of the American Revolution will hold the next meeting on Saturday, Feb. 1 at 1 p.m. at Atria Kennebunk, 1 Penny Lane, Kennebunk. Refreshments and a silver tea will be served. FMI call 324-6202.

RE-GIFTING SILENT AUCTION York County Women's Connection invites all area women to a dinner meeting at Christo's Place, 1299 Main St., Sanford, on Feb. 3 at 7 p.m. Bring a new gift you received that didn't fit, is the wrong color or is just not you. Items will be auctioned for the benefit of Stonecroft Ministries. A talk will follow by Pamela Cahill of Chester, "How to Have a Princess Life." \$14 includes the program, dinner, dessert and tax/tips. Call 324-7650 or 793-8104 for reservations.

BENEFIT SNOW SOFTBALL TOURNAMENT Saturday, Feb. 8 at the Massabesic High School athletic fields. Registration at 9 a.m. and games from 10 a.m. to 2 p.m. Co-ed teams of 10 to 12 players welcome. Ages 14 and up. \$10 per person includes lunch. Proceeds to support the family of Chris Ross, a 19-year-old from Waterboro fighting Hodgkins lymphoma. Call Nancy at 710-8869 to register a team. Also looking for volunteers and donations.

SNOWMOBILE SAFETY TRAINING PROGRAM

Sunday, Feb. 9 from 8 a.m. to 4 p.m. at 255 Old Alfred Road, East Waterboro. Authorized instructors are donating their time to the cause of great outdoor activities. Students 10-12 years of age are to be accompanied by a parent or guardian during the full program. Maximum capacity is 40 students. To register, contact Rebecca at 294-1194.

WAB MEETING The next meeting of the Waterboro Association of Businesses will be held on Monday, Feb. 10 at 5:30 p.m. at the Reporter office, 545 Main St. (The Dayfield), 2nd floor. Visit www.waterborochamber.org for a copy of the agenda and minutes from previous meetings.

VALENTINE'S DINNER & DANCE Saturday, Feb. 15, from 6 to 10 p.m., at the Waterboro Grange Hall, 31 West Road, South Waterboro. \$20 per person includes a pasta buffet from 6:10 to 6:45 p.m. DJ Michael C. will provide the music. BYOB and no one under 21 will be admitted. Tickets are on sale at Woodsome's Feeds & Needs and Woody's Sports Grille. Proceeds will benefit the Waterborough Historical Society. FMI call 247-5926.

ANIMAL CARE AND HANDLING PROGRAM FOR CHILDREN Saturday, Feb. 15, 10:30 to 11:30 a.m. Join the Animal Welfare Society Humane Educator and a shelter pet at the Children's Museum and Theatre of Maine on Free Street in Portland for a program on animal care and handling. The Children's Museum is at 142 Free St., Portland. For more information, call Animal Welfare Society at 985-3244.

AWS VACATION YOUTH WORKSHOPS Feb. 17-21 children ages 7 to 10 can spend the day at the Animal Welfare Society interacting with pets, playing games, and doing crafts. Snacks are provided, but students bring their own

lunch. Workshops run from 9 a.m. to 3 p.m. For more information call the humane educator at 985-3244 ext. 109 or email garret@animalwelfaresociety.org.

MASSABESIC LIONS The Massabesic Lions Club is holding Bingo Nights on Mondays, starting at 6 p.m. at the Regional Medical Center in Waterboro. There will be a blood drive sponsored by the Lions Club on Feb. 6 at the Regional Medical Center in Waterboro from 1-6 p.m. The club is located on Route 202 in Waterboro.

NEW ENGLAND SKI DAY Friday, Feb. 7. Ski or ride all day until 9 p.m. for just \$19 with the presentation of your New England driver's license. Rentals will be \$19 all day too. Kids get the deal with a license holder. Shawnee Peak, 119 Mountain Road, Bridgton. For more information, call 647-8444.

THE LYMAN REPUBLICANS meet the second Saturday of each month at 10 a.m. at the Lyman Public Library.

FREE MEALS KITCHEN York County Shelter Programs sponsors Springvale Free Meals Kitchen at the Springvale Baptist Church, Main St., Springvale on Tuesday and Thursdays. Social time with hot coffee and treats is at 10:30 a.m., hot meal is served from 11:45 a.m. to 12:30 p.m.. The Sanford Free Meals Kitchen is held Monday, Wednesday and Friday at the Masonic Temple, Elm Street, Sanford with social/coffee time at 10:30 a.m. and hot meal from noon to 1 p.m. Residents of any town are welcome to attend.

FREE COMMUNITY DINNER third Saturday of the month. Next dinner is Feb. 15, 5:30-7 p.m. at the Goodwins Mills Advent Christian Church, Mill Building, Rt 35, Goodwins Mills.

Submit nonprofit calendar items to:
news@waterbororeporter.com

**Valentine's
Dinner & Dance**

Saturday, Feb. 15 from 6 to 10 p.m.
Waterboro Grange Hall, 31 West Road, S. Waterboro

\$20 per person

Tickets available at Woodsome's Feeds & Needs
& Woody's Sports Grille

Pasta buffet served from 6:10 to 6:45 p.m.
catered by Woody's Sports Grille

Music by DJ Michael C.
BYOB, no one under 21 admitted

For more information call 247-5926

To benefit Waterborough Historical Society "Preserving Waterboro's past for the future"

Second public forum reveals cost breakdowns

By MICHAEL DEANGELIS
mdeangelis@waterbororeporter.com

A second public forum was held by RSU 57's ad hoc committee on Wednesday, Jan. 15 for the purpose of providing information and getting feedback on a proposed \$6.3 million remodel and upgrade to the outdoor athletic complex on the high school property on West Road in Waterboro.

Josh Bisson, the committee chair and a current school board member, began with a summation of where the ad hoc committee began and what they had accomplished to this point, followed by introductions.

Activities and Athletics Director Brendan Scully then gave a review of the project, that included a slide show, which showed problems with the current outdated complex. Scully also provided

updated blueprints for the project.

Collin Walsh, the business manager for RSU 57, spoke on the finance details of the complex, indicating a bond with a 15-year term may make the most sense because of the interest saved, as opposed to a 20-year bond.

With grants, donations, and use of the money in reserves the approximate bond amount would be \$4.9 million. The full cost being \$6.3 million. As an example, a house in the district valued at \$180,000 would pay \$3 per month for 15 years. Interest over the life of the loan was estimated at \$1,551,000.

Walsh provided a detailed chart for town-by-town breakdown over the course of 15 years (See chart to right).

Bisson then opened the floor up to the public for questions, some of which were:

Q: How many lanes in track?

A: Eight.

Q: Will it be fenced inside and out?

A: Yes, both.

Q: If approved and work begins would it affect our fall athletics?

A: We'd consider the field that is needed for each sport and set work to have as little disruption as possible.

Q: What is our bond cap? Will it strap us later on?

A: No, our cap is 10 percent of town value which is substantial.

Q: Does the project go to finance committee next?

A: Yes.

Q: What do we have for reserves and how are they acquired?

A: Voters two years ago approved money going into a capital reserve fund. There is \$1 million in it right now.

Q: What will current weight room become?

A: Storage.

Q: Is funding included for weight room stuff?

A: No, we have grant opportunities there to look at, though.

TOWNS' APPROXIMATE SHARE OF LOAN PAYMENTS

	SHARE OF TOTAL LOAN	TOTAL LOAN PAYMENT
Alfred	\$706,559	\$3,925
Limerick	\$826,489	\$4,592
Lyman	\$1,190,700	\$6,615
Newfield	\$484,348	\$2,691
Shapleigh	\$994,783	\$5,527
Waterboro	\$2,248,121	\$12,490
TOTAL	\$6,451,000	\$35,840

Q: Sprinklers need to be removed and redone right?

A: No, the same equipment will be utilized.

Q: Are you dismantling current buildings or adding on?

A: Some of both, corral will stay, new locker rooms will be built, smaller shacks go away,

tower goes away and a new structure will be attached.

Q: Will lighting be replaced?

A: No, reused.

Mike DeAngelis is an ad hoc committee member and a Reporter staff member

4th Annual Ice Fishing Derby

Sokokis Lake, Route 11, Limerick
at the public boat launch

Sunday, Feb. 9
7 a.m. to 3 p.m.

\$10 donation per adult
15 and under FREE

PRIZES • RAFFLES

- Adult with heaviest fish wins 50% of entry fees.
- Children with heaviest fish win 1st and 2nd place trophies.

FMI call 608-5837 or 793-8677

Sponsored by American Legion Post 55, Limerick



This RATE SAVER ad
only \$6.50 per week!

Call Sharon at 247-0273
to find out more.

Send us YOUR
news & photos:
news@waterboro
reporter.com



American Legion Brown-Emmons Post 134 of Alfred
& White-Tibbett's Post 55 of Limerick present:

1st Annual Ice Fishing Derby

Proceeds will benefit Veteran's Heating Assistance - NJROTC -
College Scholarship Fund - Maine Dirigo Boys/Girls State



Location: Little Ossipee Lake - East Waterboro, ME 04030
Date: February 16, 2014
Cost: Adult Division - \$15.00
Children's Division - \$1.00 (15 and under)
Final Weigh In - 3:00pm



Adult Division	
Heaviest Cold Water Division	Heaviest Bass Division
1st \$1,000	\$500
2nd \$ 500	\$250
3rd \$ 250	\$100



Children's Division	
Heaviest Fish	
1st	Maine Lifetime Fishing License & Trophy (Value up to \$300)
2nd	\$75 & Trophy
3rd	\$50 & Trophy
4th	\$25 & Trophy

Tickets and Rule Information:

Tickets and official derby rules brochure may be picked up at the following locations:

- Lakeside Market (247-8440) 411 Sokokis Trail - East Waterboro, Me until 9:00am 02/16/2014
- Limerick Village Variety (793-8230) 32 Main Street Limerick, ME until 5:00pm 02/15/2014
- Merrill's Country Store (247-5356) 907 Sokokis Trail North Waterboro, ME until 5:00pm 02/15/2014
- RT5 Little Ossipee Lake Boat Launch - Day of the Derby from 7:00am-9:00am 02/16/2014

SPECIAL DERBY RULES:

Heaviest Fish - Excluding Cusk - Minimum Bass Length - 20 inches

State of Maine General Law Applies with - 2 Trap Limit

Exceptions S-Codes 2, 3 & 8

Bonus Prizes

Heaviest Pickerel - \$100

Bucket of Fish - (Perch and Pan Fish Only) \$100

STATE OF MAINE
Free Family Fishing Days
Feb. 15-16 www.maine.gov/IFW

For more information contact R. Edgar Dolbec at 793-8677 or e-mail: rdolbec@metrocast.net

Maine's Locally Owned Neighborhood Sporting Goods Store

PLAY IT AGAIN SPORTS®

We're the home for winter sports!

Hockey • Recreational Skating
Ski/Snowboard • Cross Country
Snowshoe • New & Used Wrestling

We also stock darts & supplies!

Full Service Ski & Skate Shoppe
Sharpening • Ski & Board Wax
Binding Mounts & Adjustments



WE BUY USE \$ EVERYDAY

Use your
trade-in to
save even
more!

602-6066

PlayItAgainSportsBiddefordMaine.com
M-F 10am-8pm, Sat. 9am-6pm, Sun. 11am-5pm
473 Alfred St. (Rte 111), Biddeford

Bring in this coupon for

15% OFF TOTAL PURCHASE

Good through February 28, 2014

CANNOT BE USED IN CONJUNCTION WITH OTHER SALES OR PROMOTIONS.

PHOTOGRAPHER

(Continued from page 1)

photography his career in 2005, when he was working two jobs. "I didn't want to do that the rest of my life," he said. "I just went for it."

He works as a freelance assistant and does some occasional retouching work, but said, "It's starting to be more and more my personal stuff." He does a lot of commercial work, but also sells fine art prints at VoxPhotographs in Portland.

Desrochers originally wanted to take photos of the prison for the exhibit, but due to security concerns the idea was nixed by prison officials. "The back up plan was to do the guards," Desrochers said. He ended up "shooting" eight guards, a prison drug counselor and the woman who acted as the prison's liaison for the project.

"I tried to get a sense of place," said Desrochers about his perspective.

Because plans had changed at the last minute, he said the shoot was pretty rushed as the subjects came in at the end of a shift. "They were literally in a line," said Desrochers, who spent "maybe one minute (with) each."

Desrochers said he chose green for the background to symbolize an institution.

"Overall, there was an uneasy feeling," he said about his visit. "Kind of how you feel when you go to the dentist."

If the eyes are the window to the soul, then the subjects of the

exhibit speak volumes.

In a dozen photos featured in the exhibit, which opened Jan. 10, Bell uses both images and the written word to convey resentment, regret – and even hope – felt by prisoners incarcerated at the state prison.

Desrochers' photos show that perhaps the prison staffers are being imprisoned as well, just in a different way.

This is the first time Desrochers has collaborated with Bell on a project, but he said he would welcome more opportunities.

Bell has indicated he may branch out and exhibit photos of other groups of people who find themselves in unique situations, such as female prisoners with their children, celebrities, lottery winners and celebrities.

"It's an interesting project," said Desrochers. "Kind of controversial too."

Bell said he conceived of the idea for "Reflect" after hearing that a friend of his – whom he described as "an educated professional, a husband and a father of four children" – had been sentenced to 36 years in prison.

"A series of minor decisions led to bad decisions," said Bell. "It sat on me heavily."

A seed was planted when Bell found himself dwelling on the downward turn his friend's life took – not just the loss of freedom, but the time in his own life "when things could have easily taken a bad turn."

"It made me reflect on my own life."

See feedtheengine.org for days and times the gallery is open.

LIMERICK

Limerick: Farm & Village

Shelley Burbank

sburbank@waterbororeporter.com
651-4017

Town meeting/voting days set

Limerick officials have set the dates for 2014 town meeting and voting day. Voting will take place at the Municipal Building Friday, March 7. Town meeting will be held the following day, Saturday, March 8. The ballot for the municipal voting includes 14 articles, many of them regarding requests from charitable and nonprofit organizations. St. Matthew's food pantry, Home Health Visiting Nurses, Counseling Services, Inc., Southern Area Agency on Aging, American Red Cross, York County Child Abuse and Neglect, Inc., York County Shelters, Saco River Corridor Commission, York County Community Action, Lake Arrowhead Conservation Committee and the Sokokis Lake Public Boat Launch have all requested funds.

Other articles will ask if the town will authorize selectmen to transfer monies from the capital project reserve account in order to purchase land on Washington Street which could possibly be used for a future public safety building; will raise and appropriate funds for employee health insurance; and will approve or deny a zoning change for property abutting the new Sanford Institute of Savings building on Central

Avenue.

Elections for public office and committees will also take place on March 7. Voters will decide on one selectman position, two budget committee positions, two library trustee positions, a water district trustee, three planning board spots, two RSU 57 director vacancies, and a sewage district trustee position.

At the annual town meeting on March 8, residents will have a chance to vote on the town budget, including department budgets for the upcoming year.

Historical society prepares for 2014

It is January and organizing time for the Limerick Historical Society. At their meeting on Jan. 14 at the Brick Town House, board and committee members gathered to discuss new programming ideas, membership, publicity, and other organizational matters.

At the meeting, it was decided that the board of directors will continue to meet on the second Tuesday of each month. The next director's meeting will be Wednesday, Feb. 12 at 7 p.m. Society president, Adele Floyd, will host the meeting at her home.

The group also talked about options for programming for the upcoming year. The society usually holds a penny auction in the spring, a cemetery walk in the fall, and a Christmas tea in December. Possible ideas to round out the other six gatherings were discussed.

Member Gil Harris suggested that in order to build and retain membership, reminders could be sent to the current membership.

President Floyd offered to include the reminder along with a membership application with the first newsletter of the year.

Part of the society's mission is to curate and save documents, photographs, ephemera, and other items of historical interest to the town of Limerick. To that end, a computer speech-recognition program called Dragon Naturally Speaking was purchased and will be used to help record and store fragile and often hard-to-read documents, said Floyd.

According to society secretary, Sally Manchester, "It looks like a great year ahead!"

Parent Teacher Club plans ahead

Line Elementary School PTC met Jan. 15 for its monthly meeting to discuss future projects. Upcoming events include a Valentine's cookie-decorating and craft night on Wednesday, Feb. 12 from 5:30 to 7 p.m. Kids will be able to decorate premade Valentine cookies and work on cards and other crafts for Valentine's Day. The event will take place in the school cafeteria.

The group is also working toward another Bowl-A-Thon fundraiser following last year's successful event. Plans have not been finalized, according to PTC president, Anastasia Ferguson. The next meeting will be on Feb. 12 at 3:15 at the school. Anyone who is interested in supporting teachers and students at Line Elementary, working on the fundraisers, events, or the annual book fair is encouraged to attend.

Hearing Essentials Inc
When you're ready to hear we're here for you!
545 Main St., Waterboro (207) 247-6328
518 US RT 1, Kittery (207) 703-0415

REPORTER
YOUR COMMUNITY NEWSPAPER
P.O. Box 75, North Waterboro, ME 04061
545 Main Street, Suite C, Waterboro
(207) 247-0273 • news@waterbororeporter.com
www.waterbororeporter.com

Kerry DeAngelis... Owner/Publisher/Advertising Manager
kdeangelis@waterbororeporter.com
Michael DeAngelis Sports Writer
mdeangelis@waterbororeporter.com
Ann Fisher.....Copy Editor & Contributing Writer
afisher@waterbororeporter.com
Shelley Burbank.....Contributing Writer
sburbank@waterbororeporter.com
Allison Williams.....Contributing Writer
awilliams@waterbororeporter.com
Jon Simonds.....Contributing Writer
jonssimonds@me.com
Sharon Ouimette..... Advertising Sales
sharon@waterbororeporter.com

MAIL SUBSCRIPTIONS: Only \$75 per year!
Coverage areas: Alfred, Dayton, Hollis, Limerick, Limington, Lyman, Newfield, Shapleigh, Waterboro
Published by KL Design & Marketing • www.kldesignandmarketing.com
©2013 All Rights Reserved. All logos and trademarks are property of their respective owners.
No part of this publication may be reproduced without permission from the publisher.
The Reporter is independently owned and operated locally and has no affiliation with any other newspaper or publication.

METCALFE'S TRADING POST
PET & GARDEN CENTER

ROUTE 25 • CORNISH, MAINE
207-625-4994 • Open 7 Days A Week!
Mon.-Sat. 8-6 and Sun. 9-3

FEEDS & needs
Find us on Facebook

NOW TAKING ORDERS FOR SPRING CHICKS, DUCKS & PIGS!

FIREWOOD: Cut & Split \$200/cord \$100/pallet 14", 16", 18" and 24" And We Deliver!

Rock Salt, 50 lb.	\$6.69
Tube Sand, 70 lb.	\$6.58
Calcium Chloride, 50 lb....	\$17.99
Hay	\$6.00
Straw	\$7.50
Shavings	\$5 each (or quantity pricing)

- Grow Tents Now Available
- 20% OFF Lumatek Ballasts & Bulbs
- 20% OFF Humboldt Nutrients

ALFRED

Allison Williams

awilliams@waterbororeporter.com
324-5823

Tobias Lord, lumberman and shipbuilder

During last week's meeting of the Alfred Historical Society, Bruce Tucker related to members the results of his research on the life and times of Tobias Lord, an Alfred lumberman who successfully negotiated his way through the problems of the "quasi war" and Colonial shipbuilding.

Lord was a 15 when he began working at Moulton's Mill in the Whicher's Mill area, living with a relative to learn the milling business. His responsibilities included caring for a team of six oxen and transporting lumber. When wolves attacked his team, Lord mounted an ox and beat them off with a stout stick. By 1772 he was married, and a year later began his life as a lumberman, buying 89 acres in what is now Alfred. By the time Lord was 24, he purchased the sawmill from the Moultons. Two years later he enlisted in the militia, saw active duty guarding the coast at Portland, was at Saratoga, N.Y. when Burgoyne surrendered, and was then discharged to hike the long trip home.

In 1778 Lord moved his growing family to Kennebunk and purchased the Iron Works in Kennebunk Village. His first wife died in childbirth in 1780, and the following year he married Hepzibah Conant, the daughter of Nathaniel and Abigail Conant of Alfred. Lord's next move was trading half his interest in his Alfred sawmill for Mousam River frontage, where he purchased a small house, store and barn frame. Lord also had an



The Tobias Lord home is now owned by Dr. John DeFrance. A succession of owners has changed the exterior very little. The old barn across the street is gone. The land once ran down to Shaker Pond where there was a cranberry bog. PHOTO BY ALLISON WILLIAMS

interest in a double sawmill on the Mousam. With access to lumber plus his iron works, he began building coasting vessels.

When a spring freshet carried off bridges and sawmills on the Kennebunk and Mousam rivers, the ship Lord was building was carried off, but he located it and finished the sheathing. Lord realized his situation on the Mousam was restricting his business because of a ledge near the river's mouth, which made it difficult to launch and load his ships. He moved his family to the Kennebunkport River, built a large house and larger vessels plus a new store.

Much of the lumber was traded in the Caribbean for sugar and molasses, but trading was dangerous business, with privateers eager to exploit the presence of American ships. The French were especially reckless in their capture of ships, and Lord lost several in this quasi-war; by 1800 the French had taken 3,000 American ships. Claims were filed with the French government for losses, but

dragged through the courts for years.

In spite of his losses, canny purchases of forest land and interest in mills made Lord a wealthy man. He bought 261 acres in Coxhill, several pieces near Waterboro's Old Corner, tracts near the Alfred/Waterboro line and on Avery Hill, Shapleigh and Parsonsfield. He moved back to Alfred and built the large house at the intersection of Gore Road and Federal Street. It has doors fronting both roads. From these Lord could see his lumber being transported to Kennebunk. In Alfred he became involved in church and community affairs.

He died in 1808 at 59 years old in Kennebunkport Landing while delivering lumber at the home of a daughter. He left a sizable estate to his family and is buried in Kennebunk.

Those interested in Alfred history are invited to attend the meetings now held at 1 p.m. on the third Tuesday of the month, in Parsons Memorial Library. All meetings are open to the public.

Musical exhibit for historians

There was a lot of cutting and pasting last week when Historical Committee members met at the home of Marge Anderson to continue preparations for the museum's spring opening, "Make Mine Music." Members have been researching the history of musical instruments and created giant musical notes with the histories pasted on the notes. It is hoped to have someone available to demonstrate how some of the instruments are played when groups visit the museum on opening day and on Saturdays.

poetry, as well as others, both in Europe and the United States. Alix Golden Gutkowski directed the play. Proceeds benefitted the Parish Church.

Village Notes

The next Country Jam in the American Legion hall will be Saturday, Feb. 8 from 1 to 4:30 p.m. The requested donation is \$1, and refreshments will be available.

Those who love ice fishing can do it without a license on Saturday and Sunday, Feb. 15 and 16.

'Flipping into February'

The Alfred PTC is sponsoring a fundraiser that will give those age 4 years to fifth graders an opportunity for unlimited bouncing in several creative bounce houses on Feb. 1 from 11 a.m. to 3 p.m. at the Alfred Elementary School. Tickets are \$6 in advance or \$8 at the door. For families of two or more, the cost is \$12 in advance or \$16 at the door. Tickets may be purchased in the school office anytime during the week.

'Under Milk Wood'

In this "play for voices" given in the Parish Church last weekend, there were 10 actors representing 34 characters in a small Welsh seaside village. The writer of the piece, Dylan Thomas, died in 1914 at 39 years old, but produced a large body of work during his brief lifetime. With only a grammar school education, he rose to prominence as an acclaimed poet who gave readings of his own

Cool stuff
VILLAGE

Now selling
Green Mountain
coffee & Hershey
Ice Cream!

"A little of everything for everybody"

Remote control vehicles • Plastic models

Dealer of Redcat Racing products Affordable toys & games

Tie-dye shirts & towels

Local jewelry • Candles

16 MAIN STREET, LIMERICK

Open Wed.-Sat. 9 a.m. to 6 p.m. • 793-2515



Over 155 Shared Branching Locations and over 220 surcharge-free ATMs in Maine!

You're never far from your credit union office.

BANGOR 193 Broad St. 207-945-4284	WESTBROOK 202 Larrabee Rd. 207-854-6000
PORTLAND 4 Davis Farm Rd. 207-854-6000	ARUNDEL 1298 Alfred Rd. 207-571-1753

Step up to
FREE Regular Checking
that's **ALWAYS FREE**

Your money-saving checking account with time-saving conveniences is here. Come to your member-owned, locally-operated Infinity FCU and open one today.

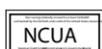
- NO** minimum balance
- NO** monthly service charges
- NO** per item fees & unlimited check writing
- FREE** First Box of New Checks
- FREE** Cash & Check Card
- FREE** Online Banking & Bill Pay
- FREE** Direct Deposit + Savings

Membership required. Simply keep \$25 in regular share (savings) account. Member purchases check reorders.

Get a **FREE**
Dorcy 6-Volt
Floating
LED Flashlight/
Lantern!



Toll free: 1-800-499-8401 | www.infinityfcu.com



LYMAN PARKS & RECREATION



Sanford-Springvale YMCA
8-week Winter Swim Lesson Program
(for children ages 6 months* to 12 years)

WHERE: Sanford-Springvale YMCA, Sanford
WHEN: Saturdays, Feb. 22 to April 12, 2014

TIMES:

- Water Babies:** 6 months to 3 years with parent*
11:30 a.m.-Noon (max of 12)
- Preschool 4-6 years:** 11:30 a.m.-Noon (max of 20)
- 7 and up:** Noon-12:30 p.m. (max of 20)
- Open swim for all ages:** 12:30-1:00 p.m.

Lessons will consist of a half hour instruction and a half hour free swim.
*Parents must accompany children 6 months to 3 years of age.
Water babies are required to wear a water diaper.

COST: \$32.00 for 8 weeks

Pre-register by Feb. 13, 2014 by calling Holly Hart at Lyman Parks and Recreation at 499-2108.

PAYMENT: Payment due by Feb. 13, 2014.

Please make checks payable to: Sanford-Springvale YMCA.

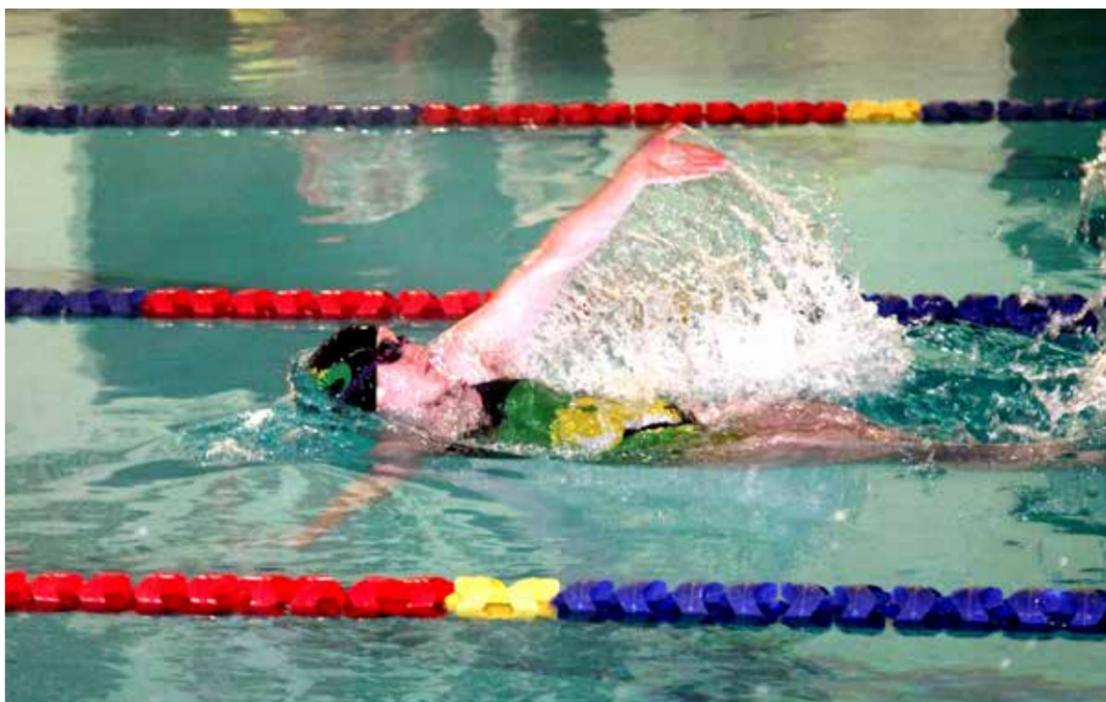
Payment can be dropped off or mailed to:

Town of Lyman - Parks & Recreation, Attn: Holly Hart
11 South Waterboro Rd., Lyman, ME 04002

SPORTS



Massabesic's Jacob Bixby placed third in the one-meter dive.



Massabesic's Ashley Cryer was first in the 100 backstroke.

COURTESY PHOTOS

Tigers sunk

Massabesic swimmers won 19 of 23 events and both teams coasted to easy victories at Biddeford

BY MICHAEL DEANGELIS
mdeangelis@waterbororeporter.com

On Friday, Jan. 24 the lady Tigers got exactly what they expected from standout Mariah Brady: wins in both her individual events, but the Mustangs dominated each of the other nine events en route to a 98-39 win.

Brady won the 50-meter freestyle with an eye-popping 25.98. Her 5:40.01 in the distance race 500 freestyle turned some heads as well, but Massabesic got four golds each from Ashley Cryer and Elaine Dudley, with Autumn Nostrum chipping in three, to complete the rout.

Cryer and Dudley were part of the 200 medley relay team to start the meet, along with Joanna LaFrance and Morgan Houk, that posted a victory with a 2:08.33. The same quartet, but with Helen Anderson replacing LaFrance, won the night's final event, the 400 freestyle relay with a time of 4:25.87.

Dudley returned for the second girls' event, the 200 freestyle, which she won with a 2:06.32. Her 58.69 in the 100 freestyle also claimed gold.

Cryer won the 200 IM in 2:30.62 and her 1:07.68 in the 100 backstroke was also tops.

Autumn Nostrum picked up wins in the 100 butterfly and the 100 breaststroke (1:24.55). She swam third for the Mustangs, and picked up her third gold, in the 200 freestyle relay with Morgan Wass swimming first, Anderson second and LaFrance on the anchor.

The Tigers picked up just two wins in the boys' meet. They won the first event, the 200 medley relay and they won the one-meter dive, an event the Mustangs hadn't often participated in (Mustang Jacob Bixby was third), but Massabesic ran away with the other nine events on their way to a 121-44 pounding of Biddeford.

Collin Chamberlain and Cameron Mayhew each collected four golds. They were together for wins in the 200 freestyle relay (1:41.46) and the 400 freestyle relay (3:53.20), joined by Mason Darling in both events and Caleb Fuschillo in the former and Nate Messier in the later.

Chamberlain turned in a speedy 24.19 in the 50 and solid 51.97 in the 100 freestyle to collect wins while Mayhew won the 500 in 5:45.37 and the breaststroke in 1:14.16.

Garrett LaFrance won the 200 freestyle and the breaststroke. Ryan Burke won the 200 IM and the butterfly (1:09.27).

INDOOR TRACK

Deering, Gorham tops at USM meet

BY MICHAEL DEANGELIS
mdeangelis@waterbororeporter.com

Massabesic's track teams posted 126 total points on Saturday, Jan. 25 at USM in a meet with Biddeford, Cheverus, Deering and Gorham.

The lady Mustangs were fourth with 80 points. Deering finished first with 160 points, Cheverus had 120, Gorham 109 and Biddeford had 40.

Kym Hendrix was at the podium three times for Massabesic. To start, she was fifth in the 200-meter run with a 28.77, a time that was just .33 out of second place in a strong ladies field. Hendrix also had the third-longest long jump and the fourth-longest shot put throw.

Gabby Johnson had a gold and a silver with a win in the one-mile (5:38.92) and a runner-up spot in the 800 that had teammate Karissa Lambertson behind her in third.

Lambertson was fourth in the 600. Rayne Whitten and Sarah Redman went silver, bronze, respectively in the 400 while Roshelle Morrison took bronze in the two-mile (Hope Saucier fourth).

Gorham won the men's event with 132 points, with Deering next at 115 and Cheverus only three points back at 112.

Stephen Duffy had another fine day for the Mustangs, who finished with 46 points. The senior took gold in the long jump with a leap over 19 feet and he added a fourth-place spot in the triple jump and was fifth in the 55-meter dash.

Mike Aboud was runner-up in the two-mile with a tidy 10:31.48 and added a bronze in the 800, a race that had teammate Branden Pratt fourth.

Tom Harrington was fifth in the one-mile and Justin Langlois was third in the high jump.

Shaker Valley

LITTLE LEAGUE

Limerick and Waterboro residents:

2014 Registration Nights

Monday, Feb. 10

Wednesday, Feb. 12

Friday, Feb. 14

6 to 8 p.m.

Waterboro Elementary School

T-BALL: Ages 4 & 5

BASEBALL: Ages 6-12

SOFTBALL: Ages 6-12

SENIOR SOFTBALL: Ages 13-16

REQUIREMENTS:

- League fee (see www.svllme.com for fee levels)
Reduced fee for participation in fundraiser.
- Government-issued birth certificate (photocopy okay)
- Registration form (fill out in person or in advance by downloading from www.svllme.com, or register online.)



REGISTER ONLINE!

We also accept major credit cards or debit cards in addition to cash or checks.









See www.svllme.com for age charts

Find us on  Facebook www.svllme.com

SPORTS

Wrestlers sweep

By MICHAEL DEANGELIS
mdeangelis@waterbororeporter.com

Host Massabesic swept a four-team wrestling meet with Portland, Scarborough and Westbrook held Saturday, Jan. 25.

The Mustangs handled Portland a 54-29 defeat behind pins from Logan Martin (145), Trevor Burns (170), Trevor Walton (182), Tanner Andrews (220) and Jordan Drain (285).

Nick Staples (138), Martin, this time wrestling at 152, Trevor Burns, Andrews and Drain each earned pins in a 67-24 thump-

ing of Westbrook next. Walton chipped in with a 13-5 decision in his bout and Zack McGrath (160) added a 9-1 win in his.

Scarborough fell to Massabesic next by a 72-12 count. The Mustangs got pins from Justin Goodwin (106), Staples, Martin, Burns, Walton, Risti and Andrews.

* * *

Congratulations go out to Zac Richard, who picked up career win 100 on Martin Luther King Day in Kennebunk. Mike Risti also picked up win 100 earlier this season.

HOOPS WRAP-UP

By MICHAEL DEANGELIS
mdeangelis@waterbororeporter.com

Massabesic's varisty basketball teams are winding down another season that will likely see both teams miss the playoffs.

The lady Mustangs enter the final week with one win against 14 losses. They fell to Gorham (10-5) at home on Friday, Jan. 24 by 63-27 count and on Tuesday, Jan. 28 they visited Marshwood (7-7) and were handed a 57-18 drubbing.

The Mustang men head into their final three games with a 4-11 record and the 16th spot in the heal point standings (the top 12 advance to post season play). They took a 14-point loss at Gorham (7-8) on Friday, Jan. 24, before travelling to Marshwood three nights later for what ended up being their most exciting win in several seasons.

With Massabesic trailing by two and time about to expire, sophomore Dawson Renaud chose an excellent time to get his first points of the night. The guard launched a three-point shot from well behind the arc at the top of the key that found nothing but net. He was swarmed by his teammates and fans near the Massabesic bench as a disheartened Hawks team and fans looked on.

The jubilation was short-lived however as Marshwood (7-7) visited Massabesic the following night and came away with a controversial 49-48 win on a free-

throw with time expired.

The game appeared to be headed for overtime, with Massabesic having another last second chance to win it. But the Hawks came away with a steal near mid-court, and a subsequent attempt at a long-range game winner resulted in what was described as a "phantom" foul call with the game clock showing 0.1 seconds remaining.



UPCOMING EVENTS

On Tuesday, Feb. 4 the JV and varsity teams will face Noble at 5:30 and 7 p.m. at home. At 6:50 p.m., before the varsity game, there will be a senior player/parent presentation as part of "Senior Night." Fans are asked to wear a yellow shirt or anything yellow to brighten the gym and support the seniors and teams.

On Saturday, Feb. 8 from 7 to 10 p.m. there will be a Night of Music fundraiser in the MHS gym. Come join the boys and girls programs and celebrate the end of the regular season with music, food, fun games and a movie.



Massabesic's Tyler Bear vs. Marshwood as teammate Bryson Murry looks on.

COURTESY PHOTO BY JASON GENDRON, S4 ACTION PHOTOGRAPHY

Single digit temps no match for disc golf gang

Toothaker, Sellers take pro title

Frigid temperatures didn't stop 50 participants from coming to Woodland Valley Disc Golf's annual Klondike Doubles tournament on Saturday, Jan. 25.

Two-person teams playing a scramble format in three divisions: pro open, amateur 1 and amateur 2, competed for bragging rights on the black bear course which they each played twice with total score deciding the champs.

In the pro open division the top score was 88, turned in by the tan-

dem of Jason Toothaker and John Sellers. Zack Jellis and Chris Olsen were runners-up with a score of 90. Two pairs tied for third with 92.

In the amateur 1 group the top score was 96, which was turned in by Wes Lucier and Charles Coleman as well as Jon Borenstein and Sam Pease. Three pairs of competitors were tied for third with 97's.

Mark Hanley and JT Haggett won the amateur 2 group with a 96.

Here comes the stampede!

57 Stallions Youth Basketball Association
Boys & Girls basketball teams

Spring Session

Registration/Team placements at MHS:

Grades 3-8: Feb. 10, 6 – 8:30 p.m.
(Grades 3 & 4 are only eligible for player development session)

Grades 9-11: Feb. 17, 6 – 7:30 p.m.
All teams get 12 games & 2 practices per week for \$195 per player.

Free skills competition for grades 3-8 during sign ups!

Player development for boys & girls:
 12 sessions - 6 skills & drills - 6 practices/scrimmages
Grades 3-11, cost: \$100.

Registrations can be found at: www.57stallions.org
 or can be requested through our facebook page.

Pre-register for team placements and/or player development by contacting 57stallionshoops@gmail.com. Pre-registration is encouraged but not required.



**SEND A MESSAGE
TO THAT SPECIAL
SOMEONE IN THE
FEB. 14TH
REPORTER!**

Your message here
ONLY \$5
(Max. 20 words)
CALL 247-0273
Deadline: Feb. 11

Woodman Jewelers
& Gift Store
Valentine's Day is Feb. 14th
In-store specials on all
Valentine's gifts.
20% OFF
anything
with hearts
www.woodmanjewelers.com
1550 Main St., Sanford, ME 04073 ♥ 324-5922

A. Marie's Family Hair Studio
**MANICURES • PEDICURES
HAIRCUTS • COLOR • WAXING**
Hours: Tue. 11-7, Wed. 9-7, Thu.-Fri. 9-5, Sat 8-noon
740 MAIN STREET, SUITE 1, WATERBORO
www.facebook.com/amariesstudio • 247-1024

It's Valentines Day at
Nature's Way Greenery
Roses \$29.99/dozen
Beautiful Bouquets &
Arrangements Starting at \$15.99
Lush, Beautiful House Plants
Potted Roses, Narcissus Plants
New Gift Items,
Valentine Cards, Candles,
Stuffed Animals
& Balloons!
Route 11, Limerick, ME • Call 793-6672
Open 7 Days Valentines Week
Winter Hours:
Wednesday-Saturday 10 to 5;
Sunday 10 to 4 • Closed Monday & Tuesday
ALL MAJOR CREDIT CARDS ACCEPTED

At Once All Agog
Toys for Growing Imaginations

**INTRODUCING
FREE EVENTS**
at the store

**Friday Night
Game Night**
2nd Friday
of the month
Like and follow us on Facebook

First one
Friday, Feb. 14
starting at 7 p.m.
Games for ages
8+, 10+, 12+
(Space is limited.)
10% OFF
any game in
the store during
game night

**Thursday
Crafternoons**
1st Thursday
of the month

First one
Thursday, Feb. 6
from 3 to 5 p.m.
Ideal for ages 5+
(We can accommodate children
as young as 3. Space is limited.
Reserve your spot soon!)

Come and make a
**LOVEBUG
VALENTINE**

24A Main Street, Limerick • 793-2464 • www.AtOnceAllAgog.com

OPEN: Wednesday through Saturday 10-6, Sunday 11-4



Considering the alternatives

REFLEXOLOGY

This is the second installment in a series of Q&A formatted interviews with alternative and complementary healthcare practitioners. This week, contributing writer Shelley Burbank talks with a local reflexologist to find out more about this treatment.

The Maine Council of Reflexologists is an organization dedicated to bringing awareness to the public about the principles and practice of reflexology--the use of pressure on certain points of the feet, hands, and ears to cause a physiological change in the body. According to the council, there are around 7,200 nerve endings in each foot, 2,500 nerve endings in each hand, and 435 nerve endings in each ear. These, in theory, correspond to other parts of the body, and by applying pressure to these areas, a reflexologist triggers an endorphin response in the body which relieves pain and stress.

The Maine Council of Reflexologists says that while not recognized as a medical treatment, "Reflexology today is practiced as a form of stress management and wellness maintenance. Reflexology releases tension, improves circulation, and normalizes body function, a complement to conventional and traditional healthcare." (<http://www.reflexologyofmaine.org>)

This week, Kate Winant of East Waterboro shares with readers her knowledge of reflexology, which she practices at her own business, TEVOR Ranch Reflexology, at the Saco Healing Arts Center in Saco. (www.sacohealingarts.com), and in clients' homes within a 20-mile radius of her business. Winant also works at the Sweetser school as a physical education teacher and behavioral health professional.

Q: What kind of health care/therapeutic service do you provide?

A: I practice the ancient healing art of reflexology, working

primarily with the feet and the hands.

Q: What is the underlying theory/philosophy/science behind your practice?

A: Reflexology is a non-invasive, specific touch technique of applying pressure with the thumbs and fingers to reflex points on the feet and hands. This complementary practice creates a physiological change by improving circulation and reducing body stress.

Rooted in history with evidence of this practice dating back to 2,000 BC, reflexology has developed into a respected field of study. Maps of the Reflex areas of the body as they are mirrored on the feet and hands can be found in many texts published by Eunice Ingham and other internationally acclaimed experts. Research on the effectiveness of this modality can be found through www.reflexology-research.com managed by Kevin Kunz.

During the third phase of the federal government's lead task force, NCCAM's strategic plan, reflexology will be investigated through 2015 on the effectiveness of this complementary modality. A recent grant from the National Institute for Health was awarded again to the Michigan State University for their breast cancer research study that found positive effects with the regular use of reflexology for patients during the recovery period of post-chemotherapy treatments.

Q: Is there a spiritual component?

A: Working primarily through the central nervous system, this modality incorporates the mind-body connection in the intent, but has no spiritual basis.

Q: How does your service differ and/or work together with standard medical practice?

A: Reflexology comfortably works alongside standard medical practice as a way to promote the body's innate ability to heal itself. The sessions are client-focused and created to foster an environment of relaxation, enabling the body to return to a state of homeostasis.

Q: What kind of training did you receive? Is there some sort of certification process?

A: I have been practicing since 1998 after completing a certification training at the Center for Universal Studies. I went on to become nationally certified through the American Reflexology Certification Board (www.arcb.net). Recently, they added a specific and separate certification in hand reflexology, which I completed last year. I maintain a professional membership with the Maine Council of Reflexologists (www.reflexologyofmaine.org) and serve as the continuing education chairperson.

Q: What sorts of problems can you help people with?

A: Since reflexology promotes a reduction in body stress through the relaxation response, this is the major component to the work. Improved circulation will bring needed oxygen to the cells within the structures and the released tension will repair nerve pathways. The reduced stress and pain relief are most commonly reported benefits of a reflexology treatment.

Q: What drew you to this kind of work in the first place?

A: I was working at a special private school in New Hampshire, when I spent a year conducting an intense study of the pathologies of children's feet with a dance instructor at the school. As a teacher from Germany, she spoke about this practice that was very common in her homeland. Reflexology was used in hospitals, clinics, physical therapy offices and in the mainstream of her city. I began to study and understand the science behind this modality and how it can benefit not only children but the adults I was serving.

Q: What is the most rewarding part of your work?

A: When a client can relax into the session, and I can observe their reduction of stress, improvement of breath, and general calming response. I enjoy leaving them with many of the self-help techniques that they can use in between sessions or to teach their friends, family members and

co-workers. When I teach this healing modality to the community whether through adult education classes or the massage therapy students at New Hampshire Institute for Therapeutic Arts, I am always left with a feeling of joy knowing that the knowledge is now in their hands.

Q: What are some basic things people can do, in your opinion, to improve their own health?

A: We all have the personal responsibility to take our healthcare seriously. One must be aware of the environmental factors that challenge us daily and how to manage these stressors effectively. We are being asked to maintain our health physically, emotionally and spiritually on many levels. Taking a proactive and restorative approach will aid in providing balance.

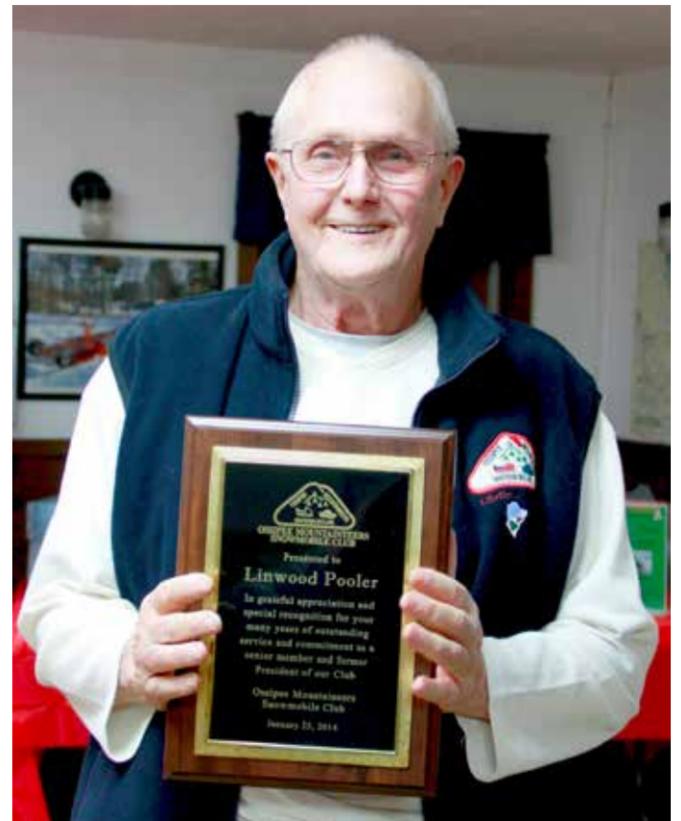
Q: Is this sort of health care service covered by insurance companies?

A: Not yet.

Q: Is there anything else you would like to tell our readers about your practice?

A: I see myself working in the complementary field of functional medicine. I try to understand the individual's medical concerns, support their healthcare process and invite the medical community they use to be aware of the reflexology treatment sessions. So it is not an alternative to seeking medical care, it is a way to complement their journey to health. There are many resources to find out more about this tool for well being. Visit the library, the Internet or a local certified reflexologist to find out more and experience it for yourself.

HONORED MEMBER



On Saturday, Jan. 25 Linwood Pooler was presented with a plaque at the Ossipee Mountaineers Snowmobile Club's 40th anniversary celebration in appreciation for his many years of outstanding service and commitment as a senior member and former president of the club. COURTESY PHOTO

GRAPHIC DESIGN · ADVERTISING · MARKETING



KLDESIGN & MARKETING

Kerry DeAngelis • North Waterboro, ME
E-mail: kerry@kldesignandmarketing.com
(207) 206-5639
www.kldesignandmarketing.com

More than 20 years of experience!



KASPRZAK INSURANCE ASSOCIATES, INC.

Auto • Home • Life • Business • Health

247-4959

RTE. 5 • NO. WATERBORO, ME 04061

NOW OPEN!



ROSS CORNER
Animal Wellness Center

WAYNE LARIVIERE, DMD
GENERAL DENTIST

Call Today 247-3511

Welcoming New Patients

Massabesic Regional Medical Center
Route 202, Waterboro, ME
www.drldmd.com



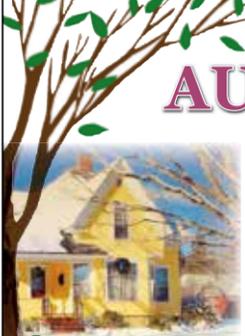
We Offer
CareCredit
Low Monthly Payment Plans
Insurance Plans accepted.

Sharing Memories... Celebrating Life

AUTUMN GREEN Funeral Home

- Our home provides a warm and unhurried atmosphere.
- We help you create unique and memorable services.
- Your loved one will be cared for with the utmost respect.

47 Oak Street, Alfred, ME • (207) 459-7110
www.autumngreenfuneralhome.com



Amanda Rizner, DVM

12 Newfield Road
(at Shapleigh Corner)
Shapleigh, ME 04076
207-512-4166
207-636-8058 Fax
info@rosscorner.com
www.rosscorner.com

OPEN: Mon., Tue. & Thu. 8-6
Wed. 8-7 • Fri. 8-5 p.m.

Classifieds

EMPLOYMENT

Seeking Mobile Insurance Nurses
 Looking for RNs, LPNs, MAs
 Must be able to do Phlebotomy and have your own vehicle (insured).
 Must be personable, organized and ready to work!
 Pay is dependent on experience.
 Please email resumé & cover letter to:
 meditestofmaine@gmail.com
EMSI/MediTest of Maine

EMPLOYMENT

We are looking for dedicated and caring individuals to work in our 64-bed long-term care facility.
Now Accepting Applications
C.N.A - Full Time 1st shift
Part Time 2nd and 3rd shift
Nurses - Part Time or Per Diem - all shifts

VARNEY CROSSING
Nursing Care Center
 47 Elm St., N. Berwick, ME 03906
 Please contact Kim Shaw, Telephone: 676-2242
 Email: ksvcross@maine.rr.com

WANTED

I BUY ANYTHING OLD!
 Books, records, furniture, jewelry, coins, hunting, fishing, military, art work, dishes, toys, tools, etc.
I will come to you with cash.
 Call John 450-2339

YOUR AD COULD BE HERE FOR ONLY \$5 PER WEEK

NEXT WEEK

Adopt a Pet!

Sponsor a dog or a cat with your ad for only \$40 and help them find their forever homes.
 10% of advertising goes directly to **New England Lab Rescue in Limerick** and the **Animal Welfare Society in Kennebunk.**

Call 247-0273

Next Adopt a Pet published on Feb. 7, ad deadline Feb. 4.

SERVICE DIRECTORY

Advertise here with a business listing for only \$6 per week (4 week minimum).
 Call 247-0273 or email ads@waterbororeporter.com

LAWN & GARDEN

Grants Lawn and Garden Service
 Commercial & Residential Rototilling, lawn installations, retaining walls, hydro seeding, fertilizing, mulching, brush clearing, light excavation.
 Fully Insured, free estimates
499-7011 or 229-0060

GRAPHIC DESIGN

KL DESIGN & MARKETING
 Comprehensive graphic design, advertising and marketing services.
CALL 206-5639
 kerry@kldesignandmarketing.com

PERSONAL

Man, 70
 Kind, caring, enjoys nature, the ocean at sunsets, walking and TV.
 Would like to meet warm-hearted, sincere woman, 68-73 for possible relationship or friendship.
 Non-smoker. Sanford.
324-3501



FOR RENT

SACO - Convenient, quality, well-priced family apartment homes. Close to Hannaford, Starbucks, Dunkin, banks, restaurants & shopping.

1 & 2 BEDROOM APARTMENTS
\$700 & \$800/month

Includes, heat, hot water, laundry facilities and pool. Clean and quiet with Off-Street parking

AVAILABLE NOW
 Section 8 welcome
 Please call 207-282-7177 ext. 131 for an application

SUPPORT THE LOCAL ECONOMY

Advertise here with a business card ad for only \$20 per week!
 Call 247-0273 or email ads@waterbororeporter.com

WANTED

Junk Cars & Trucks, Scrap Metal

HOURS OF OPERATION:
 Scale/Yard: Mon-Fri 8-4, Sat 8-2
 Office: Mon-Fri 8-5, Sat 8-3
CLOSED SUNDAY

We buy the following metals:
 Copper • Brass • Aluminum Cans • Batteries
 • Stainless • Lead • Wire • Aluminum Wheels (with or without tires) • Large amounts of Metal
 • Steel • Appliances • Catalytic Converter

G.I.A. SALVAGE
 We'll beat any reasonable offer for complete vehicles.
 Toll Free: 877-456-8608 • 207-793-2022
 366 Sokokos Trail N. • Route 5, Limerick, ME 04048

THE Maine REAL ESTATE NETWORK

Creating Relationships for Life

jbutler@themainerealestatenetwork.com
 Mobile: 207-252-9561 • Home: 207-793-2174
 Office: 207-247-3232 ext. 225 • Fax: 207-247-3255
 397 Sokokis Trail, East Waterboro, ME 04030
www.TheMaineRealEstateNetwork.com



JACK BUTLER
 Broker/Realtor



POLE BARN



- TRADITIONAL MAINE LOOK
 - ECONOMICAL STORAGE
- 207.432.8881**

www.StultzBuilding.com



Room rental for parties available.
 Call for pricing.

Cornish's first cyber café
 22 Main St., Cornish
 (across from Thompson Park)

Cupcakes Made to Order!
625-9044

TOP-IT-OFF OIL
 QUALITY HOME HEATING OIL
LOWEST CASH PRICES



24 HOUR EMERGENCY SERVICE
1-800-293-6448
 279 BIDDEFORD RD., ALFRED
 - Serving all of Southern Maine -

Guaranteed Lowest Cash Price!

KENNEBUNK 985-6448

ALFRED 324-1133

NEW YEAR'S SPECIALS!

Mark Kelley, Owner

207-247-2020

Kelley Custom PICTURE FRAMING & ART GALLERY
 30 YEARS EXPERIENCE

One block south of Hannaford on Route 202, East Waterboro

Find everything you need to know about **YOUR** local community every Friday!

LOCAL NEWS • LOCAL EVENTS • LOCAL FACES • LOCAL BUSINESSES



The Reporter is no longer affiliated with Current Publishing.

We are independently owned and locally operated in Waterboro.



**Stop by our local office:
545 Main St., The Dayfield**

REPORTER

YOUR COMMUNITY NEWSPAPER

Featuring:

LOCAL NEWS • LOCAL EVENTS • LOCAL FACES
LOCAL BUSINESSES

Alfred, Cornish, Dayton, Hollis, Limerick, Limington,
Lyman, Newfield, Parsonsfield, Shapleigh, Waterboro



We want to hear from you!

MAIL: PO Box 75
North Waterboro, ME 04061

NEWS:
news@waterbororeporter.com

ADVERTISING:
ads@waterbororeporter.com

OFFICE:
545 Main Street, Suite C
East Waterboro

www.waterbororeporter.com



Crazy Hair Day



Students at Line School got their crazy on when Spirit Day was held Friday, Jan. 24. Besides showing off their wackiest hairdos, the students also assembled to hear a presentation about a unit on the Olympics completed by the fifth-graders. Each fifth-grade student chose an Olympic sport to study and also wrote an essay. The interdisciplinary unit included standards in math, history and science. For example, students followed Jamaican bobsled-ders, conducted an experiment outside in which they recorded speeds, graphed them and showed how mass and force affected acceleration.



(Top left) Principal Tim Stinson, (top center) Sydney Bisson, (top right) school nurse Melissa Ransom with a Polly Pocket Doll in her hair that also has "crazy hair," (bottom left) Noelle DesVergnes and Emily Baker, (bottom center) Christina Winn, administrative clerk, (bottom right) group of students showing off their crazy hair.
TOP MIDDLE PHOTO COURTESY OF A LINE SCHOOL PARENT. ALL OTHER PHOTOS BY ANN FISHER

Benefit Snow Softball Tournament

Fundraising effort to support the family of 19 year old, Chris Ross as he fights Hodgkins Lymphoma. Chris is undergoing his second round of chemotherapy and is scheduled for stem cell replacement in February.

Saturday, February 8th
Massabesic High School Athletic Fields
Registration@ 9
Games 10-2

Co-ed Teams of 10-12

Ages 14 & up
\$10 per person (includes lunch)

Please contact Nancy Harrison to enter a team
NHarrison1@roadrunner.com OR call her at 710-6869.

Don't want to play but want to help? Other ways you can help include:

- Donate a gift card, product or service for our raffle.
- Volunteer at our concession stand, become an umpire for a game, purchase raffle tickets or just come and support the teams.
- Donate a crock pot of chili/ soup, or baked items we can sell
- Send a monetary donation with checks made out to Chris Ross c/o Saco Valley F.C.U.
- Help us spread the word about this tournament.

If you can have questions or want to volunteer please contact Nancy (see above)

Come and have fun in the snow!

This is a "fun" softball event using small rubber balls like kickballs. No trophies or prizes will be awarded. This event is, for fundraising purposes only.



We will be raffling off a variety of items
Concession stand will be open

